

# SPOTLIGHT 9 MODULE 7A

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Idioms

Feelings and emotions

[https://quizlet.com/\\_9kljq7?x=1jqt&i=1ft2g9](https://quizlet.com/_9kljq7?x=1jqt&i=1ft2g9)

Елена Хлопенко

# be scared stiff/scared to death/scared out of one's wits

- extremely frightened



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- **scared stiff**

to get so scared that you are not able to move

*I was scared stiff when I heard noises in my house last night.*



# shake like a leaf

- To tremble violently with fear or nervousness.

*My brother is so strong and scary looking that he leaves people shaking like a leaf when he threatens them.  
I was shaking like a leaf when I went up to deliver my speech in front of all those people.*



**Meaning of idioms**      **"Quake/shake like a leaf"**

If you quake like a leaf, you tremble because you are afraid, nervous, or very cold.

- She was quaking like a leaf when she saw the monster.

- She didn't think about it at the time, but when she realized that she was in real danger, she was shaking like a leaf.

MyEnglishPages.Com

A photograph of a woman with long dark hair, looking very scared. She is in a dark, possibly underground or cave-like setting. Her hand is near her mouth as if she is gasping or trying to hold back a scream. The lighting is dim and blue-toned, creating a scary atmosphere.

# have/wear/pull a long face

- a sad or disappointed expression on someone's face

## "Why the long face?"

: a question asked to know why someone is sad or unhappy.



long face (noun)  
: a disappointed or miserable facial expression.

A photograph of a man with a beard and a long face, looking down. Above him is a rain cloud with rain falling. The background is split into a light top half and a dark bottom half.

**long face**  
недовольное выражение лица, "кислая мина"

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*Don't pull a long face when I ask you to do this job!*  
*Не делай несчастное лицо, когда я прошу тебя выполнить эту работу!*

#LL\_idioms  LinguaLeo.com

# go bright red

- If you go/turn red, your face becomes red because you are angry or embarrassed

*She tried to deny it, but she went very red.*



# be over the moon

- very happy or pleased



**IDIOM**

## Over the moon

very happy or pleased about something

A stylized illustration of a person jumping over a large, cratered moon against a green background.

He is over the moon about/with his new car.  
Emma was over the moon about becoming an aunt.

VocabPage

VocabularyPage.com

# be on cloud nine

- to be extremely happy and excited

## Examples of idioms

### Definition:

To be very happy about something

### Sentence:

She just bought her first new car and she's on cloud nine.



## IDIOM

On cloud nine



very happy and excited

He was on cloud nine when Rebecca was born.  
To promote to General Manager put me on cloud nine.

VocabPage

VocabularyPage.com


# be on top of the world

- extremely happy



**IDIOM**

On top of the world  
extremely happy or proud



When I heard his good news I felt on top of the world.  
He sent me flowers! I'm sitting on top of the world.

VocabPage  
VocabularyPage.com



# be green with envy

- wishing very much that you had what someone else has

**Green**

IDIOM: "Little Billy was green with envy when he saw his friend with a new toy car."

- *When a person is 'green with envy', he or she feels very jealous.*

<https://www.youtube.com/watch?v=g4w-jE6tYBo>

Idiom of the day: April 09.

**Green with envy**

used in a context

To describe the feeling of jealousy towards someone.

Example sentence

Although Emilia had everything she always wanted, she often gets green with envy whenever she looks at someone's success, growth and accomplishments.



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# go through the roof / hit the roof

- to get very angry

## People Idioms: Going Crazy

|   |  |   |
|---|--|---|
| <b>Blow up</b><br>Explode<br>  | <b>Go ape</b><br>Express wild excitement or anger<br>                 | <b>Go bananas</b><br>To become irrational or crazy<br>                         |
| <b>Go mental</b><br>To suddenly become extremely angry<br>               | <b>Go nuts</b><br>To become crazy<br>                                 | <b>Hit the roof</b><br>To become very angry<br>                                |
| <b>Pop one's cork</b><br>To release one's anger; to blow one's top<br> | <b>Go off the deep end</b><br>To unexpectedly become very angry<br> | <b>Fly off the handle</b><br>Lose one's temper suddenly and unexpectedly<br> |

ESL.COM



## to go through the roof

phrase

to become very angry very quickly

Example:

"Dad's going to go through the roof when he sees what I did to his car!"

Alternative:

to hit the roof

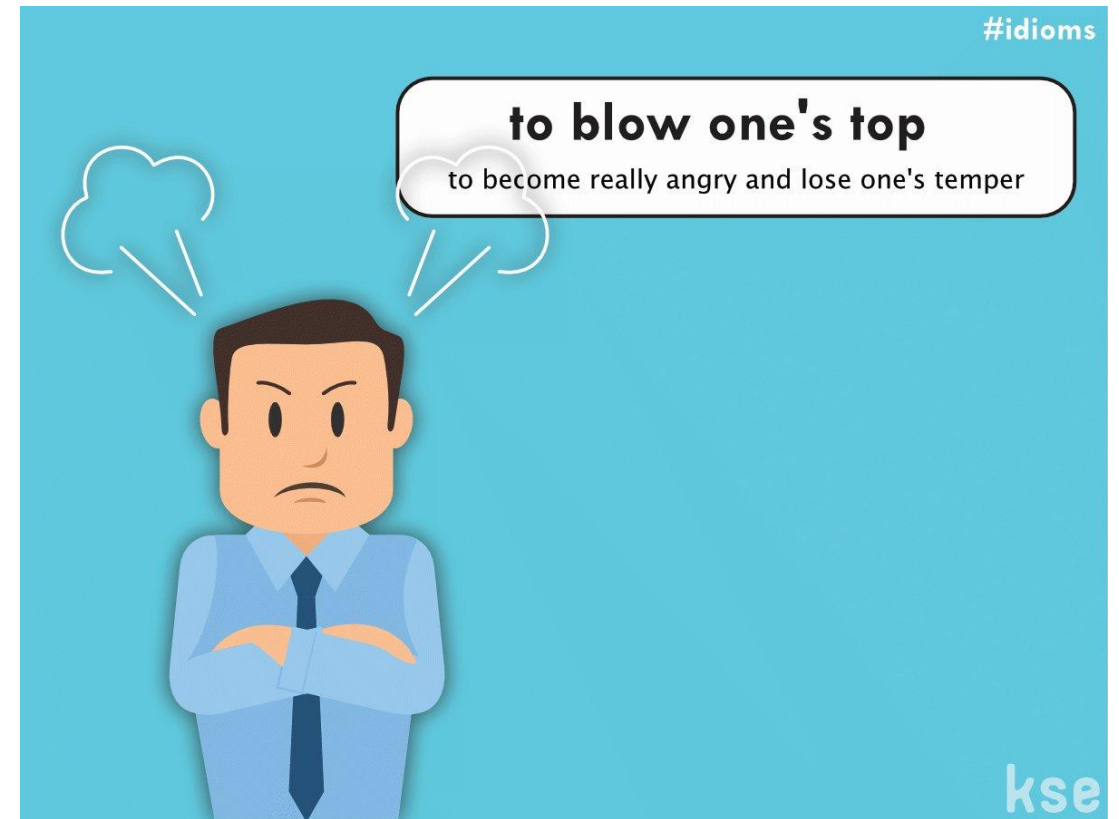


<https://www.youtube.com/watch?v=mq6PjfqqGwo>

www.shaneschools.com

# blow one's top

- to become extremely angry



My father will blow his top when he sees what happened to the car.

# shake with rage

To tremble with anger



He started **shaking with rage** when another driver cut in front of him.

# tear one's hair out

- If you tear your hair out over a problem, you are worrying a lot about it



tear one's hair out

idioms

to be anxious/frustrated/angry

The family members are tearing their hair out while they wait for news of their lost son.

eXamaXe.com

"PULL/TEAR YOUR HAIR OUT"

A cartoon illustration of a woman with blonde hair, pulling at her hair with both hands. She has a frustrated expression with a wide, toothy grin and furrowed brows. Her hair is flying off her head.

"This computer is making me tear my hair out"


It means that you are extremely worried or anxious about something.

Bits


# have butterflies in one's stomach

- a feeling of being very nervous or frightened about something

To have/get butterflies in (one's) stomach.  
To be nervous or anxious about something.



I get butterflies in my stomach when I have to perform in front of so many people.



<https://www.youtube.com/watch?v=hsbVqQzwwCg>

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## Butterflies in the stomach

### Meaning:

a weird feeling caused by fear or nervousness



### Example:

1. On the day of his wedding James had butterflies in his stomach.
2. I had butterflies in my stomach before my job interview.

**DO THESE PHRASES HAVE A POSITIVE OR NEGATIVE MEANING?**

**PUT A TICK BY CLICKING ON THE LIGHT GREEN BOX IF THE PHRASE IS POSITIVE  
AND ON THE NAVY BLUE ONE IF THE MEANING OF THE PHRASE IS NEGATIVE.**

- Be scared to death
- Shake with rage
- Be over the moon
- Hit the roof
- Be on cloud nine
- Be scared stiff
- Be on top of the world
- Be green with envy
- Go through the roof
- Tear one's hair out
- Have butterflies in one's stomach

# Put the idioms into the column with the appropriate emotion

| extremely frightened | very happy | extremely angry |
|----------------------|------------|-----------------|
|                      |            |                 |
|                      |            |                 |
|                      |            |                 |
|                      |            |                 |
|                      |            |                 |
|                      |            |                 |

Blow one's top

Be over the moon

Shake with rage

Be scared stiff

Be on cloud nine

Be on top of the world

Shake like a leaf

Go through the roof

Be scared to death

Tear one's hair out

Hit the roof

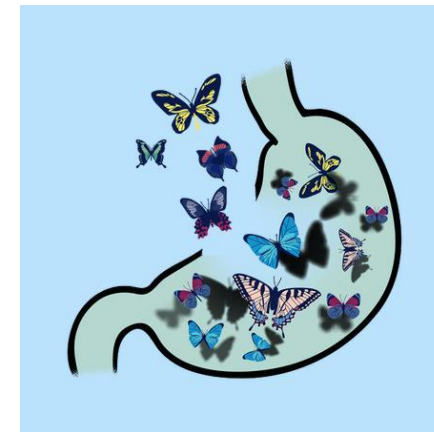
Be scared out of one's wits



## Match 1-8 with a-h to form idioms

- 1) Be scared
- 2) Shake
- 3) Be over
- 4) Go through
- 5) Be on
- 6) Be green
- 7) Have butterflies
- 8) Go bright

- a) cloud nine
- b) the roof
- c) with rage
- d) in one's stomach
- e) red
- f) the moon
- g) with envy
- h) to death



## Fill in the gaps with prepositions

- Be scared \_\_\_\_\_ death
- Shake \_\_\_\_\_ rage
- Be \_\_\_\_\_ the moon
- Be \_\_\_\_\_ cloud nine
- Be \_\_\_\_\_ top of the world
- Be green \_\_\_\_\_ envy
- Go \_\_\_\_\_ the roof
- Tear one's hair
- Have butterflies \_\_\_\_\_ one's stomach



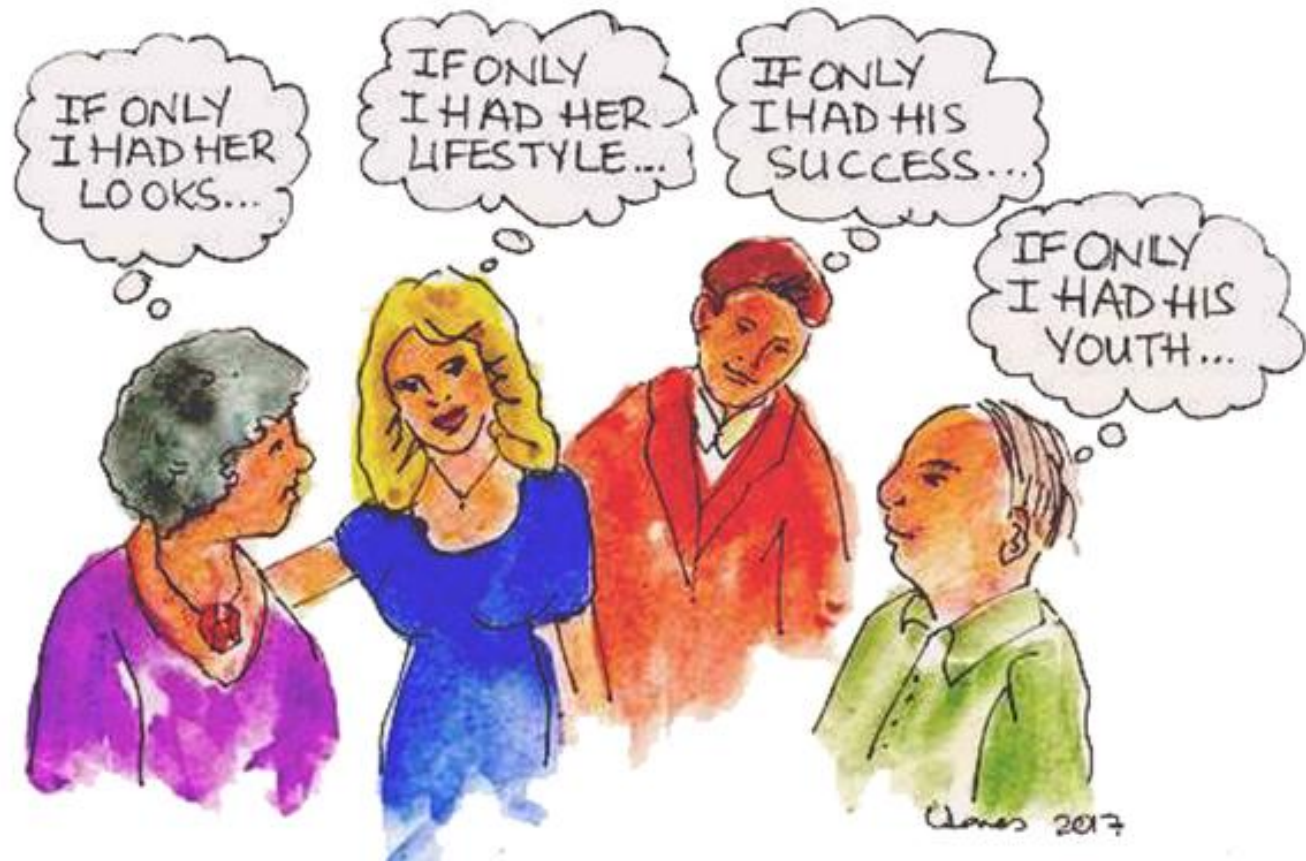
## Which word is missing? Find the picture illustrating the missing word and put the appropriate letter in the gap

- Be \_\_\_\_\_ with envy
- Go bright \_\_\_\_\_

c



b



Which word is missing? Find the picture illustrating the missing word and put the appropriate letter in the gap

- 1) Be scared to
- 2) Be over the
- 3) Have a long
- 4) Be on nine
- 5) Be on of the world
- 6) Go through the
- 7) Tear one's out
- 8) Have in one's stomach
- 9) Shake like a

c



c



b



c



e



f



c



h



i



## Fill in the gaps with verbs



- green with envy
- the roof
- on top of the world
- with rage
- over the moon
- bright red
- a long face
- butterflies in one's stomach
- one's hair out
- scared stiff
- scared to death
- on cloud nine
- through the roof
- one's top

## Fill in the gaps with nouns

- Shake with \_\_\_\_\_
- Be over the \_\_\_\_\_
- Have butterflies in one's \_\_\_\_\_
- Hit the \_\_\_\_\_
- Tear one's \_\_\_\_\_ out
- Shake like a \_\_\_\_\_
- Blow one's \_\_\_\_\_



- Be on top of the \_\_\_\_\_
- Be green with \_\_\_\_\_
- Be scared to \_\_\_\_\_
- Be on \_\_\_\_\_ nine
- Go through the \_\_\_\_\_

She's been **on** \_\_\_\_\_ since she heard the news of her engagement.

If you bought that car, you'd make your friends \_\_\_\_\_ .

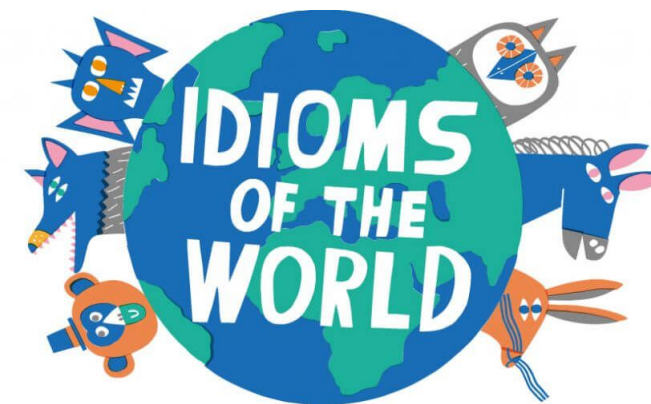
I **was** \_\_\_\_\_ when I heard someone moving around upstairs in the middle of the night.

He **had** \_\_\_\_\_ as he walked out onto the stage for his dance performance.

She **went** \_\_\_\_\_ when I told her I'd crashed her car.

Michael **went** \_\_\_\_\_ **with** embarrassment , and muttering something inaudible, he walked out of the room.

I don't know what's the matter with her, but **she's been pulling** \_\_\_\_\_ for the past two days.



## Idioms related to emotions

**7 a** Fill in: *scared to death, long face, bright red, over the moon, green with envy, through the roof, butterflies in her stomach*. Check in Appendix 3.

- 1 Samantha had ..... before the first performance of the play.
- 2 Olga was ..... when she saw the ghost.
- 3 Julia went ..... when her teacher told her off for talking.
- 4 Liam was ..... when he saw Jack's new car – he wanted one too!
- 5 Susan has got a very ..... today. I think she's still upset about failing the exam.
- 6 Antony was ..... when he found out that he had won the competition.
- 7 David went ..... when he found out that his brother had taken his MP3 player without asking.

**2** Match the idioms in column A to the correct emotion in column B. Then use them in the correct form to complete the sentences.

| A |                              | B |                    |
|---|------------------------------|---|--------------------|
| 1 | butterflies in one's stomach | a | jealousy           |
| 2 | a long face                  | b | pleasure/happiness |
| 3 | over the moon                | c | anger              |
| 4 | go bright red                | d | nervousness        |
| 5 | green with envy              | e | embarrassment      |
| 6 | through the roof             | f | sadness            |

- 1 James is ..... because his parents have just bought him a new computer.
- 2 Olivia's ..... that Jason has sold a painting and she hasn't.
- 3 My parents will go ..... when they find out I've failed Maths and Chemistry.
- 4 Just thinking about the singing competition next week gives her .....
- 5 I know Sally's upset about losing her purse, but how long is she going to walk around with that .....
- 6 I wish I didn't always ..... when I have to speak in public.



**How would you feel or what would you do if ... (in the following situations)? Use the idioms to give your answer.**

- 1) you were given the latest model of the device you had been dreaming of for your birthday?
- 2) you saw a ghost in your room?
- 3) you failed your finals?
- 4) it were your first day at a new school?
- 5) you passed your finals with flying colours?
- 6) you lost a winning lottery ticket?
- 7) someone jumped the queue in front of you?

