# Cancer treatment with Korean Acupuncture and Moxibustion Therapy

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- •1. Causes of Cancer.
- 2. New Strategy of Cancer Treatment.
- 3. Natural Treatment for Cancer.
- 4. Korean Moxibustion therapy.

This is a picture of cancer cells.

Our body make a cancerous cells about 800 to 4,000 cells a day.

Amazing, isnt it?

Everyone has cancer cells every day, but everyone doesn't gets tumor.

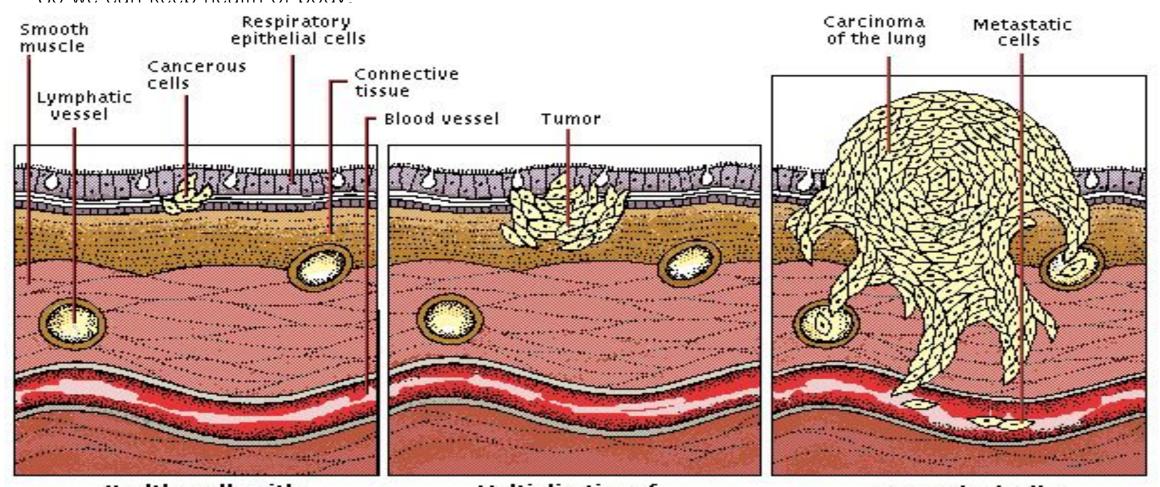
Because our body has an immune system, it eat all of these cells.

Among them, NK cells kill cancer cells.

NK cells are also called natural killer cells. There are 1 billion in our body,

It is an important immune system that patrols the body and finds and removes cancer cells. In addition, it also eats cancer cells as well as cells infected with bacteria or viruses.

So we can keep health of body.



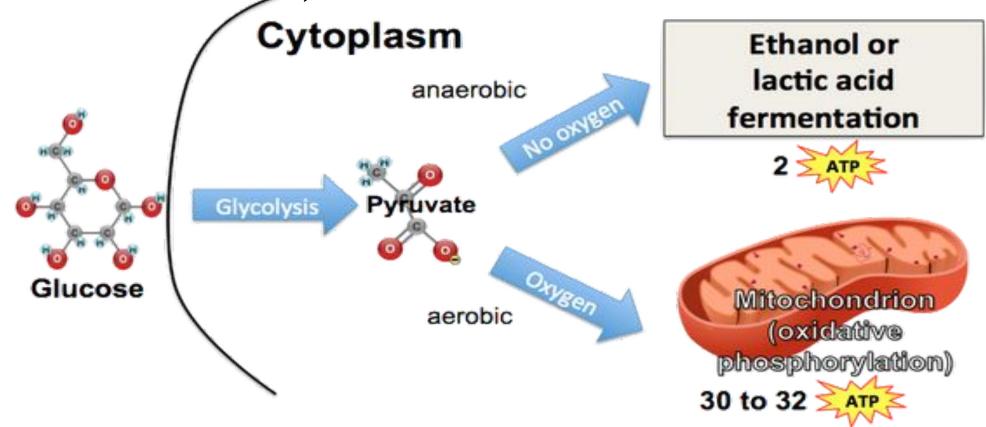
#### 1. Cause of Cancer

- 먼저 세포에대해알아보자
- Let's first look at cells.
- Let find out more detail.

#### 1. Respiration Insufficiency of cell as the

Origin of Cancer. (=Lack of oxygen in the cell and blood.) Mitochondria make energy using glucose and oxygen.

If there is not enough oxygen in the cell to cause energy metabolism, it will cause mutation of the nucleus. This is abnormal metabolism, we call metabolic disease.



### 2. Metabolic Disease (when we have metabolic diseases)

. As we have seen, respiratory failure of the mitochondria is a direct cause of cancer. Such abnormal metabolism is also called metabolic disease

So Hypertention, Diabetes, Obesity, High Cholesterol, High Triglyceride etc is a Metabolic diseases.

In other word, we call lystyle Disease.

• If you continue taking these metabolic diseases, you might get cancer.

### What is a metabolic diseases or Lifestyle Disease.

- Metabolism is the process your body uses to get or make energy from the food you eat. Food is made up of proteins, carbohydrates, and fats. Chemicals in your digestive system break the food parts down into sugars and acids, your body's fuel.
- A metabolic disorder occurs when abnormal chemical reactions in your body disrupt this process. When this happens, you might have too much of some substances or too little of other ones that you need to stay healthy. There are different groups of disorders. Some affect the breakdown of <u>amino acids</u>, <u>carbohydrates</u>, or <u>lipids</u>. Another group, <u>mitochondrial diseases</u>, affects the parts of the cells that produce the energy.
- You can develop a metabolic disorder when some organs, such as your liver or pancreas, become diseased or do not function normally. <u>Diabetes</u> is an example.

People are predisposed to various diseases based on their way of living and occupational habits. They are preventable, and can be lowered with changes in diet, lifestyle, and environment. Lifestyle diseases characterize those diseases whose occurrence is primarily based on daily habits of people and are a result of an inappropriate relationship of people with their environment. The onset of these lifestyle diseases is insidious, they take years to develop, and once encountered do not lend themselves easily to cure. The main factors contributing to the lifestyle diseases include bad food habits, physical inactivity, wrong body posture, and disturbed biological clock

 First, let's look at how chronic diseases such as hypertension, diabetes, and hyperlipidemia develop into cancer cells.

- We eat meat, high blood sugar foods, overeating, binge eating, snacking, toxic food.
- These foods can not be digested, decomposed, absorbed, or released and accumulate fat, glucose, protein in the body.

- And then This go to the blood and lymph.
- --- blood, lymph and fluid in the cell become sticky thickening wall of the vessel
- --- Occlusion and congestion in blood vessels and lymphatic vessels
- --- This cause the oxygen deficiency and nutrient supply disorder in the cells
- --- Circulatory disorders

Organ dysfunction, pain, inflammation, —— Metabolic disease, cell respiratory disturbance and insufficiency—— This eventually evolve into cancer cells.

#### 3. Stress

- Lets see about the relationship between stress and cancer
- Now we are seeing how bad habits make cancer cells.

- If this stress continues
- Vessel contraction
- - Blood circulation disorder
- - Insufficient oxygen nutrient supply
- - Cell respiratory failure
- --- Digestive function impairment, excretion function depression,
- immunity impairment
- Cancer multiply environment

4. Lack of energy and Poor circulation.

•In some organs of the body, when there is a lack of energy and blood, the cells can not breathe, resulting in tumors and cancer cells. Especially breast cancer, uterine cancer, ovarian cancer, and prostate cancer. If I have a healthy lifestyle and people have cancer Cancer cells have been caused by the disorder

of circulation.

Especially for women.

The reason is that every month after menstruation, the body becomes cold after menstruation, so it is easy to cause the circulatory disorder.

In this case, acupuncture and moxibustion are very effective.

Especially, moxibustion increases the body temperature making new blood.

Because it circulates.

Cancer can be prevented by frequently opening the moxibustion

#### 5. lack of rest and insomnia

- Modern people are always busy and stressful, so it comes easily.
- --- Contraction of the blood vessels,
- oxygen and nutrient supply obstacles,
- and cell respiration does not occur.
- It becomes the environment of the body where cancer cells can occur.
- Nurses were more likely to be breast cancer patients than normal women.
- Because of the night shift.
- I have patients from Clark who work at the call center.
- There's a lot of infertility.
- It's in a high-enriched environment for cancer.

In summary, cancer comes from our erroneous eating habits (carnivores) and lifestyle habits (overwork, sleeplessness, resting, stress), living environment (pesticides, drug abuse, antibiotics abuse) So cancer is called metabolic disease.

#### 6. Low immunity

- 1. When we have low immunity we easily get imflamation. This imflamation can develop cancer cell.
- 2. NK cell can kill cancer cell.

#### CAUSES,

- 1. Respiration Insufficiency of cell
- 2. Metabolic Disease
- 3. Stress
- 4. Lack of energy and Poor circulation
- 5. lack of rest and insomnia
- 6. Low immunity

2. New therapeutic and preventive strategies for cancer treatment

#### First, it is to cure the causes.

it is important not only to kill the cancer cells directly but also to make healthy lifestyle.

Changing lifestyle is the treatment.

Because our body has immunity and natural healing ability, if we change our eating habits and lifestyle and environment, cell respiration becomes normal and cancer cells die by themselves.

If the surrounding environment of cancer cells is changed to normal metabolism, then inhibition of cancer cell proliferation and death of cancer cells are achieved.

Changing lifestyle is a shortcut to healing.

But what about people who already have cancer?

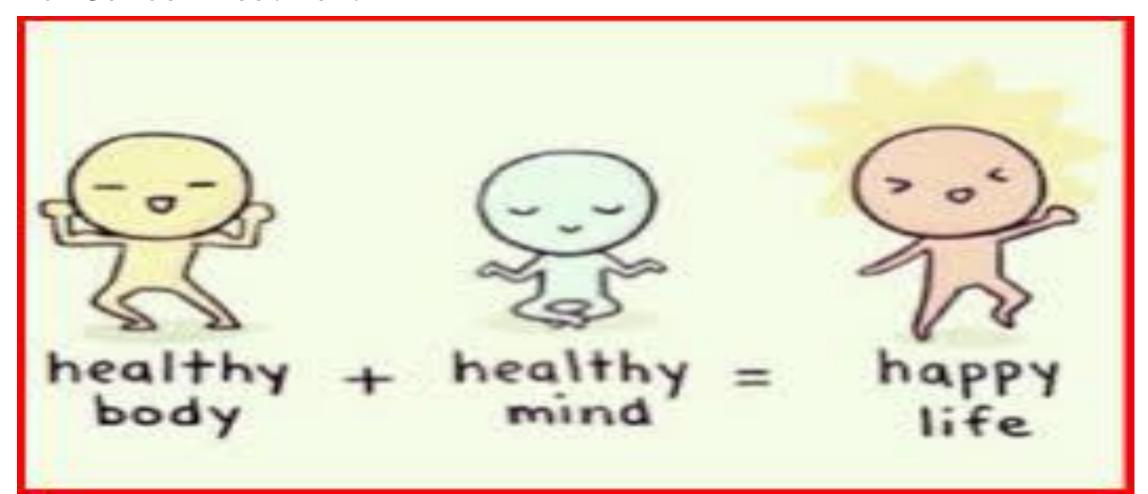
Likewise, patients can change their lifestyle, change their environment, and treat themselves through natural remedies.

## Second, Discard the medicine and transform your body.

• We should focus the condition of body as a Digestion, Execreton, body, temperature, Respiration, Sleep, stress, Rest for Cancer Treatment.

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Third, the cancer treatment paradigm must be changed in order to increase the effectiveness of cancer treatment.

- •Surgery, anticancer, radiotherapy alone is obviously limited.
- •Combination therapy with alternative medicine should be done together.

Fourth, We need to strengthen our body's immune system to suppress cancer and let cancer cells die on their own. How to increase the immunity? Solution is a moxibustion therapy because moxibustion make new blood to boost immunity with WBC, RBC, Platelet including Lymphocyte, NK cell

#### 5. Don't fight with cancer.

we can suppress cancer cell with immunity and coexist with cancer.

we can live together very well.

Do not be afraid!

- 1. Cause of Cancer
- 2. New therapeutic and preventive strategies for cancer treatment.

### 3, Natural Remedies for Cancer treatment

## First, it is an acupuncture and Moxibustion therapy.

- The cause of cancer is metabolic disease and Cell respiratory failure
- Korean Moxibustion Therapy has an excellent effect to enhance respiration of mitochondria to cure Cancer.
- The immunity is increased as well.
- That is why I encourage you to do moxibustion for you and for your family.
- Inflammation and poor circulation, coldness of body are also a direct cause of cancer cell.
- Do not eat meat, fish, milk, eggs to suppress inflammation.
- This is an inflammation-inducing substance.

The second is Vegetable Diet.

Keep in mind that chronic illness starts with what we eat.

Change your dietary habits.

Modern people eat too much. They eat at night a lot. In particular, it consumes a lot of carbohydrates and animal fat. When energy is excessive, it makes obesity, the metabolic imbalance comes.

it does not detoxify and it does not circulate.

When we eat little amount, normal metabolism and detoxification will work and the blood will clear and the circulation will be better.

We should change our food from high blood sugar, high calorie, fat to vegetable.

\*\*\* Avoid Animal food

Meat – beef, pork, chicken, duk lamb

Ham, soseage, bacon, can, ...

Fish-fish, shell, shrimp, squid, mackerel,

Can, fishcake, mayonnaise, cream Egg- chicken egg, duk egg, quail eggs Milk.

#### \*\* Take Vegetable foods

whole grain, soy bean, nuts, cashew nuts, almonds, coconuts oil Sesame seeds, Perilla seeds, Vegetable oil, Potatoes, Sweet potatoes, Yacon, Seaweed, Ginger, Garlic, Onion ...

#### Vanana vinegar



#### Banana Vinegar

- Ingrediant
- Banana 700g : ordinary banana
- Vinegar 700ml: sugar cane or coconut vinegar
- Organic sugar 700g: muscovado sugar
- Peel off the skin of banana and slice it horizontally
- Mix vinegar and Organic sugar in a jar until the sugar is totally melted.
- Put the sliced banana in a jar and cover it
- Place the jar in a room temperature for 1 day and after that place it in the refrigerator for 2 weeks.
- Mix 2 tablespoon of fermented banana vinegar with 1/2 cup of water, and drink it three times a day.
- Indication
- 1. Anti Inflammation
- 3. Diet
- 5. Boost liver Function

- 2. Boost Immune System
- 4. Constipation
  - 6. Digestion.

Pickle with sayote, singkamas, onion, cabbage, chilly

#### Third, exercise therapy

- -Exercise activates metabolism by increasing the number of mitochondria in normal cells
- -Exercise activates circulation and activates cells with oxygen nutrient supply
- -Increase in body temperature
- Exercise facilitates detoxification.
- -Exercise consumes blood sugar.

Fourth, meditation, yoga, etc

Fifth, Resting Therapy with nature.

Modern people are so busy that they suffer from overwork, lack of sleep, and stress. Active rest and sleep are absolutely necessary.

Acupuncture and moxibustion therapy makes relaxes your body and promotes you sleep and rest well.