Health problems A VISIT TO A DOCTOR

Common problems

What's the matter?	What you should do
A: I've got a sore throat ¹ and a temperature. ²	B: That sounds like flu. You should see a doctor.
A: I've cut my arm; it's bleeding.3	B: Put a bandage ⁴ round it.
A: I've got a terrible cough . ⁵	B: Go to the chemist and get some cough medicine. [something you take to treat an illness]
A: I've got a headache.	B: Take some tablets ⁶ for the pain. (also pills)
A: I feel sick. ⁷	B: Go to the bathroom quickly!



Describing pain

We can use different words to describe pain. An ache describes pain that is not always strong, but often continues. It is used with certain parts of the body.

I've got a headache. Simone's got stomach ache.

My dad suffers from [often has the pain of] backache.

For other parts of the body we often use pain.

I've got a pain in my shoulder/foot.

Ache can also be a verb to describe pain that continues for some time.

By the end of the day my feet were aching.

For stronger or more sudden pain, we usually use the verb hurt.

My throat hurts when I speak.

I hit my leg on the table and it really hurts / it's very painful.

Look at the underlined letters in each pair of words. Is the pronunciation the same or different? Use the index to help you.

1 <u>a</u> che p <u>ai</u> n <u>same</u>	5 liver disease
2 cold stomach different	6 stomach operation
3 cough through	7 <u>ch</u> emist a <u>ch</u> e
4 fl <u>u</u> c <u>u</u> t	8 patient bandage

Complete the sentences with a or nothing (–).

- 1 She's got hepatitis.
- 2 I've gota... cough.
- 3 I'm getting sore throat.
- 4 Ben's got headache.
- 5 Luis's got temperature.

- 6 I've got backache.
- 7 Leona's got flu.
- 8 My uncle had heart attack.
- 9 She's got cancer.
- 10 I've got pain in my foot.

1 A: Does your finger hurt?	
B: Yes, it's very painful	
2 A: What's wrong with Musa?	
B: He feels I think it's	s something he ate.
3 A: Did you hit your foot?	8
B: Yes, and it really	
4 A: My hand's bleeding quite badly.	
B: Well, put a round it	
5 A: Your finger's	
B: I know. I cut it using that knife.	
6 A: Does Tanya still fro	m bad headaches?
B: Yes, she gets them all the time.	
7 A: What's the matter?	
B: My back from sitting	ig at that computer all day
8 A: I understand Laura has had quite a	illness
B: Yeah. She was in hospital for over a v	veek.
4.6 MM	III .

Body

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arm n C ***
                                   /a:m/
back n C ***
                                   /bæk/
chest n C ***
                                   /tfest/
elbow n C **
                                   /elbəu/
finger n C ***
                                   /fingə/
foot (plural feet) n C ***
                                   /fot, fi:t/
hand n C ***
                                   /hænd/
head n C ***
                                   /hed/
knee n C ***
                                   /ni:/
leg n C ***
                                   /leg/
neck n C ***
                                   /nek/
shoulder n C ***
                                   /solda/
stomach n C **
                                   /stamak/
wrist n C
                                   /rist/
```

FUNCTIONAL LANGUAGE

Asking how you feel

How are you? Are you alright? Are you OK?

What's the matter? What's wrong?

Saying how you feel

I'm fine, thanks. I'm very well, thanks.

I don't feel (very) well.

I feel + adj

I've got a + noun

Health problems

cold n C ***
headache n C *
hurt v ***
ill adj ***
stomach ache n Ctired adj ***
toothache n C

/kəʊld/ /hedeɪk/ /hɜːt/ /ɪl/ /stʌməkeɪk/ /taɪjəd/ /tuːθeɪk/

- 1 I've got a headache.
- 2 I'm ill.
- 3 My back hurts.
- 4 I've got a cold.



2 Complete the sentences with the words in the box.

tired stomach sick toothache head stomachache arm

I'm I feel	ill. (1) (2)	
My	back (3) (4) (5)	hurts.
I've got I have	a headache. a cold. (6) (7)	





ares to the sentences.

ache.



2.44 Listen to the conversations. Tick () the phrases you hear.

Anything else? Are you alright?

I don't feel well. I don't like it.

Is there a doctor here? I'm fine.

How's your stomach. You're welcome.

I've got a headache. Are you OK?

2.44 Listen again and put the events in the correct order.

Hannah calls a doctor.

The doctor gives Valerie some aspirin.

Valerie feels sick.

Herb feels ill.

Valerie goes to the toilet.

Valerie sits down and puts on Dave's jacket.

































1	2.44 Listen to the comphrases you hear.	onversations. Tick (🗸) the	
1	Are you alright?	Anything else?	
2	I don't like it.	I don't feel well.	
3	I'm fine.	Is there a doctor here?	
4	How's your stomach.	You're welcome.	
5	Are you OK?	I've got a headache.	
2	② 2.44 Listen again and put the events in the correct order.		
	Hannah calls a doctor.		
	The doctor gives Valerie some aspirin.		
1	Valerie feels sick.	the problem of Nation Land	
	Herb feels ill.		
	Valerie goes to the toilet.		
	Valerie sits down and puts on Dave's jacket.		

well got are matter

- A: Hi, how (1)____ you?
- B: Oh, I don't feel very (2)_____.
- A: What's the (3)____?
- B: I've (4)____ a headache.
- A: You should lie down.

2

fine wrong home I'm



- A: Are you alright? What's (1)____?
- B: I'm (2)____, thanks. I'm a little tired.
- A: Do you want to go (3)____?
- B: No, (4)_____ fine. Really.

3

fine cold head

- A: Can I go out now?
- B: No, you can't. You've got a (1)____.
- B: I feel (2)____. My (3)____ doesn't hurt now.
- A: You should stay in bed.

Roleplay

5 Work in pairs, A and B.

Roleplay 1

A: You feel ill. You have got a headache and you feel very sick. You are very tired. You don't think you can go to work. Phone your work and explain.

B: You are A's boss. When A phones you, listen to what he/she says and respond.

Roleplay 2

A: You are B's father/mother. You think B is ill. You think he/she shouldn't go out tonight. Listen to what B says and respond.

B: You are A's son/daughter. You are often tired because you go out too much! You want to go out tonight, but you don't feel well. Ask permission to go out.