Reported speech

Nikita said "I like art very much."

Nikita said he liked art very much.

We often move the tense of a verb one step back in reported speech because the original words happened before the reported speech:

original words reported speech

'I'm sorry. I can't do that.' She said she couldn't.

present tense past tense

Original words	Reported speech
Present simple / present continuous: 'I'm going to the supermarket to buy food for the party.'	Past simple / past continuous: She said she was going shopping.
Past simple / past continuous: 'He went in to work late yesterday.'	Past perfect simple / continuous: She told me he'd gone into work late yesterday.
Present perfect simple / continuous: T've had a terrible cold, but I'm better now.'	Past perfect simple / continuous: She said she'd had a really bad cold.
Past perfect simple / continuous: 'I'd been having loads of trouble with my washing machine so I finally got the plumber in yesterday.'	Past perfect simple / continuous: She told me she'd been having trouble with her washing machine but she's had it fixed now.
Will: 'My mother will water my plants whilst I'm away.'	Would: She told me her mother would look after her plants until she gets back.
Be going to + verb: 'They're going to have a big celebration.'	Was / were going to + verb: She said they were going to have a big party.

In general, the present form in direct speech changes to the past form in reported speech:

am/is → was do/does → did will → would

are → were have/has → had can → could

want/like/know/go etc. → wanted/liked/knew/went etc.

direct speech → reported speech

here \rightarrow there now \rightarrow then this/these → that/those today → that day yesterday → the day before/ the previous day tomorrow → the next/following day next week/month/year → the following week/ month/year last week/month/year → the previous week/ month/year three days ago → three days before/ earlier