



## A Case-Based Discussion

Wednesday | October 3, 2018 | 18:30 Eastern Time

**Lynn D. Cornell, MD**  
Associate Professor of Laboratory Medicine and Pathology

**Marie C. Hogan, MD PhD**  
Professor of Medicine, Nephrology and Hypertension

**Naoki Takahashi, MD**  
Associate Professor of Radiology

**Mayo Clinic, Rochester, Minnesota**



San Francisco 15:30  
Mexico City 17:30  
Buenos Aires 19:30  
London 23:30

Thursday October 4  
Rome 00:30  
Tel Aviv 01:30  
Moscow 01:30  
Baghdad 01:30  
Riyadh 01:30  
Tehran 03:00  
New Delhi 04:00  
Jakarta 05:30  
Kuala Lumpur 06:30  
Beijing 06:30  
Sydney 08:30

GlomCon



GlomCon

## Clinical presentation: Dr. Hogan

- Middle-aged man
- Initial presentation:
  - Abdominal pain distention & ascites
  - 5lb weight loss & loose stools
  - 6L paracentesis

## Clinical presentation:

- CT scan: pancreatic disease
- Serum IgG4 elevated
- Diagnosis: Autoimmune pancreatitis

## Clinical presentation

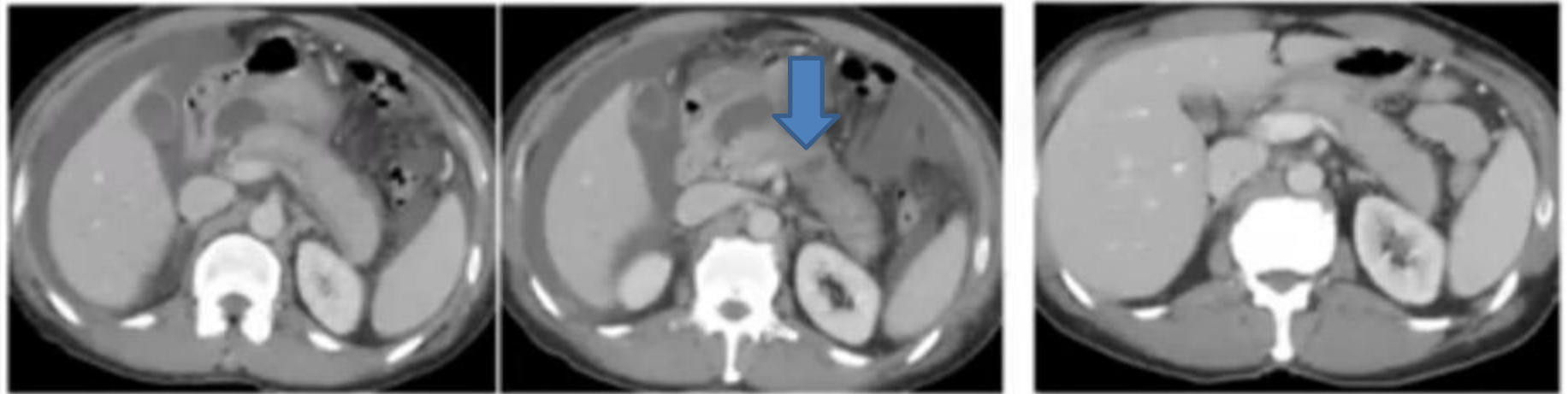
- Initial treatment & response:
  - Prednisone x 2 mo. Symptoms improved (pain, distention, ascites).
  - 6 courses prednisone x 2 mo each without prolonged taper
  - Azathioprine x4 mo 1.5 yrs prior; no clear improvement ...treatment stopped

## Clinical presentation

- 2 & 3 years after initial presentation:
  - 4-5 ERCPs
    - 2 with pancreatic stone extraction; immediate improvement in pain
    - Biliary and minor papilla sphincterotomies.

## Radiology Studies: Dr. Takahashi

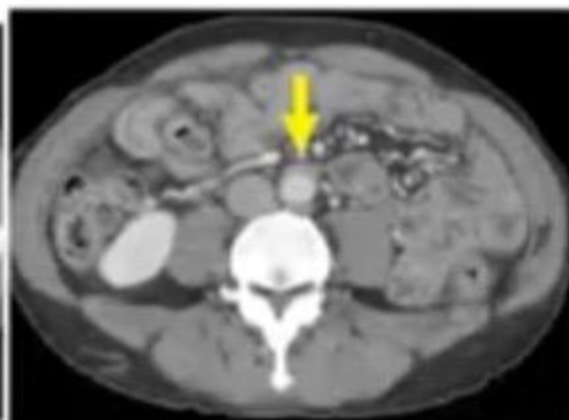
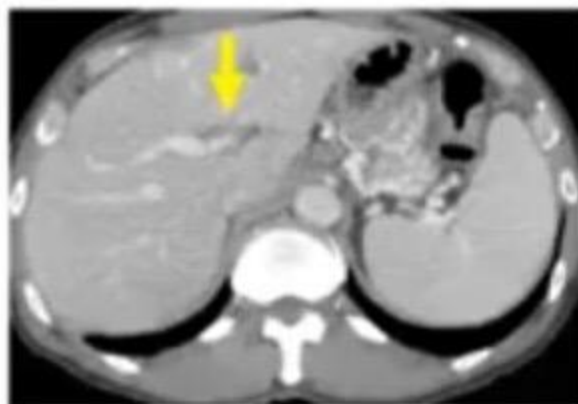
- Diffuse pancreatic enlargement with hypodense rim
- No biliary, renal or aortic involvement
- Peripancreatic fluid collection
- Large ascites



At initial presentation

## 4 years after initial presentation

- Biliary involvement (narrowing of portal vein)
- Diffuse pancreatic enlargement (relapse)
- Mild retroperitoneal fibrosis

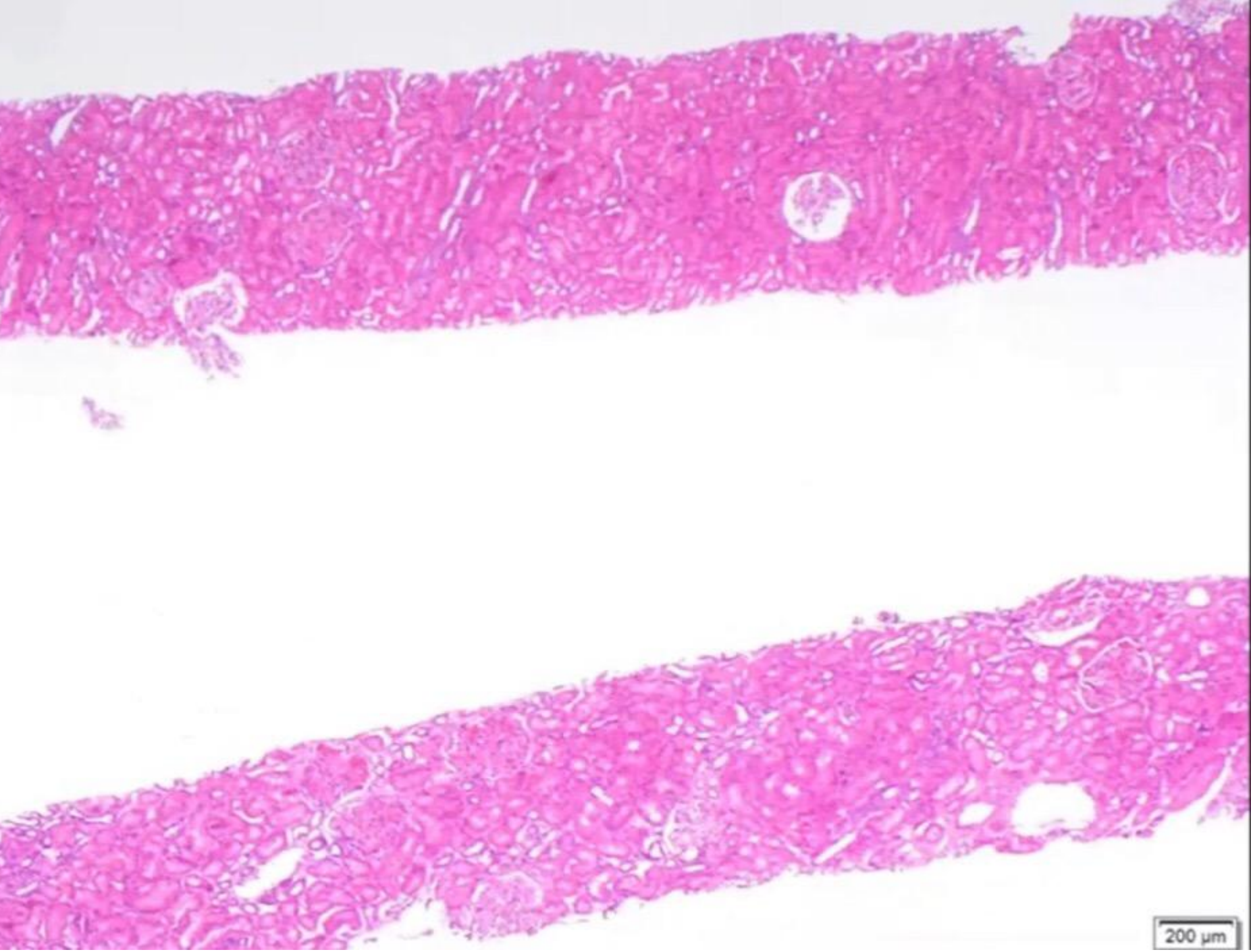




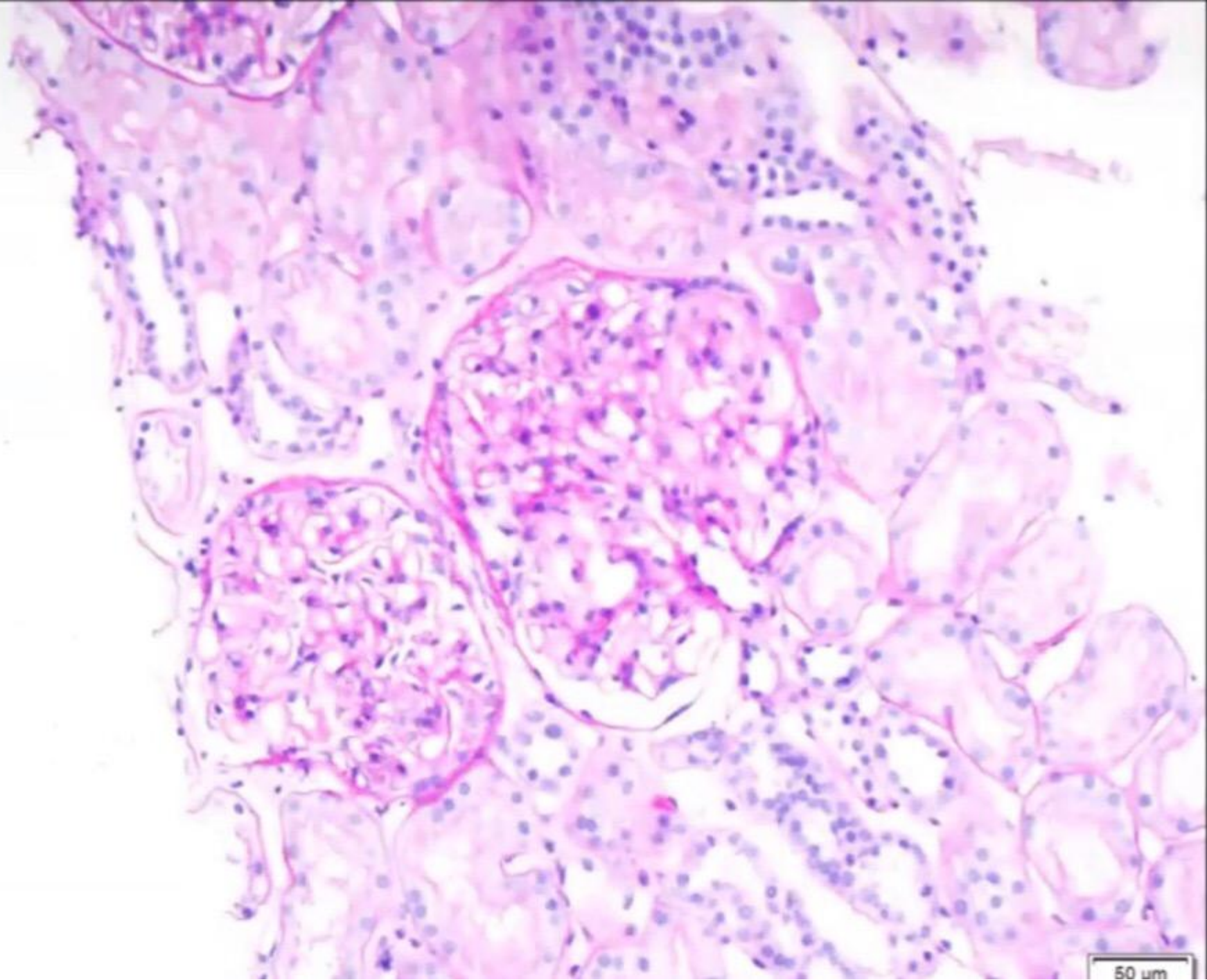
## Nephrology Referral: Dr. Hogan

- Frothy Urine x 6mo. Off steroids 6mo.
  - Torsemide 5mg for edema x 2wk
- **EXAM:**
  - Wt 64kg. BMI:21. BP129/83. HR82.  
No edema
- **LABS:**
  - ESR 68; Creatinine 1.1.g/dL. Serum PLA2R-ve.
  - Alk Phos 125 (45-115); AST 60 (4-48)
  - Predicted 24hr urine protein 4g



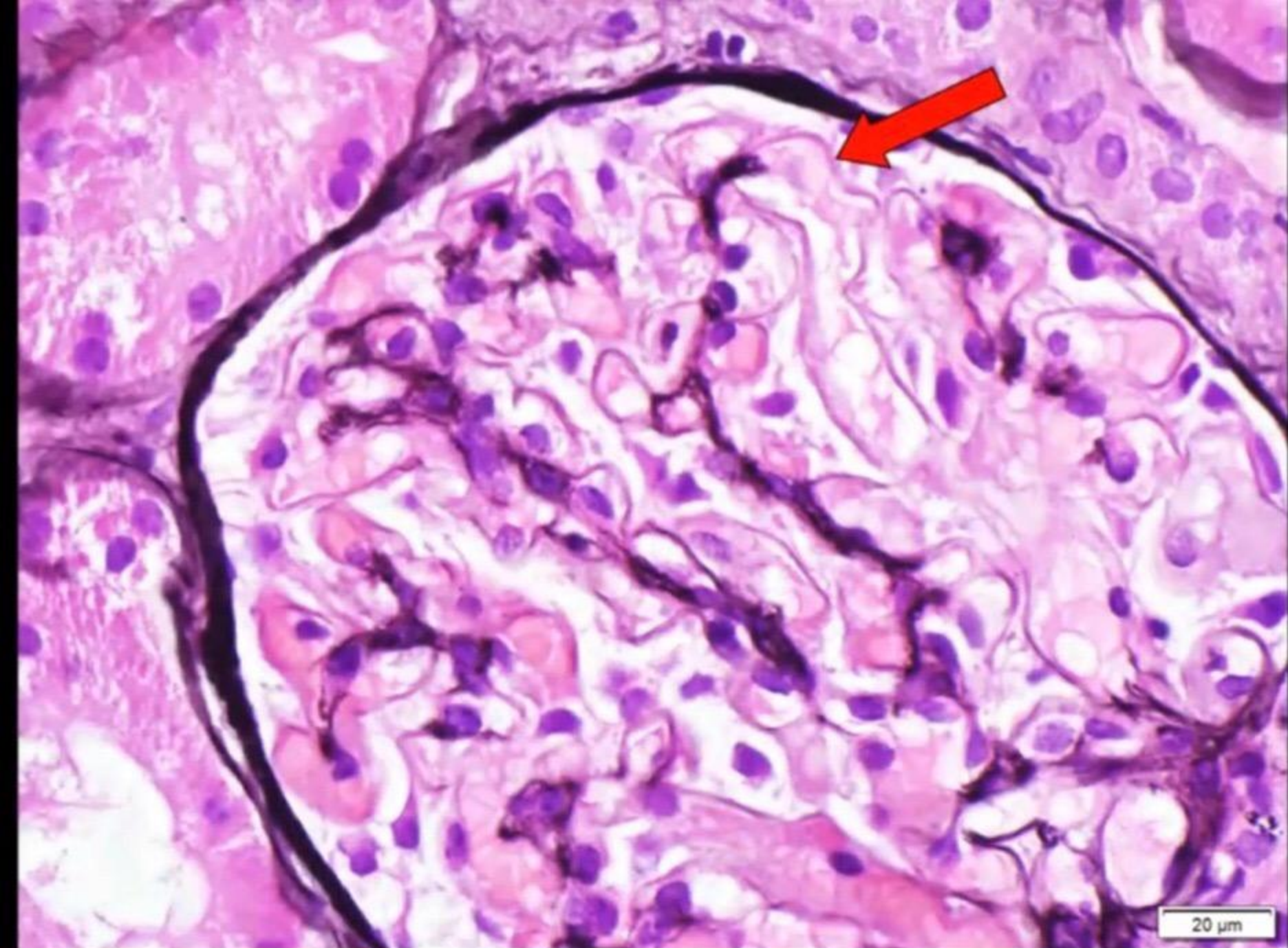


200 μm

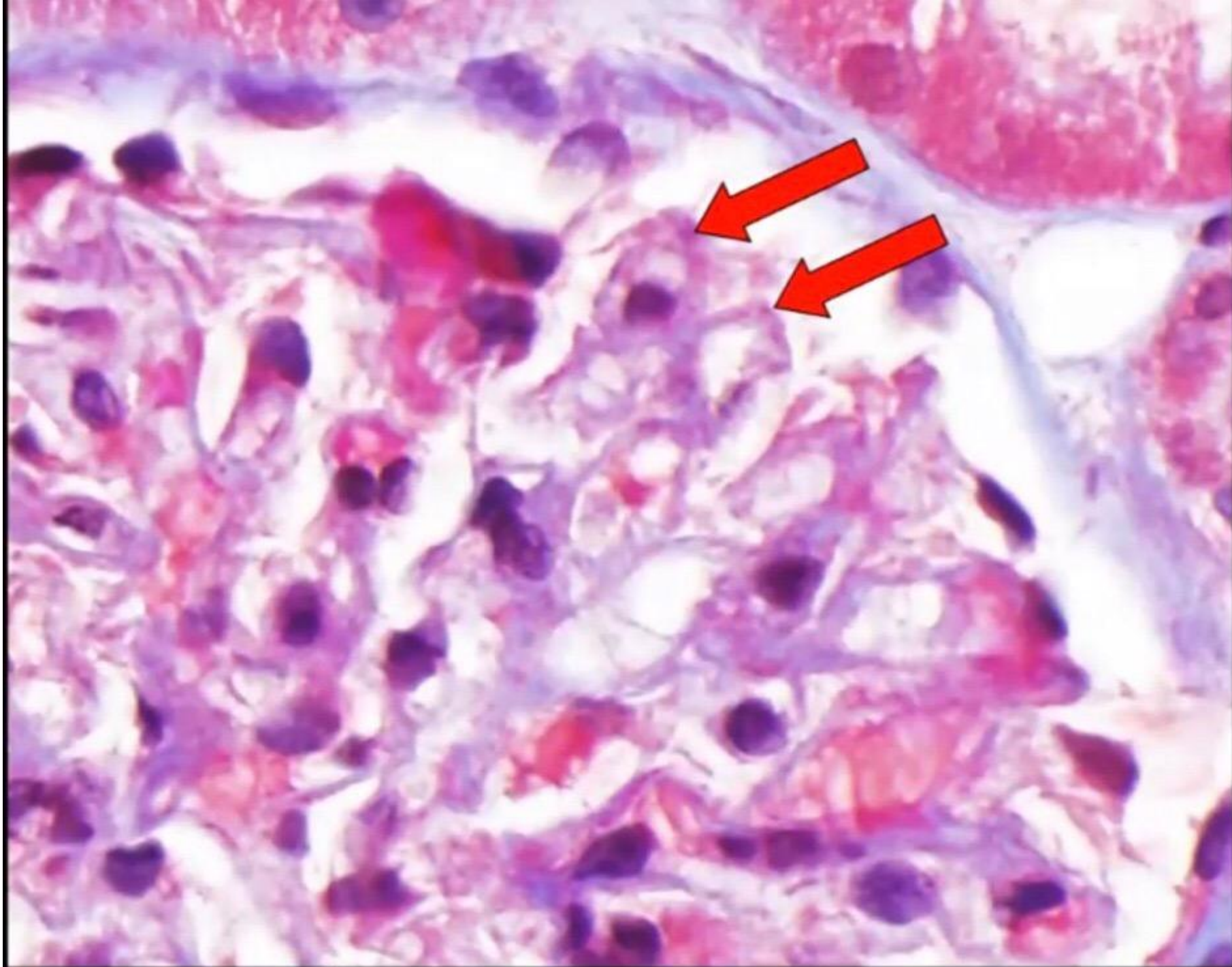


50 um

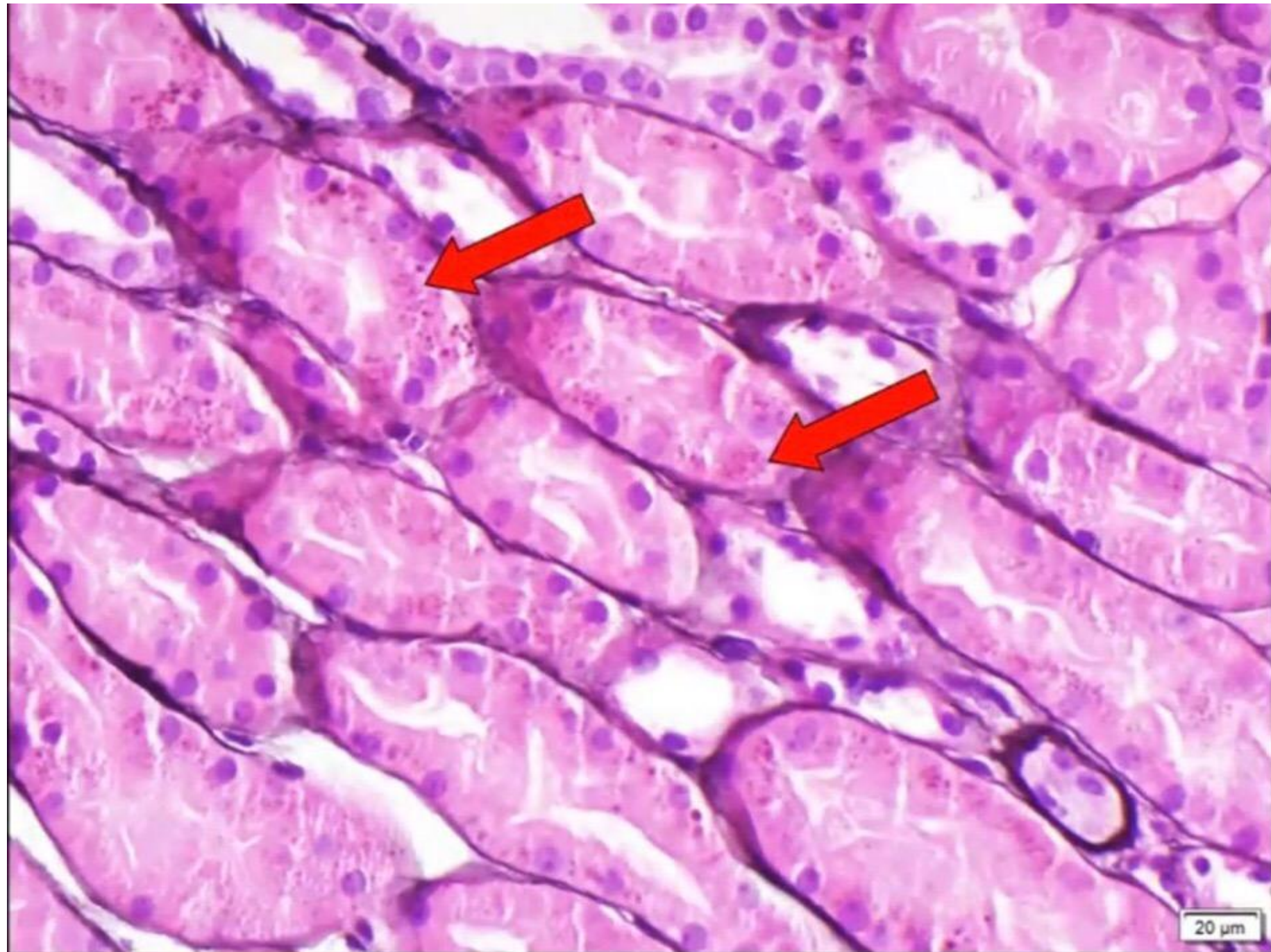






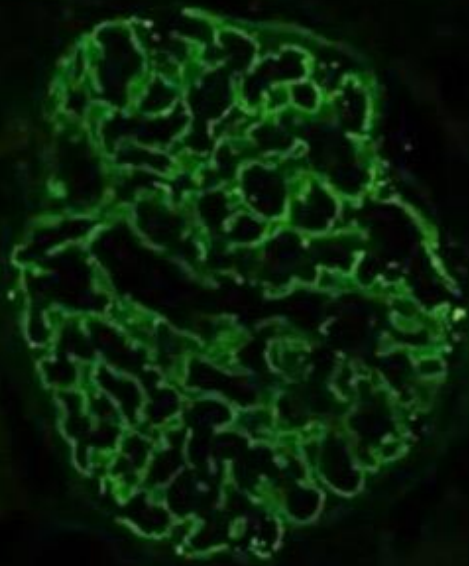




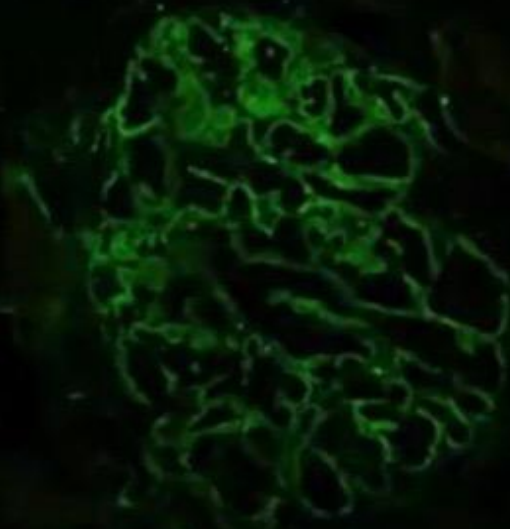


20  $\mu$ m

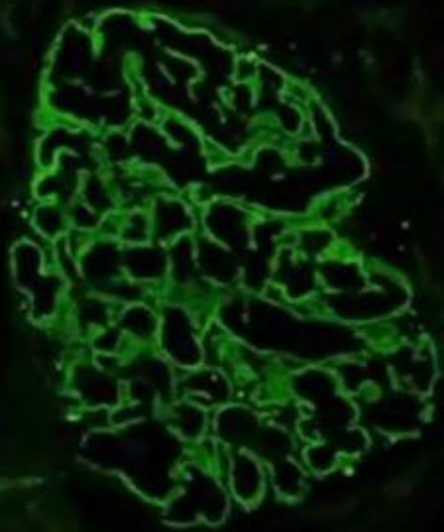
IgG



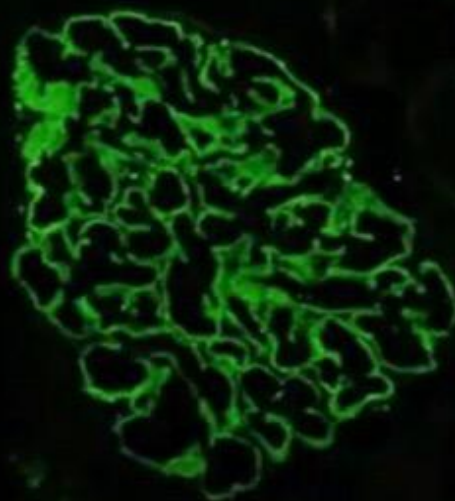
C3



Kappa

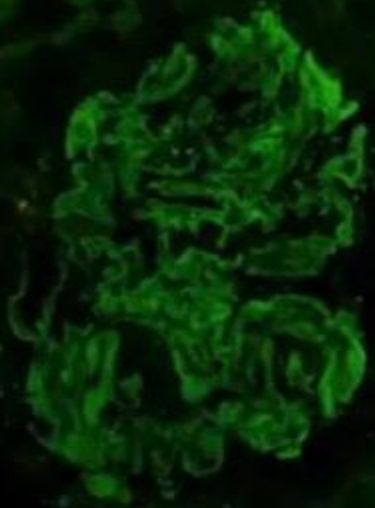


Lambda

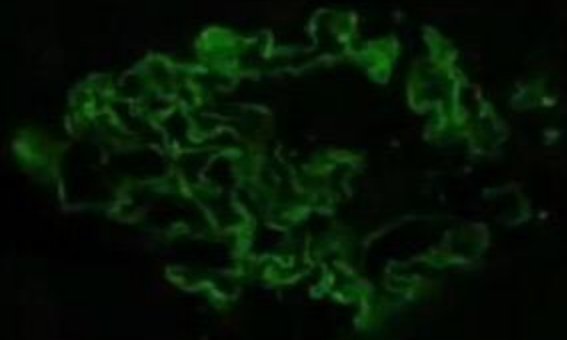




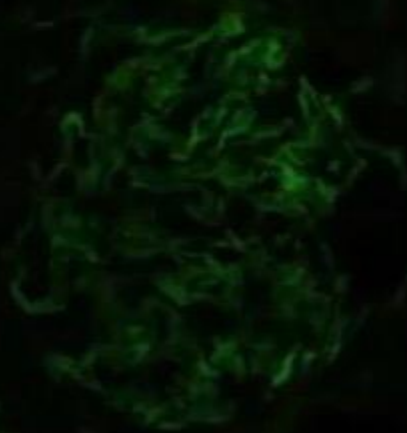
IgG1



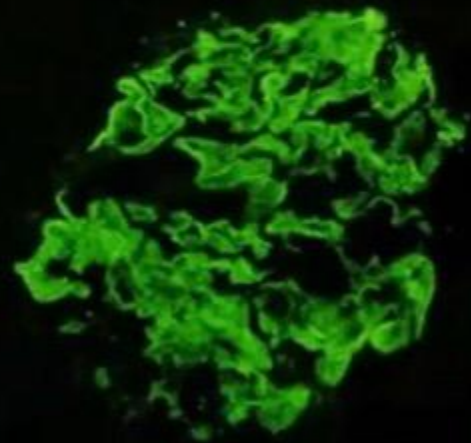
IgG2



IgG3

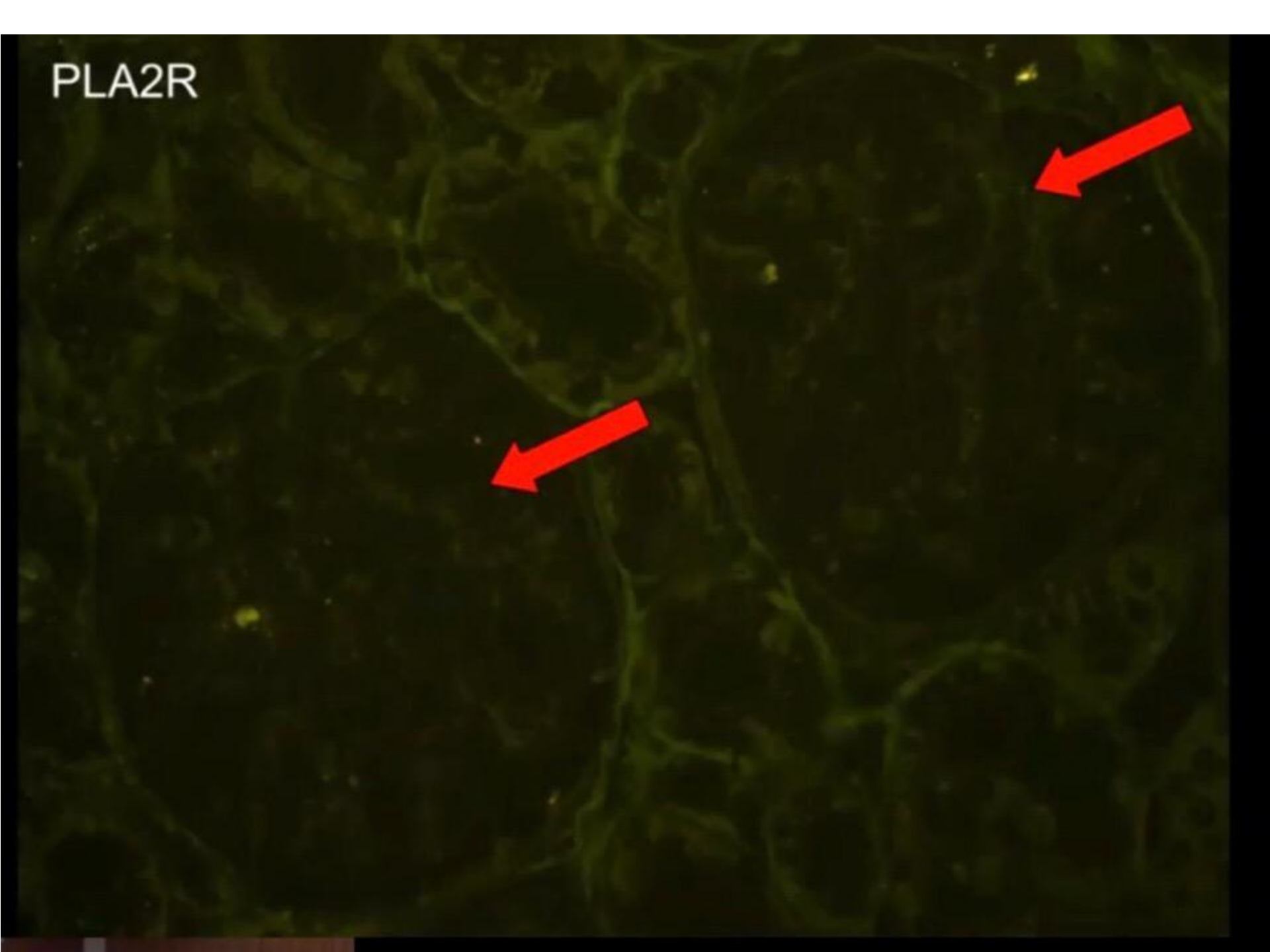


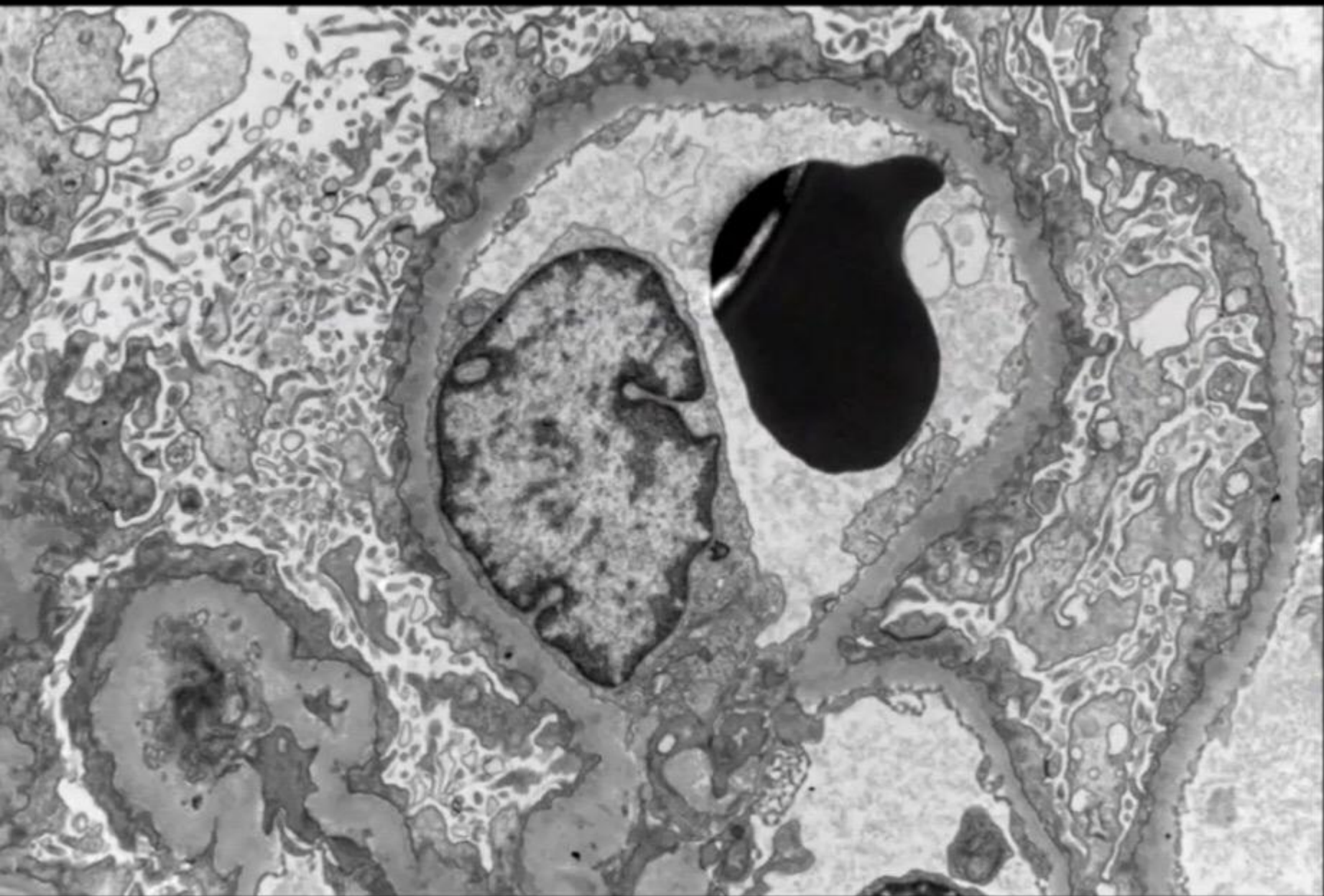
IgG4

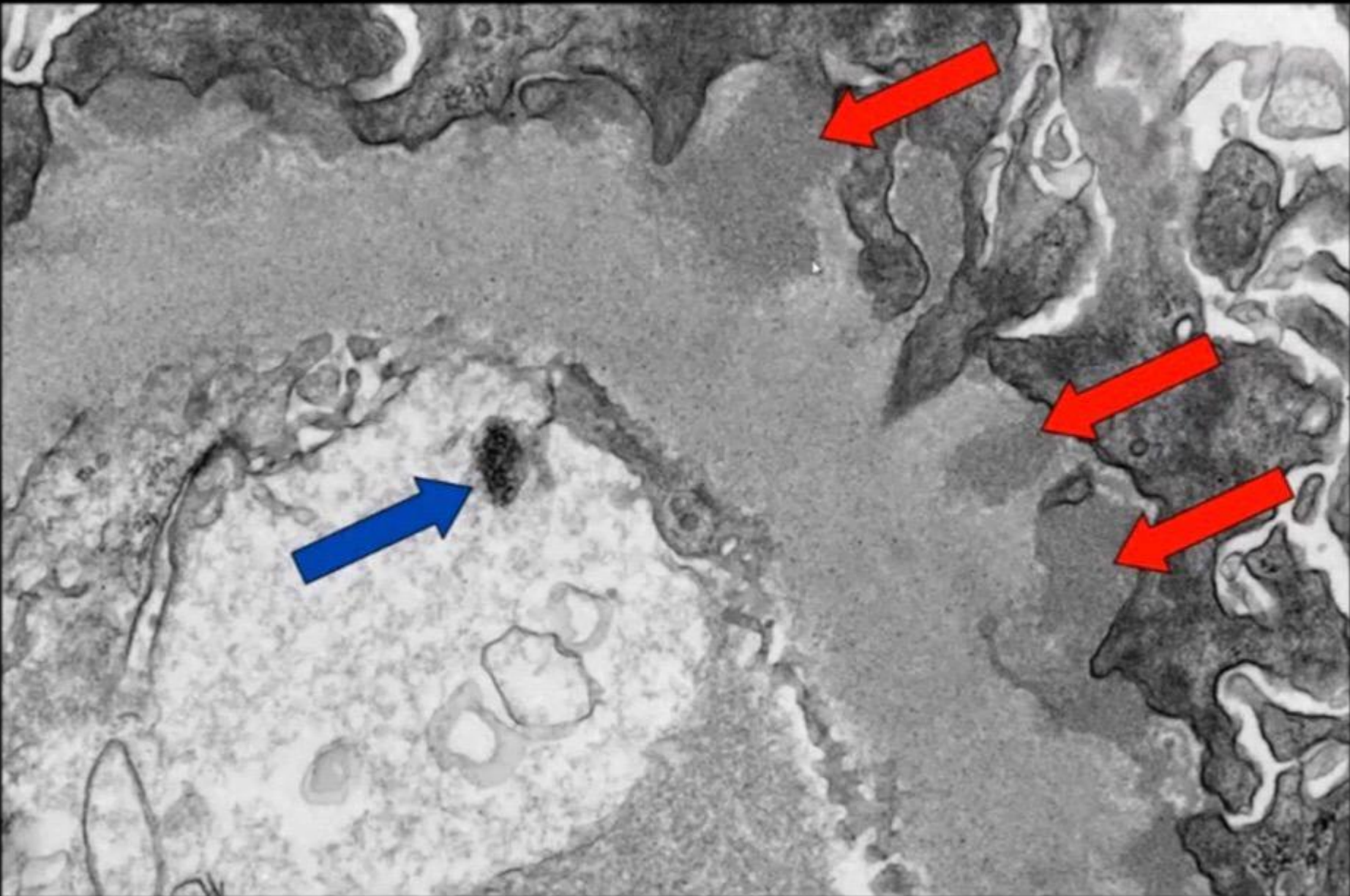




PLA2R







## Diagnosis

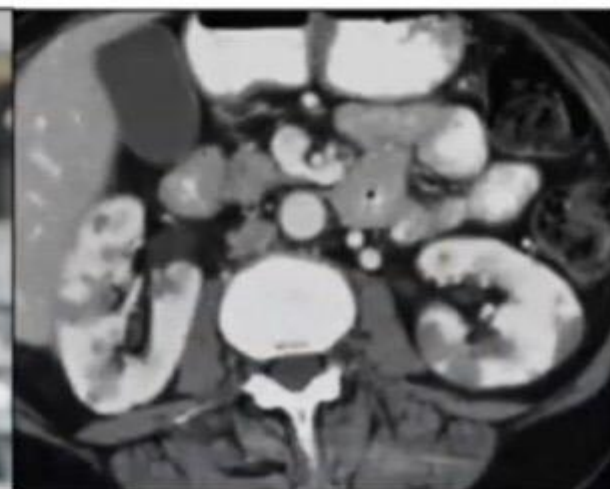
Kidney, needle biopsy:

IgG4-related membranous glomerulonephritis  
(IgG4-MGN)



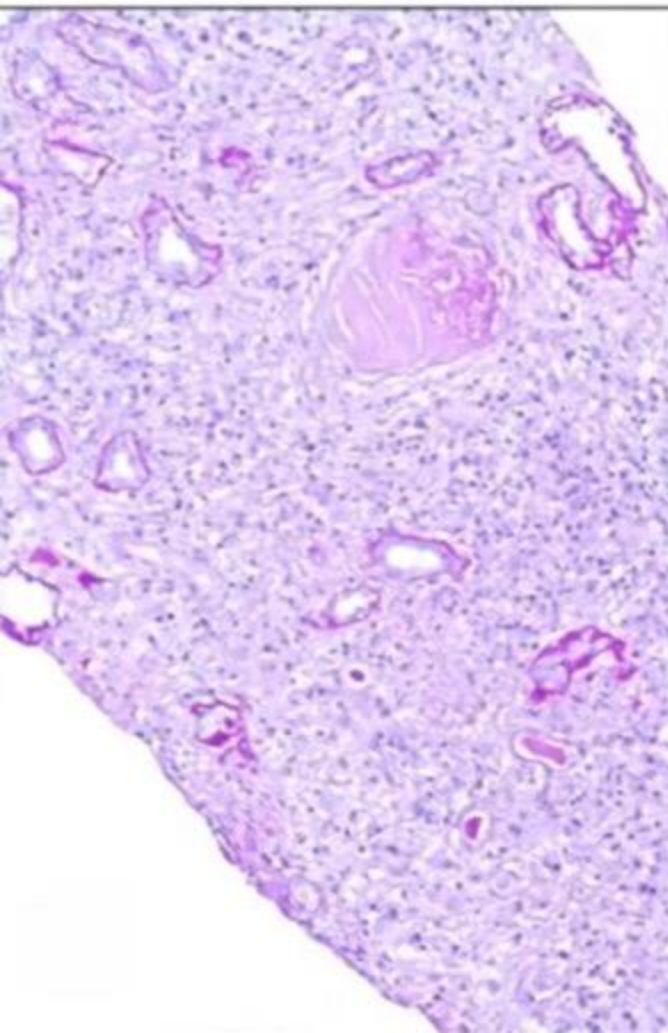
## IgG4-Related Disease (IgG4-RD)

- Recently recognized systemic immune-mediated disease
- Predominantly affects middle-aged to older men
- Often presents as inflammatory masses
  - Can mimic neoplasms

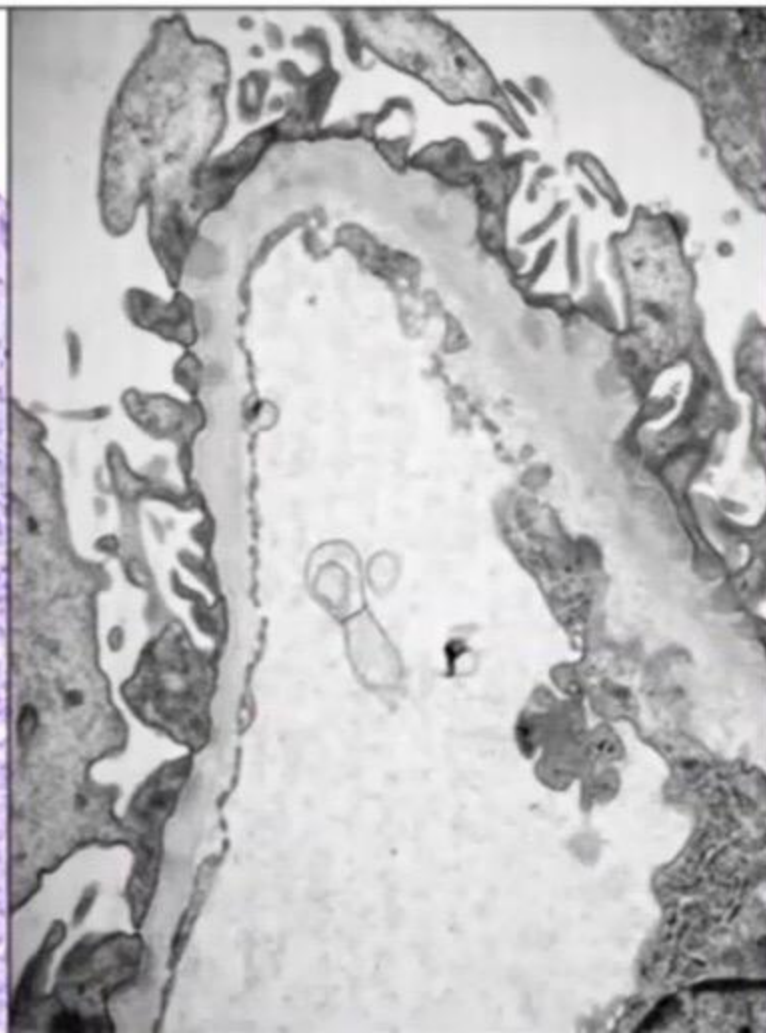


# Patterns of renal involvement by IgG4-RD

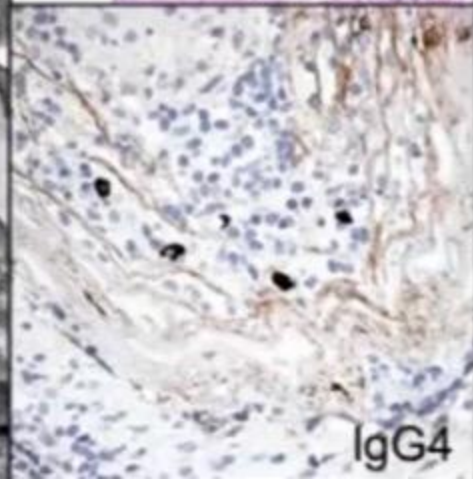
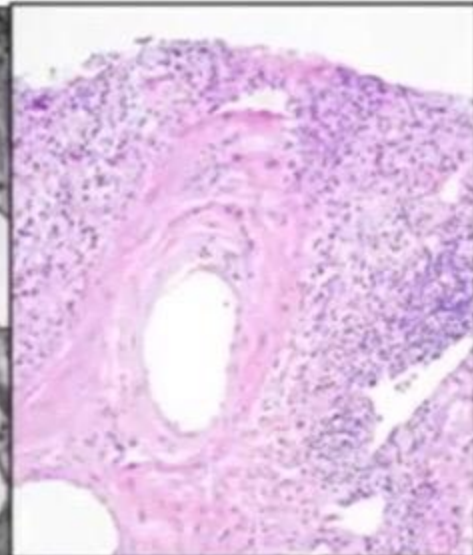
**Tubules and interstitium:**  
IgG4-related  
tubulointerstitial nephritis



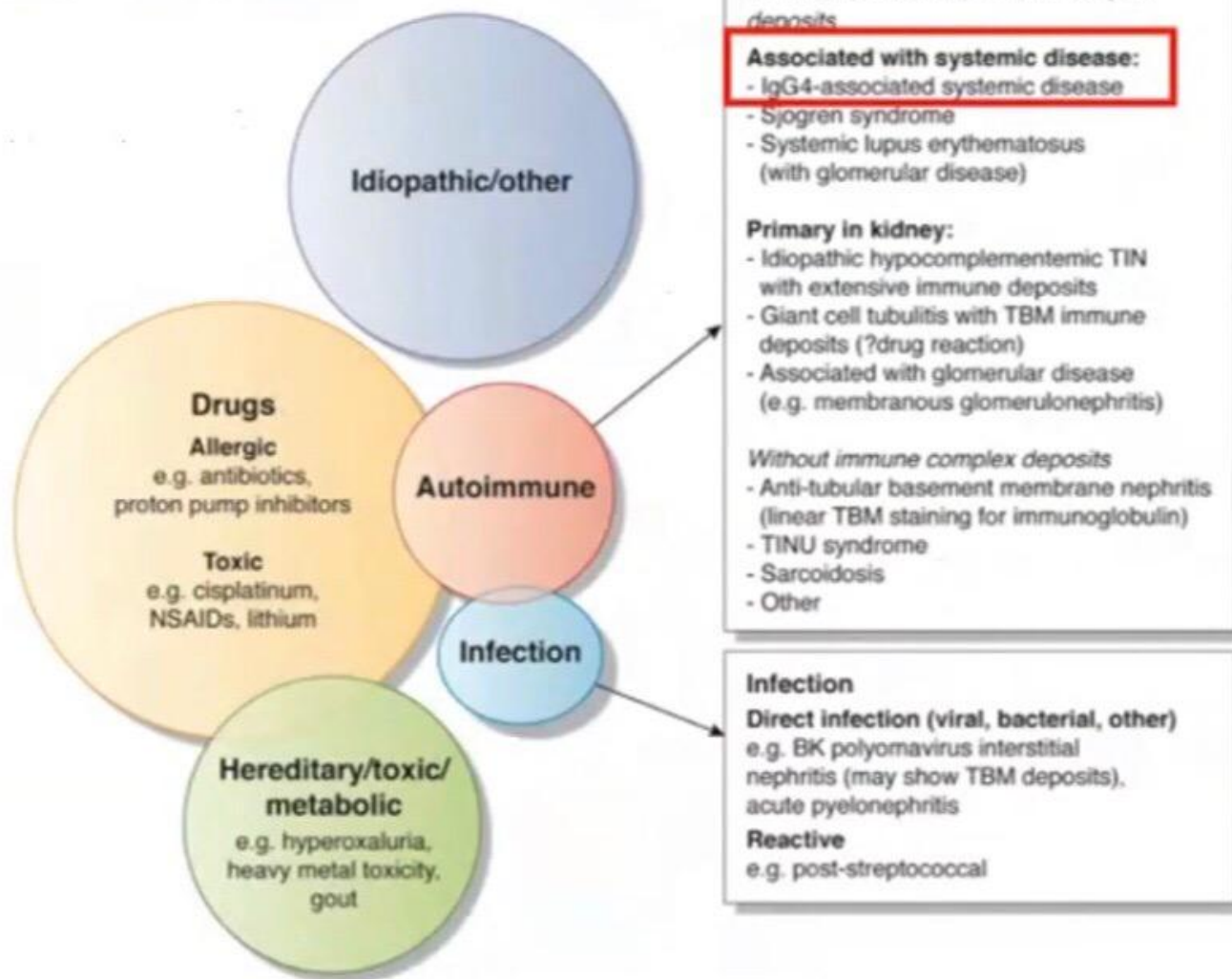
**Glomeruli:**  
Membranous  
glomerulonephritis



**Vessels:**  
IgG4 plasma cell  
arteritis



# Categories of tubulointerstitial nephritis/ nephropathy





# IgG4-related tubulointerstitial nephritis (IgG4-TIN)

Part of a systemic immune-mediated disease

IgG4-TIN first recognized in association with autoimmune pancreatitis (AIP)

Cornell LD, Chicano SL, Deshpande V, Collins AB, Selig MK, Lauwers GY, Barisoni L, Colvin RB. Pseudotumors due to IgG4 immune-complex tubulointerstitial nephritis associated with autoimmune pancreatocentric disease. *Am J Surg Pathol.* 2007 Oct;31(10):1586-97

Idiopathic/other

## Drugs

### Allergic

e.g. antibiotics,  
proton pump inhibitors

### Toxic

e.g. cisplatinum,  
NSAIDs, lithium

Autoimmune

Infection

## Hereditary/toxic/ metabolic

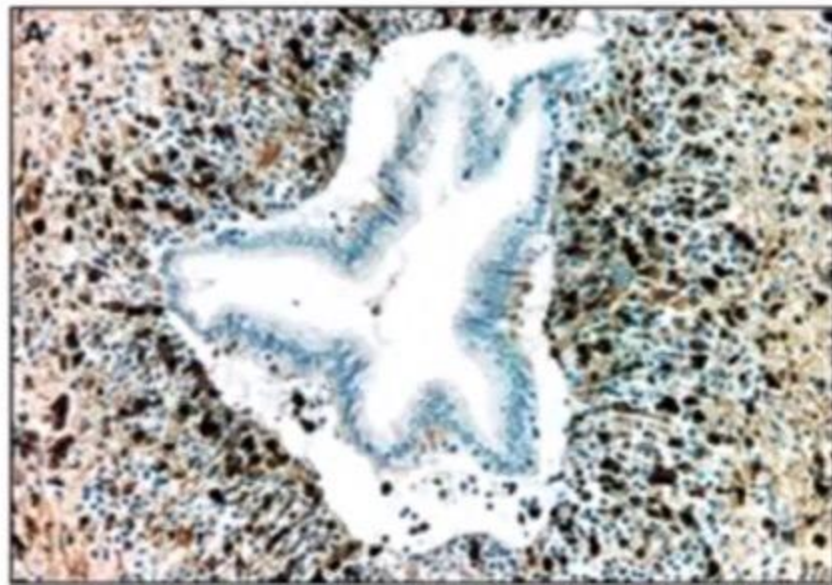
e.g. hyperoxaluria,  
heavy metal toxicity,  
gout

## Autoimmune Pancreatitis (AIP)

- Hamano 2001: ↑ serum IgG4 in AIP, hypergammaglobulinemia in AIP mostly IgG4

Hamano et al: High serum IgG4 concentrations in patients with sclerosing pancreatitis. *N Engl J Med*, 344: 732-8, 2001

- ↑ IgG4+ plasma cells in lesions



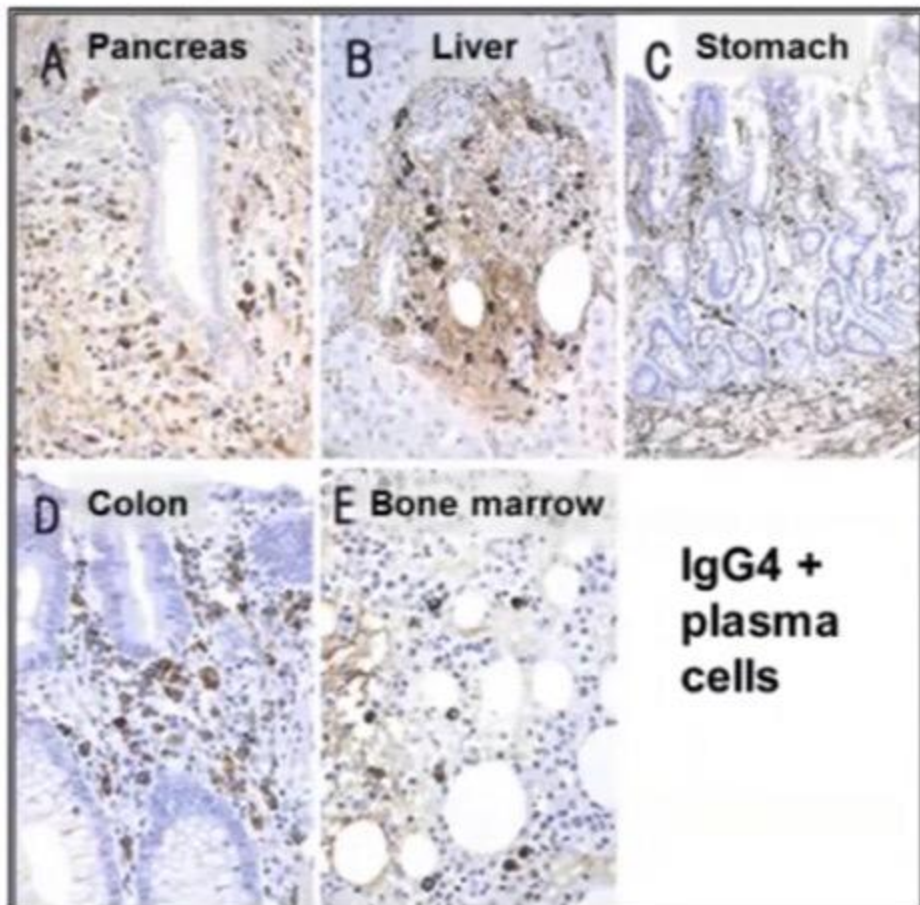
IgG4+ plasma cells in pancreas

Aoki et al *Histopath*, 47:147, 2005

## AIP and systemic disease

Kamisawa 2003: AIP patients have IgG4+ plasma cells in tissues outside of the pancreas

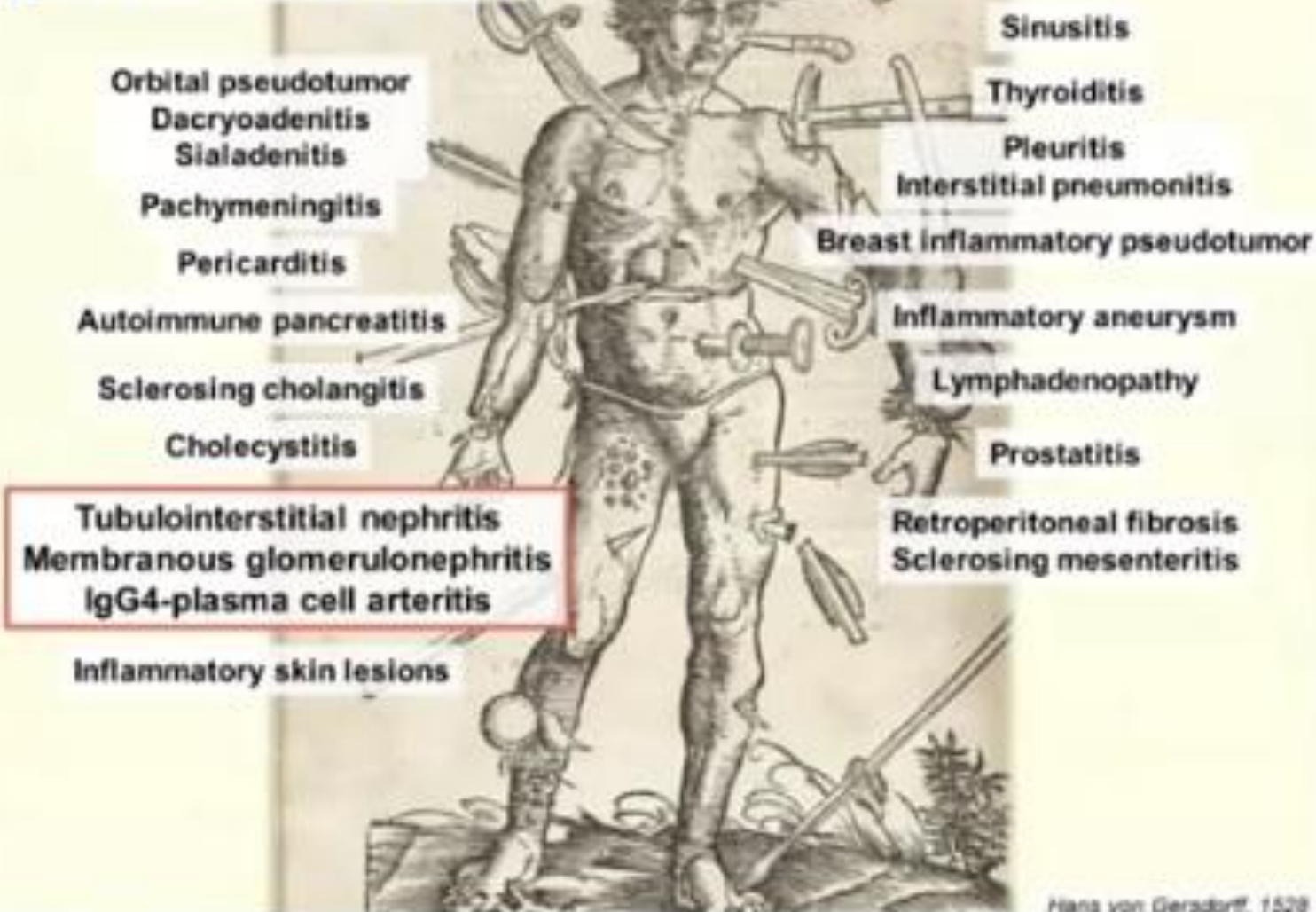
- Peripancreatic tissue
- Bile duct
- Gallbladder
- Liver
- Gastric mucosa
- Colonic mucosa
- Salivary glands
- Lymph nodes
- Bone marrow



T Kamisawa et al. A new clinicopathological entity of IgG4-related autoimmune disease. *J Gastroenterol* 2003; 38(10):982-4.



## IgG4-related disease



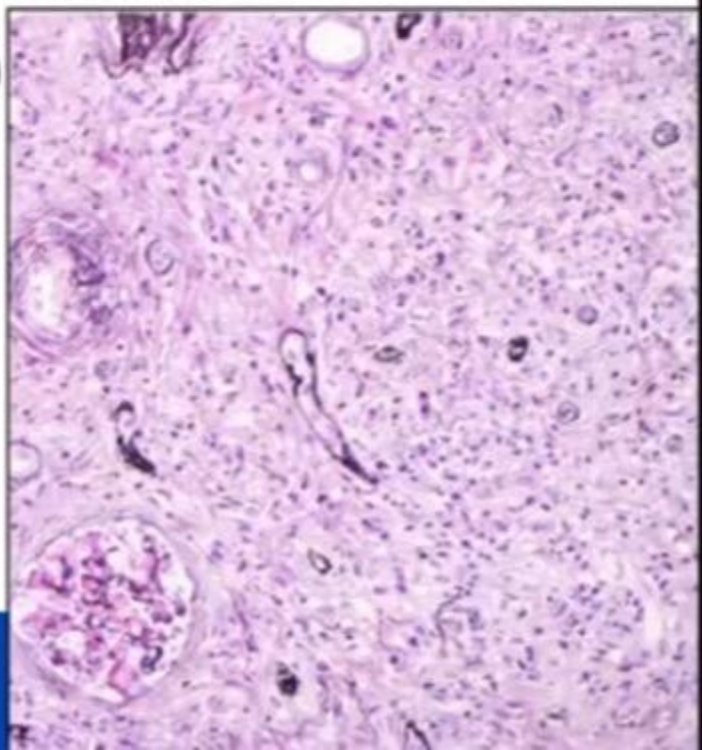
## IgG4-related disease (IgG4-RD): Histopathology

Striking histologic similarities among affected organs

Three major histopathological features associated with IgG4-RD:

- (1) Dense lymphoplasmacytic infiltrate
- (2) Fibrosis (“storiform pattern”)
- (3) Obliterative phlebitis

*Typical histologic appearance is considered the “gold standard” for diagnosis of IgG4-RD*





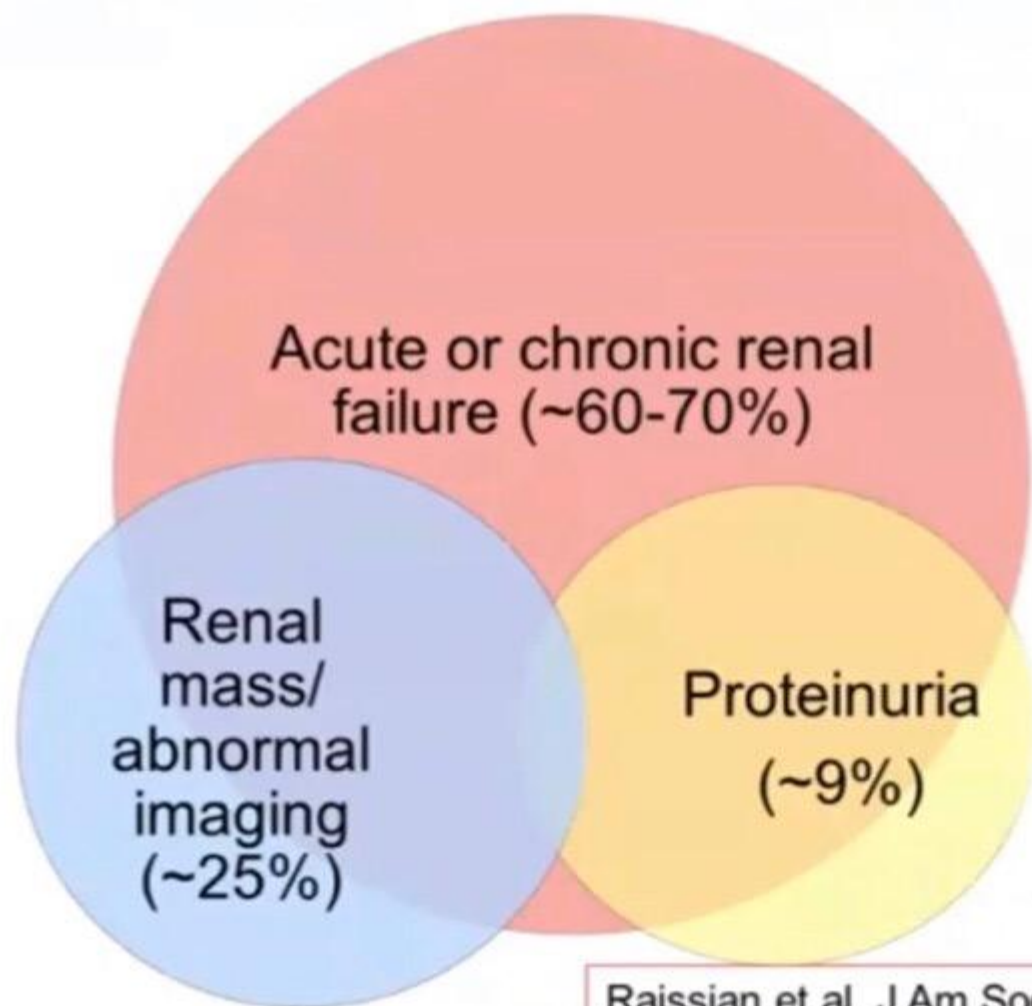
# Autoimmune pancreatitis

Storiform fibrosis

Obliterative phlebitis



# IgG4-Related Kidney Disease (IgG4-RKD): Primary indication for biopsy



Raissian et al, J Am Soc Nephrol July 2011  
Saeki et al, Kidney Int, Nov 2010  
Buglioni et al (abstract, ASN 2018)



## IgG4-RKD: Laboratory features

↑ Serum IgG4 in 67%

Hypocomplementemia in ~50%

Peripheral blood eosinophilia in ~30%

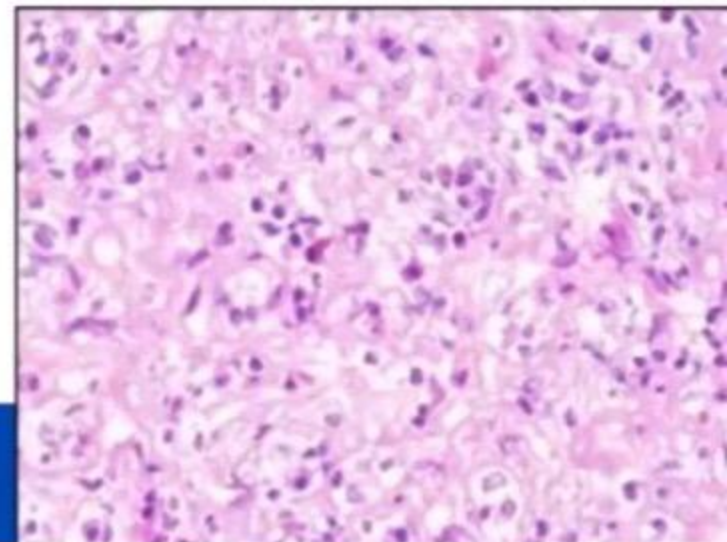
+ANA (mostly low titer) in ~30%



Raissian et al, J Am Soc Nephrol July 2011  
Buglioni et al (abstract, ASN 2018)

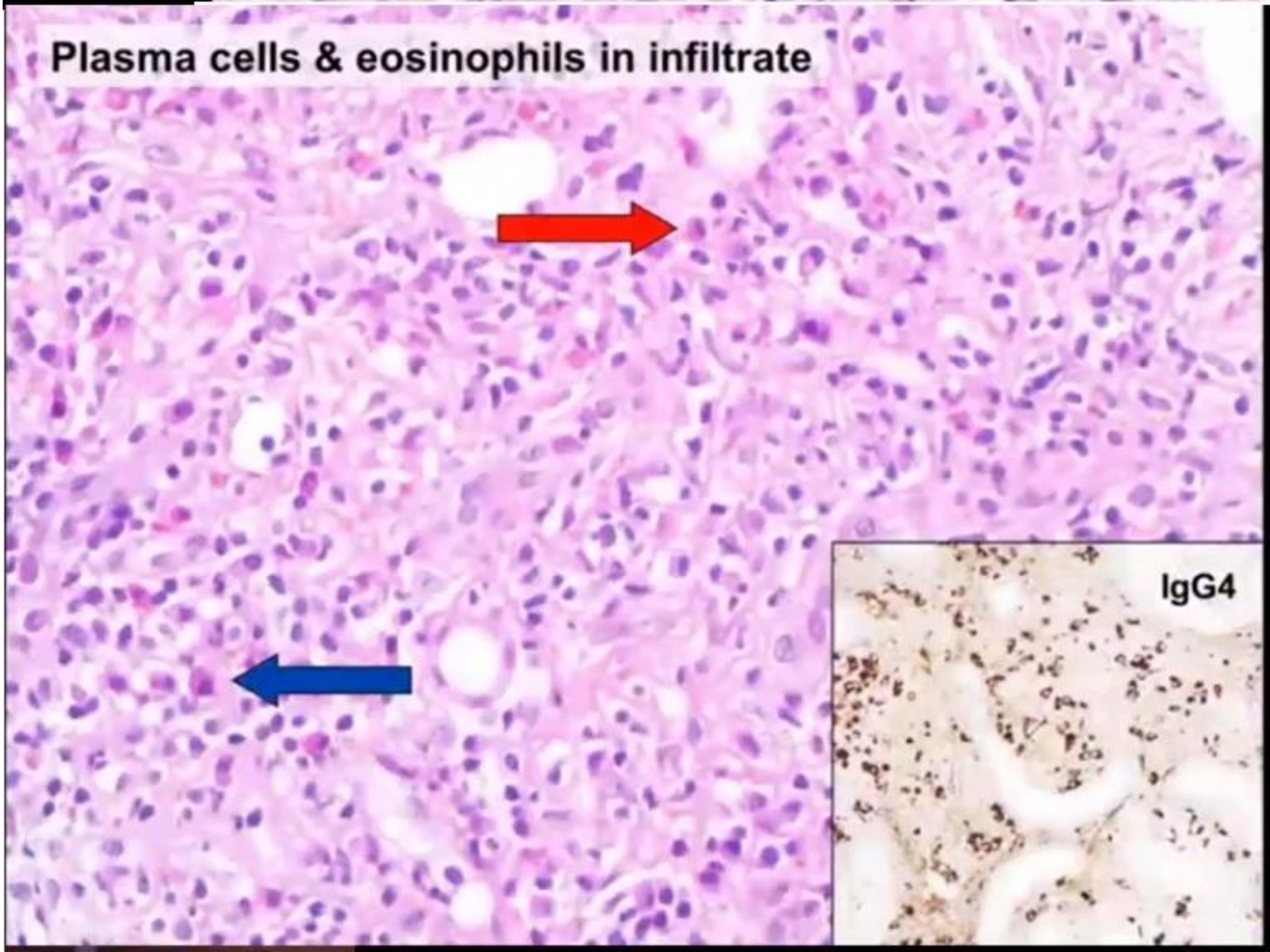
## IgG4-TIN: Light microscopy

- Plasma cell-rich interstitial infiltrate  
Eosinophils often numerous
- Expansile interstitial fibrosis, “storiform” pattern
- Variable degrees of fibrosis/inflammation
- Increased IgG4+ plasma cells  
>10 cells per 40x field



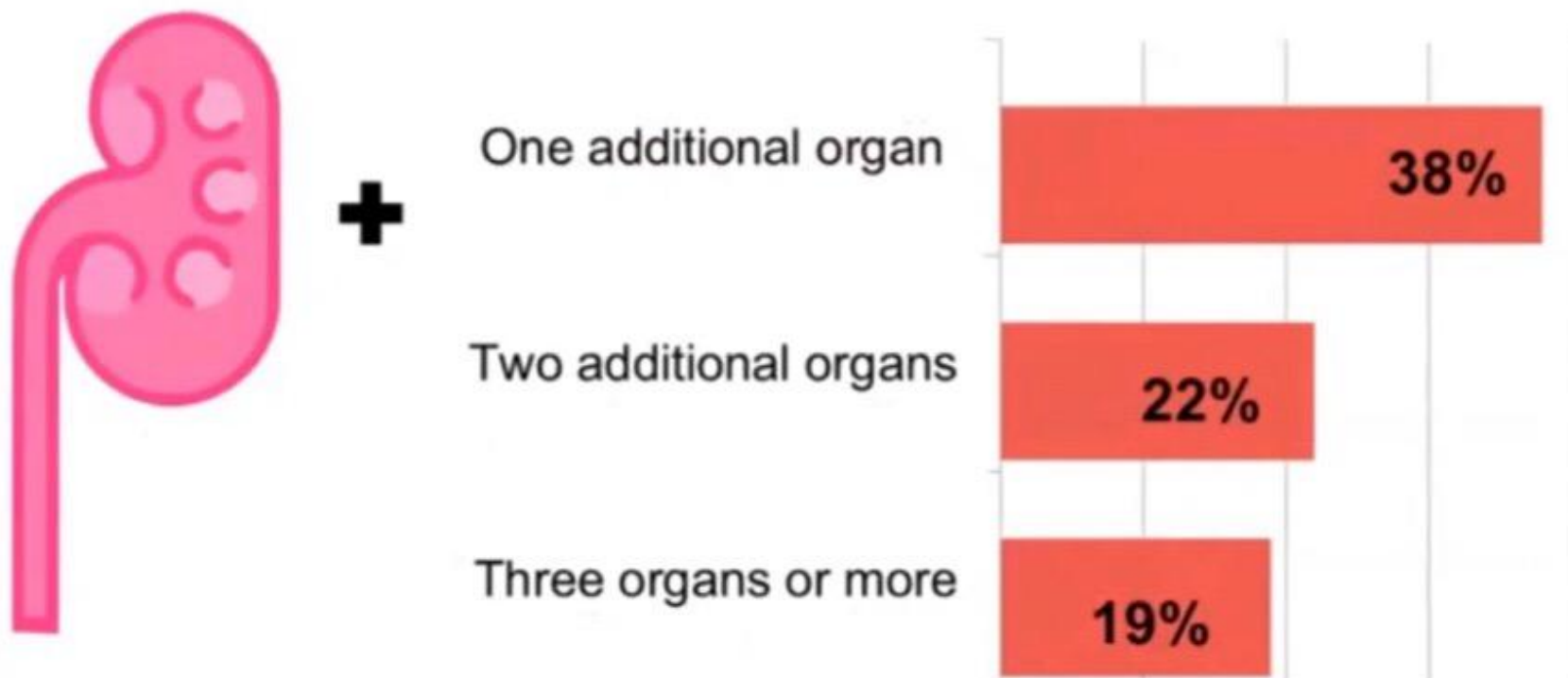


**Plasma cells & eosinophils in infiltrate**



## Multi-organ involvement in IgG4-RKD

Besides kidney, nearly **80%** have other organ involvement by IgG4-RD





## Most common organ involvement in IgG4-RD

Submandibular gland

Lymph nodes

Orbit

Pancreas

Retroperitoneum  
(retroperitoneal fibrosis)

Lung

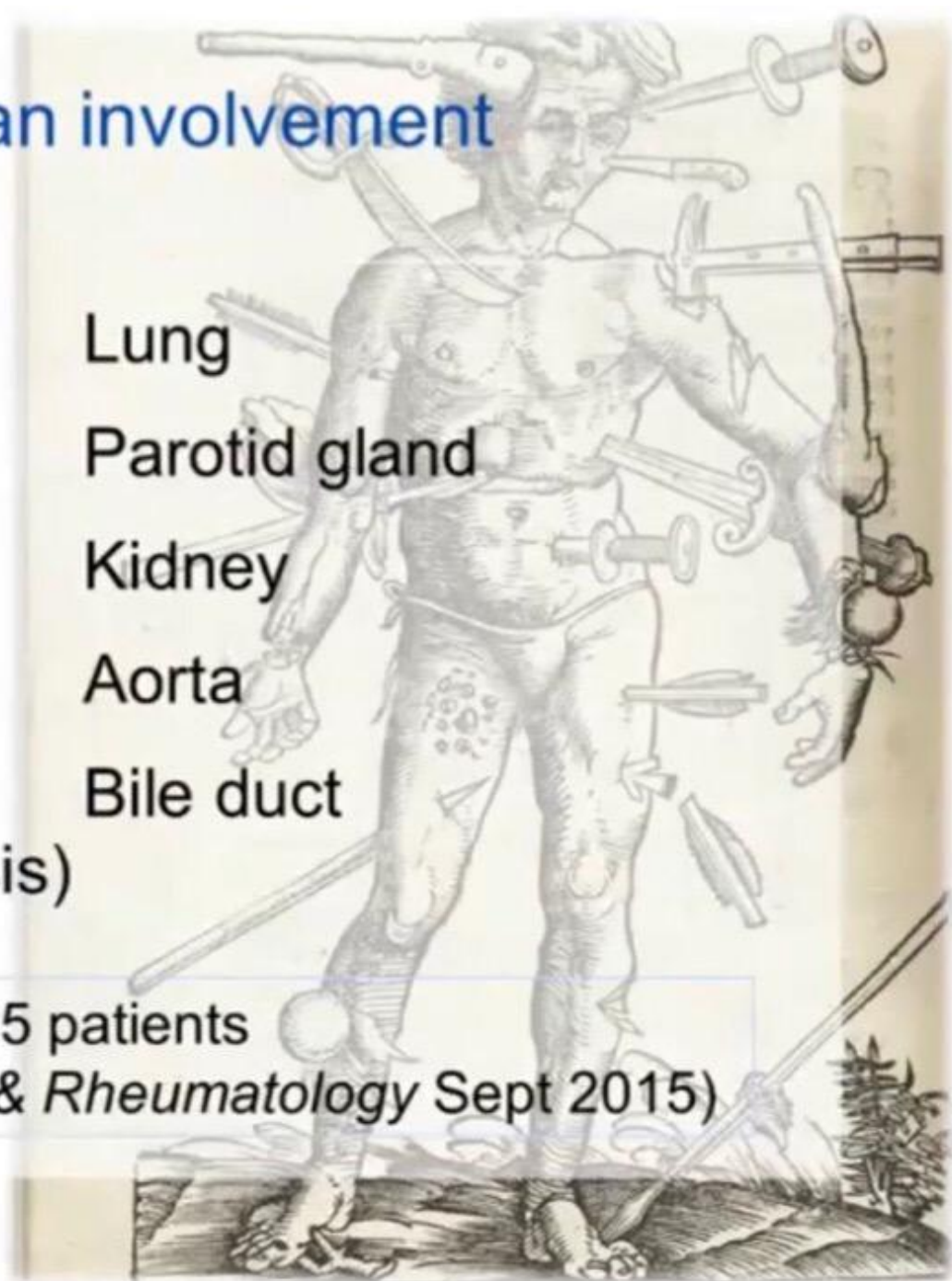
Parotid gland

Kidney

Aorta

Bile duct

Present in  $\geq 10\%$  of 125 patients  
(ZS Wallace, *Arthritis & Rheumatology* Sept 2015)



## IgG4-RD:

### Treatment and Response to Therapy

- Treatment indicated in patients with active and symptomatic disease
- Response to immunosuppressive treatment in ~90% of patients (~2-4 weeks)
  - Steroids usually first-line treatment
  - Rituximab an alternative



## IgG4-RD:

### Treatment and Response to Therapy

High relapse rate (~70% following rituximab response)

#### Predictors of relapse:

Elevated baseline (pre-treatment):

Serum IgG4

Serum IgE

Circulating eosinophils

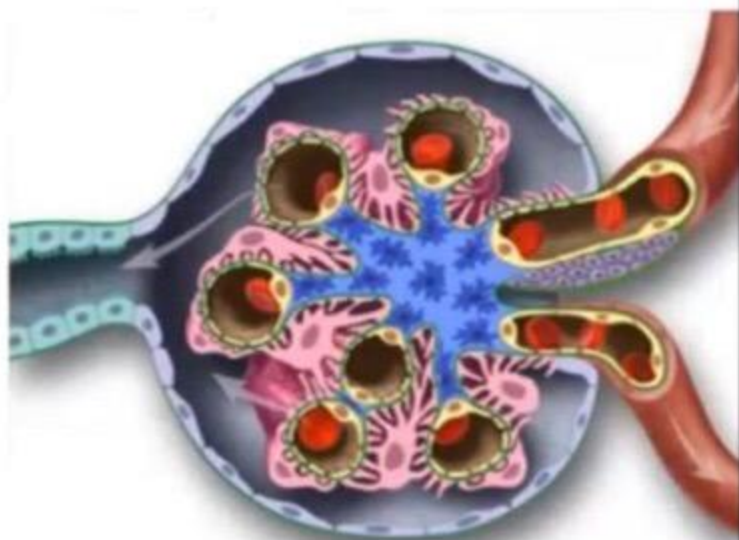
ZS Wallace et al, *Rheumatology* 2016; 55





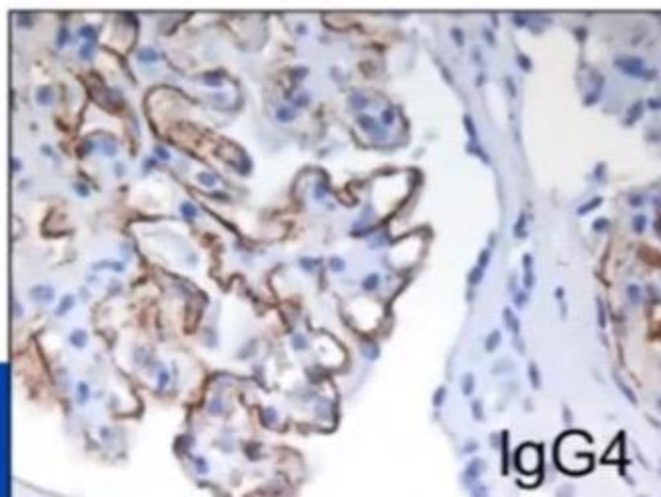
## Glomerular diseases in IgG4-RD

- Membranous glomerulonephritis (MGN)
- IgA nephropathy
- Membranoproliferative GN
- Minimal change disease
- Other GN, not well-defined
- Diabetic glomerulosclerosis



## Membranous glomerulonephritis (MGN)

- MGN may be primary (“idiopathic”) or secondary
  - Secondary to autoimmune disease, infections, medications, cancers, other conditions
  - Primary MGN is **IgG4-dominant**
- MGN: most common glomerular disease in IgG4-RD
  - ~7% of IgG4-TIN have MGN
  - Different pattern of involvement of IgG4-RD—not “inflammatory”



## MGN in IgG4-RD: Mayo case series

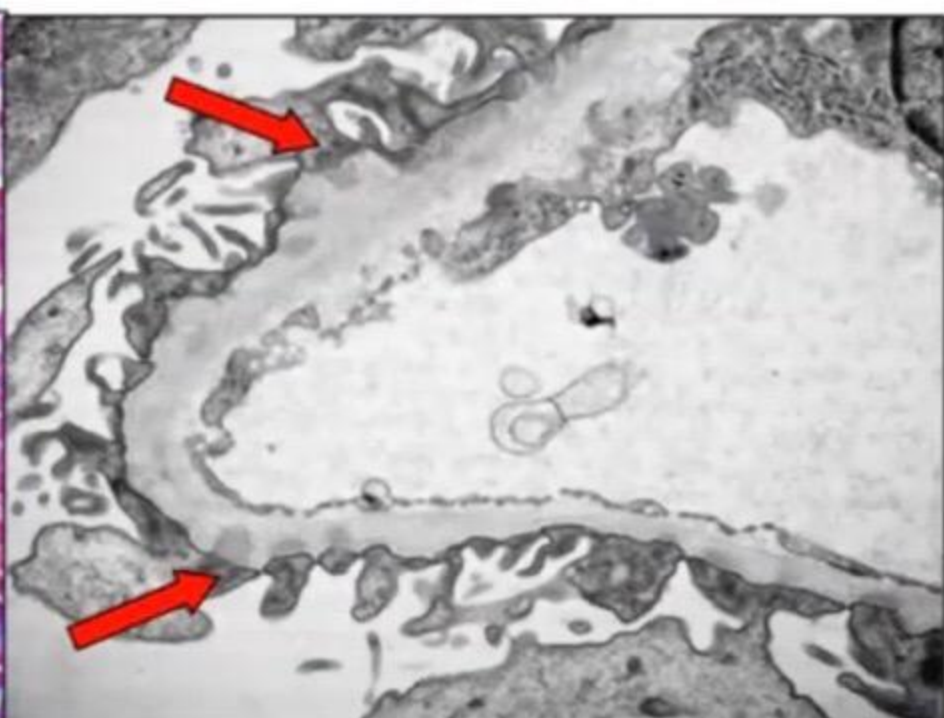
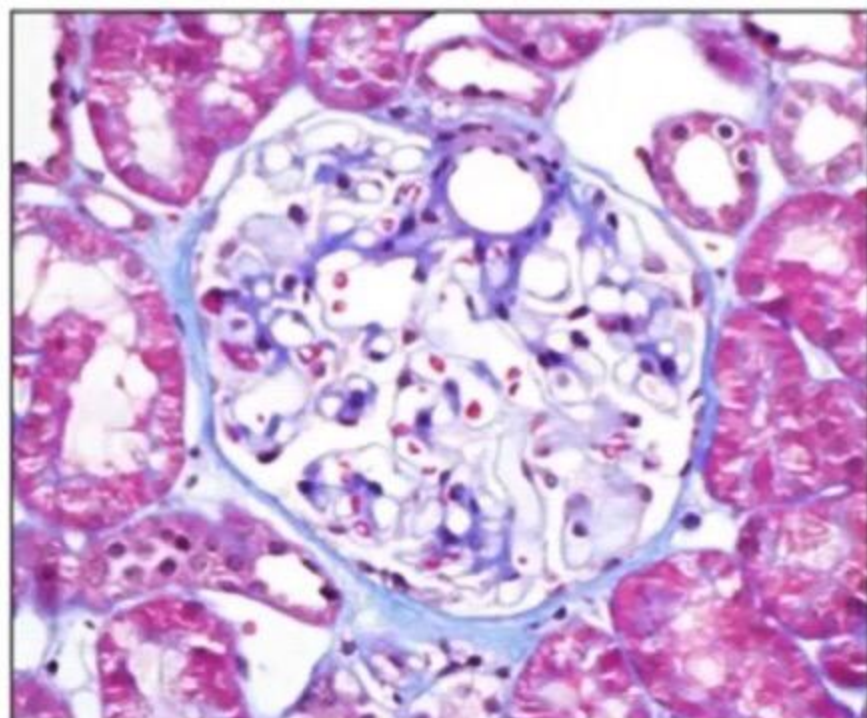
- 9 patients with MGN and IgG4-RD
- Clinical presentation
  - **Proteinuria**
    - Ave 8.3 g/day; range 1.7-16
  - **↑ Creatinine** in 6 patients
    - Ave 2.2 mg/dl (range 0.8-6.6)
    - 1 patient with ARF due to TIN

Alexander MP, Larsen CP, Gibson IW, Nasr SH, Sethi S, Fidler ME, Raissian Y, Takahashi N, Chari S, Smyrk TC, Cornell LD. Membranous glomerulonephritis is a manifestation of IgG4-related disease. *Kidney Int.* 2013 Mar;83(3):455-62



## MGN in IgG4-RD: Mayo case series

- All patients had IgG4-TIN or had extra-renal involvement by IgG4-RD
- 56% (5/9) had IgG4-TIN, sometimes focal

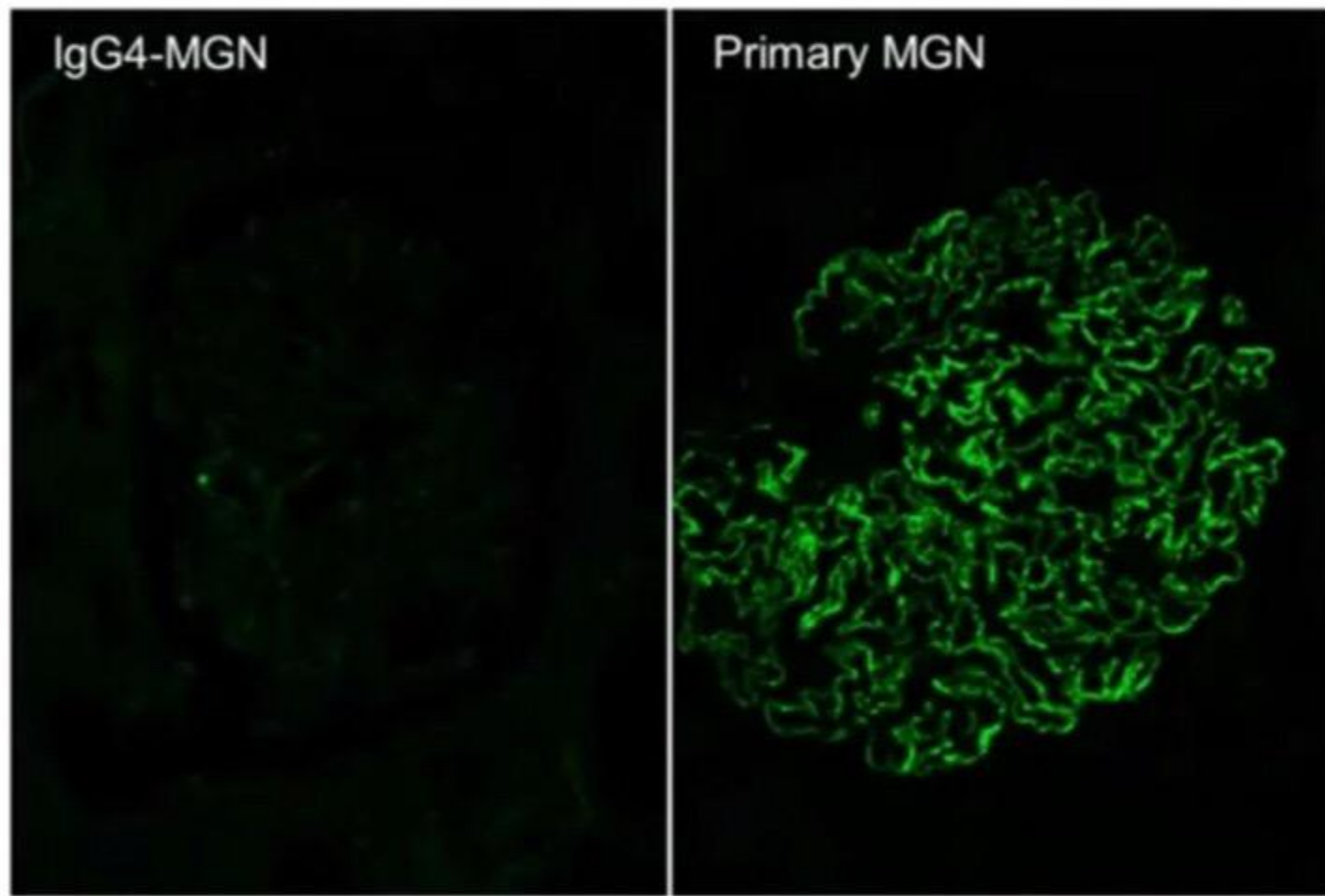


# PLA2R staining in IgG4-MGN

Immunostaining for phospholipase A2 receptor (PLA2R)

**Negative** in IgG4-MGN

Argues that IgG4-MGN is secondary





## Key points: IgG4-related kidney disease

Most common pattern of involvement is “*inflammatory*”: IgG4-TIN

Analogous to other organs involved

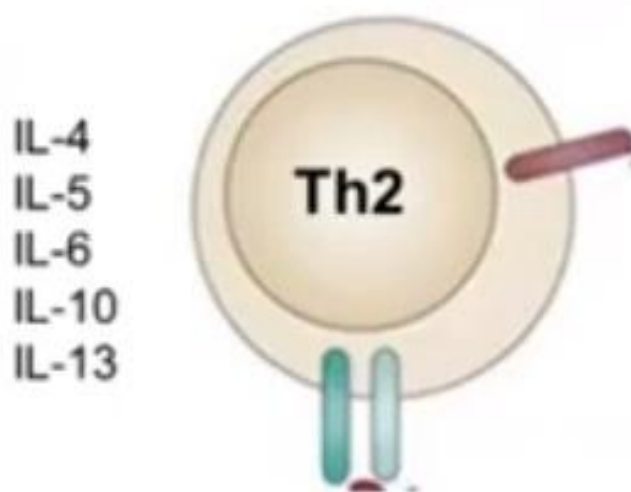
Proteinuria/nephrotic syndrome in patients with systemic IgG4-RD is likely **MGN**

Only one small case series of IgG4-MGN; treatment & expected response is unknown



## Pathogenesis of IgG4-RD (Dr. Cornell)

- Poorly understood
- Postulated chronic allergic disorder
  - Many patients have a history of allergy
  - Cytokine profile more suggestive of allergy (Th2)



# Treatment & Clinical Follow Up (Dr. Hogan)

## Treatment

- 3 rounds of rituximab ( $375\text{mg}/\text{m}^2$ )
  - Quantiferon status, Bactrim, ARB
  - Monitor CD20 cell counts, reassuring if remain undetectable
- Monitored q4-6 months
  - No further immunosuppressive therapy





## Treatment & Clinical Follow Up (Dr. Hogan)

Latest follow-up (3 years post-rituximab, 7 years after initial presentation):

- Creatinine 0.81 mg/dL, serum albumin 4.5 g/dL
- No proteinuria
- Amylase/lipase & liver function tests normal
- No evidence of other organ involvement by IgG4-RD
- Not on maintenance immunosuppression



## Background

- Steroids are effective therapy in > 90% of IgG4-RD cases
- True steroid-refractory disease is rare
- Relapse is common during steroid taper or after cessation of steroid therapy
- Rituximab (RTX) is also highly effective therapy for IgG4-RD, even in steroid resistant or refractory cases
- Relapse is also common after RTX therapy

Ghazale and Chari, Gut 2007; Hart et al, Gut 2012

Clinical Trial:

Treatment of IgG4-Related Disease with  
Revlimid and Rituximab (TIGR<sup>2</sup>)