# Blood and bone marrow donation

#BecomeAHero

## **Blood donation**

#### What is donated blood used for?



2% Trauma and road accidents

4% Obstetrics

10% Orthopaedic

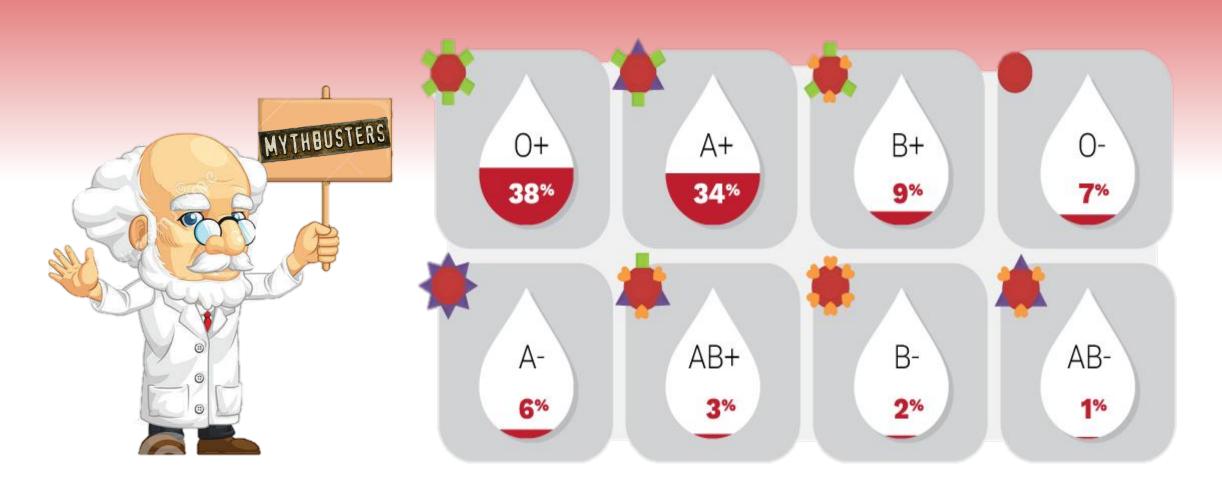
13% Other medical problems (Heart, Liver, Kidney)

18% Surgical

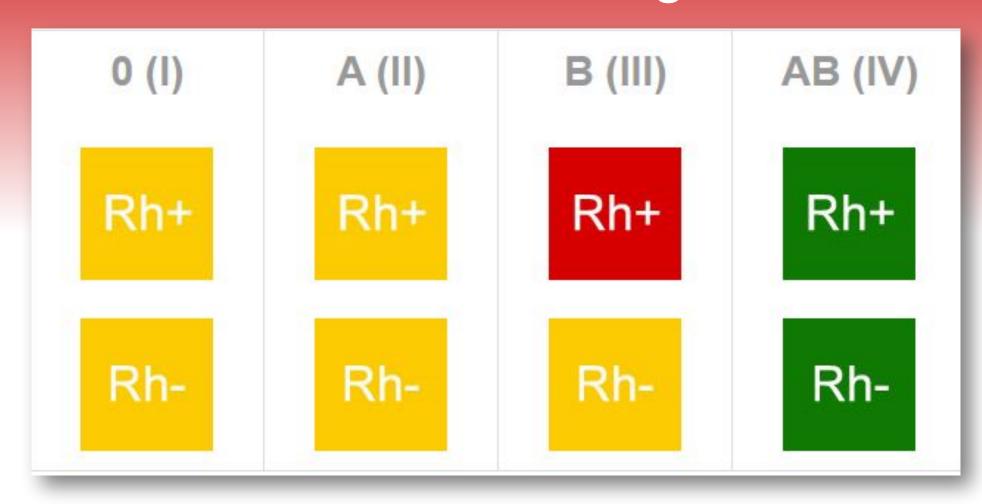
19% Patients with anemia

34% Cancer patients and Blood diseases

# How rare is your blood type?



#### Donor Traffic Light





#### 1 Pint

Blood cannot be artificially made. The only way to have enough blood to save lives is through your blood donations.

## The absolute contraindications:

- infections,
- tuberculosis,
- blood diseases,
- oncological diseases
- and others.

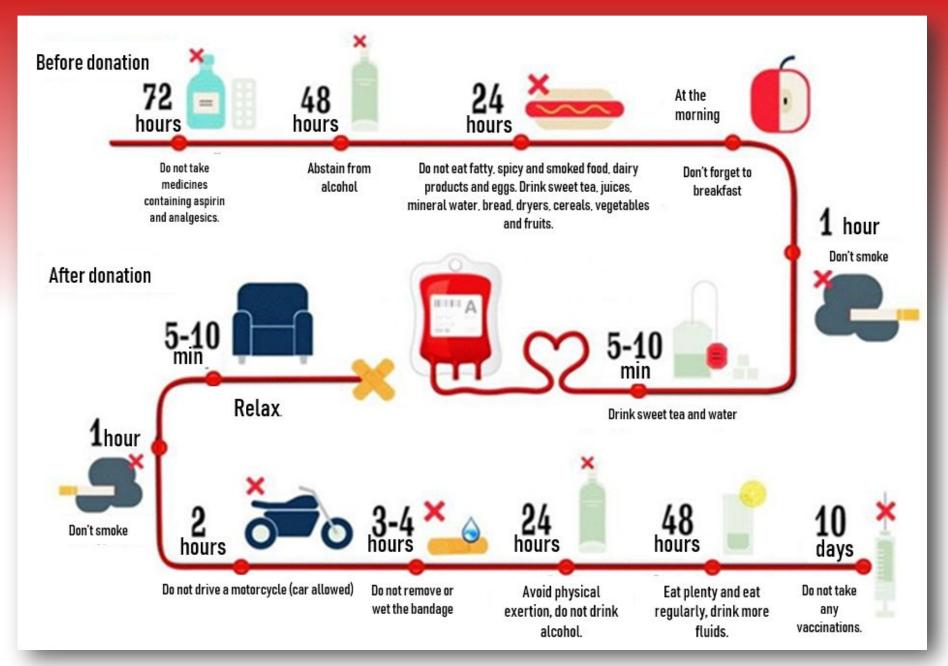
#### Temporary contraindications

- tooth extraction (10 days),
- tattooing,
- piercing or acupuncture treatment (1 year), throat infections, flu (1 month from the moment of recovery),
- menstruation (5 days before and after), abortion (6 months),
- the period of pregnancy and lactation (1 year after childbirth, 3 months after the end of lactation),
- recent vaccinations.



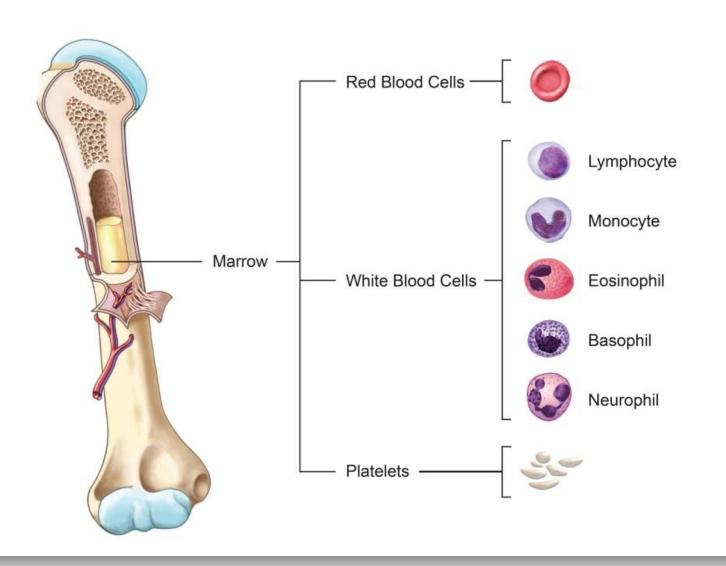


#### Before and after donation

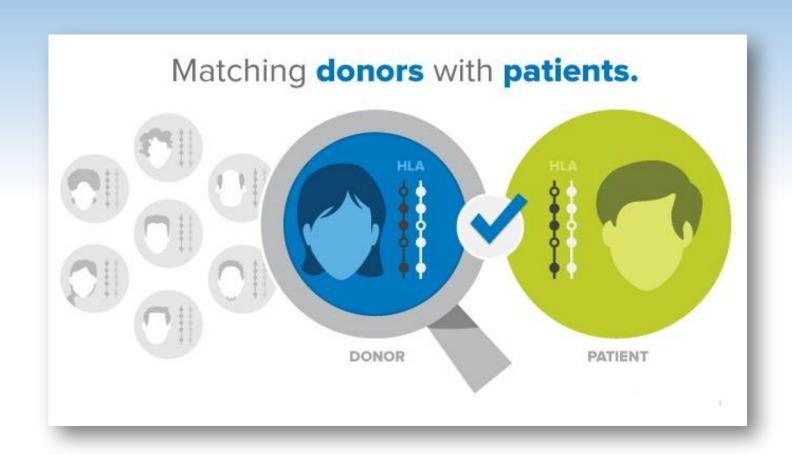


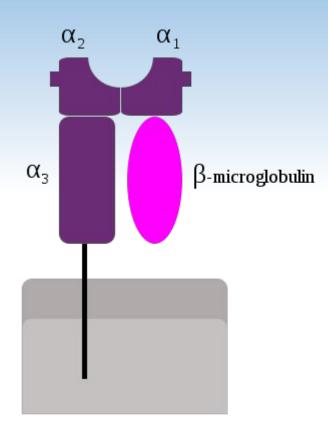
## Bone marrow donation

## What's marrow?

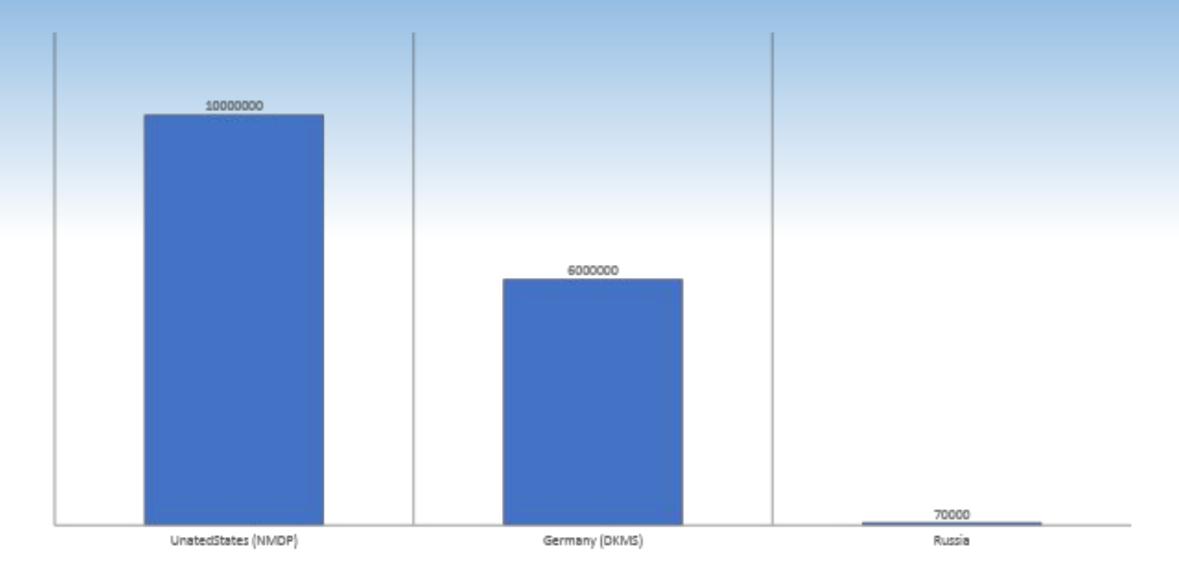


### Human leukocyte antigen



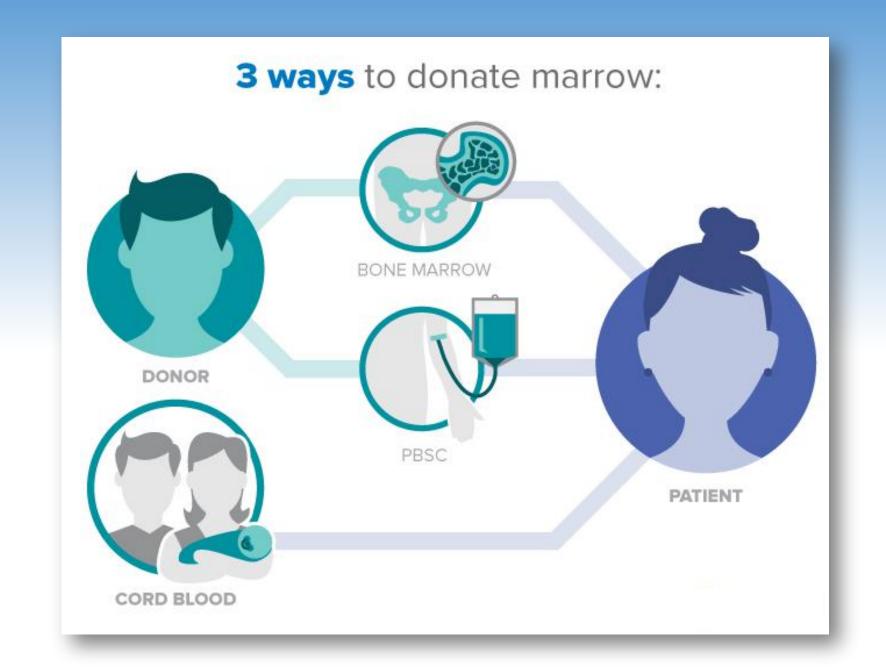


#### The registers for potential bone marrow donors



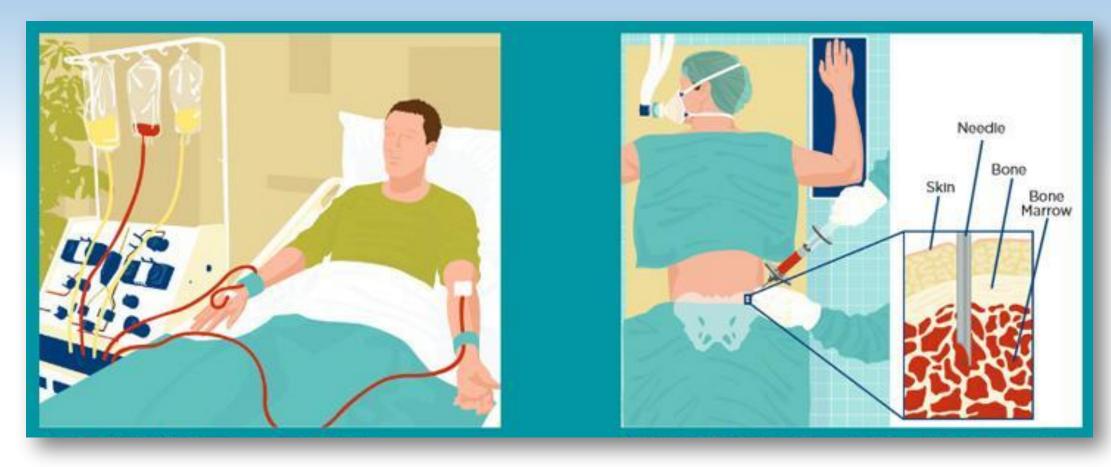
#### How marrow donation works:





# Peripheral blood stem cell donation

# Donation from the bone



### It's a beautiful day to save lives!







