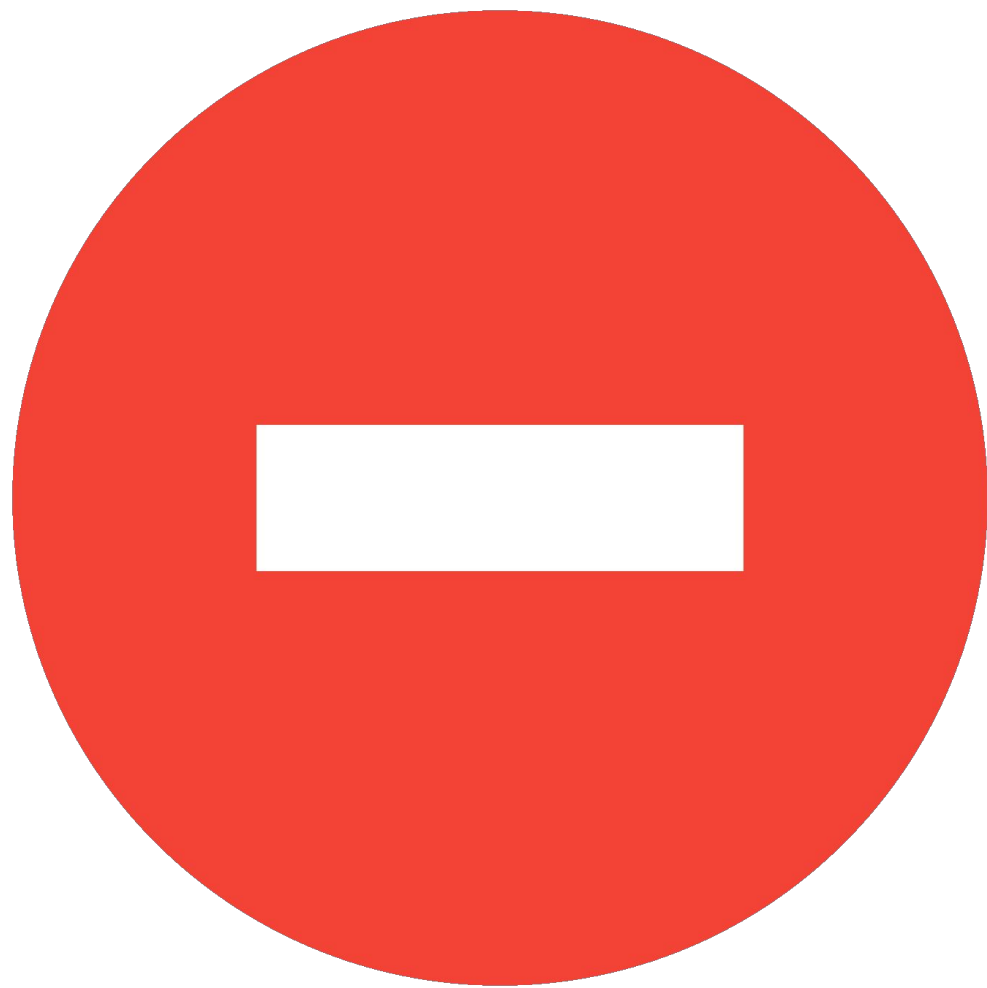




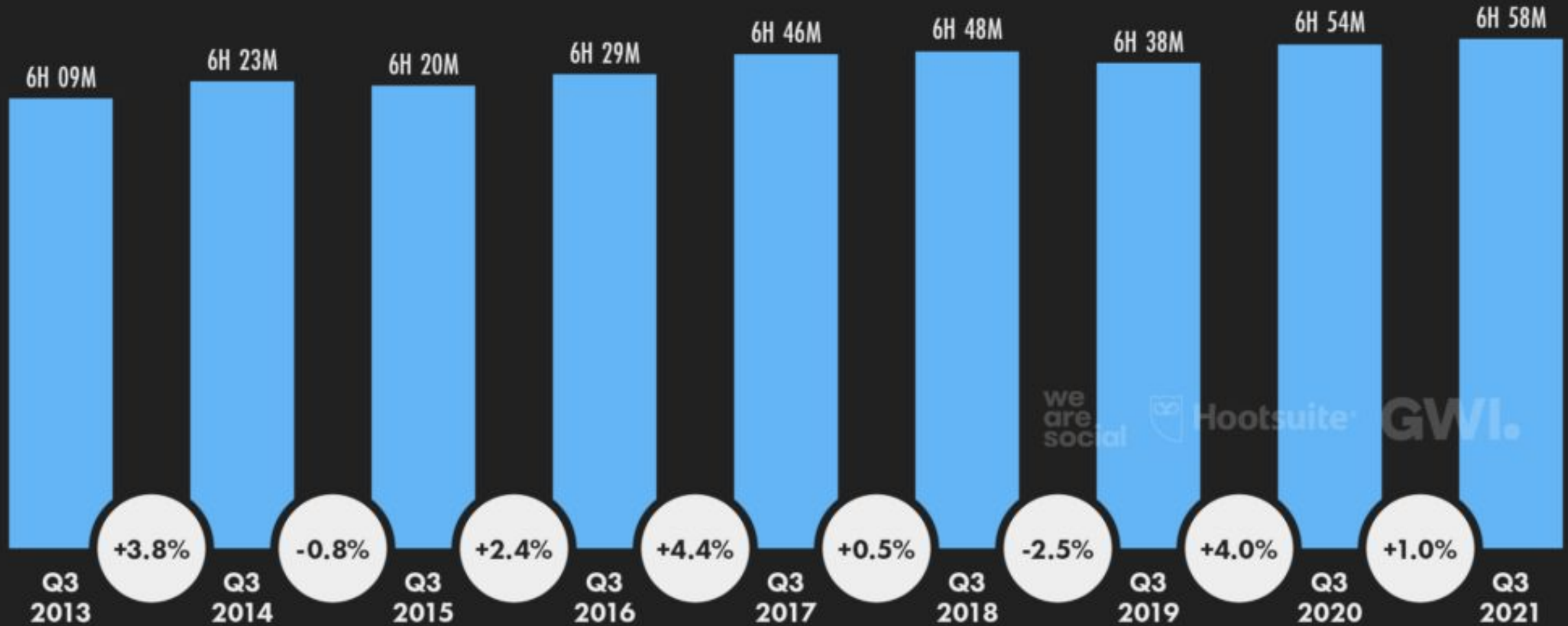
# Advantages and disadvantages of the internet



JAN  
2022

# DAILY TIME SPENT USING THE INTERNET

AVERAGE AMOUNT OF TIME (IN HOURS AND MINUTES) THAT INTERNET USERS AGED 16 TO 64 SPEND USING THE INTERNET EACH DAY ON ANY DEVICE



# Informational junk

- Fake news
- Pseudoscience
- Propaganda
- Unverified information





# Health

---

- Muscle atrophy
- Scoliosis
- Osteochondrosis
- Hemorrhoids





# Knowledge

---

- Wikipedia
- Online universities
- Courses
- Books online



# Communication Forum

---

- Social networks
- Forums
- Stream platforms
- Chat rooms
- Email





# Relax. Chill. Antistress



# Questions??????

---

1. How many hours do we spend using the internet?
2. Where can you get knowledge on the Internet?
3. Diseases caused by the internet???

