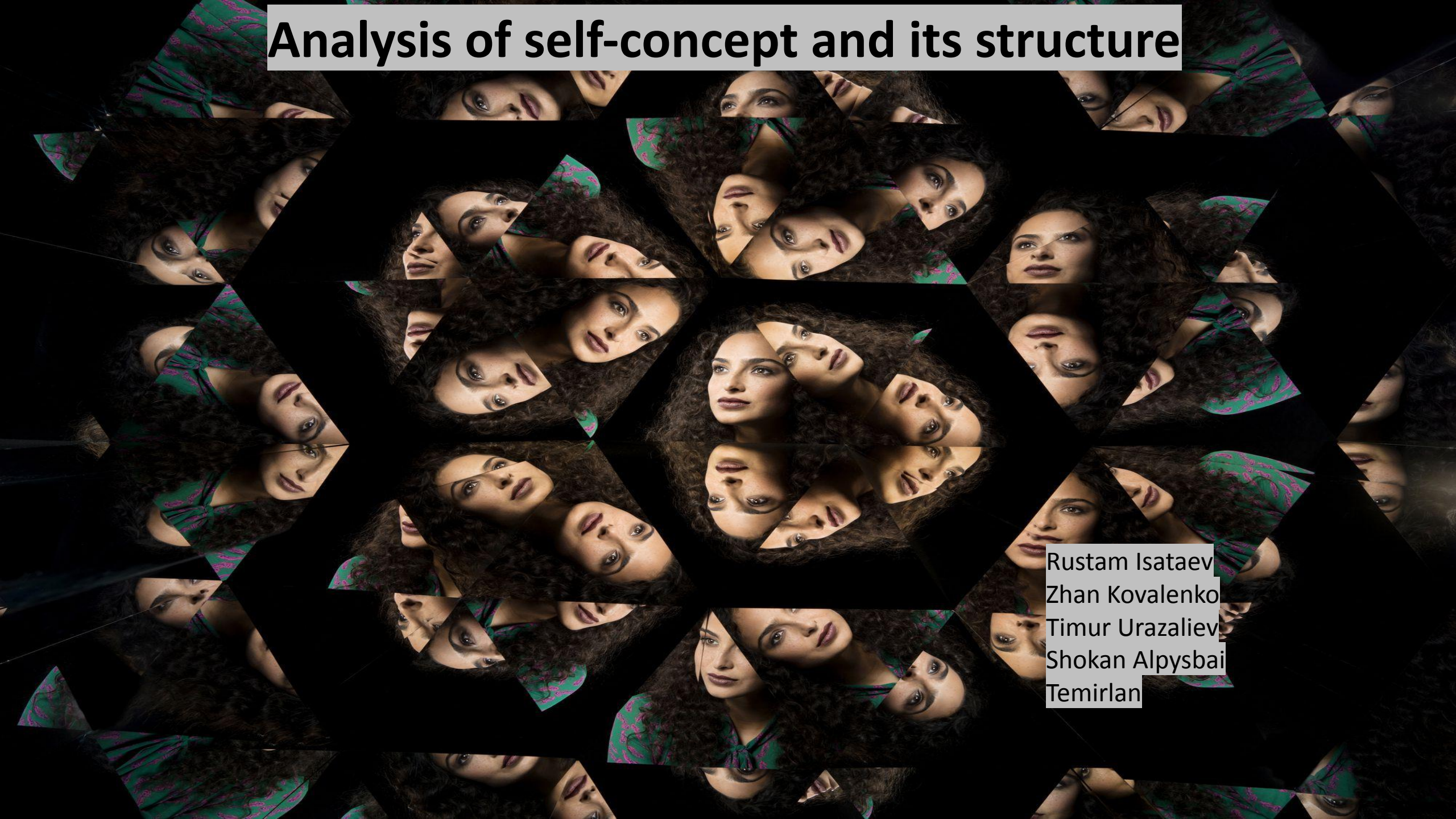
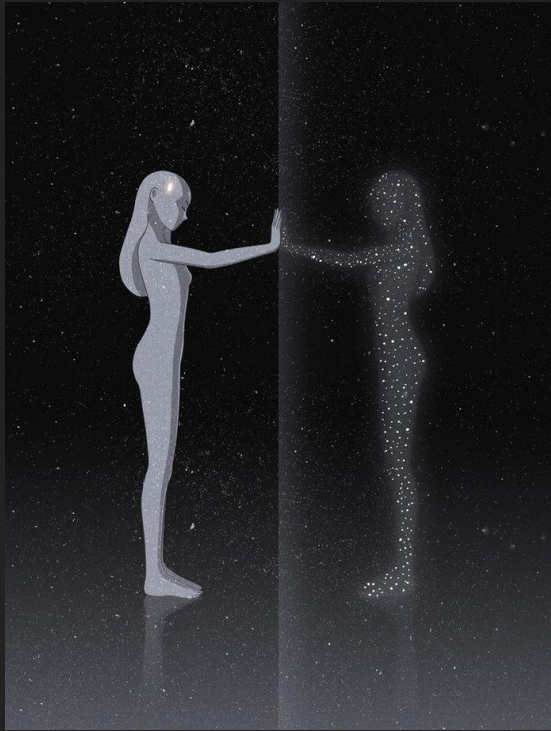


Analysis of self-concept and its structure



Rustam Isataev
Zhan Kovalenko
Timur Urazaliev
Shokan Alpysbai
Temirlan

What is the
self-concep
t?



The Three Components of “Self-Concept”

Embodies the answer to the question “Who am I?”

Self-image



Ideal self



Self-esteem



Congruence VS. Incongruence

Congruence

- ▶ When a person's ideal self is consistent to their actual experiences



Incongruence

- ▶ When a person's ideal self is not consistent with what happens in their life

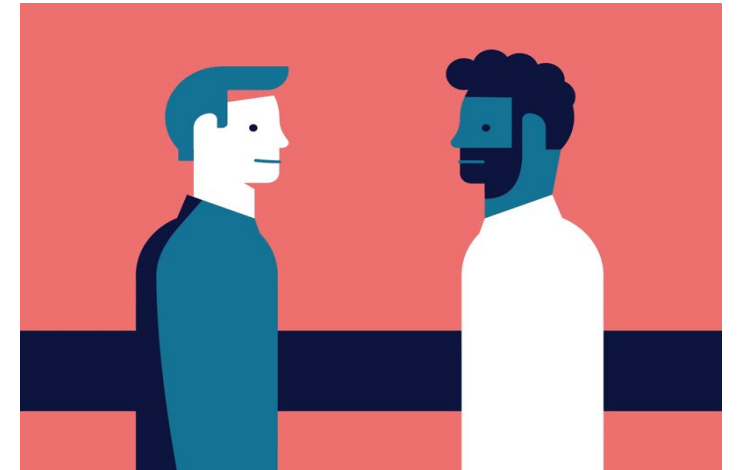


Can Self-Concept Be Changed?

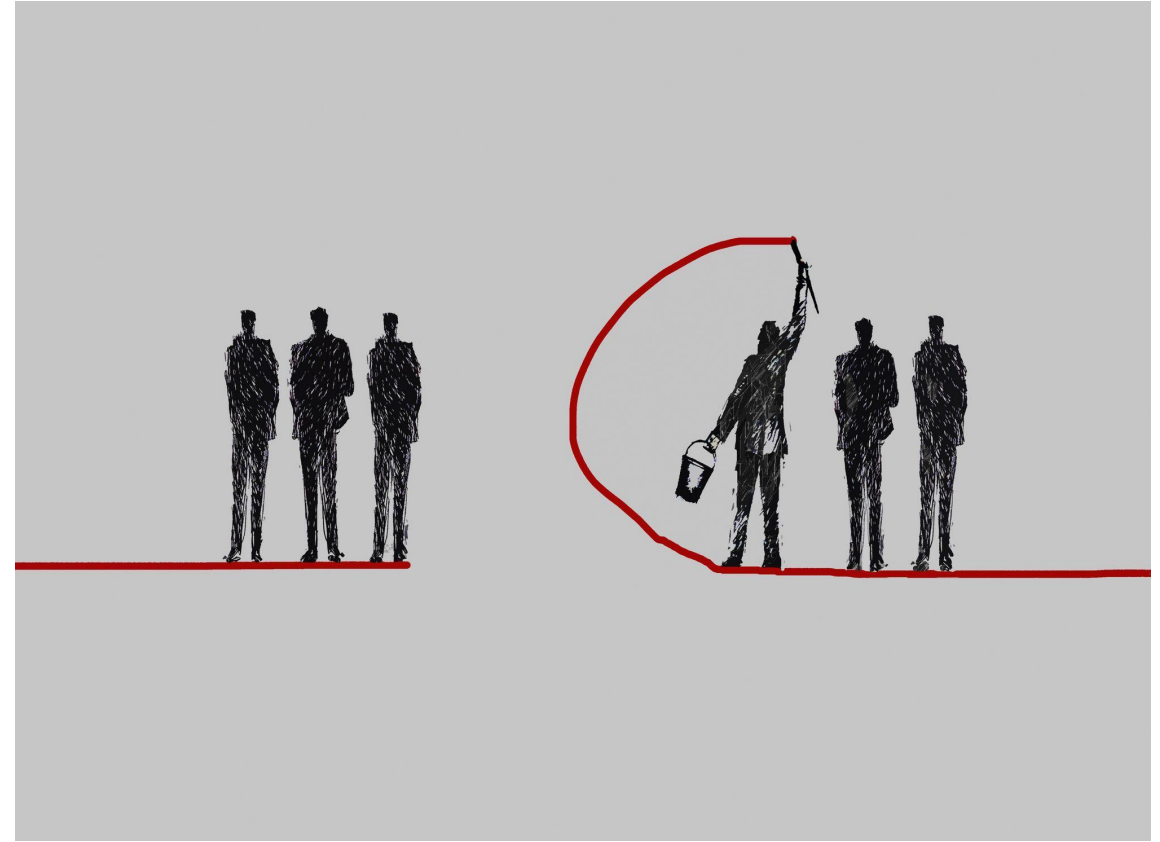


Self-concept is not static, meaning that it can change.

Self-concept can also change based on the people with whom we interact.



Other Self-Concept Theories





Thank you for attention
any questions???

