

OLYMPIC KIND OF SPORT

artistic

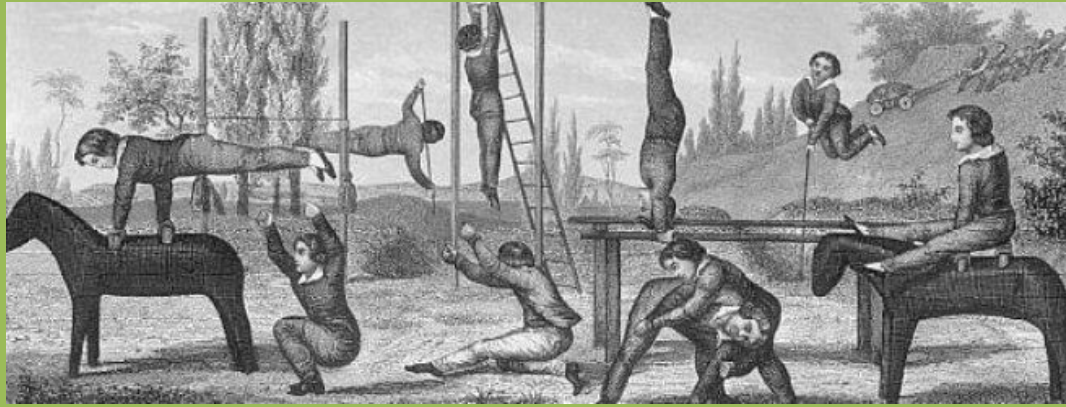
gymnastics



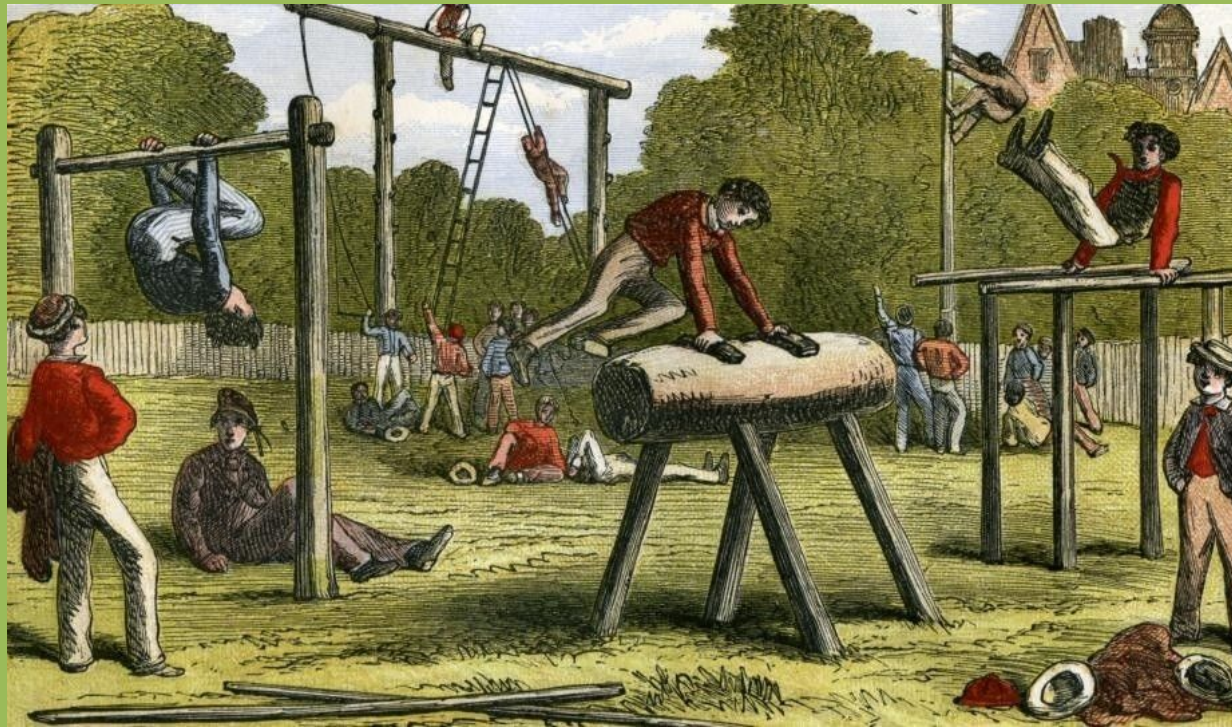
Gymnastics is an Olympic sport that includes competitions in floor exercises, exercises on gymnastic equipment, and support jumps.



History of the origin



and development of artistic gymnastics



The program of the competitions and shells artistic gymnastics

Usually competitions in gymnastics are held on 7 shells



Rules of judging in gymnastics



- The Olympic games is the most prestigious championship in gymnastics
- The world artistic gymnastics championship is an annual international championship that has been held since 1903.
- The European gymnastics Championships are the largest competitions between representatives of European countries in gymnastics.



Competitions in gymnastics

It is an indisputable fact that gymnastics is of great importance in the life of mankind, forming the right attitude to physical and aesthetic education.



Currently, there are many varieties of it: men's and women's sports and artistic gymnastics, trampoline jumping. Wellness and applied gymnastics are also gaining popularity – an affordable way to improve and maintain your physical and emotional state.

THANK YOU FOR YOUR
ATTENTION

