

Presentation on the Topic «My hobby»

The work performed by a student of the 103 group
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Hobby — is a kind of human activity, a kind of activity that is engaged in at leisure, for enjoyment.

TYPES OF HOBBIES



Surf



Photographer



Travelling



Volleyball

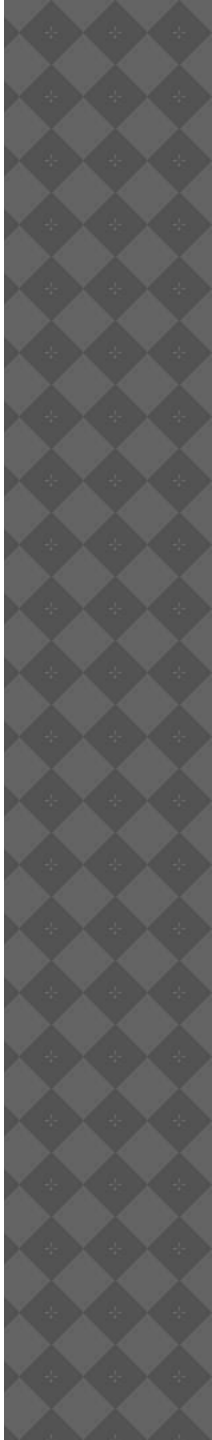
MY HOBBY IS DANCING

Our life is very interesting and full of adventures. You can make a schedule for yourself, spend time with family and friends, and also devote enough time to your favorite activities.

Hobbies play an important role in our lives. Hobbies help us develop, grow and meet new people.

Dancing is the best hobby. Music is very important to me, it energizes me and gives me new strength. Someone likes to sing, someone listens to music, and I adore dancing.

My mom says I've loved dancing since I was a kid. As soon as I heard the song, I immediately started moving. I always felt the rhythm. I get pleasure from music, from dancing.



WHAT IS DANCE:

Dance is the oldest of the arts: it reflects a person's need to convey his joy or sorrow to other people through his body. Almost all important events in the life of primitive man were celebrated with dances: birth, death, war, the choice of a new leader, the healing of the sick.

THE INFLUENCE OF DANCING:

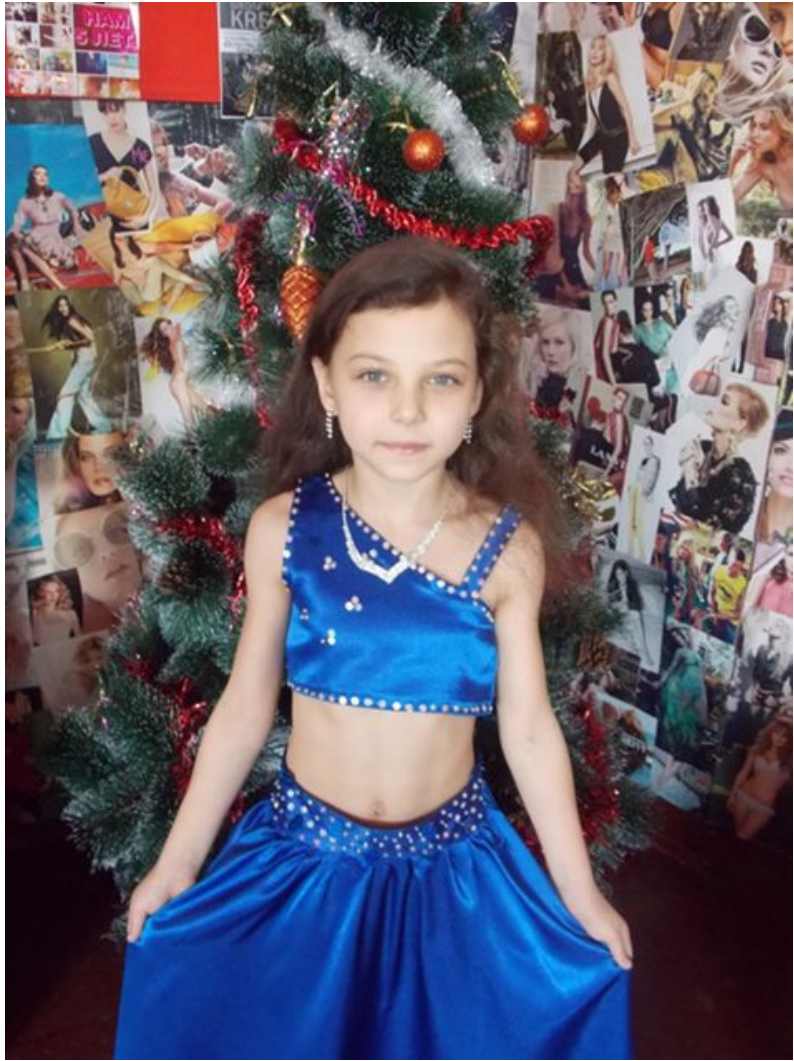
- 1) A good figure and overall health improvement**
- 2) Good posture**
- 3) Confident and beautiful gait**
- 4) a sense of musicality and a sense of rhythm**
- 5) Great mood and physical beauty**
- 6) Endurance, flexibility and strength**

ME AND DANCING

When my older sister started doing oriental dancing, I started walking with her. I went to oriental dance classes for two years. And when I went to college, I had the opportunity to do my favorite thing again.

Dancing is not just a hobby, but my lifestyle.





THANKS FOR
YOUR ATTENTION!

