

# Present Perfect Continuous

# How is it made?

**HAVE BEEN + verb+ING**

I have been

you have been working

he/she/it has been skiing

we have been sitting

you have been

they have been

# When is it used?

- for an activity that has recently stopped or just stopped; there is a connection with now  
I am tired. I have been working in the garden.  
Why are you so dirty? What have you been doing?
- for actions repeated over a period of time, when we want to say how long  
I've been playing tennis for 10 years.  
He has been learning English since he was ten.

# Work in pairs

- 1) How long have you been learning English?
- 2) How long have you been sitting here?
- 3) How long have you been drinking coke/tea?
- 4) How long have you been going to school?
- 5) Why are you tired? What have you been doing?
- 6) Why are your lips green? What have you been eating?