

Космическое питание.



космо-тюбики



nepebie nompedumenu «KocMiiuecKou edb»



nepBbiM КОСМНнecKyro egypt
Hcnbiia^ Ha сeбe KocMOHaBT - 2 repMaH
THTOB (1935 - 2000 r.r.) B aBrycre 1961
3a 25 nacoB no^eia repMaH THTOB
roga. уcne^ npuHaib nn^y TpH pa3a, ogHaKo no
ero c^oBaM, Ha 3eM^ro OH BepHy^ca
ro^ogHWM.

Ha nepBoe y Hero 6bm CTaKaH
oBo^Horo cyna-nrope; Ha BTopoe
-neneHonHWH narniei; Ha TpeTbe -
cTaKaH HepHocMopogHHoBoro coKa.
C^egyro ne KocMоHaBibi,

Bo3Bramaacb c oponib, npaMo II HegBycMwc^eHHo 3aaB^H^H,
Hio OHH rO^O^A^H !!!

Torga B MeHro BHeс^H H3MeHeHHH. B Hero goGaBH^H
roBa^irn za^HBHon H3biK, rrnpo^Kn c pboon, oopm, no^apcKne
Koi^eibi II KypHHoe \$H^e.



Cuezo see naumosc.

непBaa nporpaMMa paЗpaбoTKH npogyKTOB nHTaHHa gaa KOCMOHaBTOB 6tma npHNaTa B 1963 rogy.

Ega, co3gaBaeMaa gaa ynoTребaeHHa B KocMoce, goa^Ha KapgHHaaLHo oraHHaTLca OT ЗeMHon KOHCCHCTeH^HeH H ^opMon. no peKOMeHga^HHM KoHcepBHMe 3aBogM H3roToBHan HayHHo- o6oCHoBaHHMH KoCMHHeCKHH o6eg H3 Tpex 6arog, Ka^goe H3 KOTOPLIX 6tmo 3anenaTaHo B Ty6u H MoraO 6LITL noTребaaeMo npaMo H3 Hee.





ЧТО ЕДЯТ КОСМОНАВТЫ?

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Су6^НМHpOBaHHBie npogyKTBi В naKeTax Hacwi^aroT rop^HeM
BogoM, В pe3y^BTaTe Hero OHН CTaHOB^TC^ npnrogHBiMH K
ynoTpe6^eHHro.

HaM, Ko^e, COKH - Bce ^TO B BHge nopoMka H^H ZaBaPKH y^e
ynaKOBaHO B nnacTHKoBBie naKeTw.





ТопаННе 6арога nocTaBaaroTca npaMO B KOHcepBax, an6o B n^ocKHx rn6KHx npaMoyroatHtix ynaKOBKax H3 naoraoH ^oatra, m6o B n^acTHKOBOH BaKyyMHOH ynaKOBKe nocae Cy6^HMHpOBaHHOH CymKH.

Ha 6opTy KOHcepBM pa3oipeBaroTca B c^e^Ha^LHO npegHa3HaneHHMx gaa 3Toro HarpeBaTeatHtix OTBepcraax.



OcodeHNoemti numaHun KocMOHaemoe.

- noBLimeHHLie ТребоВаHHa К нрОННОСТН TapM H унaxoBKН npogyKTOB;
- HeBo3Mo^HocTL npHMeHeHHa nocygM (TapeaKH, namKH, CTaKaHM);
- npogyKTM He goa^HM 6LITL TO^LKO cyxHMH, 6pHKeTHpoBaHHMMH H^H B BHge Ta6aeToK;
- noBrnmeHHwe ТребоВаHHa К npogyKTaM, KoTopMe KpomaTca H aBaaroTca onacHMMH gaa 3gopoBta KoCMoHaBToB (c^e^HaaLHMH Xae6, KoTopMH He KromHTCa H npoH3BegeH MaaeHtKHMH KyconKaMH);
- orpaHHneHHe no Macce H o6teMy, oTcyTCTBHe Hectego6Hon nacra (orpM3KH, KOCTH H T.g.)



КоcMuaecKue npogyKTM - caMMe 6e3onacHMie u caMMe HaTypaatHMe. B HHX HeT HU xuMuaecKux, HU cuHTeTuaecKux go6aBOK; Heu3Becrao, KaK OHН сeбa noBegyT B KoсMoce, rge, B TOM aucae, pricyTCTBy^T coaHeHHaa pagua^ua u MarHUTHMe BoaHM.

— ^W
TpygHee Bcerо B KoсMoce B BO^OH ! Ha KoсMuaecKux Koрапaaax ocy^ecTBaaeTca noaHaa pe^eHepa^ua BogM; ga^e OTXOAM ^u3HegeaTeatHocTu oau^aroTca u cHoBa npeBpa^aroTca B BoguHKy.

B KoсMoce HeT MoaoKa - OHО caumKoM Ta^eaoe u 6MCTPO nopTUTca. BMecTo Hero ucnoat3yroT MoaoaHMН nopomok.