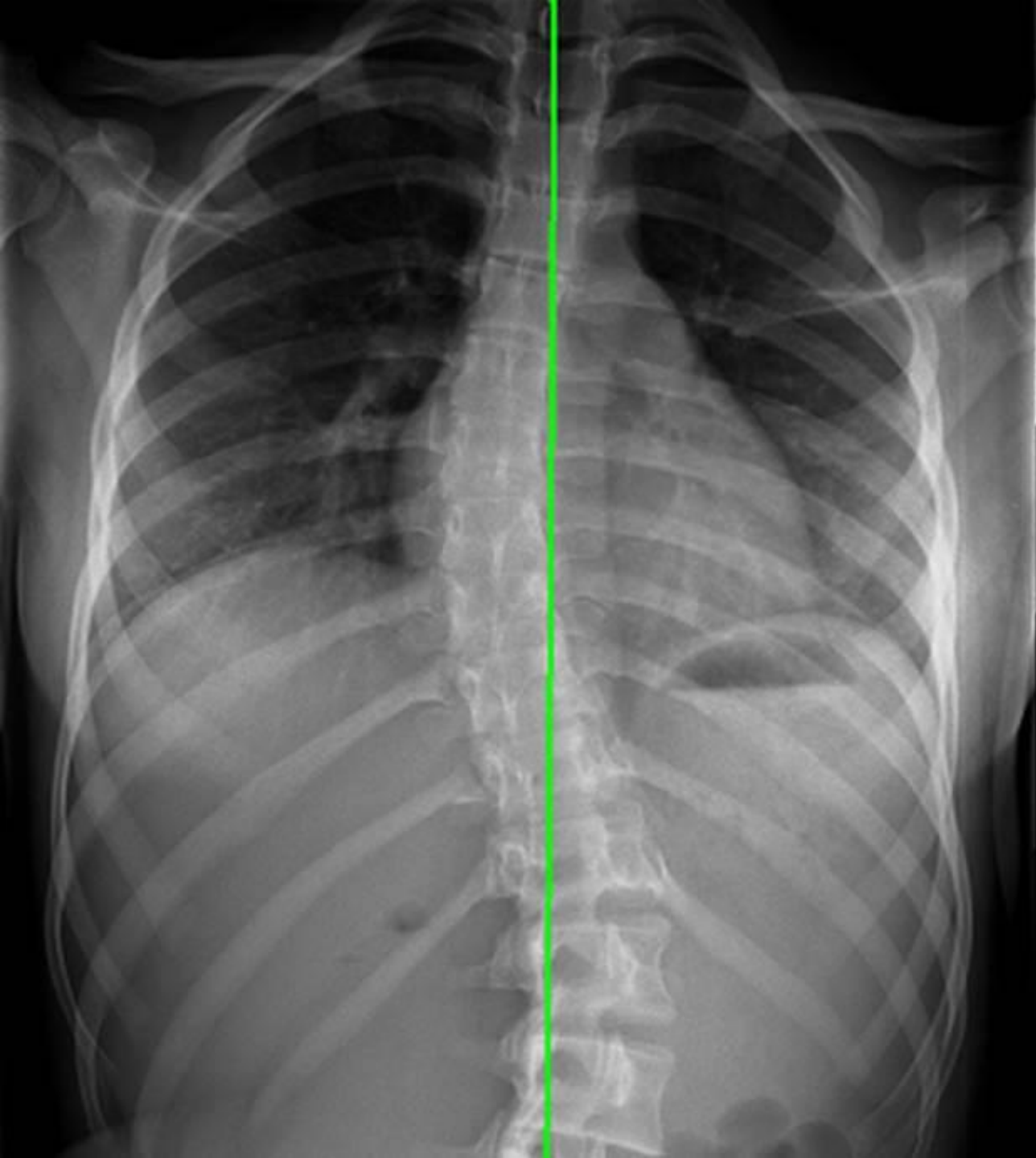


Why we should use e-books

Saparbek Zhaksylyk





Seamstress



Porter



Violinist

In 2018 more than 45,000 children suffer from scoliosis





Ministry of Education and Science of the RK



LONG-TERM EFFECTS OF CARRYING A HEAVY BACKPACK:

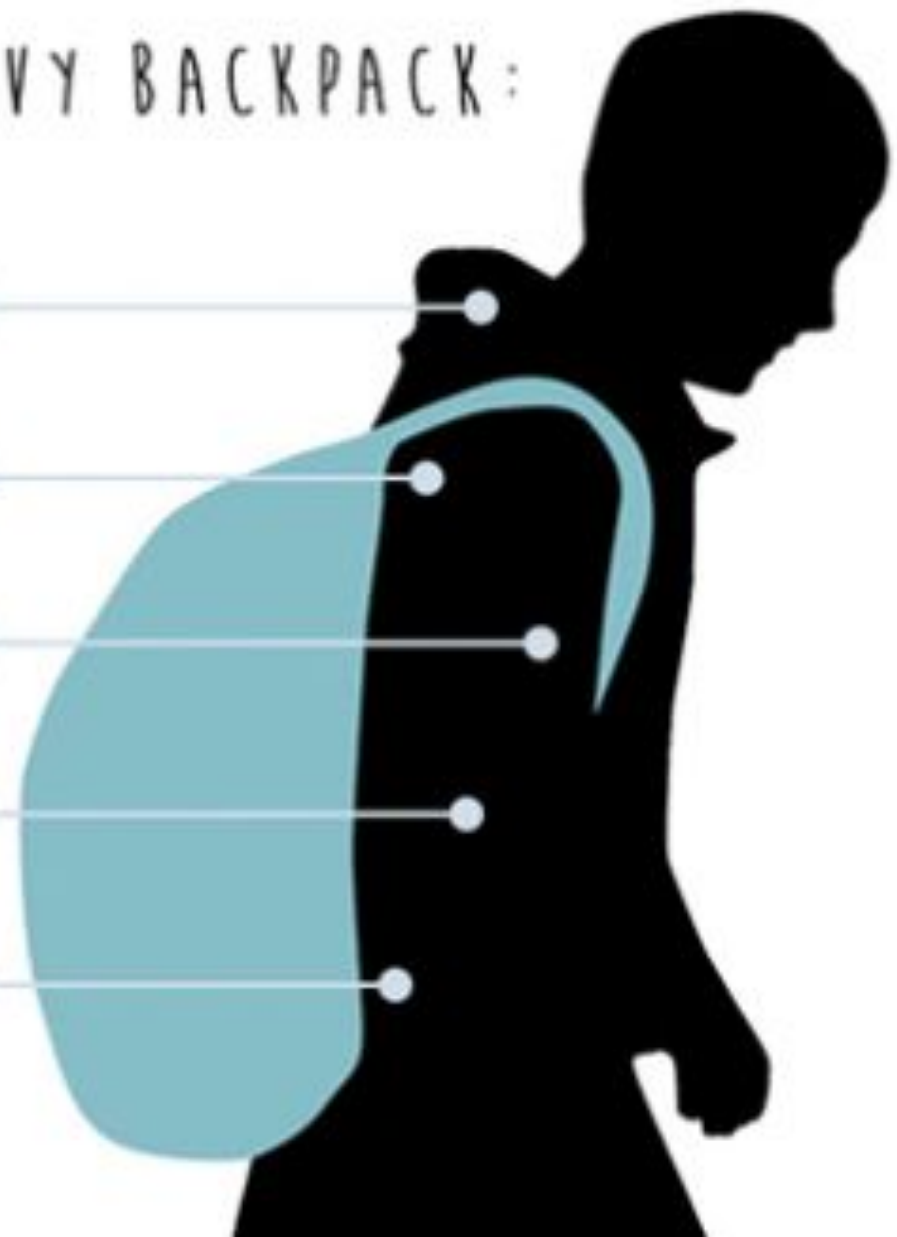
Strained neck and shoulders leading to headaches

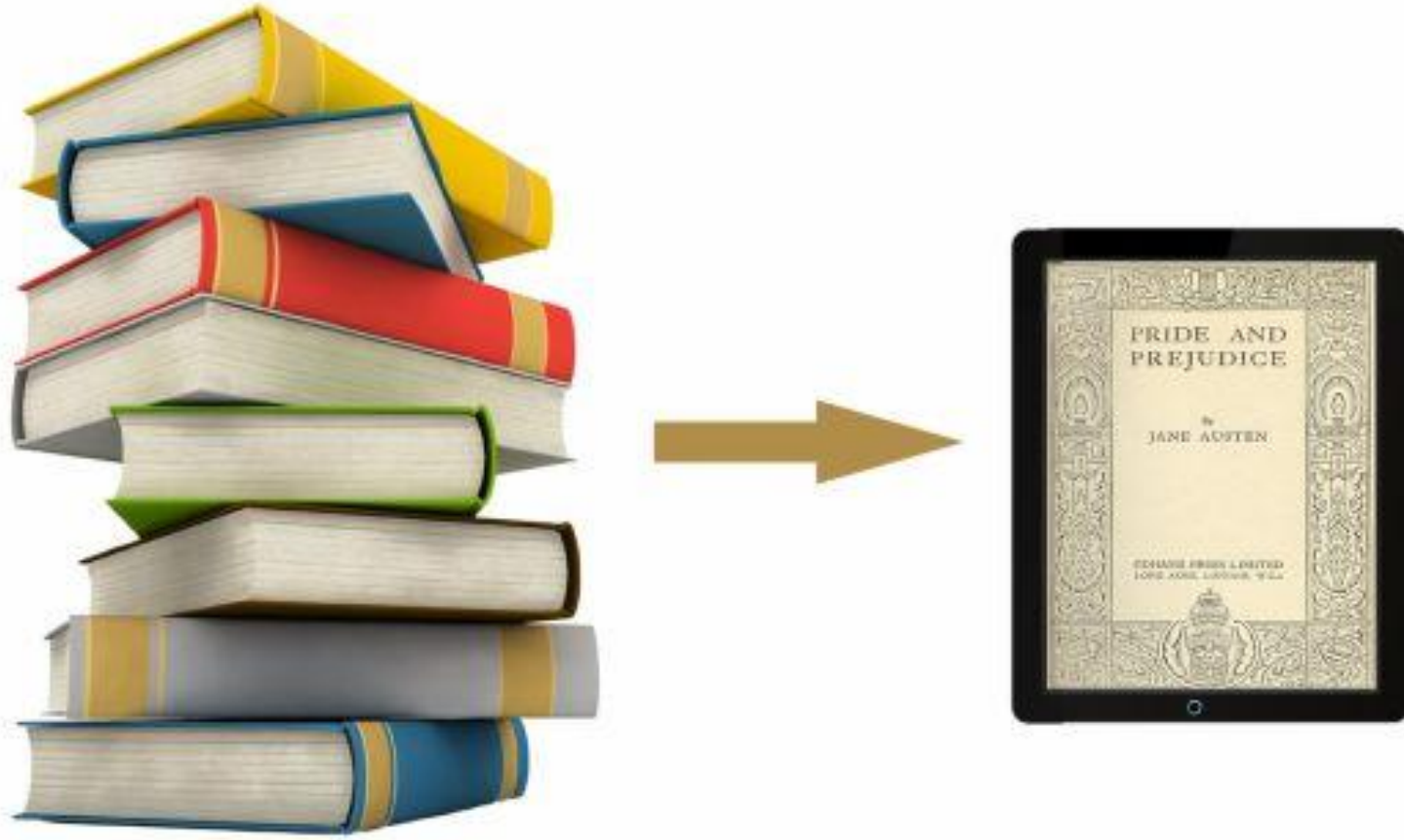
Damage to the spine

Reduced breathing capacity due to poor posture

Scoliosis

Back pain and muscle spasms





10 textbooks = 1 tablet

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video

