

DressageClinic.com

The Greatest Strength of a Dressage Rider is Education

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**GLOBAL DRESSAGE FORUM
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About Us: Dressage Clinic is an educational website offering complete unedited, reality training videos of international dressage trainers, riding and lecturing on their horses in training in the privacy of their own stables or at public educational procedures.

1-604-807-2564 How to Become a Dressage Rider?



One of the essential things, to become a **dressage rider**, is to pay attention to your fitness levels. When you choose to become a dressage rider, it's necessary to understand that you're going to ride athletic horses, paying attention to your fitness is a huge factor.

SupportAntirus

Apart from fitness, there are many other factors required to become a [Dressage Rider](#). For example, getting proper dressage training from professional is very crucial to learn the different aspects of riding athletic horses. Here are some things that you should take into consideration to prepare yourself to become a dressage rider.

Become a Dressage Athlete



When you start improving your fitness, strength, and suppleness, only then you'll be able to bring more knowledge and understanding on how to ride a horse comfortably. People often go round and round and round in circles and don't get any better at riding horse because they don't realize that horses also get tired just like them. At [Dressage Clinic](#), we teach our riders about how to handle a horse when they are tired and need variety in their work.

Create Challenge

While riding your horse if you don't challenge yourself to achieve a specific target, then you're not going to learn it quickly. Creating a challenge and achieving it is a top priority when you're practicing to become a dressage rider. At Dressage Clinic, the professional give a target to the riders after practice so that they try hard to achieve it as well as understand how to understand the horse while riding it.

Make it Fun

The more you try to make it fun, the more it will get easier for you. Yeah, that's true! If you take dressage training as a part of a game, you'll enjoy it more and learn faster because when we play games, we put our hundred percent into it. If you make things a little competitive, it will encourage you to do better.

There is a lot more to learn when it comes to becoming a dressage rider. However, it all becomes easier if you take proper training lessons from Dressage Clinic. So, get in touch with them today to start your training.

**For More Information about Dressage
Clinic**

<https://www.dressageclinic.com/>