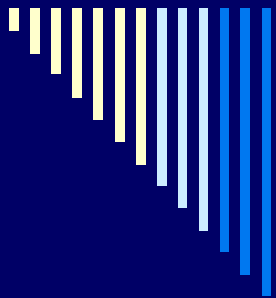


It's never too late to learn.



# Brain aerobics.

Made up by Eugenia Belogubetz, teacher of English  
School # 2, Ekaterinoslavka, Amur Region.



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Say these as quickly  
as you can.

I can't think of six thin things,  
and six thick things, too.

Red leather, yellow leather.

Tragedy strategy.

Can you imagine an imaginary  
menagerie manager imagining  
managing an imaginary menagerie?

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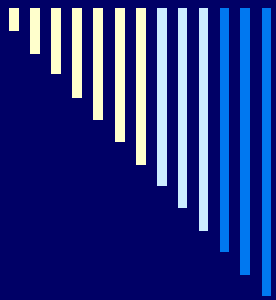
Repeat the sentences below  
stressing a different word each  
time.

- ☐ To be or not to be
- ☐ To be or not to be
- ☐ To be or not to be
- ☐ To be or not to be
- ☐ To be or not to be
- ☐ To be or not to be



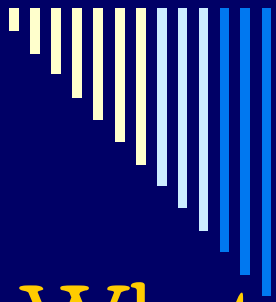
I am a man. If Larry's son is my son's father,  
what relationship am I to Larry?

- a) His grandfather
- b) His father
- c) His son
- d) I am Larry
- e) His uncle



# What number comes next in this series?

- ☐ 9,16,25,36...
- ☐ 2,3,5,9,17...
- ☐ 2,4,6,8...



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## Can you remember?

What were you thinking about five minutes ago?

What were you thinking about an hour ago?

What were you wearing last Sunday morning?

What was the last thing you said to someone before you started this?

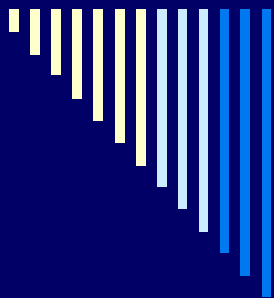
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Try a different one every day.  
Don't write anything down!

1. Say the alphabet forwards (A,B,C,D...), then backwards (Z,Y,X,W...)
  2. Say the letters two a time forwards (AB, CD, EF...), and backwards (ZY, XW, VU...)
  3. Number the letters of the alphabet.  
A1, B2, C3. continue.
-



# Thinking in opposites

- You have won a lot of money.

Think of reasons why this is bad for you.

- You have just failed all your examinations. Think of reasons why this is good for you.



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# Describing people

- Think of someone you spoke to yesterday. Can you remember exactly what they were wearing?
  - Think of someone you have recently met for the first time. Can you describe them in detail?
-



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# For and against

Look at the three statements below. Choose one. First believe that it is true, and give reasons why it is true. Then believe that it is false, and give reasons why it is false.

- **It would be better if all human beings were vegetarians.**
  - **Television is very similar to a chewing gum.**
  - **Men love women, women love children, and children love hamsters.**
  - **Money**
-

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# For more information look into...

- English Learner's Digest  
# 4, February 2002
- English Learner's Digest  
# 10, May 2003

