







5.4

## GRAMMAR First Conditional

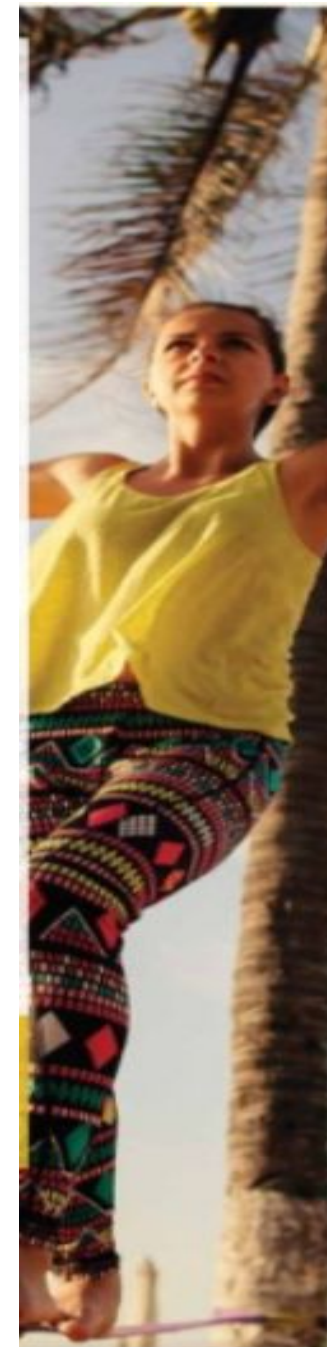
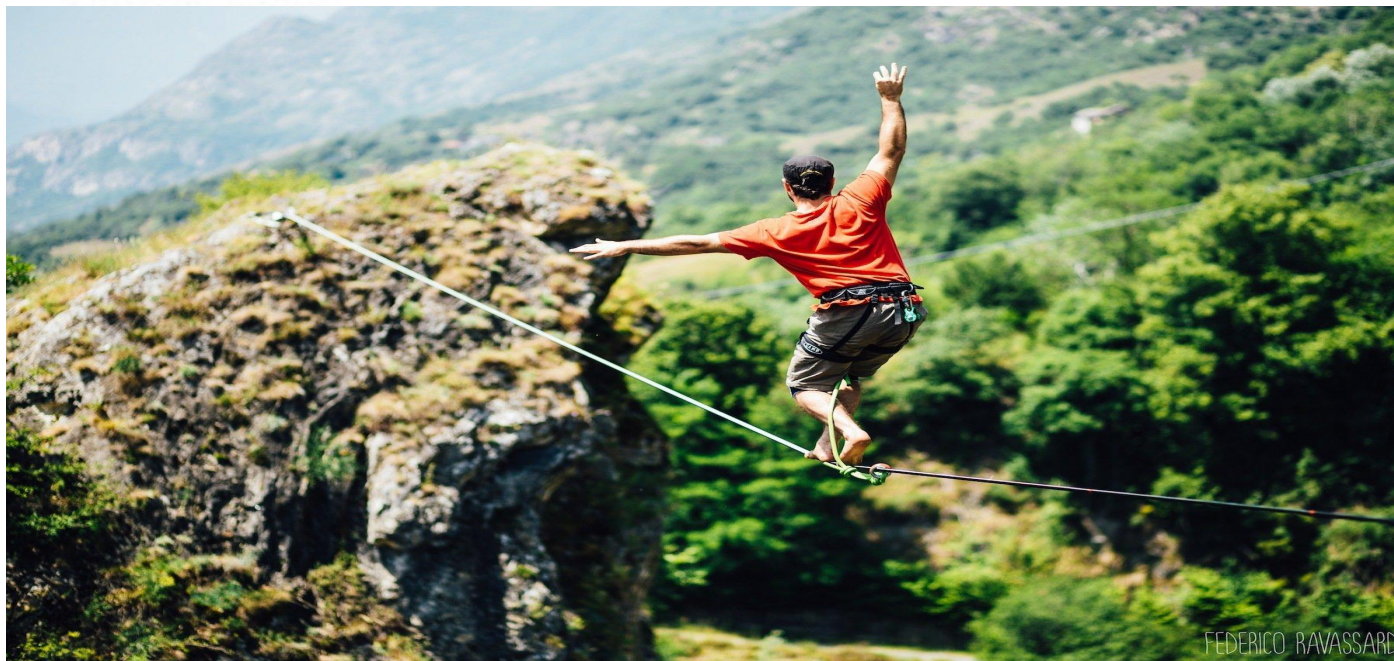
I can talk about possible future situations.

**1** Look at the photo. Describe what the girl is doing.

walk fall balance rope

**2** **CLASS VOTE** Do you think you can do this activity?

Yes or No?



3



2.25

Read the poster. What is a slackline?



# SLACKLINING CLUB

## Have you ever thought of slacklining?

If you like gymnastics, you'll love this modern sport! The only equipment you need is a simple rope or 'line' about five centimetres wide. You start with a very low line about 50 centimetres above the ground. If you fall, you won't hurt yourself, and if you improve, you will try some new tricks. You can do slacklining

Are you a climber, a surfer or a skateboarder? Slacklining can help your balance. Also, if you don't enjoy team sports, this will be a good choice for you. So, if you want to try something different, come along.

Our club is free! We meet in the park on a Saturday afternoon.

Will you be a champion slackliner? You won't know unless you try!

**WHERE?** Greendale Park

**WHEN?** Saturdays at 3 p.m.



**5** Match phrases 1–4 with phrases a–d to make sentences.

- 1  If you do slacklining, ...
- 2  You won't do any special tricks ...
- 3  I won't go to the slacklining club ...
- 4  You'll see people slacklining ...
- a unless you're very good.
- b if you go to the park on Saturday.
- c you will improve your balance.
- d unless a friend comes too.

6



**2.26** Read and complete the sentences with the correct form of the verbs in brackets. Listen and check.



## Goodbye to the Sports Centre!

The old Riverside Sports Centre will close next week. The new sports centre, with a large pool, tennis courts and a modern gym, won't be ready until next year.



- 1 If they **close** (close) the sports centre, we **won't play** (not play) handball for ages!
- 2 I \_\_\_\_\_ (not stop) playing badminton if they close it.
- 3 We \_\_\_\_\_ (not have) karate lessons unless the teacher \_\_\_\_\_ (find) a new classroom.
- 4 I \_\_\_\_\_ (go) swimming every week if they \_\_\_\_\_ (build) a pool at the new centre.
- 5 If there \_\_\_\_\_ (be) tennis courts, I \_\_\_\_\_ (take up) tennis.
- 6 We \_\_\_\_\_ (join) the new gym if it \_\_\_\_\_ (not be) too expensive.

- 4 Study the Grammar box. Find more examples of the First Conditional in the poster.

## Grammar

## First Conditional + *if/ unless*

You **won't know** **if** you **don't try!**

You **won't know** **unless** you **try!**

Time clauses with *when* are constructed similarly.  
**When** I'm back home, **I'll watch** some slacklining videos.



# 21

## Zero and first conditional

I can use the zero and first conditional to talk about situations and results.

### Zero conditional



We use conditional sentences to talk about the result of a possible situation.

| Possible situation ('condition') | Result             |
|----------------------------------|--------------------|
| If I'm tired,                    | I go to bed early. |

We use the zero conditional to talk about things that are always true – for example, habits or scientific facts.  
*If you heat chocolate, it melts.*  
*If my dad wakes up early, he goes for a run.*

To form the zero conditional, we use the present tense in the **if** clause and in the main clause.

| <i>If</i> + present simple | present simple             |
|----------------------------|----------------------------|
| <b>If it rains,</b>        | <b>we don't do PE.</b>     |
| <b>If I have an exam,</b>  | <b>I revise very hard.</b> |

We can put the **if** clause at the start or end of the sentence. When the **if** clause comes first, we put a comma between the two clauses.

*If he's on holiday, he gets up late.*  
*He gets up late if he's on holiday.*



**1** **21.1** Look at the rules from a radio quiz show.

Match the beginnings 1–6 to the endings a–f.

Then listen and check.



- 1 If you give a correct answer, ... c
- 2 If you give a wrong answer, ... \_\_\_\_
- 3 If you don't answer in ten seconds, ... \_\_\_\_
- 4 If the next player answers correctly, ... \_\_\_\_
- 5 If you answer five questions correctly, ... \_\_\_\_
- 6 If two players finish with the same score, ... \_\_\_\_

- a you lose one point.
- b you get two extra points.
- ~~c you get two points.~~
- d he or she gets one point.
- e there is one more question, and the first person to answer correctly is the winner.
- f you get no points and the next player tries to answer.



**2** Complete the sentences with the correct form of the verb in brackets.



- ▶ If the weather is nice, we usually have dinner outside. (have)
- 1 I \_\_\_\_\_ sick if I eat too much chocolate. (feel)
  - 2 If Henry doesn't know a word, he \_\_\_\_\_ it up in a dictionary. (look)
  - 3 If you turn on a light bulb, it \_\_\_\_\_ hot. (get)
  - 4 Teachers \_\_\_\_\_ away your phone if you use it in a lesson. (take)
  - 5 If students \_\_\_\_\_ school uniform, the headteacher sends them home. (not wear)
  - 6 If it \_\_\_\_\_ enough, plants don't grow. (not rain)
  - 7 If Helen \_\_\_\_\_ her pen, I lend her mine. (have not got)

**3** Complete the sentences with the correct form of the verbs in the box.

not eat   enjoy   float   forget   play  
not help   not smoke

- ▶ If I forget my watch, I don't know the time.
- 1 If people \_\_\_\_\_ their jobs, they normally work hard.
  - 2 Jason doesn't get any pocket money if he \_\_\_\_\_ his parents.
  - 3 If you drop a bottle in the sea, it \_\_\_\_\_.
  - 4 He gets very hungry if he \_\_\_\_\_ football after school.
  - 5 If you're vegetarian, you \_\_\_\_\_ meat.
  - 6 People are healthier if they \_\_\_\_\_.



## First conditional

We use the **first conditional** to talk about a possible future situation and its result.

*If it's sunny tomorrow, we'll go for a picnic.*

*If Max wants to come, I'll buy another ticket.*

We use the present tense in the **if** clause but a future tense in the main clause.

| Future condition                      | Result                                    |
|---------------------------------------|---|
| <b>If + present simple</b>            | <b>will</b>                               |
| If I'm tired tonight,                 | I'll go to bed early.                     |
| If you <b>don't do</b> your homework, | your teacher <b>will be</b> very annoyed. |

We do not use **will** in the **if** clause.


*If I will be tired tonight, I'll go to bed early.*

*If I'm tired tonight, I'll go to bed early.*

Remember, we can put the **if** clause second. Use a comma when the **if** clause comes first.

*We'll miss the train if you're late.*

*If you're late, we'll miss the train.*

\* 4  **21.2** Listen to Louise and complete the sentences with the phrases in the box.



will do some  
gardening

will go for a walk

will go to the cinema

will play computer  
games

~~will play tennis~~

will read her book

If her aunt and uncle come, Louise will play tennis. Her brother <sup>1</sup> \_\_\_\_\_ and her parents <sup>2</sup> \_\_\_\_\_.

If they don't come, Louise <sup>3</sup> \_\_\_\_\_, her brother <sup>4</sup> \_\_\_\_\_ and her parents <sup>5</sup> \_\_\_\_\_.

5

Circle the correct option.



- ▶ If she invites / will invite me, I'll go.
- 1 If Tony passes his test, **he buys** / **he'll buy** a car.
  - 2 She'll earn a lot of money if **she wins** / **she'll win** the competition.
  - 3 If you go to the shops tomorrow, **I meet** / **I'll meet** you there.
  - 4 If he **doesn't** / **won't** understand, I'll explain it.
  - 5 **We'll miss** / **We miss** the film if the train is late.
  - 6 If you **don't** / **won't** listen, you won't learn.
  - 7 If you cook dinner, **I** / **I'll** do the washing-up.
  - 8 They won't pass their exams if they **don't** / **won't** work harder.



**\*\* 6** Write *if* in the correct place to complete the sentences. Add a comma or capital letter if necessary.

▶ <sup>if</sup> / it rains / we won't play tennis.

▶ <sup>s</sup> she'll leave our school <sup>if</sup> / her parents move to London.

1 you go swimming I'll come with you.

2 he'll be late there's a lot of traffic.

3 they'll laugh you tell that joke.

4 we'll remember him we see him.

5 you don't like this programme we'll watch something else.

6 the post office is busy we won't wait.

7 we won't start dinner Sue isn't here.

8 the car isn't repaired we won't drive to Scotland.

**7** **21.3** Complete the sentences with the correct form of the verbs in brackets. Listen and check.



- ▶ If you sell your bike, you'll get a lot of money.  
(sell, get)
- 1 If they \_\_\_\_\_ late, we \_\_\_\_\_ the film. (arrive, miss)
  - 2 I \_\_\_\_\_ angry if Emily \_\_\_\_\_ for me. (be, not wait)
  - 3 If you \_\_\_\_\_ down, we \_\_\_\_\_. (not slow, crash)
  - 4 Ted \_\_\_\_\_ silly if he \_\_\_\_\_ that hat. (look, wear)
  - 5 If Jack \_\_\_\_\_ the book, I \_\_\_\_\_ it to him.  
(need, lend)
  - 6 If you \_\_\_\_\_ that watch, we \_\_\_\_\_ you a new one. (lose, not buy)
  - 7 Lucy \_\_\_\_\_ the race if she \_\_\_\_\_ harder.  
(not win, not train)
  - 8 They \_\_\_\_\_ you if you \_\_\_\_\_ to them like that.  
(not help, talk)



8 **21.4** Listen and match the pictures (a–f) with the *if* clauses (1–6). Then complete the sentences. Listen again and check.



- 1 If the weather's good, we'll go to the beach. d
- 2 If the weather's bad, \_\_\_\_\_
- 3 If we go to the beach, \_\_\_\_\_
- 4 If we don't leave early in the morning,  
\_\_\_\_\_
- 5 If we go to London, \_\_\_\_\_
- 6 If it rains all day, \_\_\_\_\_

\*\*9



Work in pairs. Imagine you are going to go on holiday. Ask and answer questions using these ideas.

### Possible situations

the weather's good      it rains  
there is a swimming pool      there isn't a TV  
your car breaks down      the plane is delayed  
your parents give you some money  
you don't like the food

*What will you do if it rains?*

*If it rains, I'll read a lot of books.*



**10** We often use the first conditional to give warnings or advice. Complete the sentences using the verbs in the box or your own ideas.

be angry   be locked out   be thirsty  
get cold   get fat   get a headache   lose  
miss   not pass   not sleep   not work



▶ If you spend a long time on the computer, you'll get a headache.

1 If you don't wear your coat, \_\_\_\_\_.

2 If you drink coffee after dinner, \_\_\_\_\_  
\_\_\_\_\_.

3 If they get up late, \_\_\_\_\_.

4 If he eats too many chips, \_\_\_\_\_.

5 If you lose your keys, \_\_\_\_\_.

6 If you don't study enough, \_\_\_\_\_.

7 If she doesn't drink enough water, \_\_\_\_\_  
\_\_\_\_\_.

8 If he doesn't play well, \_\_\_\_\_.

9 If you don't charge your phone, \_\_\_\_\_  
\_\_\_\_\_.

10 If he breaks my tennis racket, \_\_\_\_\_.

\*11



Read the problems and write advice.

I eat lots of fast food and I feel unhealthy.

*If you eat more vegetables, you will feel healthier.*

I don't go out much and I don't know many people.

I don't do much homework and I get bad marks at school.

I play a lot of computer games and I get headaches in the evening.

I don't tidy my bedroom and my parents get cross.



**\*12** Write conditional sentences using *if*.

▶ we/see your brother – we/say hello

*if we see your brother, we'll say hello.*

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▶ I/answer the phone – it/ring

*I'll answer the phone if it rings.*

---

1 Leo/be hungry – he/eat a sandwich

---

2 I/like the song – I/download it

---

3 we/go to the beach tomorrow – the sun/shine

---

4 you/feel tired – I/carry the bags

---

5 I/buy some more food – the fridge/be empty

---

---

6 we/not win – we/play badly

---

7 you/not take an umbrella – you/get wet

---

8 Kim/not visit her grandparents – she/has too much homework

---

9 I/not write it down – I/forget

---

10 you/not look for your keys – you/not find them

---

Work in pairs. Look at the flow chart and take turns to make conditional sentences.

you don't hear your alarm

you wake up late

you miss the bus

you arrive late at school

teacher punishes you

you are annoyed

you argue with your friends

they don't talk to you

you get bored

you watch TV all evening

you go to bed late

don't hear the alarm in the morning

*If you don't hear your alarm, you'll wake up late.*

*If you wake up late, you'll miss the bus.*





**7** [VOX POPS ▶ 5.3] Finish the sentences to make them true for you. In pairs, discuss your ideas.

What will you do if there's a new sports centre in town?

I'll take up tennis.

- 1 If there's a new sports centre in town, ...
- 2 If my friends are free this evening, ...
- 3 If I get some money for my birthday, ...
- 4 If the weather's nice at the weekend, ...



VOX POPS

# What if ... ?



You're going to play:  
**FOOTBALL**

You're going to play:  
**TABLE TENNIS**

You're going to play:  
**BADMINTON**

**It's cold.**

**It's raining.**

You're going to play:  
**BASKETBALL**

You're going to do:  
**YOGA**

You're going to do:  
**KARATE**

**It's dark.**

**There are only  
two people.**

**There isn't a pool.**

**There isn't any snow.**

**You haven't got a ball.**

**It's dangerous.**

You're going to do:  
**GYMNASTICS**

You're going to do:  
**BOXING**

You're going to go:  
**CLIMBING**

**It's very hot.**

**There are a lot  
of people.**

You're going to go:  
**SWIMMING**

You're going to go:  
**SKIING**

You're going to go:  
**RUNNING**

**You are on your own.**

**There's no basket.**