


A woman is shown inside the open mouth of a large shark, appearing to be taking a selfie. The scene is set in the ocean, with the shark's teeth and pinkish interior clearly visible. The woman has a neutral expression and is holding a camera up to her face. The overall image has a blue tint and is framed by a dark, rounded border.

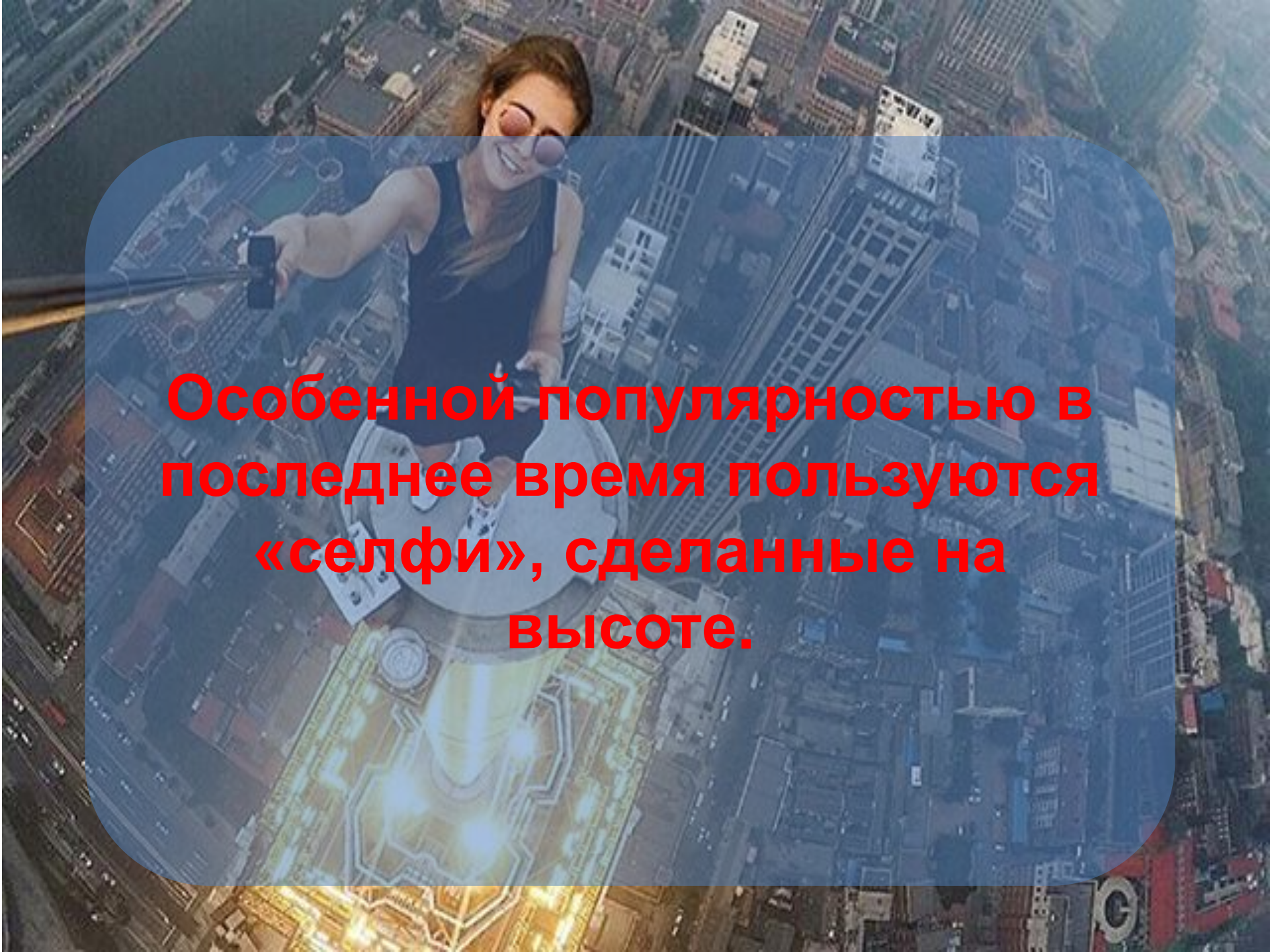
**БЕЗОПАСНОЕ СЕЛФИ  
- ЭТО МОДНО!**



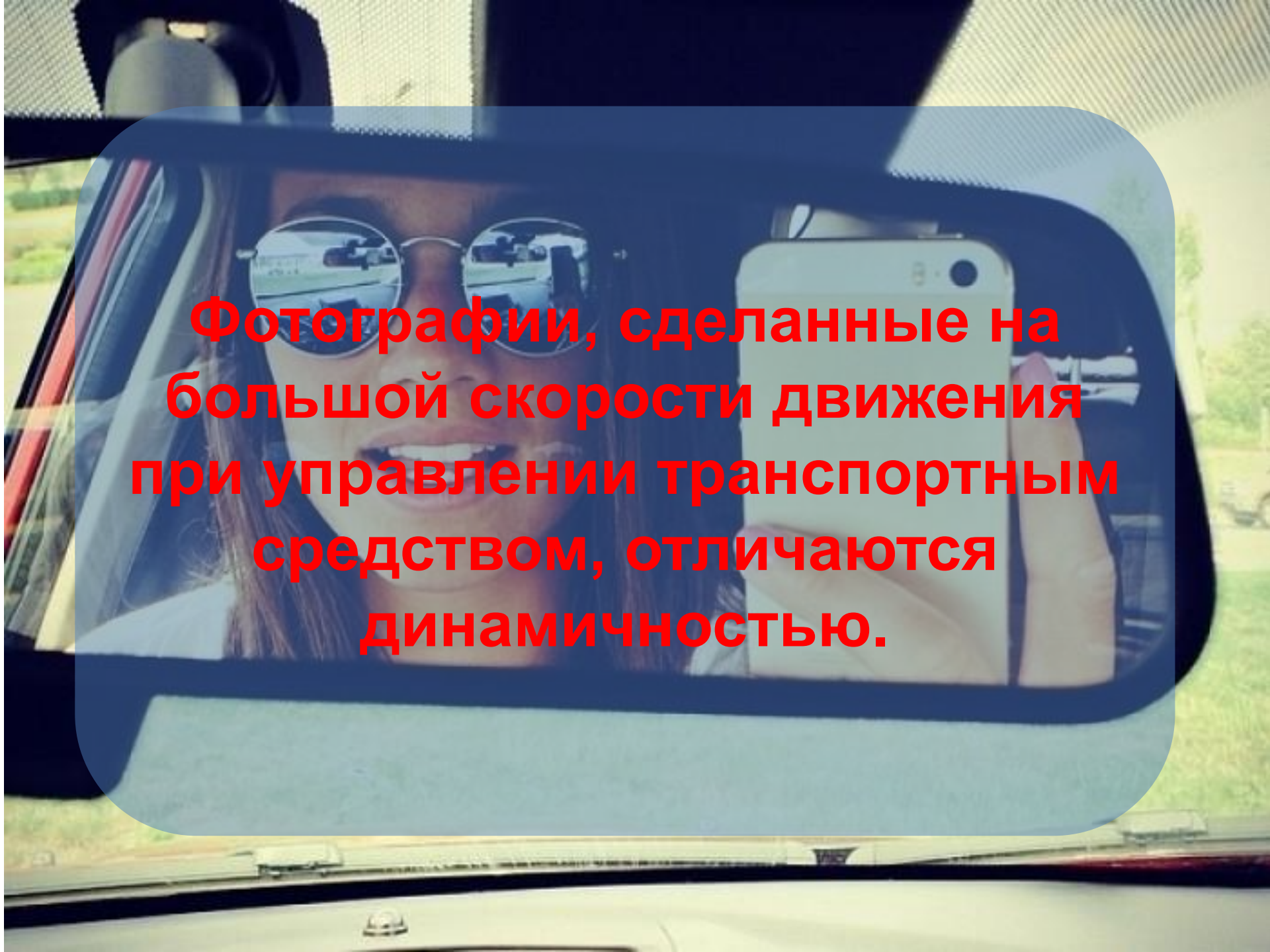
A group of people are on a white motorboat in the ocean. In the foreground, a hand is holding a selfie stick, pointing towards the group. The water is a vibrant turquoise color. A Brazilian flag is visible on the boat. The scene is captured from a high angle, looking down at the boat and the water.

**При создании фотоснимка на воде следует помнить о равновесии.**

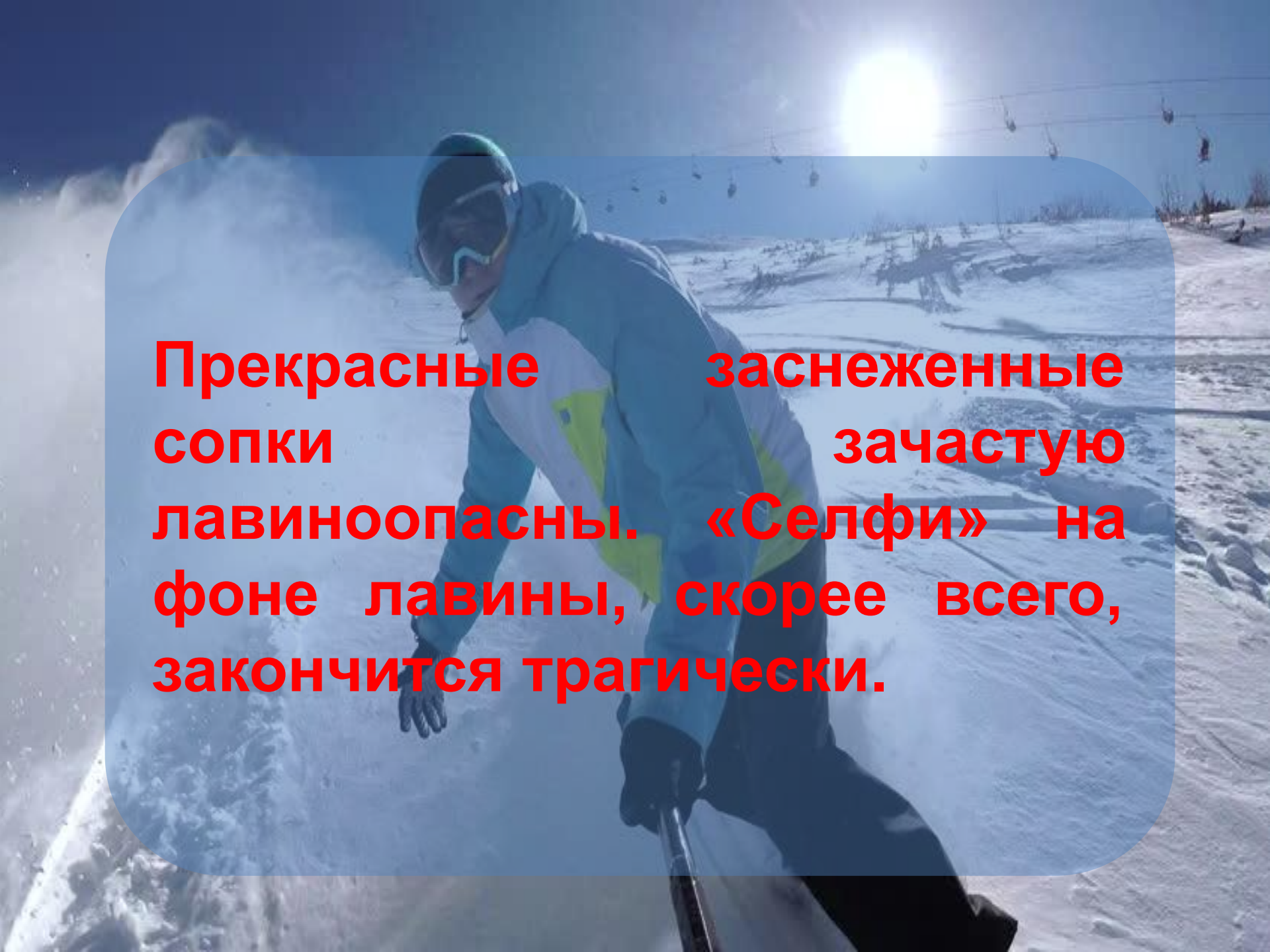
**Утратив бдительность, легко потерять координацию движений и упасть в воду.**

A woman with long brown hair, wearing sunglasses and a black tank top, is standing on a circular ledge of a high-rise building. She is holding a smartphone on a selfie stick, smiling at the camera. The background shows a dense urban landscape with many buildings and a large, ornate structure below. The image is overlaid with a semi-transparent blue circle containing red text.


**Особенной популярностью в последнее время пользуются «селфи», сделанные на высоте.**

A photograph taken from the driver's perspective inside a car. A woman with long brown hair is wearing dark sunglasses and holding a white smartphone up to take a selfie. The car's interior, including the dashboard and side mirror, is visible. A blue semi-transparent rounded rectangle is overlaid on the image, containing red text. The background shows a road and greenery outside the car windows.

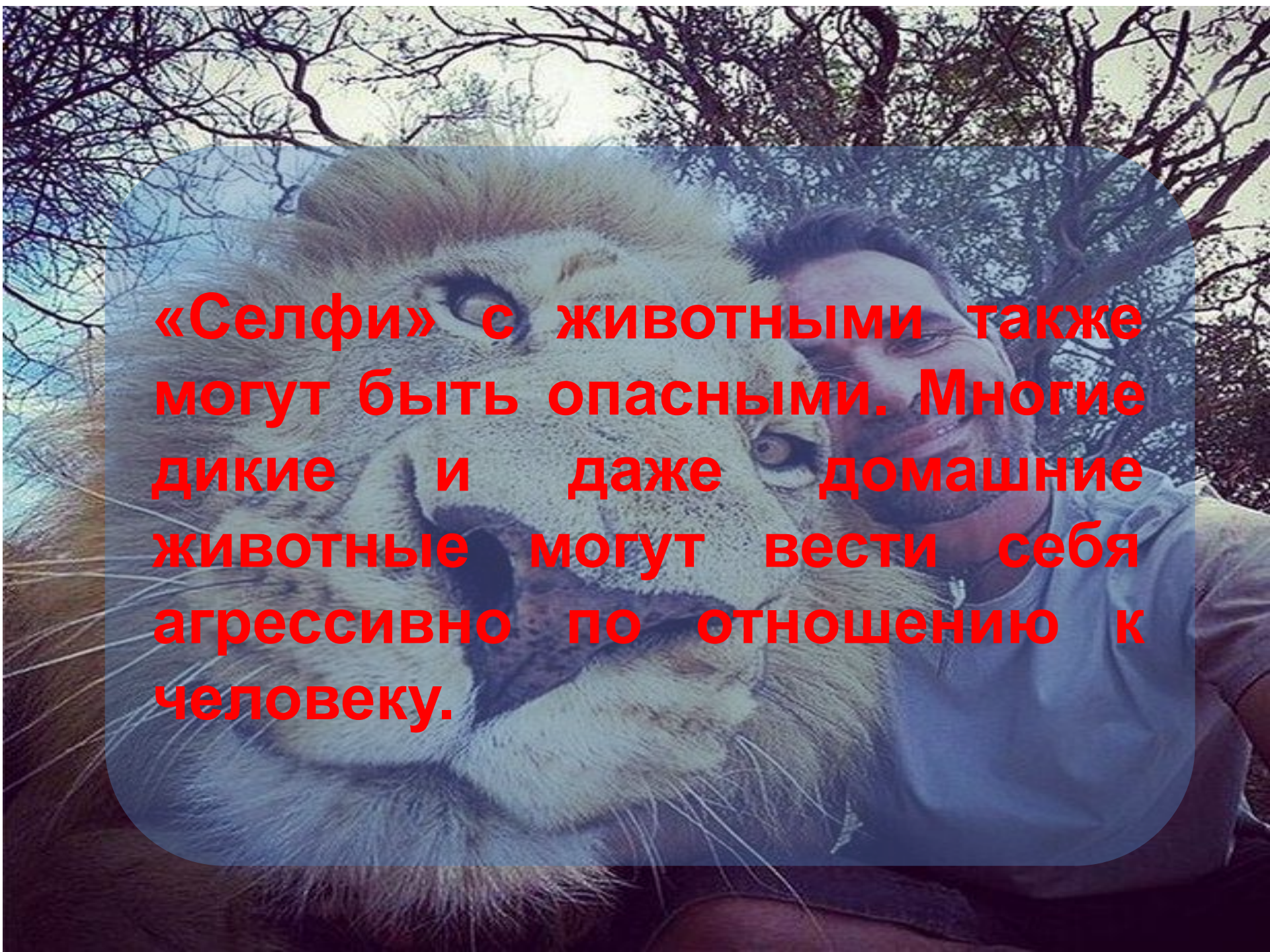
**Фотографии, сделанные на большой скорости движения при управлении транспортным средством, отличаются динамичностью.**



**Прекрасные заснеженные  
сопки зачастую  
лавиноопасны. «Селфи» на  
фоне лавины, скорее всего,  
закончится трагически.**

A person wearing a green winter jacket and dark pants stands in the center of a vast, flat, snow-covered landscape. The person is holding a camera, suggesting they are taking a photo. The background shows a clear blue sky and distant, low mountains or hills. The ground is covered in a thick layer of snow, and the overall scene is bright and clear.

**При фотосъемке на льду  
следует учитывать  
рекомендации по безопасному  
пребыванию человека на  
ледовом покрытии водоемов.**

A photograph of a man taking a selfie with a lion in a savanna setting. The man is on the right, smiling, wearing a light-colored shirt. The lion is on the left, looking towards the camera. The background shows trees and a bright sky. A semi-transparent blue rounded rectangle is overlaid on the image, containing red text.

**«Селфи» с животными также могут быть опасными. Многие дикие и даже домашние животные могут вести себя агрессивно по отношению к человеку.**







**ОСВЕЩЕНИЕ**

**Источник света – выше  
линии глаз**


# **ПРАВИЛЬНЫЙ УГОЛ**

**Не стоит  
фотографировать лицо  
в анфас, оставьте это  
фотографиям на  
документы.**

# **ВЫРАЖЕНИЕ ЛИЦА**

**Улыбка — одно из самых  
приятных выражений лица.  
Она передаёт положительный  
настрой и делает лица гораздо  
симпатичнее.**

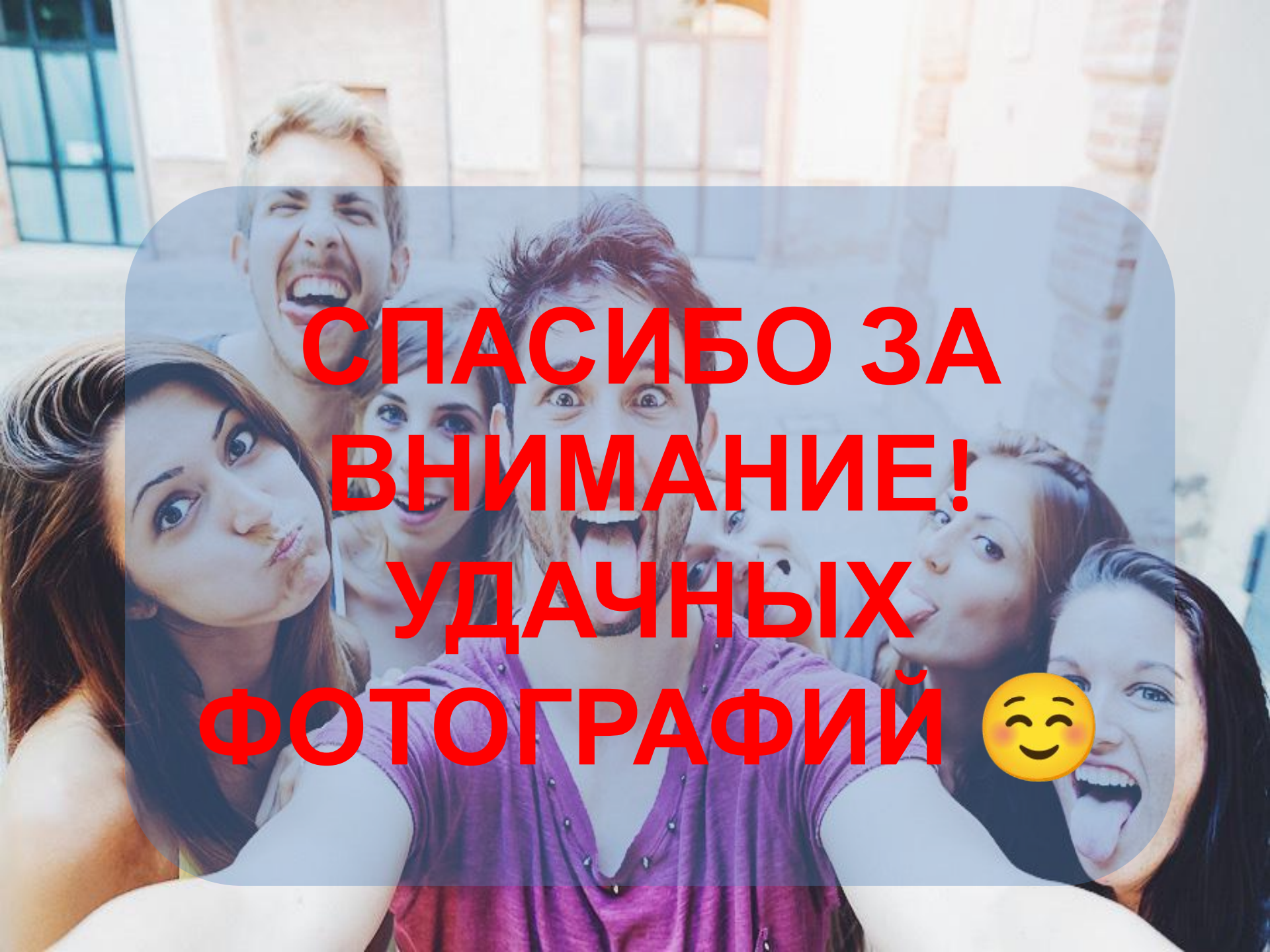


A woman with long brown hair and sunglasses is taking a selfie. She is smiling and looking at the camera. The background shows a scenic view of a town with white buildings and a church with a green steeple, situated on a hillside overlooking a body of water. The image is framed by a semi-transparent blue overlay.

**СЕЛФИ, КОТОРОЕ  
ВЫЗЫВАЕТ  
ИНТЕРЕС**

A woman with long dark hair, wearing a pink dress and a light-colored cardigan, is taking a selfie with her smartphone. She is standing in front of the Eiffel Tower in Paris. The background is slightly blurred, showing greenery and a clear sky. The text "КРАСИВЫЕ МЕСТА" is overlaid in large, bold, red letters on the image.

**КРАСИВЫЕ  
МЕСТА**

A group of young people are taking a selfie. In the center, a man with a beard and a purple shirt sticks his tongue out. To his left, a woman with long brown hair pouts. Behind them, other people are smiling and making various faces. The background shows a building with windows.

**СПАСИБО ЗА  
ВНИМАНИЕ!  
УДАЧНЫХ  
ФОТОГРАФИЙ** 🤗

A man with short, styled hair and glasses is smiling warmly while holding a small, fluffy white dog. The dog has its tongue out and is looking towards the camera. The background is a bright, sunny outdoor setting with a clear blue sky and some greenery. The entire image is framed by a semi-transparent blue rounded rectangle.

**ФОТО С  
ЖИВОТНЫМИ**