

In Harmony with Myself.

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A little about me...



My name is Ann. I am the student of the 10-th great. My project is «In Harmony with Myself». Now I would like to tell some words about my character.

Who
Are You?



My character



I have both weak and strong points in my character. I am certainly a bit ashamed of my weak points and I do my best to get rid of them. As for my strong features of character, I value and cherish them.

strong points

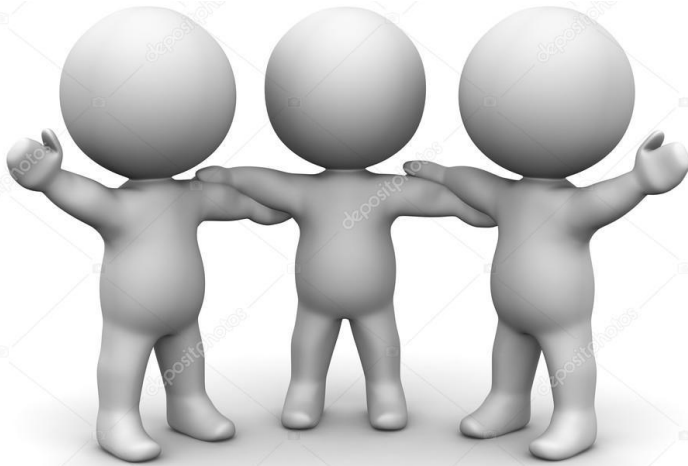


weak points

My character



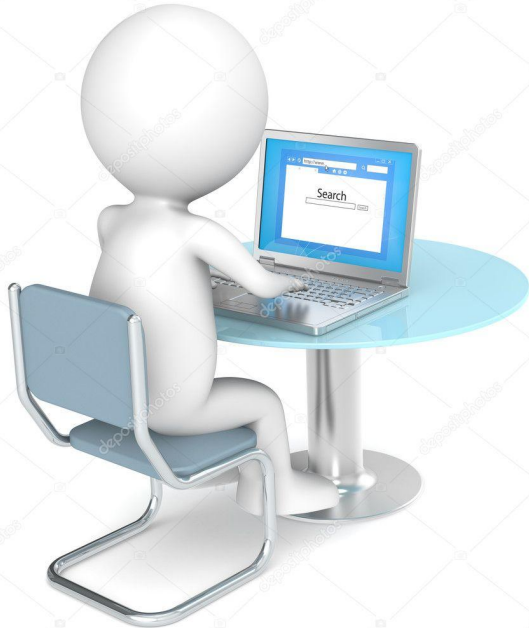
Everyone tells me that I'm a good listener and very sociable. I am a complete extravert. I love people and the world around me. I understand them and make friends quite easily. Being open and communicative means broadening my mind and my views on the world. That's why I like meeting new people and talking to them. I always try to be an open-minded and adaptable girl because our world is constantly changing.



My character



I would also describe my personality as generous. I take pleasure in sharing something with other people and I am ready to help them at any time.



I am organized and punctual too and I am happy when things happen on time according to the schedule. I am very hard-working and I am always busy. I don't like to give up.

My character



I'd say that my negative and the least appealing qualities are obstinacy and perfectionism. Sometimes I set too high standards when it comes to choosing something. I am often a hard person to please. I'm afraid my choosy character makes me lose some nice opportunities in my life.



What I do to be my own best mate?



- I try to evaluate myself, my advantages and disadvantages objectively.



- I don't care what anyone thinks.

- I forgive myself for my mistakes.



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What I do to be my own best mate?



- I try to do what makes me happy.



-I don't kid myself.



-I make myself believe in my abilities.

- I'm listening to my gut.



Conclusion



In conclusion, I would like to say that we should not forget about our relationship with ourselves. One of the most important and complicated relationships in the life of every person is a relationship with yourself.

No matter how much you love people who are close to you, this love should not be stronger than love for yourself. Support, appreciate and respect yourself, only then you can be a good friend to another person.



Thank you for attention!
