

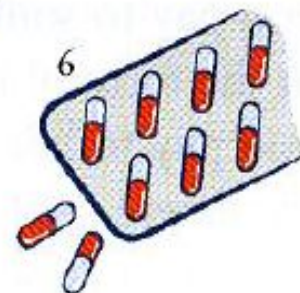
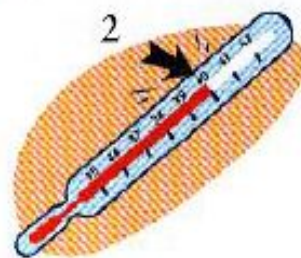
# **Health problems**

## **A VISIT TO A DOCTOR**

## A

## Common problems

| What's the matter?  | What you should do   |
|---|--|
| A: I've got a <b>sore throat</b> <sup>1</sup> and a <b>temperature</b> . <sup>2</sup> | B: That sounds like <b>flu</b> . You should see a doctor.  |
| A: I've <b>cut</b> my arm; it's <b>bleeding</b> . <sup>3</sup>                        | B: Put a <b>bandage</b> <sup>4</sup> round it.   |
| A: I've got a terrible <b>cough</b> . <sup>5</sup>                                    | B: Go to the chemist and get some cough <b>medicine</b> . [something you take to treat an illness] |
| A: I've got a <b>headache</b> .   | B: Take some <b>tablets</b> <sup>6</sup> for the pain. (also <b>pills</b> )                        |
| A: I <b>feel sick</b> . <sup>7</sup>  | B: Go to the bathroom quickly!   |



## Describing pain

We can use different words to describe **pain**. An **ache** describes pain that is not always strong, but often continues. It is used with certain parts of the body.

I've got a **headache**.      Simone's got **stomach ache**.

My dad **suffers from** [often has the pain of] **backache**.

For other parts of the body we often use **pain**.

I've got a **pain** in my shoulder/foot.

**Ache** can also be a verb to describe pain that continues for some time.

By the end of the day my feet were **aching**.

For stronger or more sudden pain, we usually use the verb **hurt**.

My throat **hurts** when I speak.

I hit my leg on the table and it really **hurts** / it's very **painful**.



Look at the underlined letters in each pair of words. Is the pronunciation the same or different? Use the index to help you.

1 ache    pain    same .....

2 cold    stomach    different .....

3 cough    through .....

4 flu    cut .....

5 liver    disease .....

6 stomach    operation .....

7 chemist    ache .....

8 patient    bandage .....

Complete the sentences with *a* or nothing (-).

1 She's got ..... hepatitis.

2 I've got ..... cough.

3 I'm getting ..... sore throat.

4 Ben's got ..... headache.

5 Luis's got ..... temperature.

6 I've got ..... backache.

7 Leona's got ..... flu.

8 My uncle had ..... heart attack.

9 She's got ..... cancer.

10 I've got ..... pain in my foot.

- 1 A: Does your finger hurt?  
B: Yes, it's very painful.....
- 2 A: What's wrong with Musa?  
B: He feels ..... I think it's something he ate.
- 3 A: Did you hit your foot?  
B: Yes, and it really .....
- 4 A: My hand's bleeding quite badly.  
B: Well, put a ..... round it.
- 5 A: Your finger's .....  
B: I know. I cut it using that knife.
- 6 A: Does Tanya still ..... from bad headaches?  
B: Yes, she gets them all the time.
- 7 A: What's the matter?  
B: My back ..... from sitting at that computer all day.
- 8 A: I understand Laura has had quite a ..... illness.  
B: Yeah. She was in hospital for over a week.

# Body

|                                   |             |
|-----------------------------------|-------------|
| arm <i>n C</i> ***                | /ɑ:m/       |
| back <i>n C</i> ***               | /bæk/       |
| chest <i>n C</i> ***              | /tʃest/     |
| elbow <i>n C</i> **               | /ˈelbəʊ/    |
| finger <i>n C</i> ***             | /ˈfɪŋgə/    |
| foot (plural feet) <i>n C</i> *** | /fʊt, fi:t/ |
| hand <i>n C</i> ***               | /hænd/      |
| head <i>n C</i> ***               | /hed/       |
| knee <i>n C</i> ***               | /ni:/       |
| leg <i>n C</i> ***                | /leg/       |
| neck <i>n C</i> ***               | /nek/       |
| shoulder <i>n C</i> ***           | /ˈʃəʊldə/   |
| stomach <i>n C</i> **             | /ˈstʌmək/   |
| wrist <i>n C</i>                  | /rɪst/      |



# FUNCTIONAL LANGUAGE

## Asking how you feel

*How are you? Are you alright? Are you OK?*

*What's the matter? What's wrong?*

## Saying how you feel

*I'm fine, thanks. I'm very well, thanks.*

*I don't feel (very) well.*

*I feel + adj*

*I've got a + noun*

## Health problems

cold *n* C \*\*\* /kəʊld/

headache *n* C \* /ˈhedeɪk/

hurt *v* \*\*\* /hɜ:t/

ill *adj* \*\*\* /ɪl/

stomach ache *n* C /ˈstʌməkeɪk/

tired *adj* \*\*\* /ˈtaɪəd/

toothache *n* C /tu:θeɪk/

- 1 I've got a headache.
- 2 I'm ill.
- 3 My back hurts.
- 4 I've got a cold.

A



B



D





## 2 Complete the sentences with the words in the box.

tired stomach sick toothache head  
stomachache arm

|                    |  |        |
|--------------------|--|--------|
| I'm<br>I feel      | ill.<br>(1)_____<br>(2)_____                   |        |
| My                 | back<br>(3)_____<br>(4)_____<br>(5)_____       | hurts. |
| I've got<br>I have | a headache.<br>a cold.<br>(6)_____<br>(7)_____ |        |



44 Track 44.mp3

ures to the sentences.

ache.



1 2.44 Listen to the conversations. Tick (✓) the phrases you hear.

- |                       |                         |
|-----------------------|-------------------------|
| 1 Are you alright?    | Anything else?          |
| 2 I don't like it.    | I don't feel well.      |
| 3 I'm fine.           | Is there a doctor here? |
| 4 How's your stomach. | You're welcome.         |
| 5 Are you OK?         | I've got a headache.    |


2 2.44 Listen again and put the events in the correct order.

- ☐ Hannah calls a doctor.
- ☐ The doctor gives Valerie some aspirin.
- ☒ Valerie feels sick.
- ☐ Herb feels ill.
- ☐ Valerie goes to the toilet.
- ☐ Valerie sits down and puts on Dave's jacket.






44 Track 44.mp3

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|---|---------------------|-------------------------|
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| 5 | Are you OK?         | I've got a headache.    |

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well got are matter

A: Hi, how (1)\_\_\_\_\_ you?

B: Oh, I don't feel very (2)\_\_\_\_\_.

A: What's the (3)\_\_\_\_\_?

B: I've (4)\_\_\_\_\_ a headache.

A: You should lie down.

2

fine wrong home I'm

A: Are you alright? What's (1)\_\_\_\_\_?

B: I'm (2)\_\_\_\_\_, thanks. I'm a little tired.

A: Do you want to go (3)\_\_\_\_\_?

B: No, (4)\_\_\_\_\_ fine. Really.

3

fine cold head

A: Can I go out now?

B: No, you can't. You've got a (1)\_\_\_\_\_.

B: I feel (2)\_\_\_\_\_. My (3)\_\_\_\_\_ doesn't hurt now.

A: You should stay in bed.



## *Roleplay*

**5** Work in pairs, A and B.

### *Roleplay 1*

A: You feel ill. You have got a headache and you feel very sick. You are very tired. You don't think you can go to work. Phone your work and explain.

B: You are A's boss. When A phones you, listen to what he/she says and respond.

### *Roleplay 2*

A: You are B's father/mother. You think B is ill. You think he/she shouldn't go out tonight. Listen to what B says and respond.

B: You are A's son/daughter. You are often tired because you go out too much! You want to go out tonight, but you don't feel well. Ask permission to go out.