

*White lies are there any  
benefits of telling them  
to children*

*By Orlova Alexandra*

- a topical question nowadays
- in order to minimize harm, embarrassment or distress
- help sustain our good relationship

# Types of lie

- Outright lies
- Softened truths
- Careful omissions

# Reasons for white lies

- Avoiding distress
- Avoiding harm
- Positive help
- Social norms
- Ingratiation
- Procrastination
- Self-protection

- in order not to hurt the psych of children

- “Bitter truth is better, than a sweet lie”
- Find out how to behave in that or this situation

*Thank you for your  
attention!*