



## QUESTIONS

### 1. How often does Lýdia learn a new language

- a.) She learns a new language every year.
- b.) She learns a new language every two years.
- c.) She learns a new language every three years.

**Ans:** b.) She learns a new language every two years.

### 2. How many languages has she learned?

- a.) She has learned 28 languages.
- b.) She has learned 8 languages.

**Ans:** b.) She has learned 8 languages.

### 3. What are polyglots?

- a.) Polyglots are large libraries.
- b.) Polyglots are people who speak a lot of languages.

**Ans:** b.) Polyglots are people who speak a lot of languages.

**4. What question do people ask her?**

a.) What is your favorite language?

b.) How do you learn languages so quickly?

**Ans:** b.) How do you learn languages so quickly?

**5. What did Lýdia want to find out?**

a.) She wanted to find out how polyglots learn languages so much faster than other people.

b.) She wanted to find out the best way to learn a language.

**Ans:** a.) She wanted to find out how polyglots learn languages so much faster than other people.

**6. How does her friend Benny learn a new language? What's his method?**

a.) He reads a lot of travel phrasebooks.

b.) He talks with people and makes mistakes and learns from their feedback.

**Ans:** b.) He talks with people and makes mistakes and learns from their feedback.

**7. Where does Benny find people to have conversations with?**

a.) local libraries, community colleges, and cafes

b.) online

**Ans:** b.) online

**8. True or False? Lýdia says that all of the polyglots she spoke to have the same approach to learning a new language.**

a.) True

b.) False

**Ans:** b.) False

**9. What did Lýdia realize that was really important?**

a.) Polyglots follow time-tested methods to quickly learn new languages.

b.) The one thing polyglots have in common is that that they find ways to enjoy the language-learning process.

**Ans:** b.) The one thing polyglots have in common is that that they find ways to enjoy the language-learning process.

**10. Does Lýdia always use the same method when she learns a new language?**

a.) No. For example she started learning Spanish re-reading Harry Potter and German by watching "Friends."

b.) Yes. AND, she has developed a system that anyone can use -- a system that's available to everyone.

**Ans:** a.) No. For example she started learning Spanish re-reading Harry Potter and German by watching "Friends."

### **11. What is self-talk?**

- a.) Looking into a mirror and having a conversation with yourself.
- b.) Talking out loud to yourself, for example describing your plans for the weekend, or a picture from your phone.

**Ans:** b.) Talking out loud to yourself, for example describing your plans for the weekend, or a picture from your phone.

### **12. Lýdia says it's important to "revise vocabulary" -- what does that mean?**

- a.) To change words into different parts of speech.
- b.) To review and repeat new vocabulary words so you remember them.

**Ans:** b.) To review and repeat new vocabulary words so you remember them.

### **13. What is the best "system" for learning a new language?**

- a.) Incorporate enjoyable language learning activities into your daily routine.
- b.) Sit down with a cup of tea and a calendar and create an 8-week plan for studying as much as possible.

**Ans:** a.) Incorporate enjoyable language learning activities into your daily routine.

**14. According to Lýdia, if you learn in small chunks every day in a way that you enjoy, \_\_\_\_\_.**

a.) you'll definitely make visible progress within two months.

b.) you'll be able to learn a new language within two months.

**Ans:** a.) you'll definitely make visible progress within two months.