

А теперь техника

Раскачаем ногу!



Упражнение 1

“ПИРАМИДА”

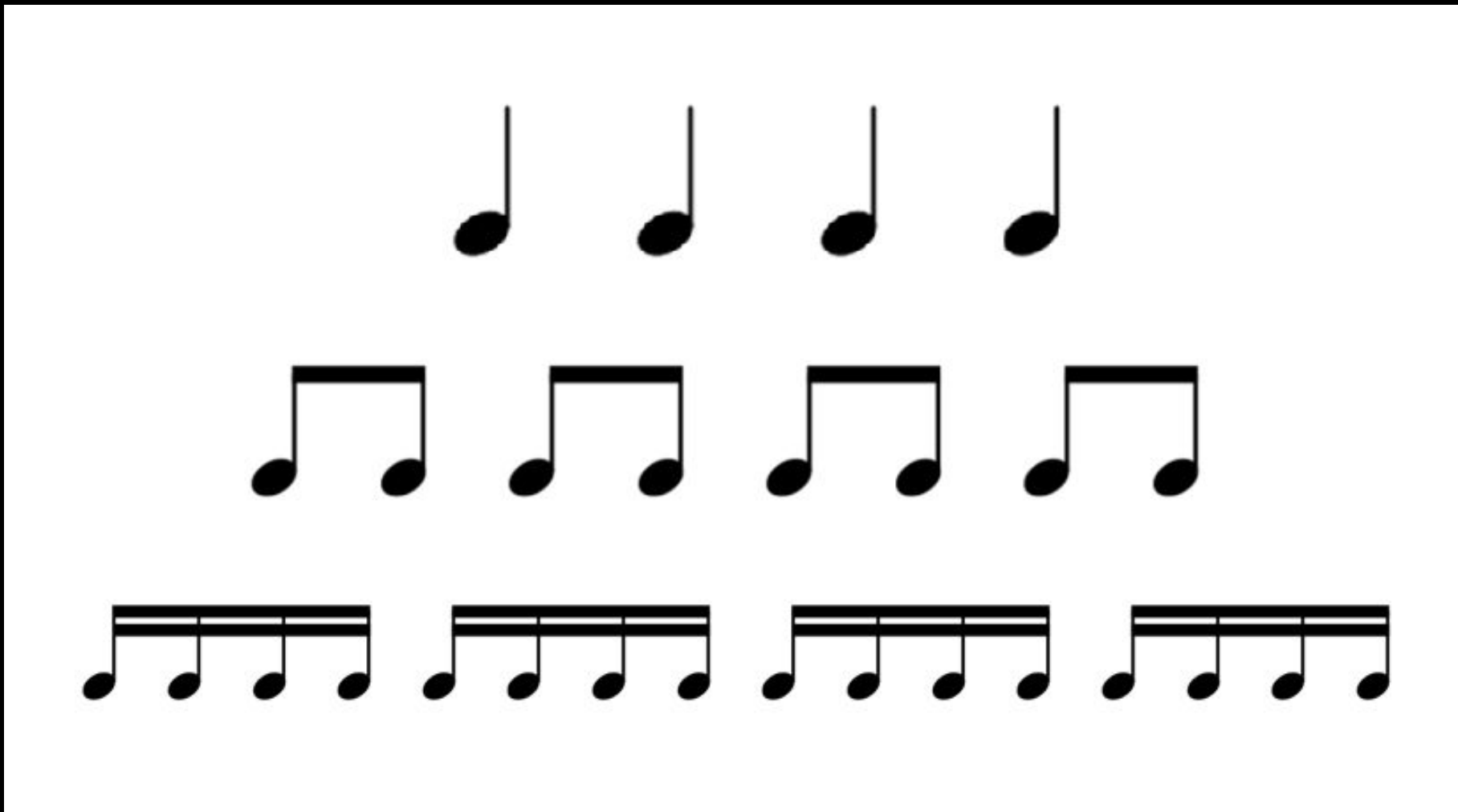
Играем в технике “Пятка Снизу” (Heel Down)



Упражнение 2

“ПИРАМИДА”

Играем в технике “Пятка Сверху” (Heel Up)



Упражнение 3 “ПИРАМИДА”

Учимся комбинировать.

The diagram illustrates a musical exercise in a pyramid shape. It consists of six rows of notes, with the number of notes decreasing from four in the top row to one in the bottom row. The notes are organized into two columns: the left column contains four notes per row, and the right column contains three notes per row. The notes are labeled as follows:

- Row 1: HD (four quarter notes)
- Row 2: HUp (four quarter notes)
- Row 3: HD (four eighth notes beamed in pairs)
- Row 4: HUp (four eighth notes beamed in pairs)
- Row 5: HD (four sixteenth notes beamed in groups of four)
- Row 6: HUp (four sixteenth notes beamed in groups of four)

HD-Пятка Снизу
HUp-Пятка Сверху