



Spongebob's Fun Adventure





What

I will explore the SpongeBob Fun Room.

Why

Physical activity helps you stay healthy and is good for the brain.

How

I will choose 2-3 activities from the Sponge Bob fun room and complete them.

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Here is today's warm up. Do each exercise for 30 seconds.

0:30

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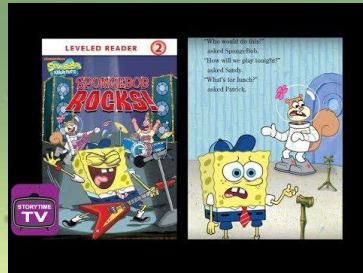
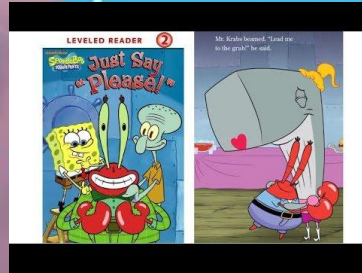
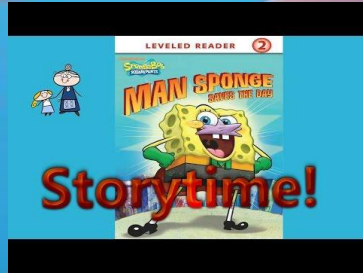
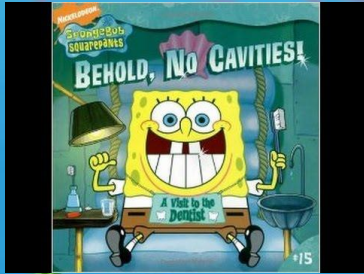
Flutter Kicks

Crab Kicks



Listen to a fun Spongebob Read Aloud

when you're finished click on plankton to head to the next slide



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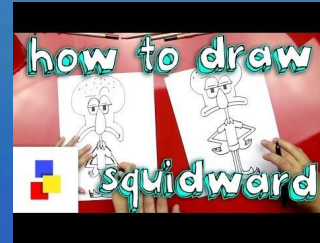
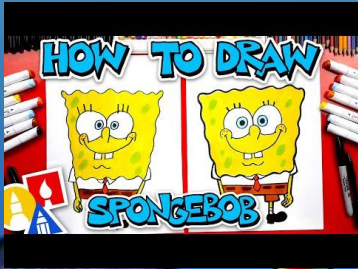
Drawing Room

Do your best doodlebob impression after watching the clip, then choose a video and draw along with the instructor!

Click on Mr. Krabs when you're finished



DoodleBob Clip



Learn about Jellyfish!

Watch the videos all about Jellyfish to learn about these amazing underwater creatures.

Click on Squidward when finished

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CONGRATULATIONS

You made it through the Spongebob fun Adventure

Enjoy watching this Spongebob mini-episode.



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