THE ACADEMY OFPUBLIC ADMINISTRATION UNDER THE PREZIDENT OFTHE RESPUBLIC OF AZERBAIJAN

FACULTY:ADMINISTRATIVE AND MANAGEMENT

SPECIALTY:STATE AND MINICIPAL ADMINISTRATION

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- **Subject:english**
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Topic: Some People think that the increasing use of computers has negative effects

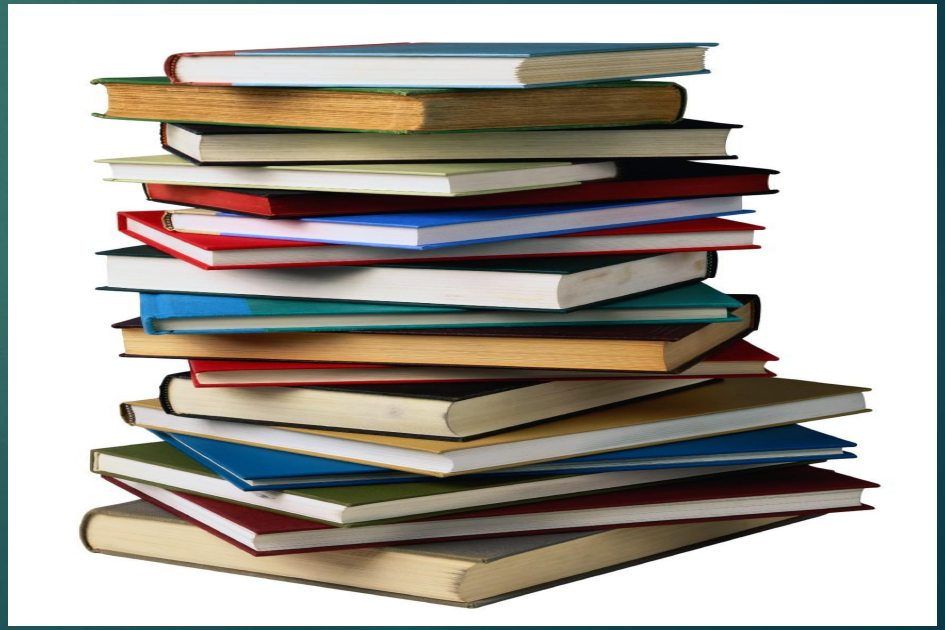
The twenty first century is a century of technologies, computers and technology. It is well-known that the computer has become one of the main ways of getting information. Some people can’t live without it, but other thinks computers have a bad influence. Whose opinion is right?

Computers play an important role in the lives of most of us today, whether we realize it or not. Some people, however, are beginning to ask if we really need them. In my opinion, computers have become a necessary part of modern life.

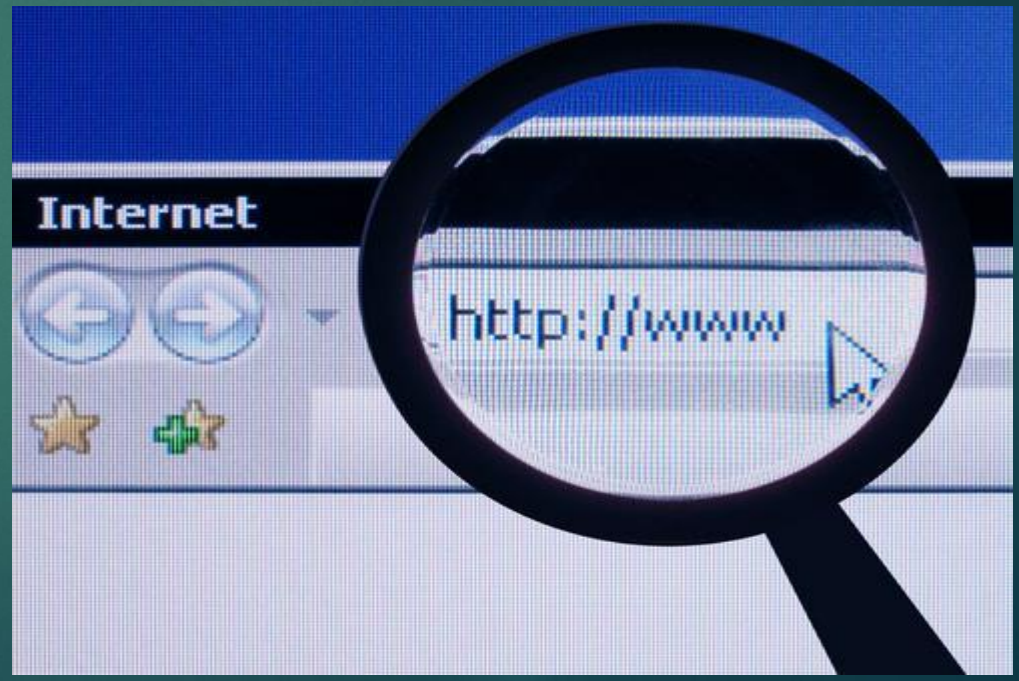
But unfortunately some people keep no measure in using computers. Children and teenagers are addicted to computer games and don’t have time for studying or reading books. Some of them prefer online chatting to face to face communication with their friends. Computer harms our psychological state and eye sight. Let's deal with these problems ! To solve this problem, we will now present the positive and negative effects of the computer

positive effects from the Computer

In the first place the computers can save a lot of storage space. Storing information on computers' disks is one of the most efficient ways of keeping data. One computer disk can hold the same amount of information as several books.



Furthermore, computers save everyone a lot of valuable time. Any information can be found at the touch of a button, whereas searching for it manually takes much longer.



Therefore, our everyday lives are made easier - from going to the bank to doing the shopping. Using a computer, we can make purchases, prepare documents or just chat with friends.

Also, using the computer, we are able to carry out complicated mathematical calculations that are used by scientists to predict the weather, or research.

Computers navigate the modern planes and ships, and such navigation is used in modern GPS devices that can identify the exact location of the car and make a route to any point in the world.

Negative effects From the Computer

Spending too much time on a computer is bad for your health. First of all, it makes your eyes tired. Sitting without changing your posture for many hours is also harmful. One should remember about it and try to minimise these harmful effects.

Lots of people spend hours on social networks and watching videos or movies. Children can also spend too much time playing computer games. One should remember about it and try to limit time spent on a computer.

Nevertheless, there are those who claim that computers are unnecessary and make our lives more complicated. They argue that in the past we managed very well using other methods and that we have become too dependent on computers. However, they fail to consider that the time saved by using computers

A computer is a useful invention and with the help of a computer, a person's life is made easier. but this does not mean that you need to look at the computer all day. play games, watch movies and chat with friends online you need to use it so that it does not damage the health and psyche of a person.
(IN FACT EVERY FRIEND CAN BECOME AN ENEMY)

Thank you
for your
attention