

# Asthma



## A Presentation on Asthma Management and Prevention



# What is Asthma?

- ❖ Chronic disease of the airways that may cause
  - ❖ Wheezing
  - ❖ Breathlessness
  - ❖ Chest tightness
  - ❖ Nighttime or early morning coughing
- ❖ Episodes are usually associated with widespread, but variable, airflow obstruction within the lung that is often reversible either spontaneously or with treatment.



# Pathology of Asthma



**Asthma  
involves  
inflammation of  
the airways**

**Normal**

**Asthma**

