



The first wealth is health

II. About health

III. Body parts

***IV. At the
doctors'***

V. Exercise

VI. Proverb

***VII. Friends of our
health***



INTRODUCING



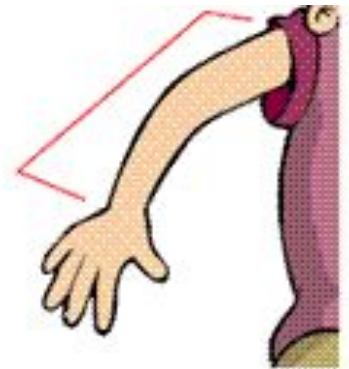
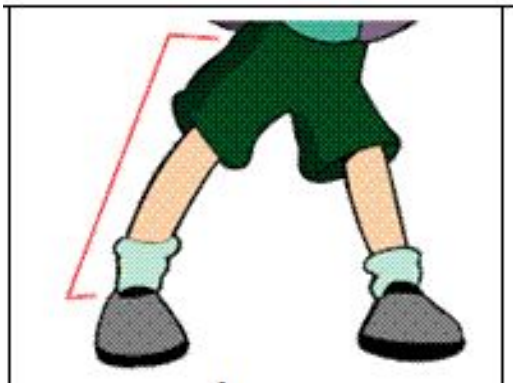
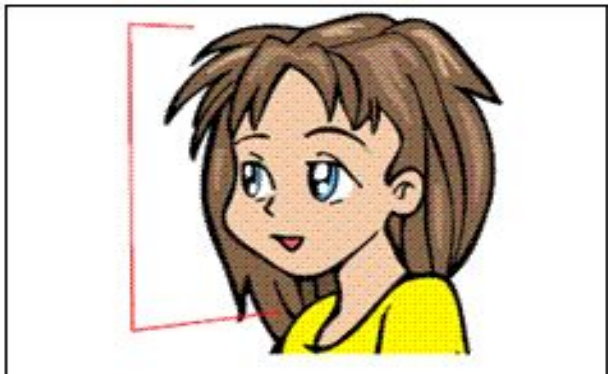


ЩЛЫБНІСЬ
НОВОМУ ДНЮ!



At the doctor's





A group of children in traditional costumes are performing a dance on a paved surface. In the foreground, two boys in black vests and white shirts are in a crouched position. Behind them, several girls in pink dresses and red headscarves are also in similar poses. The background shows more children in various traditional outfits, including white shirts with dark vests and red headscarves. The scene is outdoors, and the ground is paved with light-colored stones.

Сергіту сәті. (ән, би)



Топтық би



An apple a day keeps ..A doctor away...

The first wealth is ..health

A sound mind in a sound ..body



Friends of health

To be
merry

To
have a
rest

Sport

To sleep
on time

To
keep
tidy

Good
foods

Exerc
ises

