

Squeeze



Spread



A close-up photograph showing a person's hand holding a wooden pestle and crushing ingredients inside a wooden mortar. The mortar is filled with green herbs and small dark seeds. The word "Crush" is written in green text in the upper right area of the mortar.

Crush

Mix





Slice



Mash



Sprinkle

Sift



Sieve

Peel



A close-up photograph of a chef carving a roasted duck. The duck is golden-brown and glistening, resting on a white cutting board. The chef's hands are visible, with one hand holding a large carving knife and the other hand steadying the duck. The background is slightly blurred, showing a kitchen setting. The word "Carve" is overlaid in white text on the right side of the image.

Carve

Whisk



Stir





Chop

Skewer





Drain

Strain

Snip



Dice





Dip





Grate

Simmer





Knead

Grind

