



# British Meals and Meal Times in Britain

# Traditional British Breakfast

Eggs

Bacon

Sausages

Fried bread

Mushrooms

And a cup of coffee



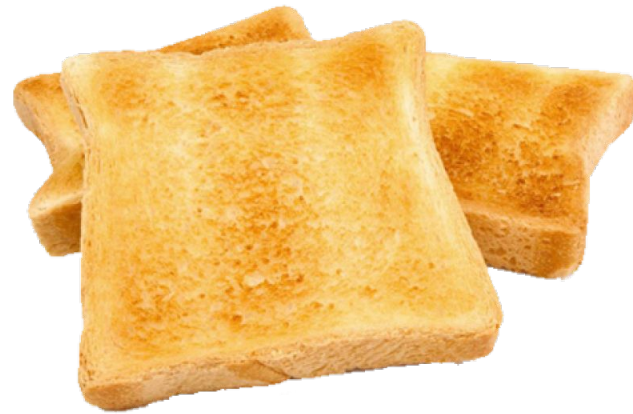
# Typical English Breakfast

A bowl of  
cereals



# Typical English Breakfast

A slice of toast



# Typical English Breakfast

Orange juice and a cup of coffee



# Winter English Breakfast

## Boiled oats (porridge)





# Typical English Lunch

A packed lunch:

A sandwich

A packet of crisps

Vegetables

A piece of fruit  
and a drink

## PACKET LUNCH

- SANDWICH



- CRISPS



- FRUIT



- DRINK



# Typical British Dinner



- “meat and two veg” (hot brown gravy on the meat and the vegetables)
- nowadays people eat curry, rice or pasta dishes

