

# WINE

The benefits of wine with moderate  
consumption .

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## The story of the first wine .

Scientists still can not say with certainty which people is the ancestor of wine . Some believe that the first wine appeared in the lands of present-day France, while others believe that in Portugal . However, the most likely version is that the first wine appeared in ancient Rome . Legends say that the wine was made by chance when a shepherd saw his sheep eating mysterious berries, from which he dared to make a drink . The drink from these berries turned out very tasty, but the shepherd had to leave, leaving it in the sun . A month later, he returned to the same place and found that this drink was still there, but after taking a sip, he realized that he had acquired those properties that were not

there before

Wine that is 17 centuries old .





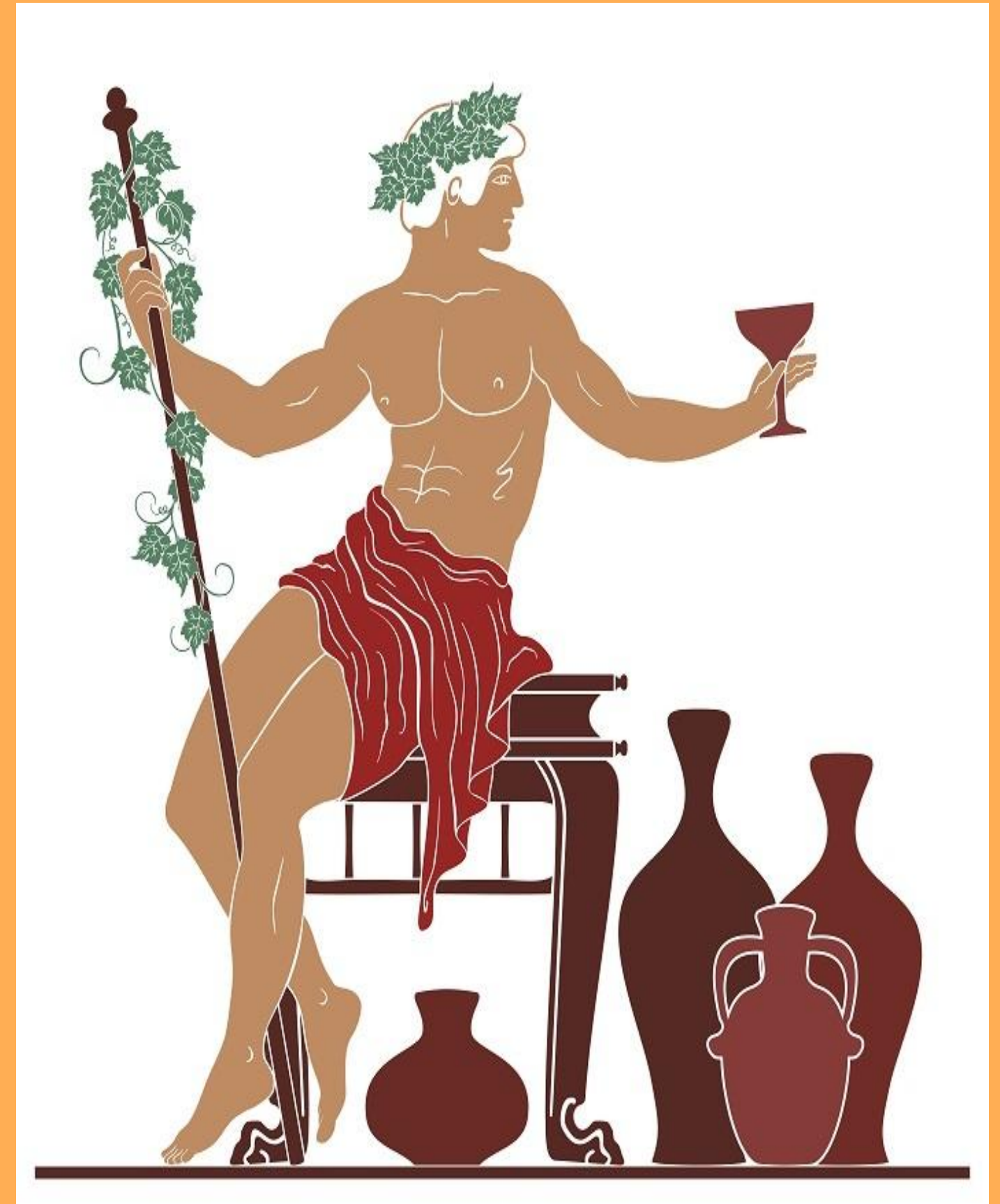
## The use of wine before .

In ancient Greece, wine was the property of all the people . It was drunk by everyone who was hardworking and resistant to the hardships of life . Wine was not considered a drink for high society, but the rich could afford to drink wine every day , when the slaves could only drink it once a month . In the Middle

Ages, wine was an important attribute of Christianity and the prosperity of the population . Wine was considered a drink only for physically strong people who participated in military operations .

During the funeral of a war hero, a glass of wine was placed next to his corpse in honor of respect for him and

The Greek god of wine is Dionysus .



## The use of wine nowadays .

As we all know , alcohol is one of the most popular forms of entertainment today . Around the world, there are many types of alcoholic beverages , but among them, wine is particularly distinguished . When used properly , wine can serve as a cure for many ailments . Modern doctors have proven that wine helps in the treatment of diseases such as: heart disease, low cholesterol, type 2 diabetes, Alzheimer's disease and even cancer . Also, wine is recommended for use by dentists , because wine reduces the chance of decay of tooth enamel . In many European hospitals, patients are prescribed wine as a remedy for depression . American scientists have proven that a person who drinks a glass of red wine every day is more creative than an ordinary person . However, it is worth remembering that wine , like other alcoholic beverages , is

addictive , so before using it , you should consult a

## The benefits of wine .





## Red wine .



## Diseases cured with wine.

The healing properties of wine in which you can protect yourself from diseases such as :

- The suppression of the virus of poliomyelitis
- Improving blood circulation
- Preventing the destruction of the skin
- Normalization of sleep
- Slowing down aging
- Heart disease
- Cancer
- Less chance of getting the flu
- Wine is fatal to bacilli

## White wine .







**Thank you for your  
listening!**