

# FOOD



Sofia Djomkina

***We eat to live,  
but not live to  
eat***





# Food sources: plants

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- Seeds of plants are a good source of food for animals, including humans.
- Fruits are the ripened ovaries of plants, including the seeds within.
- Vegetables are a second type of plant matter that is commonly eaten as food.



# Food sources: animals

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Animals are used as food either directly or indirectly by the products they produce.

Meat is an example of a direct product taken from an animal, which comes from muscle systems or from organs.





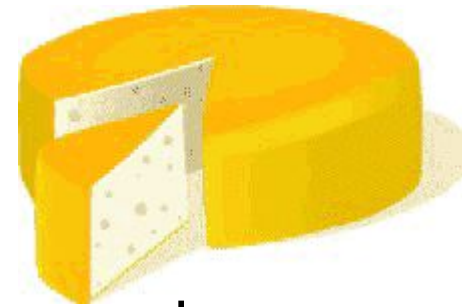
# People have meals three or four times a day:

- Breakfast - we have it in the morning before school
- Lunch - we have it during the long break at school
- Dinner - we have it in the afternoon after the lessons at home
- Supper - we have it in the evening at home

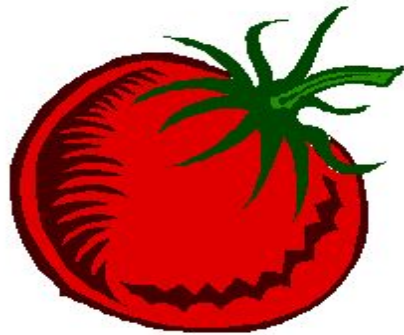
For breakfast we can  
have:



sandwich



cheese



tomato



eggs

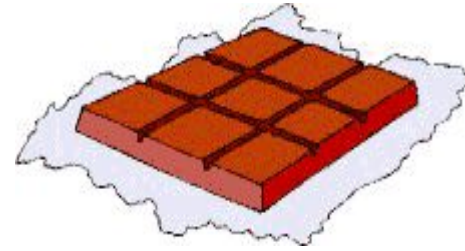
For lunch we can have:



orange



apple



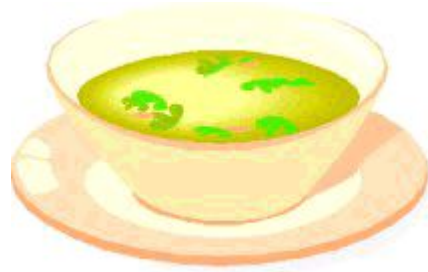
chocolate



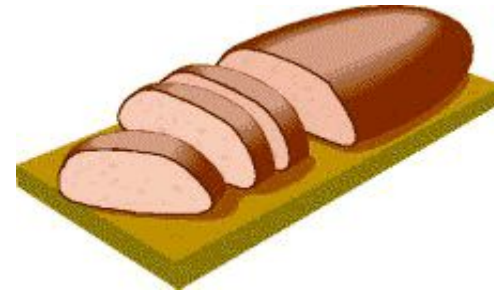
ice-cream



For dinner we can have:



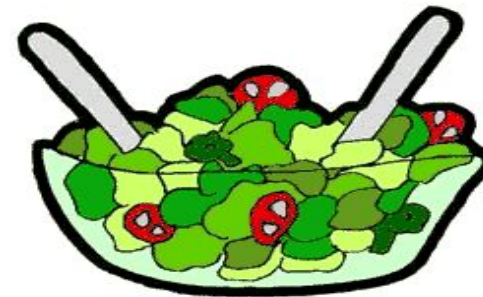
soup



bread



meat

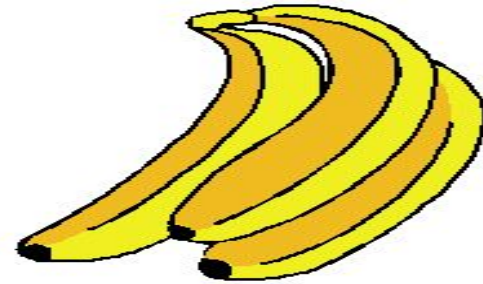


salad

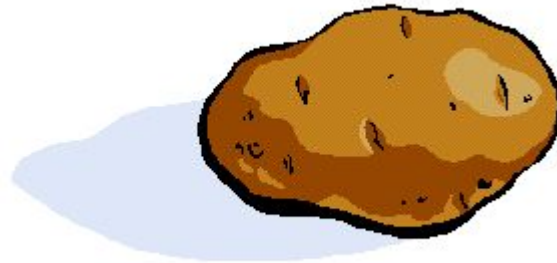
For supper we can have:



mushrooms



bananas



potatoes



cake

*Food can be  
healthy and  
unhealthy*

PPT4WEB.ru

# Healthy food





## Anhealthy food



Постарайся рассказать, что ты ешь на завтрак, на обед и на ужин. Начни свой рассказ словами:

"For breakfast I have..."

"For dinner I have..."

"For supper I have..."



JUICE

FISH

BREAD

BISCUITS

MEAT

COFFEE

A SANDWICH

ICE- CREAM

SWEETS

A CAKE

TEA

BUTTER

MILK

EGGS

WATER



Cross out the odd (лишнее) word:

cabbage – carrot – pineapple

juice – grape – water

vegetables – banana – coconut

pumpkin – milk – cucumber

sweet – bitter – salty – sour

pineapple ,grape , vegetables,milk,sweet



Найдите слова, обозначающие продукты питания. Слова можно читать в разных направлениях.

L	E	M	O	N	I	O	N
C	B	U	T	T	E	R	G
A	A	S	H	A	M	G	O
R	C	H	O	N	E	Y	S
R	O	R	I	C	E	D	N
O	N	O	S	I	A	P	T
T	C	O	D	L	U	K	E
M	O	M	A	F	O	O	D
J	U	S	U	G	A	R	A

<i>L</i>	<i>E</i>	<i>M</i>	<i>O</i>	<i>N</i>	<i>I</i>	<i>O</i>	<i>N</i>
<i>C</i>	<i>B</i>	<i>U</i>	<i>T</i>	<i>T</i>	<i>E</i>	<i>R</i>	<i>G</i>
<i>A</i>	<i>A</i>	<i>S</i>	<i>H</i>	<i>A</i>	<i>M</i>	<i>G</i>	<i>O</i>
<i>R</i>	<i>C</i>	<i>H</i>	<i>O</i>	<i>N</i>	<i>E</i>	<i>Y</i>	<i>S</i>
<i>R</i>	<i>O</i>	<i>R</i>	<i>I</i>	<i>C</i>	<i>E</i>	<i>D</i>	<i>N</i>
<i>O</i>	<i>N</i>	<i>O</i>	<i>S</i>	<i>I</i>	<i>A</i>	<i>P</i>	<i>T</i>
<i>T</i>	<i>C</i>	<i>O</i>	<i>D</i>	<i>L</i>	<i>U</i>	<i>K</i>	<i>E</i>
<i>M</i>	<i>O</i>	<i>M</i>	<i>A</i>	<i>F</i>	<i>O</i>	<i>O</i>	<i>D</i>
<i>J</i>	<i>U</i>	<i>S</i>	<i>U</i>	<i>G</i>	<i>A</i>	<i>R</i>	<i>A</i>