



Health

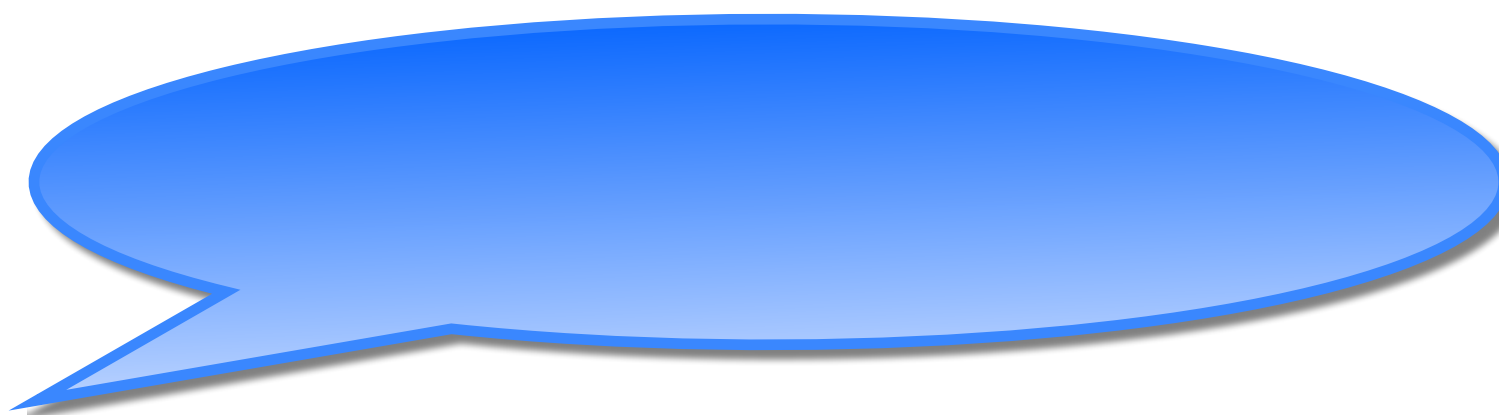
Idioms



Prev

change your ways

Next



She needs to change her ways or she'll end up in hospital.

change
your ways

pay the price

the prime of
your life

under the
weather

have a
sweet tooth

sooner rather
than later

short/out
of breath

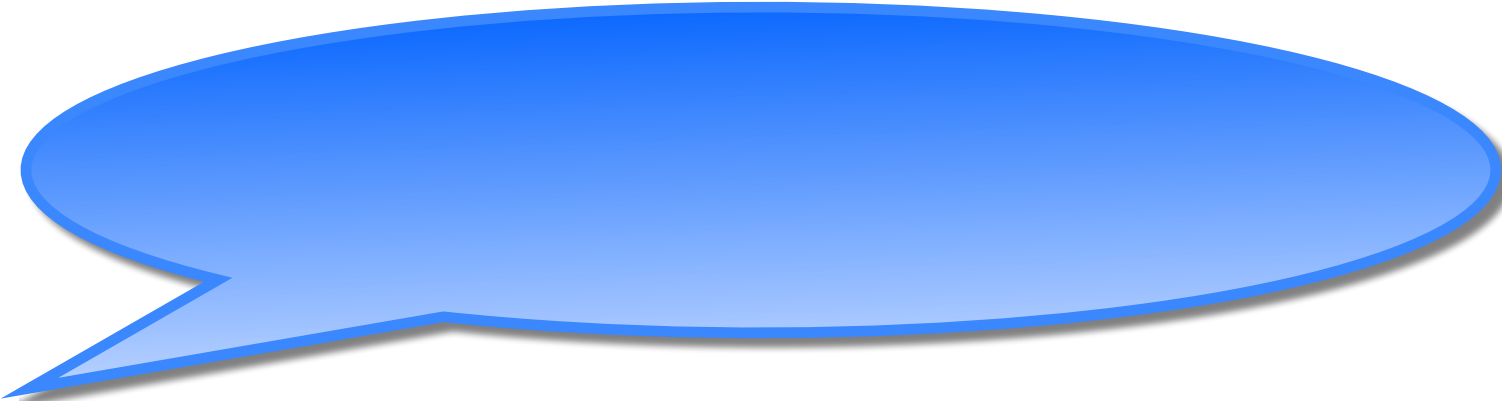
run a
temperature

clean up
your act

take it easy

A circular button with a dashed border and the text "Change Topic" inside.A rectangular button with a blue border and the text "Topics - Health" inside.A circular button with a dashed border and the text "Prev" inside.

pay the price

A circular button with a dashed border and the text "Next" inside.A large, light blue speech bubble with a darker blue outline and a shadow, pointing towards the bottom left.

After years of unhealthy living he paid the price and had a heart attack.

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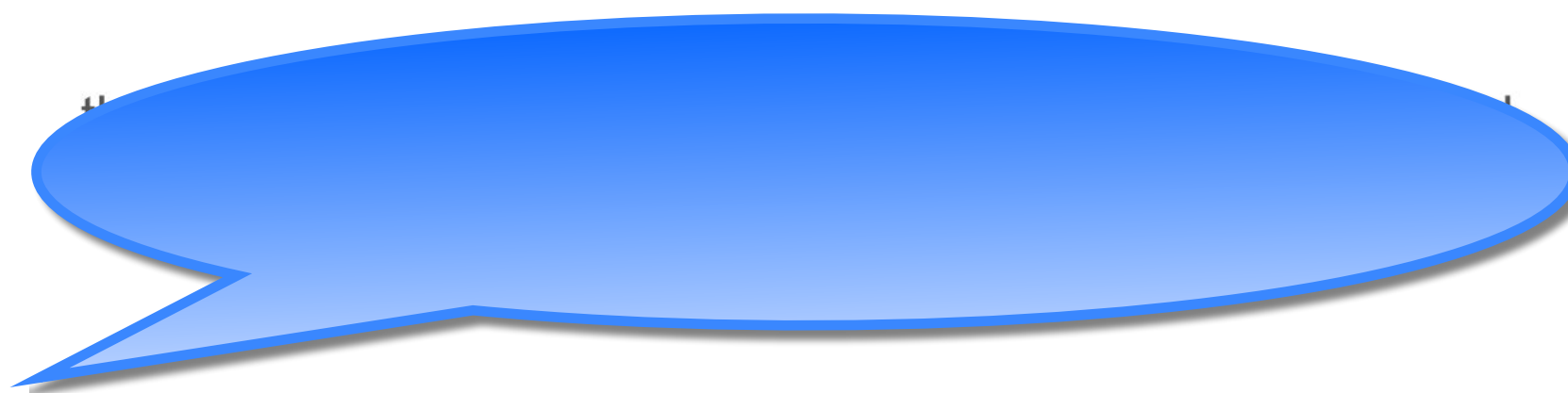
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the prime of your life

A circular button with a dashed border and the text "Next" inside.

She's no longer in the prime of her life and so she's cutting down on her workload.

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the prime of
your lifeunder the
weatherhave a
sweet toothsooner rather
than latershort/out
of breathrun a
temperatureclean up
your act

take it easy

Change
Topic

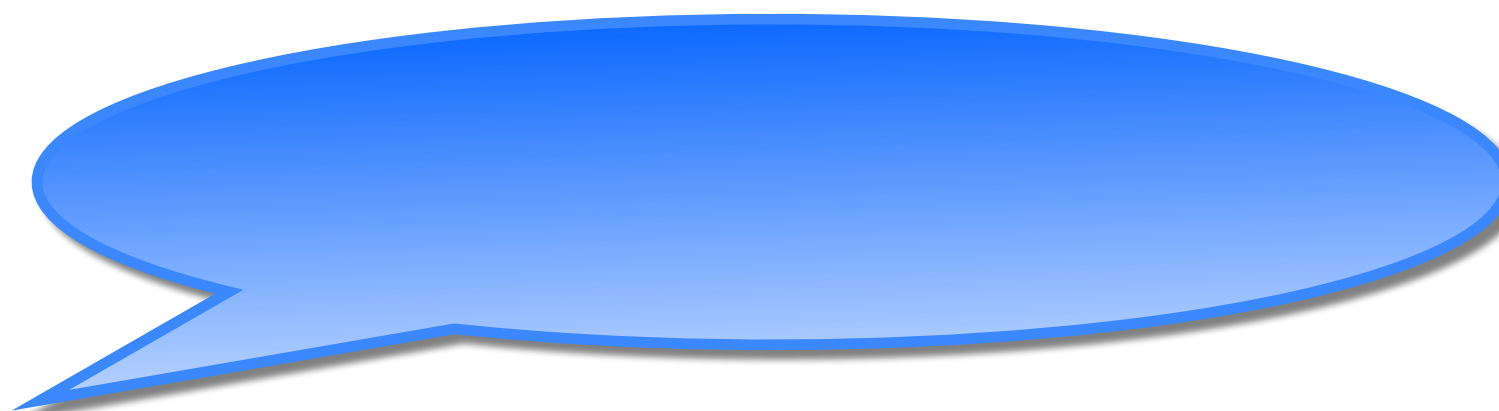
Topics - Health



Prev

under the weather

Next



I'm feeling a bit under the weather so I'm going to stay in this evening.

change
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the prime of
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take it easy

Change
Topic

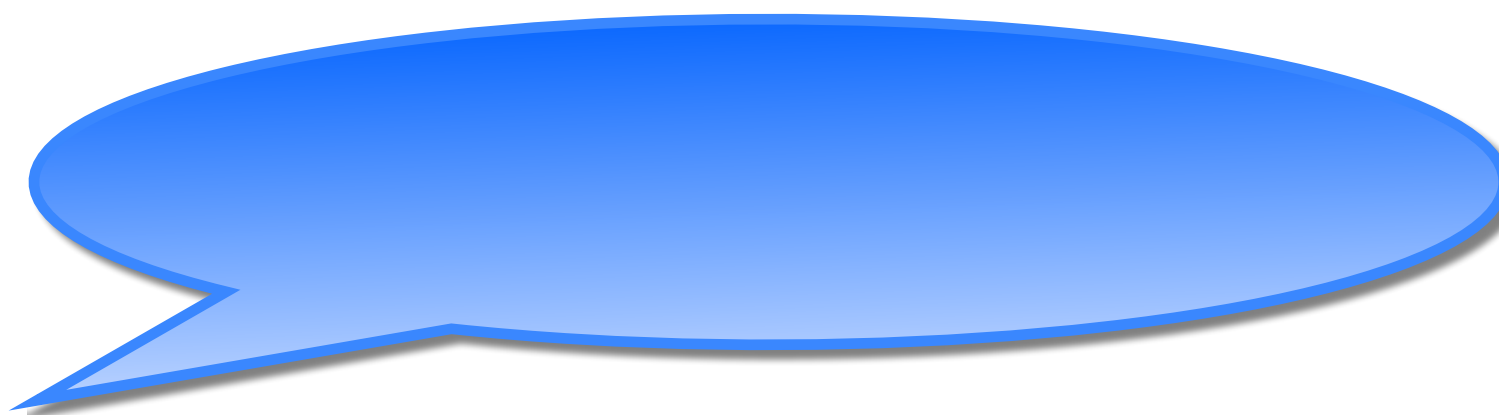
Topics - Health



Prev

have a sweet tooth

Next



He has a sweet tooth and takes 3 sugars in his tea.

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Change
Topic

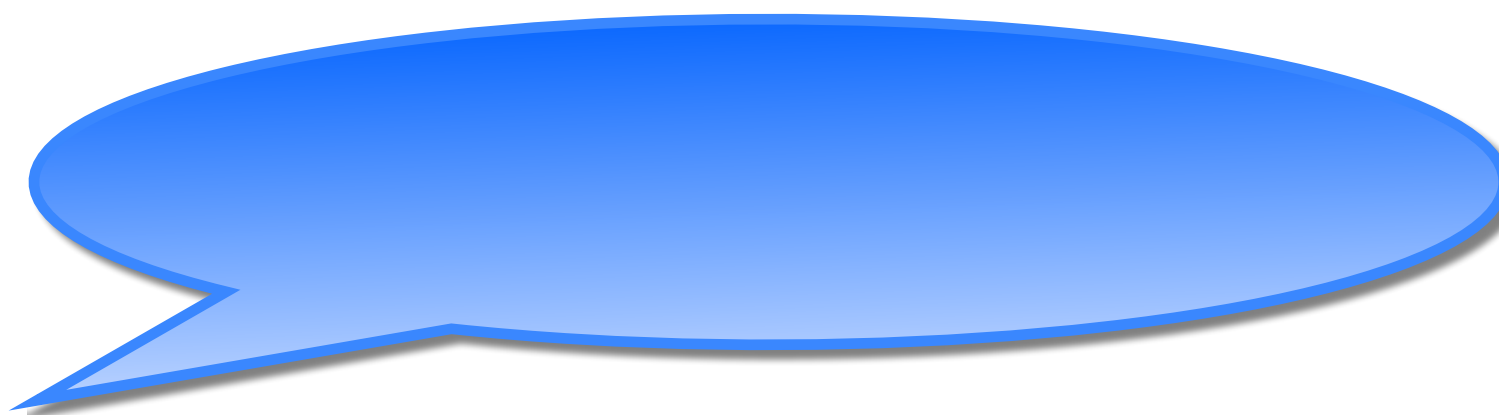
Topics - Health



Prev

sooner rather than later

Next



He needs to stop smoking sooner rather than later.

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weather

have a
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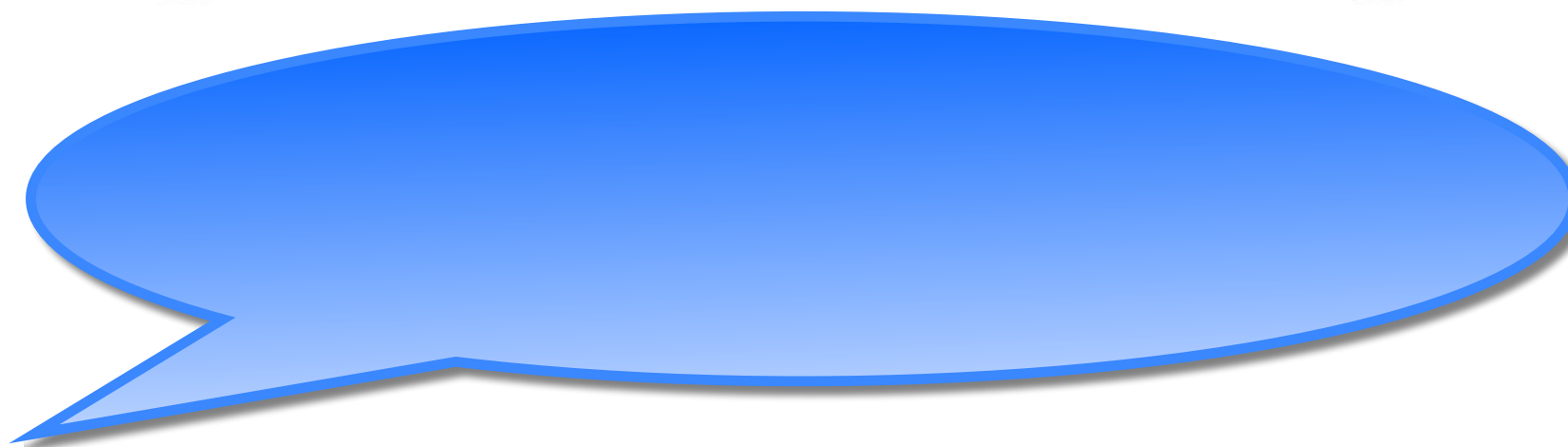
sooner rather
than later

short/out
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A circular button with a dashed border and the text "Change Topic" inside.A rectangular button with a blue border and the text "Topics - Health" inside.A circular button with a dashed border and the text "Prev" inside.**short/out of breath**A circular button with a dashed border and the text "Next" inside.

After running up the stairs he was out of breath.

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**short/out
of breath**

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temperature

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Change
Topic

Topics - Health



Prev

run a temperature

Next

Her son was running a temperature so she told him to stay in bed.

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Topic

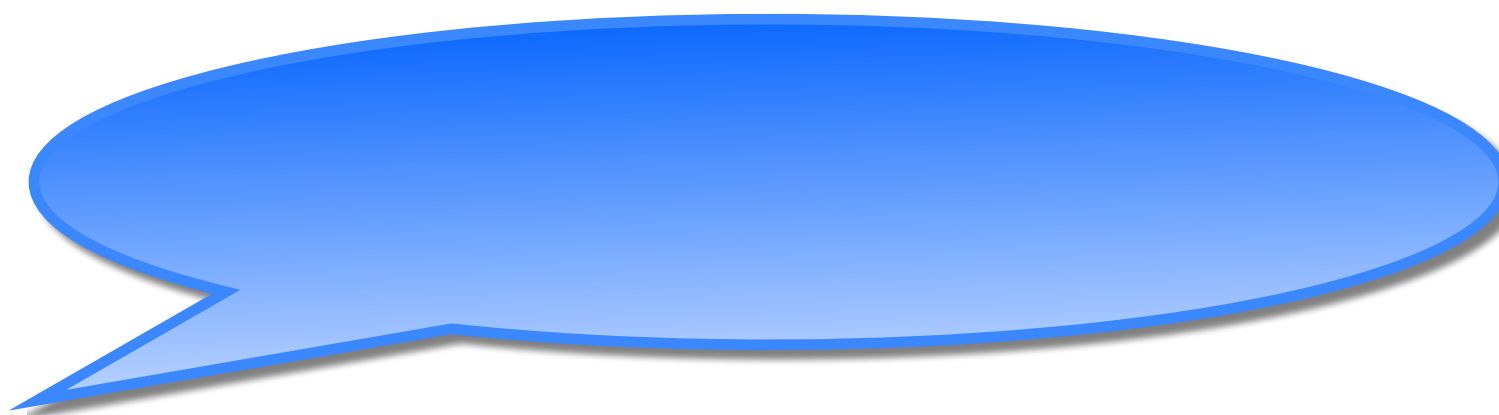
Topics - Health



Prev

clean up your act

Next



He needs to clean up his act or he'll lose his job.

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clean up
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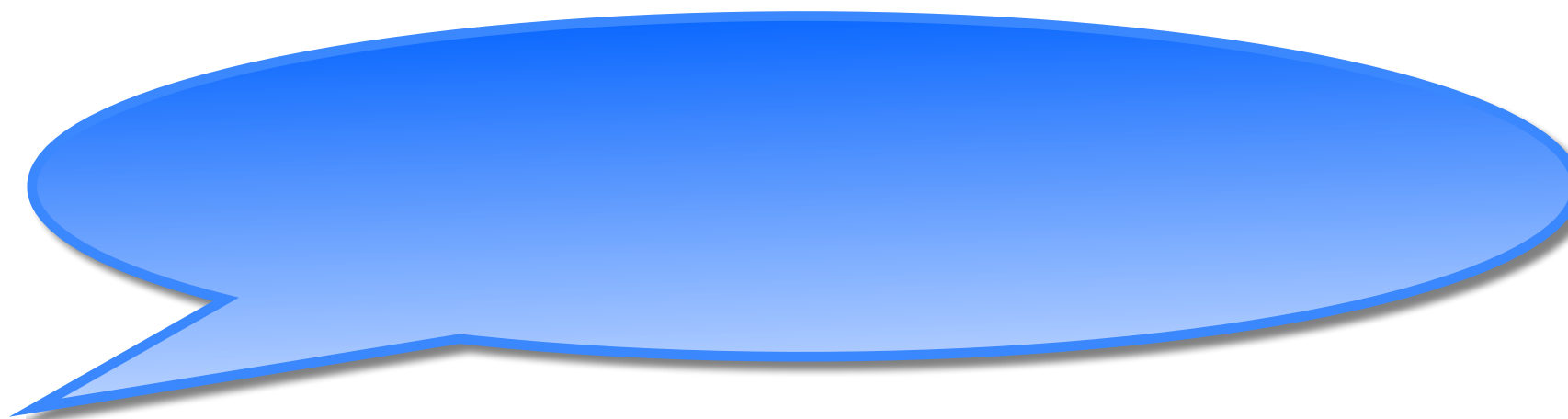
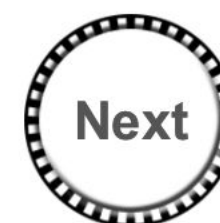
take it easy



Topics - Health



take it easy



The doctor has advised her to take it easy for a few days.

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Topics: Health



1?

Following his recent check-up with his doctor, Jerry has been given strict instructions to change his lifestyle. Jerry was feeling under the ____1____ and frequently out of ____2____. The doctor told him he was running a ____3____ and should take it ____4____ for a couple of days. A regular smoker and heavy drinker, Jerry was told to clean up his ____5____ or else he'd soon have to pay the ____6____. His doctor said that, at 30 years old, he should be in the ____7____ of his life, not in such poor health. Eating mostly junk food and having a sweet ____8____ didn't help either. Jerry agreed that he needed to change his ____9____ and sooner rather than ____10____.