# How to Write Your Personal Statement

#### First Think About Yourself

- Special, unique, distinctive, and/or impressive about you
- Details of your life that help the committee better understand you or help set you apart from other applicants
  - Overcome any unusual obstacles or hardships
  - Personal characteristics, for example, integrity, compassion, persistence
  - Skills, for example, leadership, communicative, analytical

Find an Angle and Talk About Real Experiences

- Be specific
- Make it interesting
- Show or demonstrate through concrete experience
- Write in a style that is fresh, lively, and different
- Make yourself memorable

Concentrate on Your Opening Paragraph

- Lead or opening paragraph generally the most important
- Here you grab the reader's attention...or lose it
- Becomes the framework for the rest of the statement

#### Develop the Ideas and Stay Focused

- Detail your interests and experiences
- Refer to experiences: work, classes, conversations with people, books you've read, volunteer work you've done, and so on
- Don't stray away from your topic
- Don't go into long narratives or stories

### Avoid Certain Subjects

- Controversial
- Religion and Politics
- Overly personal experiences and extreme hardships/family problems

#### Write Well and Correctly

- Type and proofread your statement very carefully
- Express yourself clearly and concisely
- Stay close to the word limits

# Avoid Cliches

- Stay away from often-repeated or tired statements = "I always keep my eyes on the road." or "I want to be a doctor because I am good at science and want to help people."
- "My grandfather was an extremely significant part of my life. Without him, I would not have many of the advantages I have today." (These two sentences, though expressive and correct, have essentially said nothing.)

#### Use Attention Grabbers

- "During World War II, my grandfather flew fighter planes with the Tuskegee Airmen."
- That's an attention-grabber that hooks the reader in
- Thinking of a catchy opener is easier than you think.

# Real Statement Topic From the York Scholarship Page

(typewritten pages) as described, this statement should include the following:

- 1. Reasons you selected University
- 2. Benefits you've received from any community service experience you have had.
- 4. Contributions you feel you can make or are making as student