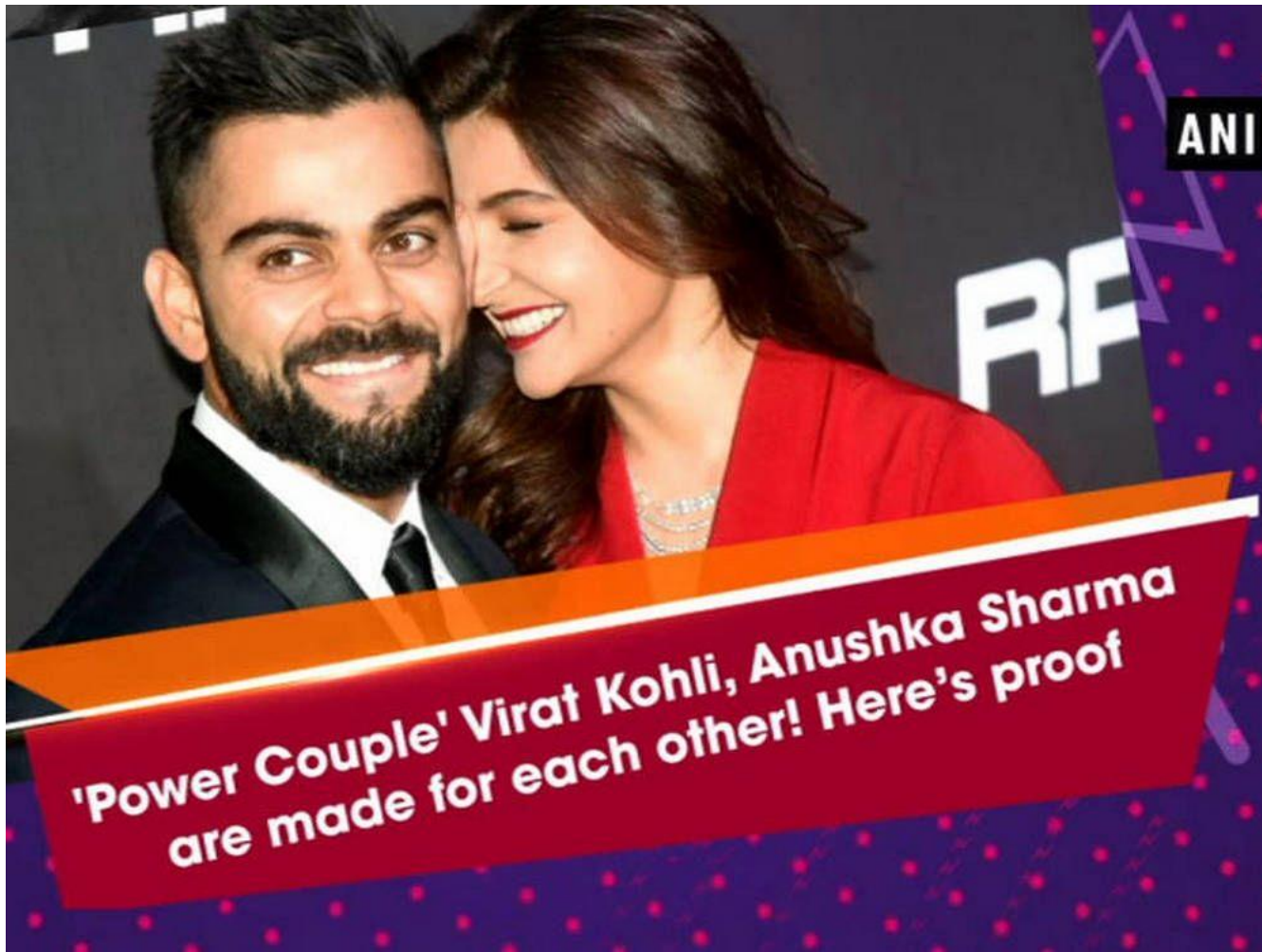


TO VOUCH FOR STH/SB- to say that you know from experience that something is true or good, or that someone has a good character

...thanks to friend that worked here and could vouch for me

It's easier to find a job, when you know smb, who can vouch for you





**'Power Couple' Virat Kohli, Anushka Sharma
are made for each other! Here's proof**

SCRAPE THROUGH

SCRAPE THROUGH

PASS A TEST BUT ONLY JUST

I did no revision and only just SCRAPED
THROUGH the final exams.

Be switched on
to your rights

Byddwch yn
ymwybodol
o'ch hawliau



cyngor ar
bopeth

citizens
advice

Get Switched On! Reevaluate Your
Life and Get What You
Want...NOW!



Chip Eichelberger CSP


the dizzy heights of sth (humorous)

a very important position:

E.g. Do you think Tess will reach the dizzy heights of Senior Editor before she's 30?

“ **SUCCESS** ALL
DEPENDS ON THE
SECOND LETTER. ”

line manager - Your line manager is the person at work who is in charge of your department, group, or project.



People tend to grow fearful, when they taste failure, face a daunting challenge or fall ill. Yet, that is precisely the time to become even bolder. Those who are victors at heart are the greatest of all champions!!!!

Carmelo Anthony

against (all) the odds/ against all odds. If you do or achieve something against (all) the odds (against all odds), you do or achieve it although there were a lot of problems and you were not likely to succeed. Ex.: Against all the odds, he recovered.

AGAINST ALL THE ODDS



daunting (adj.) If something is daunting, it makes you worried because it is difficult or frightening.

daunted (adj.) - feeling afraid or worried. Ex.:
He was a bit daunted by the prospect of meeting her parents

A feather in one's cap - an achievement to be proud of.

Eg: It's a real feather in our cap to be playing in the state championship.

Come out with flying colours

- come out/pass with flying colors = to achieve a great success

The image is from the days of sailing ships returning from a successful sea battle flying their flags, known as colors

“If we’re going to bring out the best in people, we, too, need to sow seeds of encouragement.”

- Joel Osteen

To help others Improve
offer Encouragement
not Judgment



**Every person
deserves to be
treated with dignity**





If somebody offers you an amazing
OPPORTUNITY
but you are not sure you can do it
SAY YES
then learn how to do it later!

Richard Branson / www.geckoandfly.com



**THERE WILL BE
HATERS, DOUBTERS,
NON-BELIEVERS,
AND THEN THERE
WILL BE YOU,
PROVING THEM WRONG.**

Why I find The Prospect Of A Labour Victory Terrifying



Believe in yourself! Have

FAITH

in your abilities! Without a humble but resonable

CONFIDENCE

in your own powers you cannot be successful or

HAPPY

Norman Vincent Peale | www.geckoandfly.com

A person in a red shirt is climbing a large, textured rock face. The background is a clear blue sky. The text is overlaid on the right side of the image.

Our greatest weakness lies in
GIVING UP
The most certain way to
SUCCEED
is always to try just one more time

Thomas A. Edison | www.geckoandfly.com



You have to learn the rules of
THE GAME

And then you have to
play better than anyone else.

Albert Einstein / www.geckoandfly.com

GOLDEN BOOK

Principles from How to Win Friends and Influence People

Become a Friendlier Person

1. Don't criticize, condemn or complain.
 2. Give honest, sincere appreciation.
 3. Arouse in the other person an eager want.
 4. Become genuinely interested in other people.
 5. Smile.
 6. Remember that a person's name is to that person the sweetest and most important sound in any language.
 7. Be a good listener. Encourage others to talk about themselves.
 8. Talk in terms of the other person's interests.
 9. Make the other person feel important - and do it sincerely.
-

Win People to Your Way of Thinking

10. The only way to get the best of an argument is to avoid it.
11. Show respect for the other person's opinion. Never say, "You're wrong."
12. If you are wrong, admit it quickly and emphatically.
13. Begin in a friendly way.
14. Get the other person saying "yes, yes" immediately.
15. Let the other person do a great deal of the talking.
16. Let the other person feel that the idea is his or hers.
17. Try honestly to see things from the other person's point of view.
18. Be sympathetic with the other person's ideas and desires.
19. Appeal to the nobler motives.
20. Dramatize your ideas.
21. Throw down a challenge.





The bravest sight in all this world is a
man fighting against odds.

— *Franklin Knight Lane* —

AZ QUOTES



You do a drama, and you are limited by the rules of reality, and in science fiction, you create your own reality. Some people find that daunting; I find it challenging.

- David Twohy -

quoteparrot.com

success is a journey
not a destination

PEARLISE SOUL | ITUNES | GOOGLE PLAY | AMAZON MP3 | SPOTIFY



Advice from a horse

Ilan Shamir



Take life's hurdles in your stride, Loosen the reins

Be free spirited

Keep the burrs from under your saddle

Carry your friends when they need it

Keep stable

Gallop to greatness

michellemcclunan.com

A high- flying banker

We are under constant pressure
to look good, bring up perfect families
and have high-flying careers
I didn't plan to have a high-flying job
and a large family

When you become a mother
your child becomes your main priority

FBCoverStreet.com



Never pick a fight with people
who buy ink by the barrel.

Mark Twain

what's the
opposite of
half-hearted?

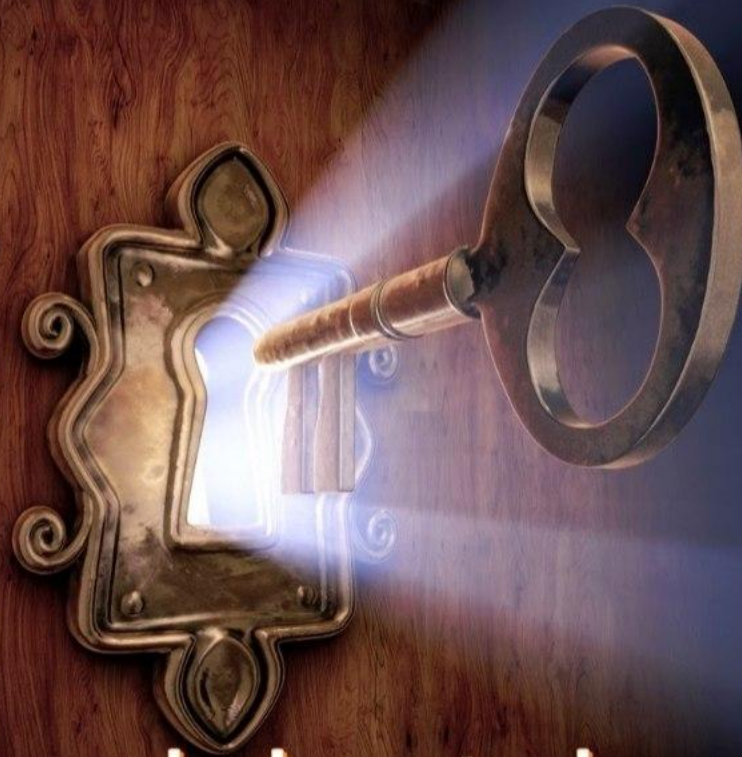


enthusiastic, excited, animated,
eager, avid, energetic,
spirited, zealous, determined,
warm





Discover Your Innate Abilities



when you finally settle on which 2
you're gonna bring home from the club



I CHOOSE YOU

Everyone sees what you appear to be...



...few really know what you are.

(Machiavelli)

Appearances can
be deceiving

take sth in your stride

UK US take sth in stride

to calmly deal with something that is unpleasant and not let it affect what you are doing

спокойно воспринимать что-либо, легко переносить что-либо

There are often problems at work but she seems to take it all in her stride.

High-flying graduates



IDIOM

*to come /turn up
trumps*

MEANING

to get a good but
unexpected result,
a surprise win

EXAMPLE

Our team was losing
the match but scored
a goal in the final
minute and came up
trumps.




ORIGIN

The TRUMP CARD in
a game is the highest
or best card to have.

to do loads of networking =*getting to know people who can help you develop your career prospects*

I also visited company websites and did lots of networking on LinkedIn. I signed myself up to several job alerts – this is a good way to hear about lots of jobs all at once.





Suddenly in the end when it's
over, you feel a big weight on
your shoulders. That's the role of
the captain. Unfortunately, it's
sometimes like that in sport.

Guy Forget

PICTUREQUOTES.COM



PICTUREQUOTES



Image: Microsoft word

From all walks of life

(Coming from different backgrounds,
e.g. jobs, social status, positions in society)

Example sentence:

People ***from all walks of life*** are studying
English nowadays.



to do a work placement - *проходить стажировку*

On some courses, work placements are compulsory in order to get your degree, while on others you can opt to do a placement as one of your modules.

TO SHADOW - to follow someone at work in order to learn about that person's job.

But first you have to do a workplacement where you shadow a barrister
Shadowing helps to gain an in-depth understanding of the workplace

Benefits of Job Shadowing

- Gain firsthand experience.
- Assess their abilities and goals.
- Expand their network.



IDIOM

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a goal in the final
minute and came up
trumps.



ORIGIN

The TRUMP CARD in
a game is the highest
or best card to have.

to shadow (somebody) = *to be with somebody who is doing a particular job, so that you can learn about it*

I shadowed the barrister both in London and Birmingham courts, observing hearings in criminal law matters





Web scraping - Wikipedia

https://en.wikipedia.org/wiki/Web_scraping ▼

Web scraping, web harvesting, or web data extraction is data scraping used for extracting data from websites. Web scraping software may access the World Wide Web directly using the Hypertext Transfer Protocol, or through a web browser.

Data scraping · Category:Web scraping · Scrapy · Data Toolbar

Data scraping - Wikipedia

https://en.wikipedia.org/wiki/Data_scraping ▼

Because of this, tool kits that scrape web content were created. A web scraper is an API or tool to extract data from a web site. Companies like Amazon AWS and Google provide web scraping tools, services and public data available free of cost to end users.

Description · Technical variants · Screen scraping · Web scraping

Scraping | Define Scraping at Dictionary.com

www.dictionary.com/browse/scraping ▼

Scraping definition, the act of a person or thing that scrapes. See more.

Scrape | Define Scrape at Dictionary.com

www.dictionary.com/browse/scrape ▼

Scrape definition, to deprive of or free from an outer layer, adhering matter, etc., or to smooth by drawing or rubbing something, especially a sharp or rough instrument, over the surface: to scrape a table to remove paint and varnish. See more.

scrape Meaning in the Cambridge English Dictionary

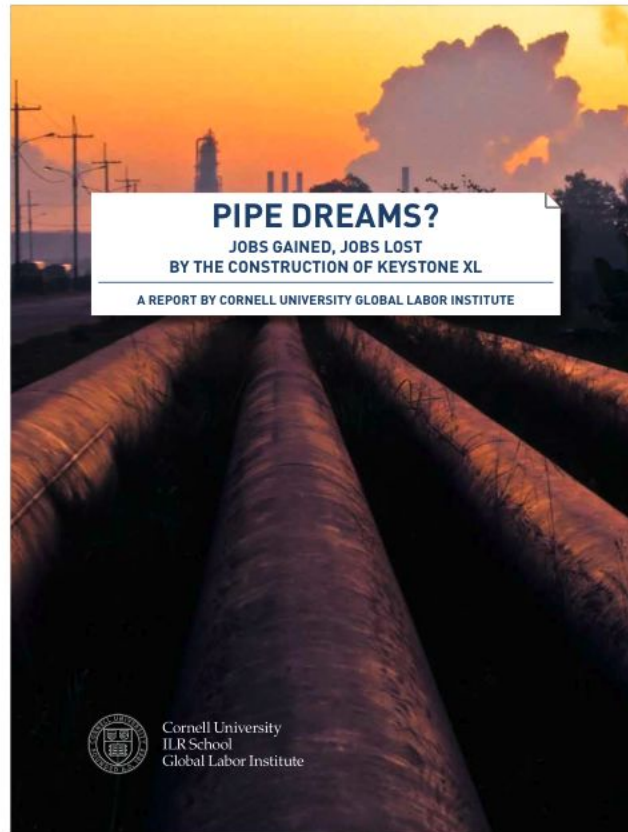
<https://dictionary.cambridge.org/dictionary/english/scrape> ▼

Easy way to Scrape Google Search results

to do loads of networking =*getting to know people who can help you develop your career prospects*

I also visited company websites and did lots of networking on LinkedIn. I signed myself up to several job alerts – this is a good way to hear about lots of jobs all at once.





PIPE DREAMS?

JOBS GAINED, JOBS LOST
BY THE CONSTRUCTION OF KEYSTONE XL

A REPORT BY CORNELL UNIVERSITY GLOBAL LABOR INSTITUTE

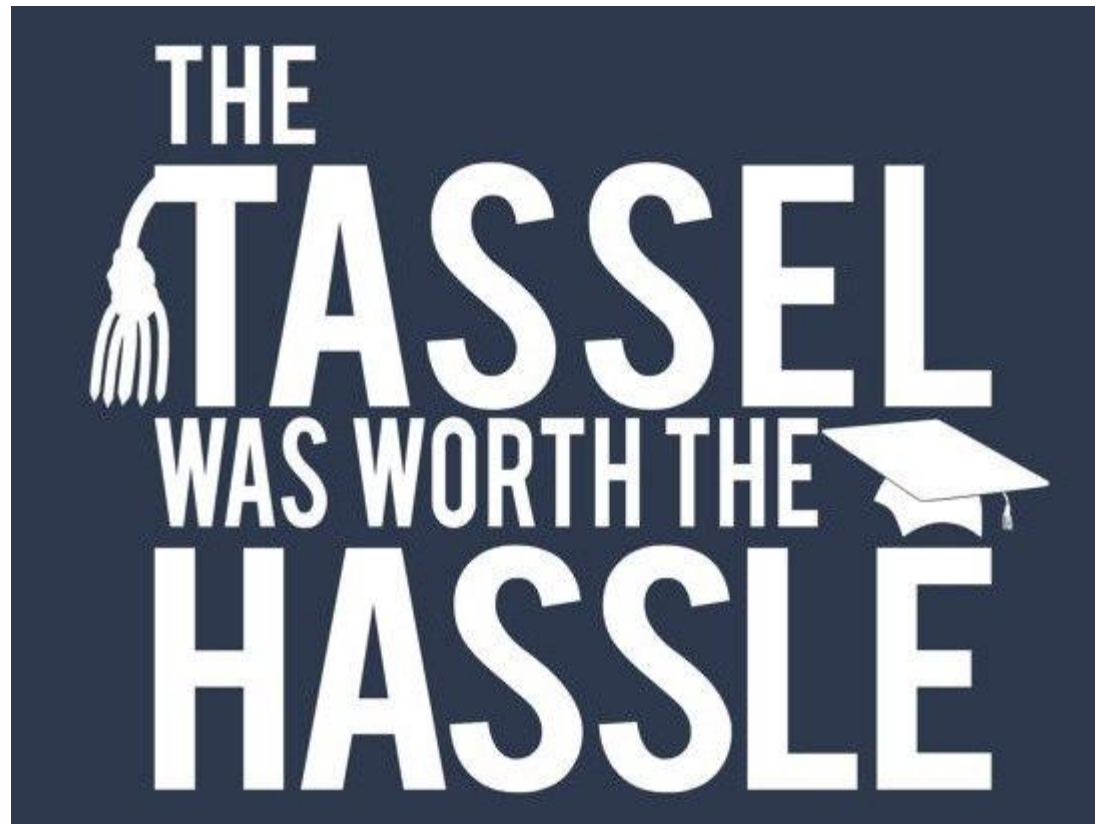


Cornell University
ILR School
Global Labor Institute





GAIN
HANDS-ON
EXPERIENCE



scrape through (sth)

— phrasal verb with scrape **UK**  /skreɪp/ **US**  verb [T]

★ to succeed in something but with a lot of difficulty

с большим трудом сделать что-либо

I scraped through my exams (= just passed).



I cut myself off from the mainstream of jazz. It stood me in good stead later on, as a musician.


(Dave Van Ronk)

izquotes.com

The background of the image is a scenic landscape. In the foreground, there is a field of dry, yellowish-brown grass. In the middle ground, a small body of water, possibly a lake or a wide river, is visible. In the background, there are blue, hazy mountains under a light blue sky. A small, light-colored animal, possibly a guanaco or a llama, is standing in the field of grass on the right side of the image.

**Set your heart on
doing good. Do it
over and over again
and you will be filled
with joy.**

- Buddha



I'll take it all in stride

JAROFQUOTES.COM

Be switched on
to your rights

Byddwch yn
ymwybodol
o'ch hawliau



cyngor ar
bopeth

citizens
advice



**Happiness is having a large,
loving, caring, close-knit
family in another city.**

George Burns


www.idlehearts.com



Life is too short for half-hearted
connections and meaningless
run-throughs.

— *Karen Kingsbury* —

AZ QUOTES

Hand Idioms

Get out of hand - to lose control

My girlfriend sometimes **gets out of hand** when she drinks beer.

Have my hands full - to be very busy

I can't go to dinner because I **have my hands full** at work.

Give someone a hand - to help someone

Can you **give me a hand** fixing my bike?

Have at hand - to have available

I always keep a dictionary **at hand** when I read English newspapers.

Try my hand at - to try something for the first time

Surfing looks difficult but I want to **try my hand at** it.

Wash my hands of - to stop being involved with

I've decided to **wash my hands of** my friend's relationship problems.



The English Bug

www.theenglishbug.com



A character reference letter should be written by **someone who knows you well**

**I attribute my success to this – I
never gave or took any excuse.**

Florence Nightingale

**Once a Leo has
their heart set
on something,**

**don't even try to
intervene. There
is no point.**