

The **BENEFITS** of the activities

a cure **for**

avoid

enrich

pass / kill

make

keep

Read
a good book

Go out with
friends

Try/develop a
new hobby

Tidy up

Play online
games

Solutions **to** the problems

Watch a movie

Watch funny
programmes

Try new recipes

Join a new club

Start a new
craft project

_____ can really help
me _____ in a pleasant
way. It can be
very _____. But it's not
only a _____, it also has a lot
of benefits:

After you have relaxed, it'll be easier to
deal _____ problems and to find
solutions _____ your problems. It can
also enrich _____.

_____ is a great pastime!

_____ can really help
me _____ in a pleasant
way. It can be
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pastime! _____ is a great

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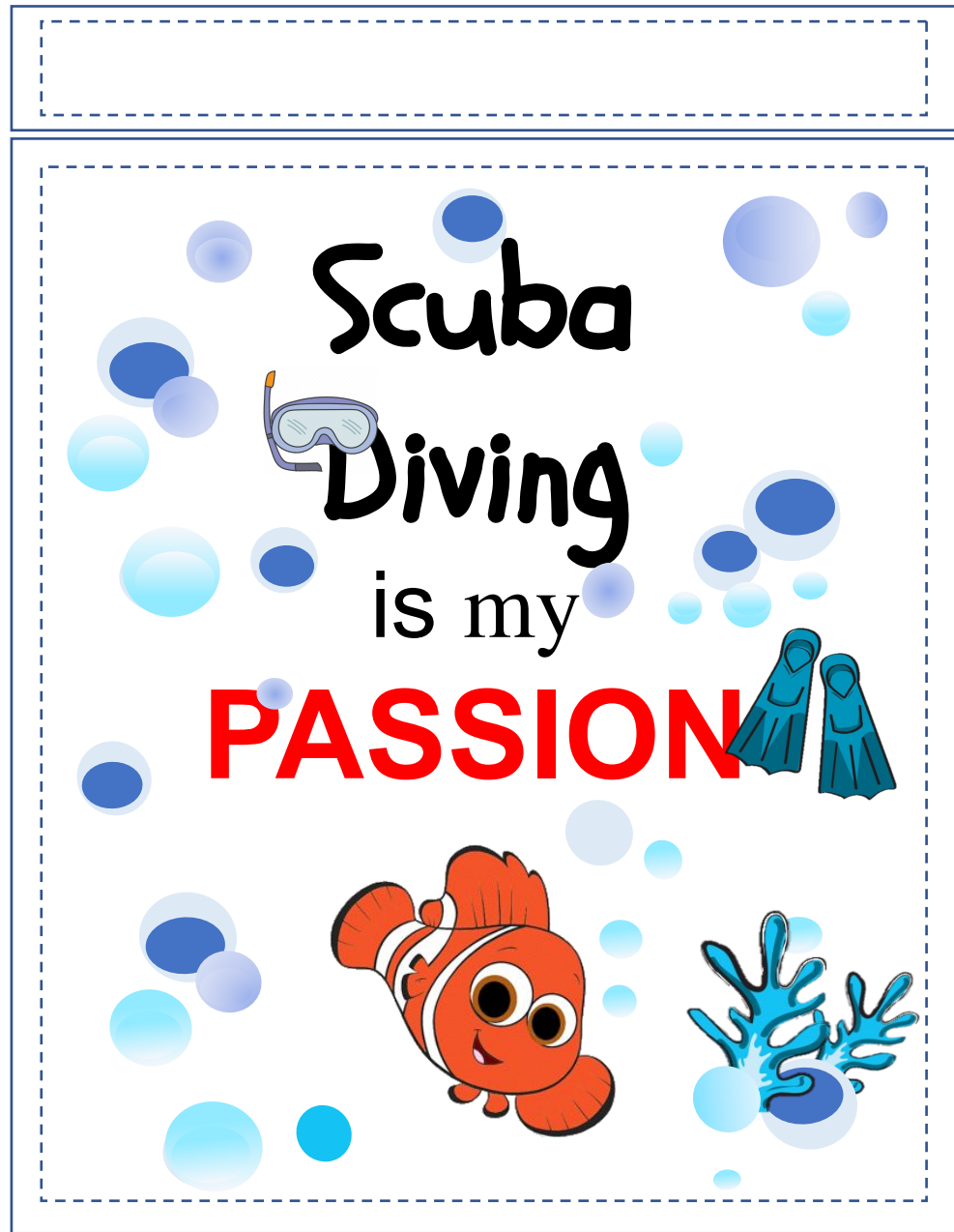
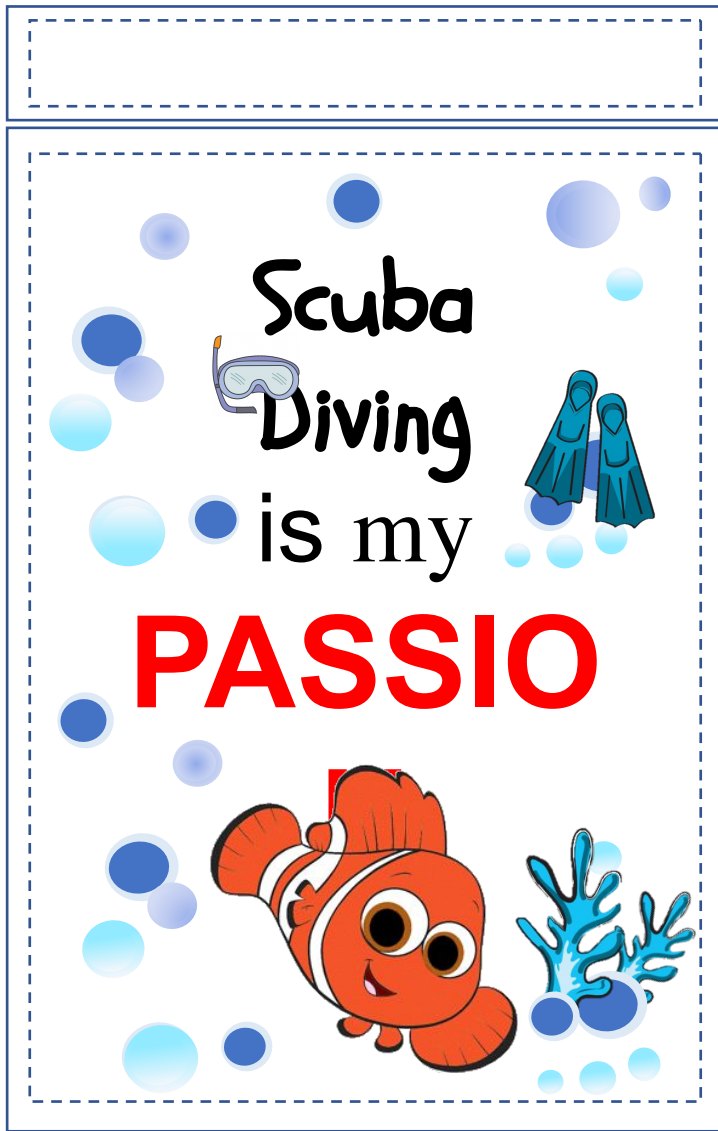
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Solutions to the problems

The **BENEFITS** of the activities

Adjectives

What's Leisure?

For this activity I
need / have...

Indoor or
outdoor?

ACTIVITIES

Active or
passive?

I'd like to try...

