

# A Safe Cake

A Story About  
Food Allergies



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## Words to Know Before You Read

- bake
- cake
- eggs
- flour
- food
- gift
- milk
- sick



Mia wants to give Miss Rose a gift.



Mia could bake a cake!



Cakes are yummy.

Mia grabs flour.



Then she gets eggs.



She pours some milk.



“Oops!”



Mia remembers something.



Miss Rose has a food allergy. Some foods make her sick.



Is it the flour?



Is it the eggs?



Is it the milk?



Mia is not sure.

She can eat those things. Some people can't.





Mia does not want Miss Rose to be sick.

She wants Miss Rose to feel good.  
She draws a picture.



The cake looks yummy!



Miss Rose will like the gift.

