

**Tell us about the food you enjoy eating.**



appearance /ə'piərəns/  
baker /'beɪkə/  
beef /bi:f/  
bitter /'bɪtə/  
bland /blænd/  
boil /bɔɪ/  
bread roll /'bred rɔʊl/  
breakfast /'brekfəst/  
building /'bɪldɪŋ/  
cheese /tʃi:z/  
chef /ʃef/  
chewing gum /'tʃu:ɪŋ ɡʌm/  
chicken /'tʃɪkɪn/  
chilli /'tʃɪli/  
chocolate /'tʃɒklət/  
chop /tʃɒp/  
coconut /'kəʊkənʌt/  
coffee /'kɒfi/  
competition /,kɒmpə'tɪʃn/  
contestant /kən'testənt/  
cook /kʊk/  
cookery class /'kʊkəri klɑ:s/  
cookery teacher /'kʊkəri ,ti:tʃə/  
cream /kri:m/  
crisps /krɪspz/  
cucumber /'kju:kʌmbə/  
cupcake /'kʌpkɛɪk/  
dairy /'deəri/  
delicious /dɪ'lɪʃəs/  
dinner /'dɪnə/  
dish /dɪʃ/  
dry /draɪ/  
egg /eg/  
enter /'entə/  
filling /'fɪlɪŋ/  
fish /fɪʃ/  
flavour /'flɛvə/

flour /flaʊə/  
Food Technology /'fu:d tek,nɒlədʒi/  
fresh /frefʃ/  
fruit /fru:t/  
fruit juice /'fru:t dʒu:s/  
fry /fraɪ/  
garlic /'gɑ:ɪk/  
grapes /greɪps/  
herbs /hɜ:bz/  
homemade /,həʊm'meɪd/  
honey /'hʌni/  
ice cream /,aɪs 'kri:m/  
icing /'aɪsɪŋ/  
lemon /'lemən/  
lemonade /,lemə'neɪd/  
lettuce /'letɪs/  
lunch /lʌntʃ/  
mango /'mæŋgəʊ/  
mayonnaise /,meɪə'neɪz/  
meal /mi:l/  
meat /mi:t/  
melon /'melən/  
mint /mɪnt/  
mix /mɪks/  
noodles /'nu:dlz/  
nuts /nʌts/  
order /'ɔ:də/  
oven gloves /'ʌvən glʌvz/  
pea /pi:/  
peach /pi:tʃ/  
pear /peə/  
pineapple /'paɪnæpl/  
popcorn /'pɒpkɔ:n/  
recipe /'resəpi/  
refreshing /rɪ'frefʃɪŋ/  
rice /raɪs/  
rich /rɪtʃ/

<https://quizlet.com/547274844/wider-world-3-unit-3-flash-cards/>

## Food and Drink

apple

bake (v)

banana

barbecue (n & v)

bean

biscuit

bitter (adj)

boil (v)

boiled

bottle

bowl

box

bread

break

breakfast

broccoli

bunch (of bananas)

burger

butter

cabbage

cafe

cafeteria

cake

can (of beans)

candy

canteen

carrot

cereal

cheese

chef

chicken

chilli

chips

chocolate

coconut

coffee

cola

cook (n & v)

cooker

cookie

corn

cream

cucumber

cup

curry

cut

delicious

dessert

diet

dinner

dish

drink

duck

eat

egg

fish

flavour  
 flour  
 food  
 fork  
 French fries  
 fresh  
 fridge  
 fried  
 fruit  
 fruit juice  
 fry  
 frying pan  
 garlic  
 glass  
 grape  
 grill (n & v)  
 grilled  
 herbs  
 honey  
 hot  
 hungry  
 ice  
 ice cream  
 ingredients  
 jam  
 ice

juice  
 kitchen  
 knife  
 lamb  
 lemon  
 lemonade  
 lettuce  
 lunch  
 main course  
 meal  
 meat  
 melon  
 menu  
 microwave (n)  
 milk  
 mineral water  
 mushroom  
 oil  
 omelette  
 onion  
 orange  
 pan  
 pasta  
 pea  
 peach  
 peanut

pear  
 pepper  
 picnic  
 pie  
 piece of cake  
 pineapple  
 pizza  
 plate  
 potato  
 recipe  
 refreshments  
 rice  
 roast (v & adj)  
 roll  
 salad  
 salmon  
 salt  
 sandwich  
 sauce  
 saucepan  
 saucer  
 sausage  
 slice (n)  
 snack  
 soft drink  
 soup

sour  
 spicy  
 spinach  
 spoon  
 steak  
 strawberry  
 sugar  
 sweet (adj & n)  
 takeaway  
 taste  
 tasty  
 tea  
 thirsty  
 toast  
 tomato  
 tuna  
 turkey  
 vegetable  
 vegetarian  
 waiter  
 waitress  
 wash up  
 yog(h)urt




# 3.1

## VOCABULARY Food and drink

I can talk about food and drink.

**1** **CLASS VOTE** Which is your favourite meal of the day? Why?

breakfast lunch dinner supper snack

**2**  **1.48** Study the Vocabulary A box. Listen and see if you can find the items you hear in the picture.

Vocabulary A	Food and drink
beef	bread rolls
cheese	chewing gum
chilli	cream
crisps	cucumber
flour	fruit juice
garlic	grapes
honey	ice cream
lemonade	lettuce
nuts	peach
pear	pineapple
smoothie	tuna
yoghurt	



1.49 Match the sentences with the people in the picture. Complete the sentences with words from the Vocabulary A box then and check.

- 1. This person has got a shopping list. She is looking for chilli, cream and some \_\_\_\_\_.
- 2. These people want to buy \_\_\_\_\_, honey, yoghurt and \_\_\_\_\_.
- 3. The shop assistant is near the \_\_\_\_\_, grapes and \_\_\_\_\_.
- 4. The grandmother wants lettuce, \_\_\_\_\_ and some \_\_\_\_\_.
- 5. The child is looking at the fruit juice and \_\_\_\_\_.
- 6. The man is buying \_\_\_\_\_, beef and \_\_\_\_\_.

beef bread rolls cheese chewing gum chilli cream crisps  
 cucumber flour fruit juice garlic grapes honey ice cream  
 lemonade lettuce nuts peach pear pineapple smoothie  
 tuna yoghurt

4 Match the words from the Vocabulary A box with the correct sign.

FRUIT

VEGETABLES, SALAD  
AND HERBS

peach, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

lettuce, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

MEAT AND FISH

DAIRY

CEREALS

beef, \_\_\_\_\_

cheese, \_\_\_\_\_, \_\_\_\_\_

bread rolls, \_\_\_\_\_

SWEETS AND SNACKS

DRINKS

ice cream, chewing gum, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

fruit juice, \_\_\_\_\_, \_\_\_\_\_

**2** ● Choose the correct answers.

- 1 Which one is NOT a fruit?  
 a garlic                      b pear                      c pineapple
- 2 Which one is a kind of meat?  
a flour                      b beef                      c cheese
- 3 Which one is NOT a drink?  
a ice cream                      b smoothie                      c lemonade
- 4 Which one is a dairy food?  
a honey                      b tuna                      c cheese
- 5 Which one is NOT a vegetable?  
a lettuce                      b cucumber                      c grapes
- 6 Which one is NOT sweet?  
a honey                      b crisps                      c chewing gum
- 7 Which one makes you feel hot?  
a chilli                      b bread rolls                      c ice cream



### 3 ●● Match descriptions 1-7 with foods a-g.

- 1  c It's a vegetable you use in salads.
- 2  It's a drink made with fruit.
- 3  It's a large fruit.
- 4  It's a kind of fish.
- 5  You eat them as a snack.
- 6  You use it to make bread.
- 7  It's a cold, sweet food.

- a flour
- b tuna
- c ~~cucumber~~
- d ice cream
- e smoothie
- f crisps
- g pineapple


# 4 ●● Choose the correct option.

- 1 I always drink *cheese* / fruit juice in the morning.
- 2 I love fruit, especially *garlic* / *grapes*.
- 3 My sister doesn't agree with killing animals for food, so she doesn't eat *beef* / *peach*.
- 4 *Lettuce* / *Lemonade* is my favourite drink!
- 5 I sometimes add *cheese* / *honey* to yoghurt to make it taste sweet.
- 6 You can add *chilli* / *cream* to food to give it a hot taste.

**5** ●● Complete the sentences with the words below.

bread roll   cheese   chewing gum   garlic  
~~nuts~~   pear

- 1 Nuts are a healthy snack.
- 2 My sister likes a lot of \_\_\_\_\_ on her pizza, but I don't like dairy foods.
- 3 I had a lovely warm \_\_\_\_\_ for breakfast.
- 4 We aren't allowed to have \_\_\_\_\_ in our mouth when we're in class.
- 5 Would you prefer an apple or a \_\_\_\_\_?
- 6 You can add \_\_\_\_\_ to food to give a strong flavour.

7  Complete what the people say about food and drink with the words below.


~~bread roll~~ crisps fruit juice lettuce  
strawberry yoghurt

I usually eat a <sup>1</sup> *bread roll* with butter and jam for breakfast, and drink a glass of <sup>2</sup> \_\_\_\_\_ – apple is my favourite. For lunch, I often have a salad with <sup>3</sup> \_\_\_\_\_ and cucumber or maybe a sandwich. I don't eat many snacks like <sup>4</sup> \_\_\_\_\_ because they aren't good for you. If I'm hungry, I often have a fruit <sup>5</sup> \_\_\_\_\_ – my favourite flavour is <sup>6</sup> \_\_\_\_\_ !

beef nuts pineapple smoothie  
tuna vanilla

I'm a vegetarian, so I don't eat meat such as  
7 \_\_\_\_\_. I eat fish, though, especially  
8 \_\_\_\_\_! I try to eat a lot of fruit because  
it's good for you – my favourite fruit is  
9 \_\_\_\_\_. Sometimes I use lots of different  
kinds of fruit to make a <sup>10</sup> \_\_\_\_\_ – it's my  
favourite drink. I usually try to eat healthy  
snacks like <sup>11</sup> \_\_\_\_\_, but I also love  
<sup>12</sup> \_\_\_\_\_ ice cream!



6  1.50 In pairs, use the words from the Vocabulary B box to discuss the ice cream flavours. Which is your favourite flavour?

Vocabulary B	Flavours
chocolate coconut coffee lemon melon mint strawberry vanilla	
These words can be used as adjectives or nouns. <i>I like strawberries.</i> [noun] <i>I like strawberry ice cream.</i> [adjective]	

*I think the white ice cream is vanilla.  
Yes, or maybe it's ...*

**6** ●● Order the letters and complete the words in the sentences.

What's your favourite ice cream flavour?

1 I like fruit flavours like melon (emoln) and \_\_\_\_\_ (wabesrtry).

2 My favourite ice cream flavours are \_\_\_\_\_ (lacohtec) and \_\_\_\_\_ (laivlna). Mmm!

3 I love \_\_\_\_\_ (mtni) because it's a lovely cool flavour.

4 I like \_\_\_\_\_ (menlo) flavour because it isn't sweet.

5 \_\_\_\_\_ (nccootu) is definitely my favourite!  
I like \_\_\_\_\_ (foecef) as a drink, but I hate it as an ice cream flavour.



**8** ●●● Choose the correct option.

**A**

A: Mmm, I love this <sup>1</sup> chocolate / flour cake!  
Did you make it?


B: Yes, I did. I used <sup>2</sup> garlic / honey to make it  
nice and sweet. Shall I pour some <sup>3</sup> crisps /  
cream on it for you?

A: Oh yes, please!

**B**

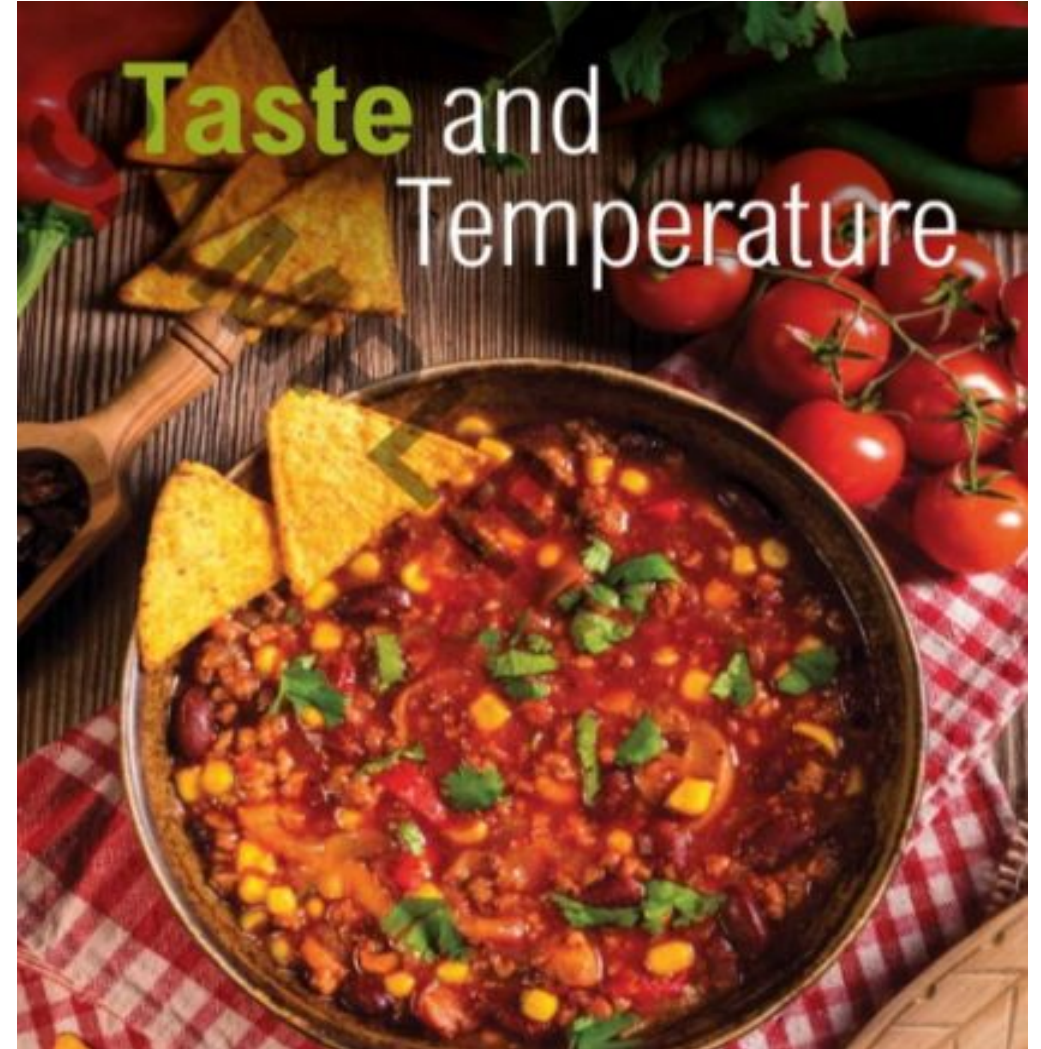
A: Do you like the <sup>4</sup> lemonade / lemon ice  
cream?


B: Yes, it's OK, but I think the <sup>5</sup> coconut /  
coconuts ice cream is nicer.

- 7  1.51 Complete the text with the words below. Listen and check. Can you think of other kinds of food that makes your mouth feel hot or cold when you eat them?

beef chilli coffee dishes drink ~~ice cream~~ mint taste

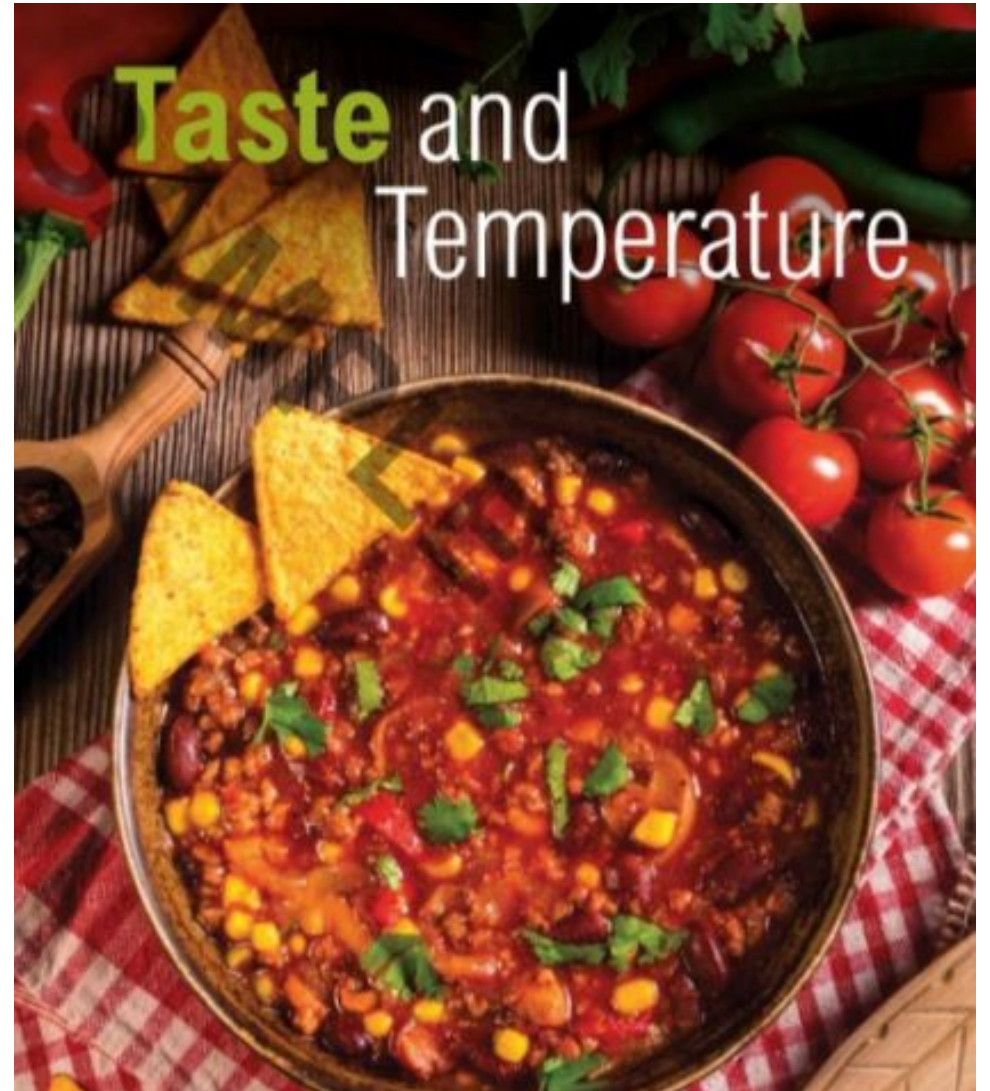
People usually enjoy <sup>1</sup>ice cream in the summer because it is cold, in the same way they enjoy hot tea or <sup>2</sup>\_\_\_\_\_ in the winter. But did you notice that some food is not really hot or cold but makes you feel like that? For example, in some hot countries <sup>3</sup>\_\_\_\_\_ lemonade is very popular. It's a cool, refreshing <sup>4</sup>\_\_\_\_\_. But does this herb really make your mouth cold?




7  1.51 Complete the text with the words below. Listen and check. Can you think of other kinds of food that makes your mouth feel hot or cold when you eat them?

beef chilli coffee dishes drink ~~ice-cream~~ mint taste

When you <sup>5</sup> \_\_\_\_\_ mint flavours, your mouth sends a message to your brain: 'Hey, that feels cold!' In fact, it's a 'trick' because the temperature in your mouth doesn't change. Spicy <sup>6</sup> \_\_\_\_\_ do the opposite, they make you feel hot. Take chilli con carne, for example — a famous Mexican dish with meat — usually <sup>7</sup> \_\_\_\_\_ and beans, served with rice. <sup>8</sup> \_\_\_\_\_ doesn't really make you hot. But it makes you FEEL hot.



8  1.52 Listen to three questions from a food quiz. Did you guess the answers?

- 9 In pairs, follow the instructions.
- Choose a food that you like.
  - Find or think of 2-4 facts about this food.
  - Write your facts but DON'T write the answer.
  - Swap clues with another pair and guess the food.



# Food choices



## Section A

Complete the table with your own ideas.

Listen to your partner's ideas and try to guess the headings.

<p><b>Food and drink I love</b></p> <p>1 _____</p> <p>2 _____</p> <p>3 _____</p> <p>4 _____</p> <p>5 _____</p>	<p><b>Things my parents/grandparents can cook well</b></p> <p>1 _____</p> <p>2 _____</p> <p>3 _____</p> <p>4 _____</p> <p>5 _____</p>
<p><b>Snacks I sometimes eat</b></p> <p>1 _____</p> <p>2 _____</p> <p>3 _____</p>	<p><b>Three things I'd like to try</b></p> <p>1 _____</p> <p>2 _____</p> <p>3 _____</p>

## Section B

Complete the table with your own ideas.

Listen to your partner's ideas and try to guess the headings.

<p><b>Unhealthy food I sometimes eat</b></p> <p>1 _____</p> <p>2 _____</p> <p>3 _____</p> <p>4 _____</p> <p>5 _____</p>	<p><b>Food and drink my country is famous for</b></p> <p>1 _____</p> <p>2 _____</p> <p>3 _____</p> <p>4 _____</p> <p>5 _____</p>
<p><b>Healthy food I love</b></p> <p>1 _____</p> <p>2 _____</p> <p>3 _____</p>	<p><b>Three things you need for a good breakfast</b></p> <p>1 _____</p> <p>2 _____</p> <p>3 _____</p>









