



The first wealth is health

II. About health

III. Body parts

***IV. At the
doctors'***

V. Exercise

VI. Proverb

***VII. Friends of our
health***



INTRODUCING



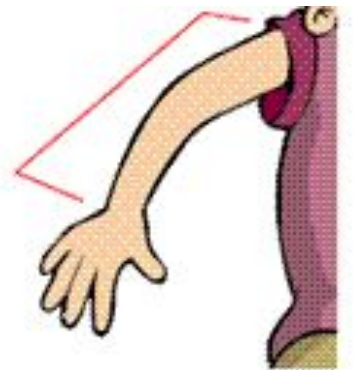
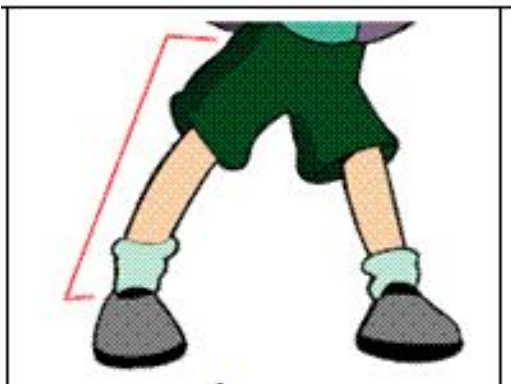
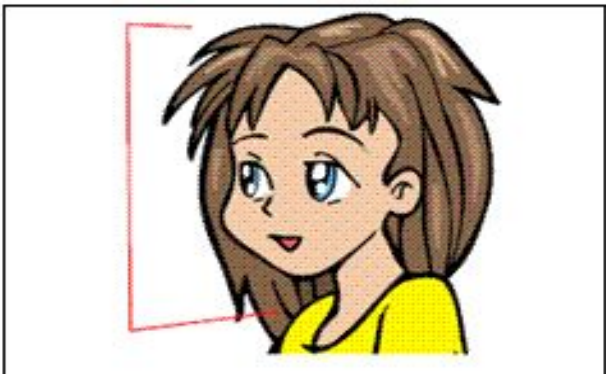


ЩАДІБНИСЬ
НОВОМУ ДНЮ!



At the doctor's





A group of people, including men, women, and children, are performing a traditional dance on a cobblestone street. They are wearing colorful, traditional folk costumes. In the foreground, a man in a black vest and white shirt is dancing with a woman in a pink dress. Other dancers in various costumes are visible in the background. The scene is outdoors and appears to be a public performance or festival.

Сергіту сәті. (ән, би)

Топтық би





An apple a day keeps ..A doctor away...

The first wealth is ..health...

A sound mind in a sound ..body...



Friends of health

To be
merry

To
have a
rest

Sport

To sleep
on time

To
keep
tidy

Good
foods

Exerc
ises

