

pamoja

EDSA Tanzania Volunteer Work Programme



European Dental Students' Association



MINISTRY FOR FOREIGN
AFFAIRS OF FINLAND



Muhimbili University of Health and
Allied Sciences

East Africa



Serengeti National Park



Mount Kilimanjaro



Tanzania, 2014

- A population of 46 million
- 22 % live in cities
- 36% below poverty line
- 45% under 15 years old



MUHAS

- Muhimbili University of Health and Allied Sciences (MUHAS)
 - School of Dentistry in Dar es Salaam
 - Only dental school in Tanzania
 - 30 dental students graduate each year



Project History

- Collaboration between **EDSA**, the Tanzanian Dental Students' Association (**TDSA**) and Muhimbili University of Health and Allied Sciences (**MUHAS**)
- Supported by Dr Juha Ruotoistenmaki and the Ministry of Foreign Affairs in Finland
- Idea discussed at ADEE Birmingham **August 2013**
- 2 years planning, including 2 visits to Tanzania
- **August 2015**: Hugely successful project distributing over 2800 toothbrushes and toothpaste. Over 650 children provided with treatment.

Project Aims

Set up dental outreach camps:

- **Educate** school children in Dar es Salaam and Morogoro about oral health
- **Reinforce** the WHO's Fit for School's initiative set up by the Finnish dental team in the Morogoro schools
- **Provide** children with a supply of toothbrushes and toothpaste
- **Screen** school children for oral diseases and provide treatment if required

Project Location

Dar es Salaam

- Largest city in Tanzania
- Located on the south east coast



Morogoro

- 200km west of Dar es Salaam
- Located in the southern highlands



Project Schedule

2 busy working weeks (Monday-Friday)

- First week in a school in Dar es Salaam
- Second week in a school in Morogoro

Monday and Tuesday	Screen all children in a school and generate treatment plans. Provide all children with oral hygiene education, free toothbrush and toothpaste
Wednesday, Thursday, Friday	Provide treatment to the whole school as indicated.

August 2015



Cultural and Societal Awareness

- Basic living conditions
- Mosquitos
- Dress modestly – it is predominantly a Muslim country (Muslims 35 %, Christians 30 %, Other 35 %)
- Basic food
- Long days - 8 hour working days
- Hard work

Finances

Fundraising target = 20,000 EUR

- Participants fund their own vaccinations, visa and flights to and from Dar es Salaam
 - Transport, food and accommodation will be provided by the project whilst in Tanzania.
- Achieving 20,000 EUR fundraising target:
 - Each delegate must make an effort to fundraise - we need your help to make the project possible
 - The school which fundraises the most money before applications close will have a guaranteed position on the project!

When

- The project will take place over 2 weeks in early August 2016
- 30+ volunteers in total:
 - 15 EDSA students
 - 15 TDSA students
 - 4 supervising dental clinicians

Application Requirements

Only students with at least 2 years of clinical experience at the time of the project (August 2016) are eligible.

Documents required:-

- *Letter of Recommendation from faculty
- * Curriculum Vitae
- *One page statement of intent

Closing date: Monday 7th December 2015

Asante sana/Thank you for listening!



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