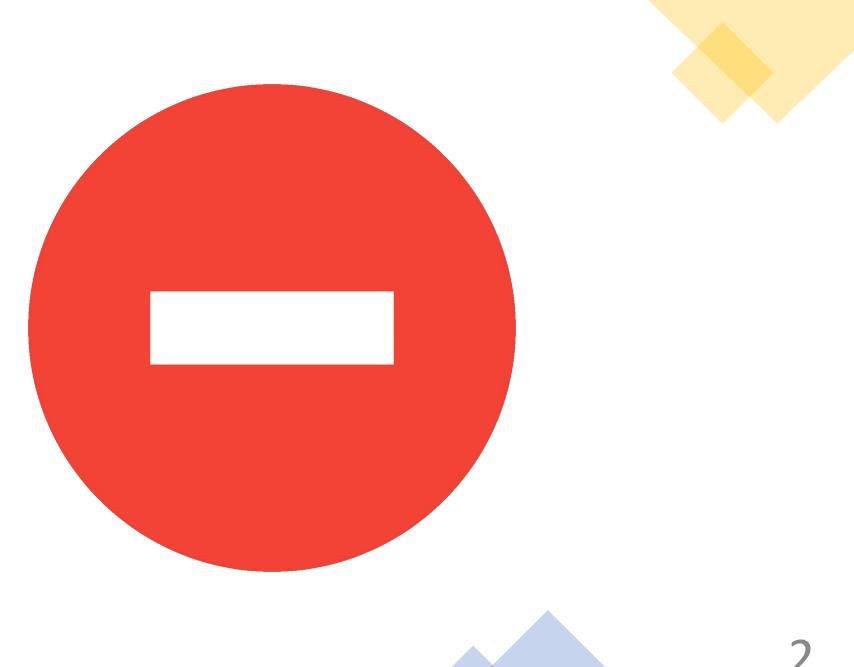


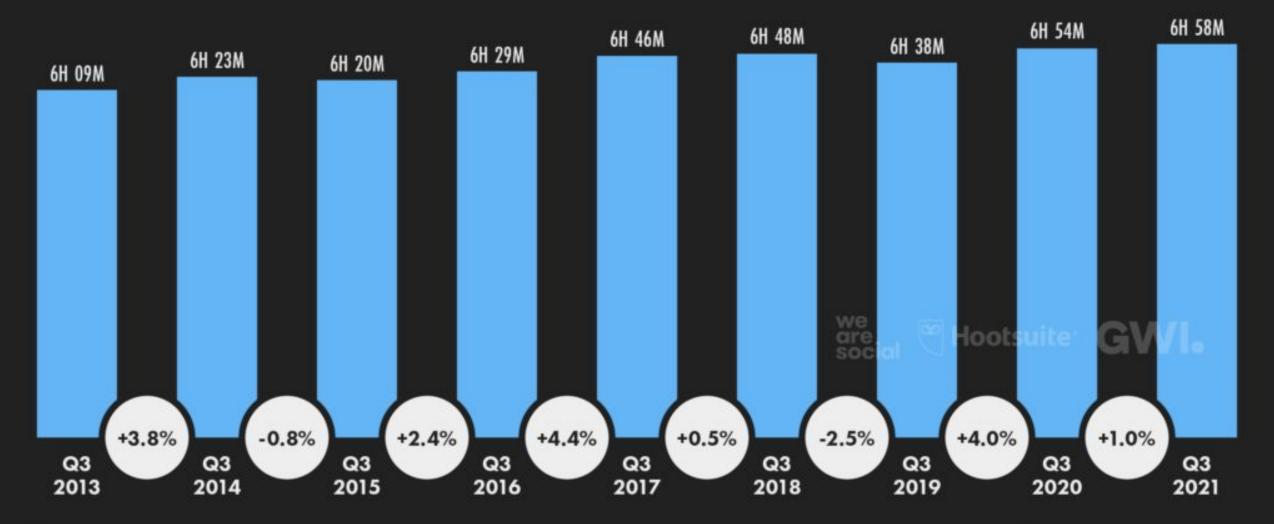
Advantages and disadvantages of the internet



DAILY TIME SPENT USING THE INTERNET



AVERAGE AMOUNT OF TIME (IN HOURS AND MINUTES) THAT INTERNET USERS AGED 16 TO 64 SPEND USING THE INTERNET EACH DAY ON ANY DEVICE





Informational junk

- •Fake news
- Pseudoscience
- Propaganda
- Unverified information



Health

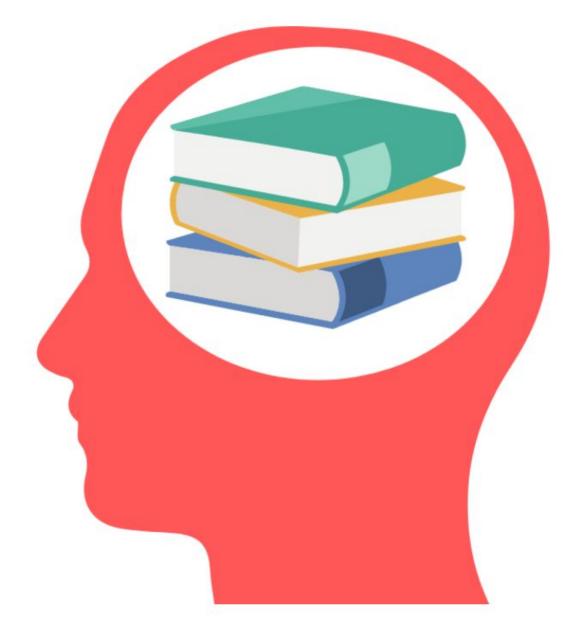
- Muscle atrophy
- Scoliosis
- Osteochondrosis
- Hemorrhoids





Knowledge

- Wikipedia
- Online universities
- Courses
- Books online

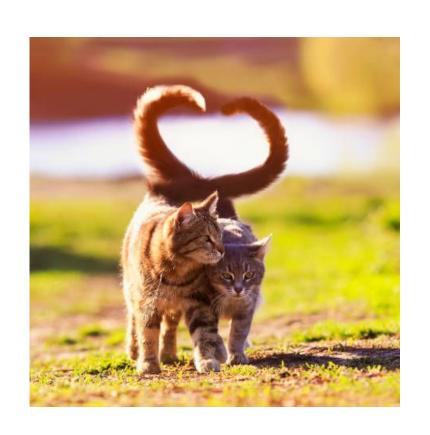


Communication Forum

- Social networks
- •Forums
- Stream platforms
- Chat rooms
- Email



Relax. Chill. Antistress







Questions?????

- 1. How many hours do we spend using the internet?
- 2. Where can you get knowledge on the Internet?
- 3. Diseases caused by the internet???

