



**America's**  
**stereotypical**  
**food**



# Corn

Corn is considered the oldest grain crop in America. The Indians made bread, dishes and drinks from corn. According to the researcher of the culture of the Mayan Indians R. V. Kindzhalov, the birthplace of corn is the southern foothills of Central America.



# Hamburger

One of the most famous symbols of America in the world, along with jeans and Coca-Cola, is a hamburger, or simply a burger, as it is called in the West. The hamburger is a popular American sandwich with a "very American" origin story. The hamburger became the food of the industrial age - it was quick to prepare, quick to sell - the best choice for the ever-hurrying Americans. Hamburgers have become especially popular with motorists because of the opportunity to purchase them without leaving the car.



# Beef

Residents of America are now sure that it was their country that became the birthplace of the steak. This version of the history of steaks is confirmed by the facts, according to which, among the indigenous people of the American continent, cooking meat on coals was common. For this, the natives used lattices of wooden branches. The people of Texas still believe that steak is their national dish.



# Hotdog

By the 30s of the last century, hot dogs became a major hit in US catering, and in 1939 this food of the common people entered the life of the highest circles: US President Franklin Roosevelt treated the British monarch George VI to hot dogs with beer in the White House. Classic hot dog - sandwich with sausage or sausage. Usually contains sauce, most commonly ketchup and/or mustard. May also contain fresh, pickled or roasted vegetables, herbs, cheese, bacon. A hot dog is eaten without the use of cutlery and dishes.

