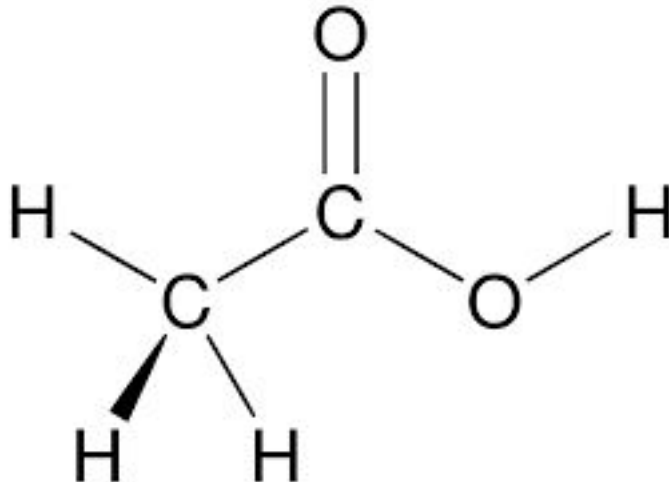
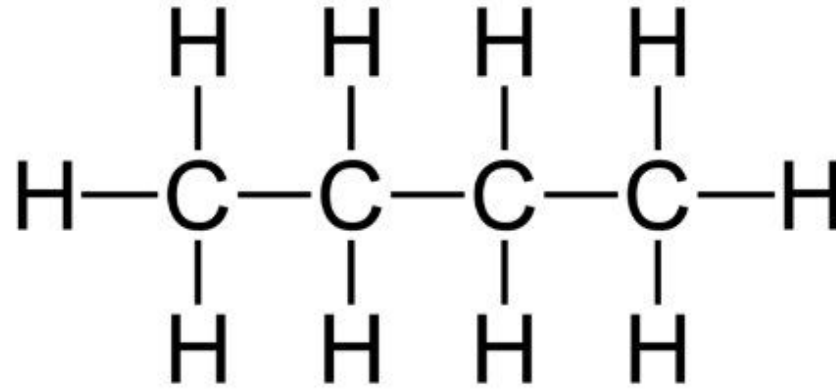
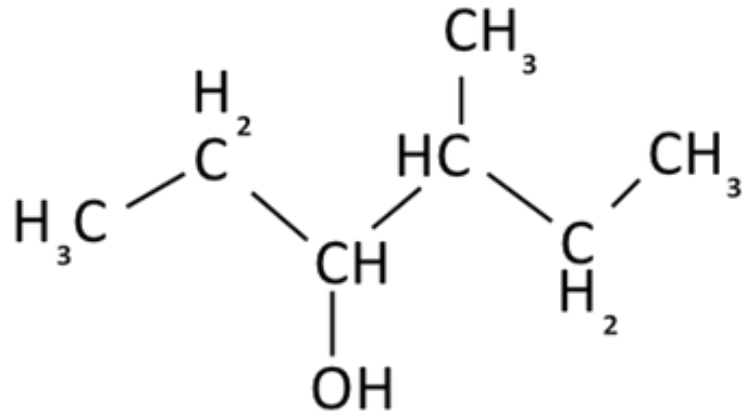


# Organic compounds

You will:

- determine presence of carbohydrates, proteins and lipids in foodstuffs

- **Organic molecule** - molecule which contains carbon (C) and hydrogen(H). Carbon makes up the basic structure of these compounds.



# Types of organic compounds

Carbohydrates



Vitamins



Proteins



Fats



- **Carbohydrates** made up the structure of cell and they are first energy source.
- **Lipids** also made up the structure of cell, they protect and warm our body and store energy.
- **Proteins** are building blocks of our body.

