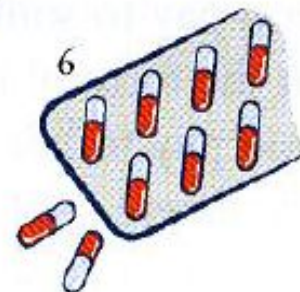
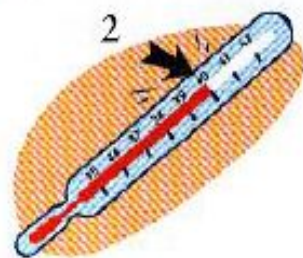


# **Health problems**

## **A VISIT TO A DOCTOR**

What's the matter?	What you should do
A: I've got a <b>sore throat</b> <sup>1</sup> and a <b>temperature</b> . <sup>2</sup>	B: That sounds like <b>flu</b> . You should see a doctor.
A: I've <b>cut</b> my arm; it's <b>bleeding</b> . <sup>3</sup>	B: Put a <b>bandage</b> <sup>4</sup> round it.
A: I've got a terrible <b>cough</b> . <sup>5</sup>	B: Go to the chemist and get some cough <b>medicine</b> . [something you take to treat an illness]
A: I've got a <b>headache</b> .	B: Take some <b>tablets</b> <sup>6</sup> for the pain. (also <b>pills</b> )
A: I <b>feel sick</b> . <sup>7</sup>	B: Go to the bathroom quickly!



## Describing pain

We can use different words to describe **pain**. An **ache** describes pain that is not always strong, but often continues. It is used with certain parts of the body.

I've got a **headache**.      Simone's got **stomach ache**.

My dad **suffers from** [often has the pain of] **backache**.

For other parts of the body we often use **pain**.

I've got a **pain** in my shoulder/foot.

**Ache** can also be a verb to describe pain that continues for some time.

By the end of the day my feet were **aching**.

For stronger or more sudden pain, we usually use the verb **hurt**.

My throat **hurts** when I speak.

I hit my leg on the table and it really **hurts** / it's very **painful**.

Look at the underlined letters in each pair of words. Is the pronunciation the same or different? Use the index to help you.

1 ache pain same.....

2 cold stomach different.....

3 cough through .....

4 flu cut .....

5 liver disease .....

6 stomach operation .....

7 chemist ache .....

8 patient bandage .....

Complete the sentences with *a* or nothing (-).

1 She's got ..... hepatitis.

2 I've got ..... cough.

3 I'm getting ..... sore throat.

4 Ben's got ..... headache.

5 Luis's got ..... temperature.

6 I've got ..... backache.

7 Leona's got ..... flu.

8 My uncle had ..... heart attack.

9 She's got ..... cancer.

10 I've got ..... pain in my foot.

1 A: Does your finger hurt?

B: Yes, it's very painful..... .

2 A: What's wrong with Musa?

B: He feels ..... . I think it's something he ate.

3 A: Did you hit your foot?

B: Yes, and it really ..... .

4 A: My hand's bleeding quite badly.

B: Well, put a ..... round it.

5 A: Your finger's ..... .

B: I know. I cut it using that knife.

6 A: Does Tanya still ..... from bad headaches?

B: Yes, she gets them all the time.

7 A: What's the matter?

B: My back ..... from sitting at that computer all day.

8 A: I understand Laura has had quite a ..... illness.

B: Yeah. She was in hospital for over a week.

# Body

arm <i>n C</i> ***	/ɑ:m/
back <i>n C</i> ***	/bæk/
chest <i>n C</i> ***	/tʃest/
elbow <i>n C</i> **	/ˈelbəʊ/
finger <i>n C</i> ***	/ˈfɪŋgə/
foot (plural feet) <i>n C</i> ***	/fʊt, fi:t/
hand <i>n C</i> ***	/hænd/
head <i>n C</i> ***	/hed/
knee <i>n C</i> ***	/ni:/
leg <i>n C</i> ***	/leg/
neck <i>n C</i> ***	/nek/
shoulder <i>n C</i> ***	/ˈʃəʊldə/
stomach <i>n C</i> **	/ˈstʌmək/
wrist <i>n C</i>	/rɪst/

# FUNCTIONAL LANGUAGE

## Asking how you feel

*How are you? Are you alright? Are you OK?*

*What's the matter? What's wrong?*

## Saying how you feel

*I'm fine, thanks. I'm very well, thanks.*

*I don't feel (very) well.*

*I feel + adj*

*I've got a + noun*

## Health problems

cold <i>n C</i> ***	/kəʊld/
headache <i>n C</i> *	/ˈhedɪk/
hurt <i>v</i> ***	/hɜ:t/
ill <i>adj</i> ***	/ɪl/
stomach ache <i>n C</i>	/ˈstʌməkeɪk/
tired <i>adj</i> ***	/ˈtaɪəd/
toothache <i>n C</i>	/tu:θeɪk/

- 1 I've got a headache.
- 2 I'm ill.
- 3 My back hurts.
- 4 I've got a cold.





2 Complete the sentences with the words in the box.

tired stomach sick toothache head  
stomachache arm


I'm I feel	ill. (1) _____. (2) _____.	
My	back (3) _____ (4) _____ (5) _____	hurts.
I've got I have	a headache. a cold. (6) _____. (7) _____.	




44 Track 44.mp3

ures to the sentences.

ache.

1  2.44 Listen to the conversations. Tick (✓) the phrases you hear.

- |   |                     |                         |
|---|---------------------|-------------------------|
| 1 | Are you alright?    | Anything else?          |
| 2 | I don't like it.    | I don't feel well.      |
| 3 | I'm fine.           | Is there a doctor here? |
| 4 | How's your stomach. | You're welcome.         |
| 5 | Are you OK?         | I've got a headache.    |


2  2.44 Listen again and put the events in the correct order.

- Hannah calls a doctor.
- The doctor gives Valerie some aspirin.
- Valerie feels sick.
- Herb feels ill.
- Valerie goes to the toilet.
- Valerie sits down and puts on Dave's jacket.





44 Track 44.mp3

**1**  **2.44** Listen to the conversations. Tick (✓) the phrases you hear.

1 Are you alright?

Anything else?

2 I don't like it.

I don't feel well.

3 I'm fine.


Is there a doctor here?

4 How's your stomach.

You're welcome.

5 Are you OK?

I've got a headache.

**2**  **2.44** Listen again and put the events in the correct order.

Hannah calls a doctor.

The doctor gives Valerie some aspirin.

Valerie feels sick.

Herb feels ill.

Valerie goes to the toilet.

Valerie sits down and puts on Dave's jacket.



well got are matter

A: Hi, how (1)\_\_\_\_\_ you?

B: Oh, I don't feel very (2)\_\_\_\_\_.

A: What's the (3)\_\_\_\_\_?

B: I've (4)\_\_\_\_\_ a headache.

A: You should lie down.

2

fine wrong home I'm

A: Are you alright? What's (1)\_\_\_\_\_?

B: I'm (2)\_\_\_\_\_, thanks. I'm a little tired.

A: Do you want to go (3)\_\_\_\_\_?

B: No, (4)\_\_\_\_\_ fine. Really.

3

fine cold head

A: Can I go out now?

B: No, you can't. You've got a (1)\_\_\_\_\_.

B: I feel (2)\_\_\_\_\_. My (3)\_\_\_\_\_ doesn't hurt now.

A: You should stay in bed.



## *Roleplay*

**5** Work in pairs, A and B.

### *Roleplay 1*

A: You feel ill. You have got a headache and you feel very sick. You are very tired. You don't think you can go to work. Phone your work and explain.

B: You are A's boss. When A phones you, listen to what he/she says and respond.

### *Roleplay 2*

A: You are B's father/mother. You think B is ill. You think he/she shouldn't go out tonight. Listen to what B says and respond.

B: You are A's son/daughter. You are often tired because you go out too much! You want to go out tonight, but you don't feel well. Ask permission to go out.