

Summer Boredom Busters!!

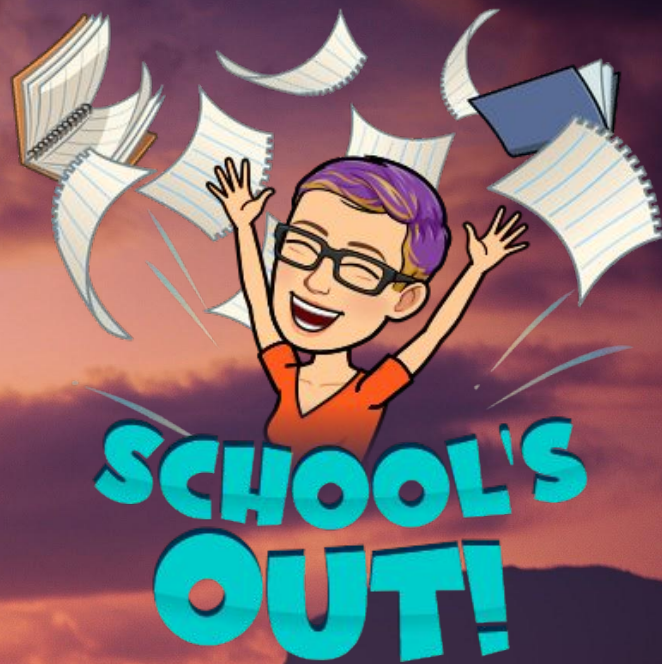
Welcome to the summer choice board!

Activities will require grown up support.

Try it out! Click Ms.Shelvey, and see where it takes you.

Now, click the house to take you to the next slide; it will also always take you to the main page.

Don't forget to look for hidden gems ;)



# Home Screen

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Stories

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Water Painting

S'mores Oven

Dance Challenge

Canada's Wonderland

Family Olympics

Bingo

Conversation Starters

Bitmoji Creations

Pet Rock



# DIY Escape Rooms

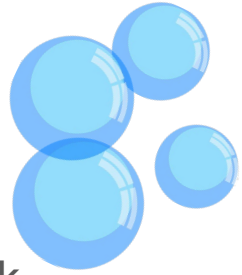


There are many different ways to do escape rooms. If you click around this page you will find links to different ones.

They encourage problem solving and teamwork to escape the room.



# Bubbles!



Bubbles are always a favourite activity. They can be very simple to make. If you click the bubbles it will take you to a simple “how to” video. If you click the colourful bubbles it will take you to a craft idea for bubbles.



**BUBBLE GAMES**

- \*BLOW BUBBLES AND POP THEM USING ANY PART OF YOUR BODY BUT YOUR HANDS**
- \*BLOW BUBBLES AND TRY TO CATCH THEM AGAIN ON THE WAND. SEE HOW MANY YOU CAN CATCH!**
- \*SET UP A HULA HOOP OR SOME OTHER KIND OF TARGET AND SEE IF YOU CAN BLOW BUBBLES THROUGH IT FROM ACROSS THE YARD**
- \*SEE HOW MANY BUBBLES YOU CAN BLOW WITH ONE BREATH!**
- \*SEE HOW LONG YOU CAN KEEP A BUBBLE IN THE AIR BY BLOWING UNDERNEATH IT TO KEEP IT A FLOAT**
- \*SET UP A START AND FINISH LINE. BLOW A BUBBLE AND SEE IF YOU CAN BLOW THAT BUBBLE ALL THE WAY ACROSS THE FINISH LINE**

PIC•COLLAGE





Liked by **bouncybands** and others  
**buggyandthebean** · Sunblock & Week 1•

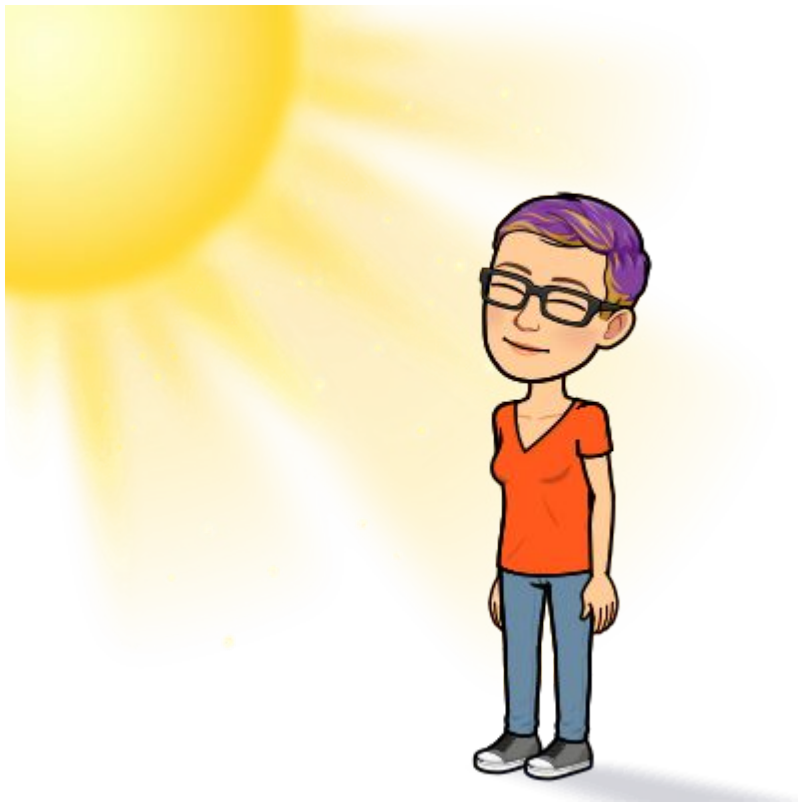
One week down! This week we talked all about summer and things we do in the summer (& that will carry on through next week). This is one of my favorite science projects for the Summer theme: we talk about how sunblock works by putting a handprint of sunblock on paper and then leaving it in the sun all day to see how everything is affected by the sun.

As far as how week one went down, it was definitely an adventure. My kids are adjusting well but we still have ups and downs. We're having lots of fun and easing into the school mode. The masks are a challenge, but not terrible. Pickups and dropoffs are different but also not bad. All I can really say is so far so good 🥳

[View all 2 comments](#)

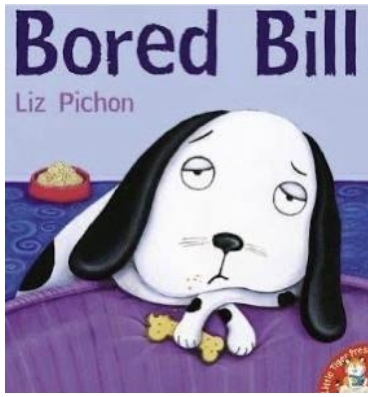


# Summer Safety

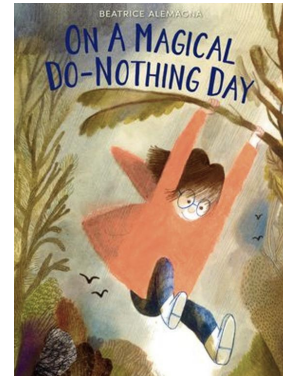
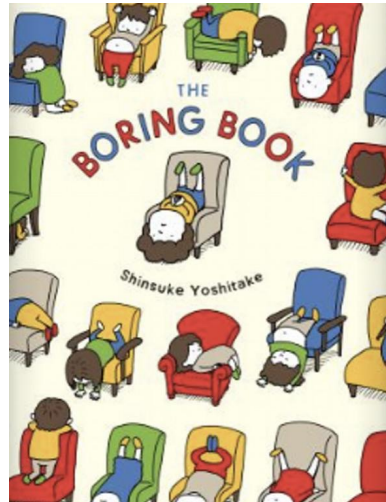
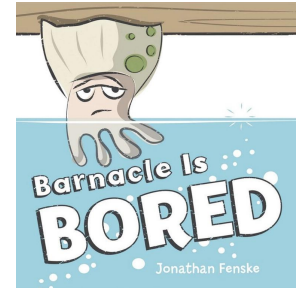
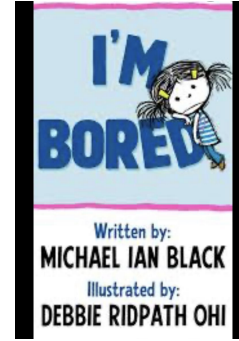
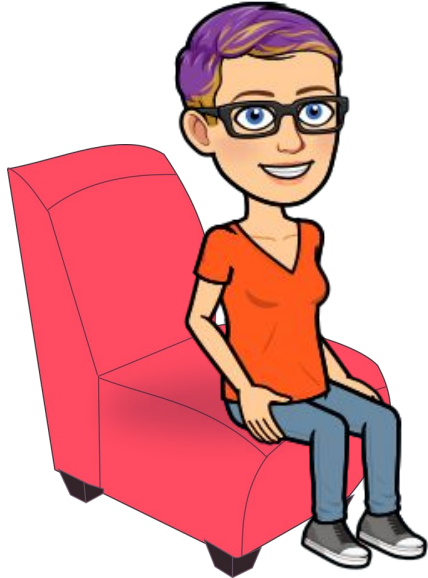
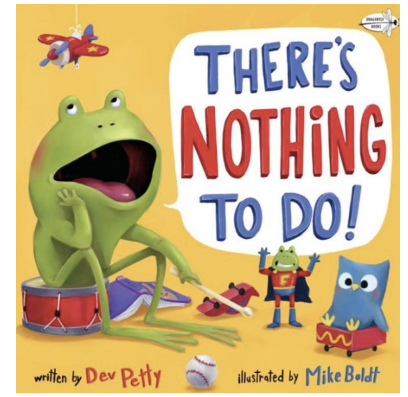
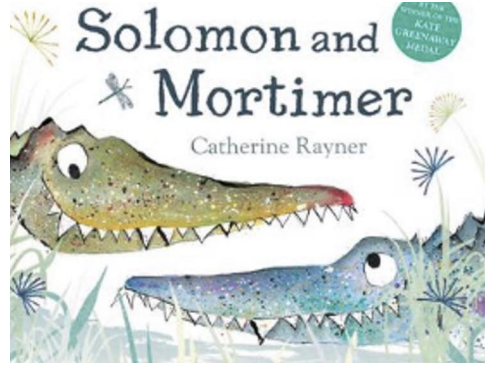


Don't forget to click Ms.Shelvey for some safety tips from the Minions.

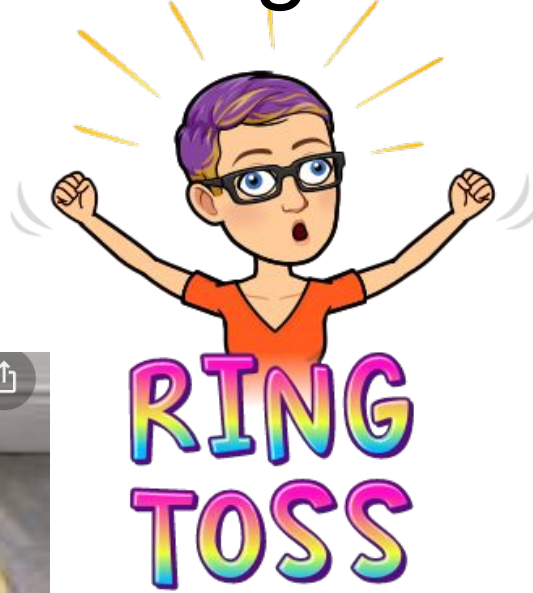




# Stories



# Paper Plate Ring Toss



# Water Painting

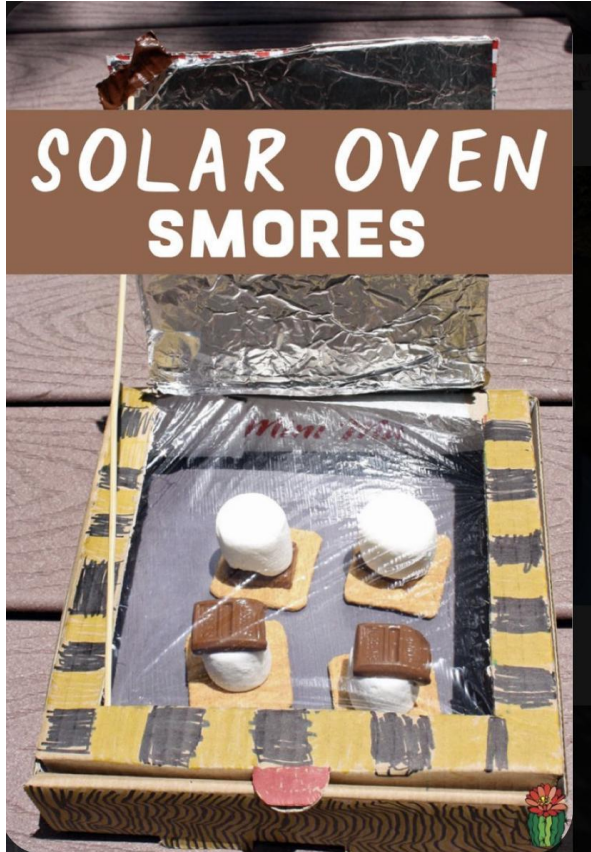


**Squirt Gun**  
PAINTING FOR KIDS





# S'mores oven



# Pet Rock



Go outside and look for small rocks or pebbles. Pick up a rock that you would like to observe until you find a favourite. Once you have found your rock, notice how it feels in your hand, notice its colours, sparkles and other unique characteristics.

Think about the life of this rock - how old is it, where did it come from, how did it get here?

Now, while cradling the rock in your hand think of something that makes you happy. It could be somewhere you like to spend time, someone you like to spend time with or something that makes you laugh.

Take your rock with you. Keep it in your pocket, put it on your nightstand or wherever you choose to keep it safe and close to you. Let your rock be your guide. When you look at or touch your rock let it help you remember what makes you happy.



# Dance Challenge



Dancing is a great way keep your body active.  
Click on the different Ms.Shelvey characters to take on different dance challenges.



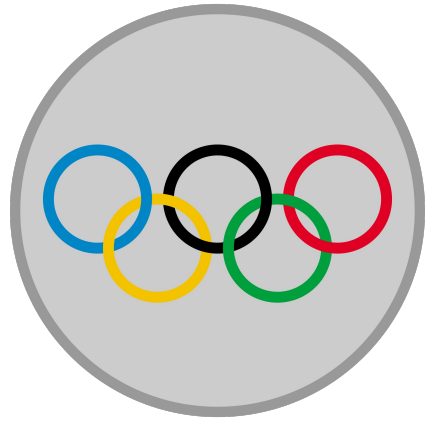
# Canada's Wonderland

Canada's Wonderland is an iconic place that many children get to go to during the summer months.

Here is a chance for you to still have that experience while enjoying the safety of your home.

Click on Ms.Shelvey and she will take you to a map of Wonderland. There, you will click the roller coaster you wish to ride.





# Family Olympics

Here are some kid friendly challenges that you can try as a family. You can keep track of all the different ones that you try and how well you do.

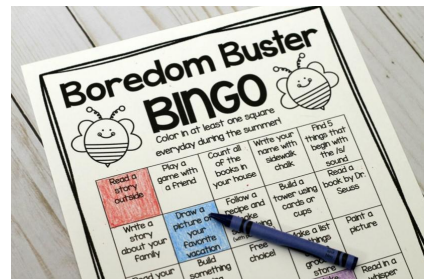


## Mindfulness Bingo

Set 5 goals for the summer	Take a walk in the rain	Make someone laugh	Learn something new today (a skill or fact)	Find something in nature that reminds you of yourself	Colour a picture
Write a poem	Enjoy a technology free meal with your family	Smell some flowers	Just breathe - 3 deep breaths	Read a book outside	Look up at the sky and watch the clouds
Do something you haven't done before	Name 3 things you love about yourself	Hug a tree	Daydream for 5 minutes	Go for a walk	Call someone you care about
Stretch	20 minutes of journal writing	Make a collage of photos or drawings from nature	Listen to music	Leave a kind written message for a neighbour	List 5 things you are grateful for before getting out of bed
Look out at the moon, stars or dark sky	Disconnect from all technology for one hour	Look for a 4 leaf clover - press it in a book if you find one	Notice wildlife in your community	List 3 events from this week that you are thankful for	Do something for someone else

# Bingo

## summer bingo



## Boredom Buster Bingo

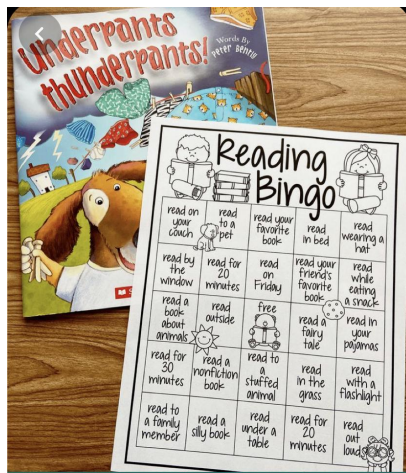


## GROSS MOTOR BINGO

on the goal!

Skip	10 Second Plank	5 Karate Kicks	15 Toe Touches	5 Push Ups
5 Frog Jumps	10 Ski Jumps	10 High Knees	25 Jumping Jacks	10 Arm Circles
5 Tuck Jumps	10 Hops Left Foot	10 Giant Steps	10 Step Ups	20 Heel Raises
10 Wall Jumps	Walk on tip toes	Crab Walk	Run Fast 20 seconds	Your Choice!
10 Wall Jumps	Wheelbarrow Walk	10 Hops Right Foot	Walk on your heels	10 Star Jumps

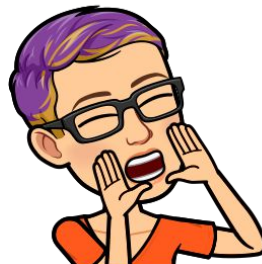
get up, get moving  
www.thingsintreelife.com



## FREE PRINTABLE READING BINGO

primary playground

# BINGO





# Conversation Starters

## OPEN-ENDED QUESTIONS

WHAT WAS YOUR FAVORITE PART OF THE DAY? WHY?	WHAT DO YOU LIKE ABOUT SCHOOL? WHY?	HOW ARE YOU PLANNING TO DO THAT?
WHAT MAKES A NICE FRIEND?	WHAT ARE YOU MOST EXCITED ABOUT WITH THE PARTY / THE SCHOOL PERFORMANCE / GOING TO THE RESTAURANT / ETC)?	WHAT ELSE CAN YOU USE?
WHAT MAGIC POWER DO YOU WISH YOU HAD? WHY?	WHAT DID YOU LIKE THE MOST ABOUT THE WEEKEND? WHY?	HOW ARE THESE THE SAME / DIFFERENT?
IF YOU COULD GO ANYWHERE. WHERE WOULD YOU GO? WHY?	HOW DOES IT WORK?	WHY IS IT IMPORTANT?
WHAT DO YOU THINK THIS BOOK IS ABOUT?	HOW DID THAT HAPPEN?	WHAT DOES THIS REMIND YOU OF? WHY?
WHAT'S ONE GOOD THING YOU'RE REALLY GOOD AT?	WHY DID YOU CHOOSE (THAT BOOK / THAT SHIRT / THAT TOY)?	SHOW ME WHAT YOU CAN DO WITH IT.
WHAT ARE YOU THANKFUL FOR TODAY? WHY?		TELL ME WHAT HAPPENED.

SLEEPINGSHOULDBEEASY.COM



## Kid Conversation Starters

When are you (or have been) most afraid?	What has been the happiest day of your life?	If you could change one thing in the world what would you change?
If you could change one thing about yourself what would you change?	What is the one thing you couldn't live without?	What is your favorite movie of all time? Why?
What cartoon character would you most like to be and why?	What is the worst thing about being ___ years old?	What is the best thing about being ___ years old?
Describe your perfect day.	Describe your perfect day.	Describe your perfect day.

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Field Trip  
Choice Board



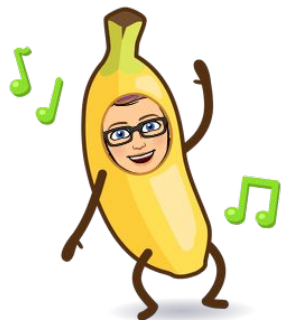
Singing in the Rain  
Activities



Space Field Trip

Click on the different  
Ms.Shelvey's to take you  
on Field Trips and other  
activities.

ALPHABET



MATH

Math Room

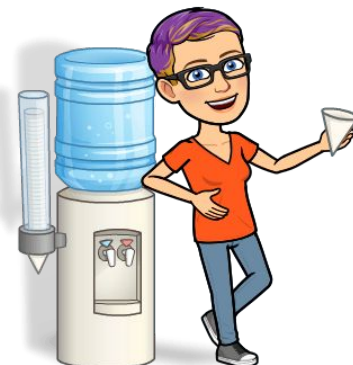
CHOOSE



Choice Board



Reading Room



Water Play Ideas