

I train three times a week

IN THIS UNIT:

- sports
- question words
- *like + -ing*
- seasons and time of day
- object pronouns
- making suggestions

- Поймать автобус
- Принять душ
- Почистить субы
- Причесать волосы

- вертолёт

Interview your friend.

How often do you ...

- help in the house?
- eat fruit and vegetables?
- play sports?
- read comics?
- watch TV?
- eat at fast food restaurants?

How often do you help in the house?



I seldom help in the house.



Vera Vampire ¹ doesn't get up (not get up) in the morning, she gets up late. She has breakfast at half past nine but she ² _____ (not eat) cereal! She ³ _____ (meet) her friends at quarter to eleven. They go to vampire school. They ⁴ _____ (not study) English, they study flying! School ⁵ _____ (finish) at three o'clock but she ⁶ _____ (not go) home. Vera ⁷ _____ (watch) films with her friends. They like films about Dracula. Vera ⁸ _____ (go) to bed at five o'clock.

4 Order the questions.

- 1 Vera Does early get up?
Does Vera get up early?
- 2 she cereal Does eat?
- 3 English they Do study?
- 4 Do they films watch?
- 5 Vera Does at four o'clock go to bed?

5 Work with a friend. Ask and answer the questions.

- A *Does Vera get up early?*
B *No, she doesn't. She gets up in the evening.*

Functions

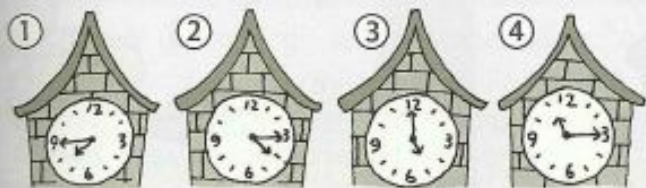
7 Write the times. Practise saying them with a friend.

1 *It's quarter to eight.*

2

3

4



Consolidation

8 Listen and complete the dialogue.

It's Saturday.

Ben and Felix are at the skate park.

Ben This place is great! What time ¹ *does* it open?

Felix It ² _____ at quarter to eight. I come here with my friends, when we ³ _____ school.

Ben ⁴ _____ you come here every day?

Felix No. We ⁵ _____ come here ⁶ _____ Mondays.

It ⁷ _____ open that day. Look! I ⁸ _____ jump!

Ben Felix, that's dangerous!

Felix Aaarghh! Ow!

Ben Are you OK? ⁹ _____ you walk?


Felix Yes, I ¹⁰ _____ but I ¹¹ _____ move my arm.

Ben Oh no!

9 Match the actions with the pictures.

stomp 5 hop slide to the right
slide to the left hands on your knees
crisscross



10  2.19 Listen to the song and number the actions. Listen again and do the actions.

hop 1

Cha Cha Slide

Now it's time to get funky
To the right now, to the left
Take it back now ya'll
1 hop this time, 1 hop this time
Right foot 2 stomps, left foot 2 stomps
Slide to the left, slide to the right
Crisscross, crisscross
Cha Cha real smooth
Let's go to work

Turn it down
To the left, take it back now ya'll
2 hops 2 hops, 2 hops 2 hops
Right foot 2 stomps, left foot 2 stomps
Hands on your knees, hands on your knees
Get funky with it, aahhhh yaaaa.



2 Read the clues.
Guess the sport.

2 It isn't a water sport.
I play with a ball.
I play it on Monday.
It's fun!
It's _____.

1 I don't play with a ball.
It's a water sport.
I do it on Wednesday after school.
It's great!
It's _____.



1 2.21 Match the words with the pictures. Listen, check and repeat.

football 7 swimming tennis windsurfing basketball
cycling horse riding volleyball golf sailing

cycling	'saɪkɪŋ	Катание на велосипеде
volleyball	'vɒlɪbɔ:l	волейбол
hockey	'hɒki	хоккей
karate	kə'rɑ:ti	каратэ
rowing	'rəʊɪŋ	гребля
windsurfing	wɪn(d)sɜ:fɪŋ	
sailing	'seɪlɪŋ	мореплавание

Amazon sports club

	Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5	
6	7	8	9	10	



1 2.22 Listen and read.
What is Gisela's favourite sport?

2 True or false?

- 1 Gisela is twelve. *false*
- 2 She is a world champion.
- 3 She is from Spain.
- 4 She doesn't train every day.
- 5 She doesn't go to school.
- 6 She has fun with her friends.

Discover Words

seasons and times of day

3 2.23 Match the words and the pictures. Listen, check and repeat.

winter 4 morning autumn
evening spring night
summer afternoon

Heroes



Hi! Meet our sports hero!



Who is she?

Her name is Gisela Pulido. She's eleven years old. She's the world kitesurfing champion.

Where is she from?

She's from Spain.

Where does she live?

She lives in Gerona, near the beach.

What sports does she like?

Kitesurfing is her favourite sport but she likes swimming, sailing, windsurfing and other summer sports too. She cycles to school every day in spring and summer.

When does she train?

She trains in the afternoon. Her dad is her teacher.

Does she train every day?

Yes, she does. Gisela and her dad train in the afternoon for an hour. Then Gisela does her homework.


What does she do at the weekend?

Gisela has fun with her friends. In summer, she goes on holiday with her family.



We use **prepositions of time** to say *when* something happens.

in	at	on
in the morning in the afternoon in the evening in November (months) in (the) summer (seasons) in 2004 (years)	at 8 o'clock at noon at night / midnight at the weekend	on Sunday on Monday on Tuesday on Wednesday, etc. on October 4th (dates) on Sunday afternoon

4  2.24 Complete the table. Listen and check.

the evening half past nine winter Friday the morning
 Wednesday four o'clock spring the weekend

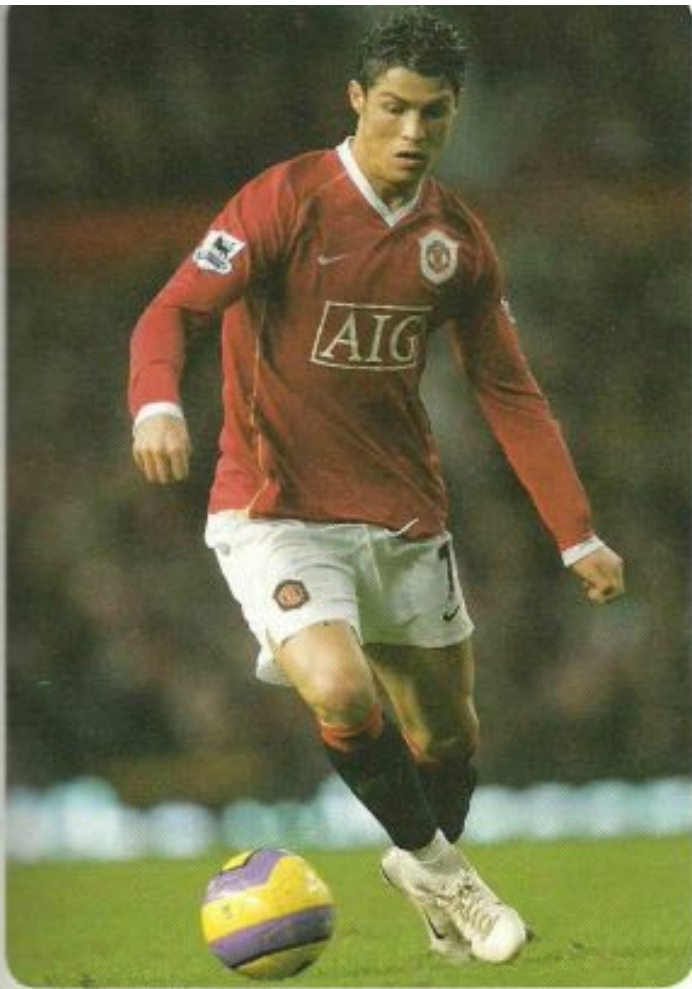
in	on	at
<i>the evening</i>		

in	at	on
winter	Half past nine	Friday
The morning	4	Wednesday
spring	At the weekend	

- 1 In / **On** Saturday
- 2 In / **At** July
- 3 In / **On** 1984.
- 4 **At** / **On** March 25th
- 5 In / **On** Friday
- 6 In / **At** summer
- 7 In / **On** the morning
- 8 In / **At** 9 o'clock

2 Write *in*, *on* or *at*.

- 1 ... *In* ... December
- 2 midnight
- 3 April
- 4 April 2nd



- 1 **Who** is he? He's Cristiano Ronaldo.
- 2 _____ has he got? He's got a football.
- 3 _____ is he from? He's from Portugal.
- 4 _____ does he train? He trains in the morning.

5 Write true sentences.

- 1 I go swimming *in summer*.
- 2 We do sports _____.
- 3 I do my homework _____.
- 4 I have fun with my friends _____.
- 5 We go on holiday _____.

Grammar question words

- Who is she? Gi
What's her favourite sport? Ki
Where does she live? In
When do they go on holiday? In summer

7 Write questions about Marat Safin and his sister, Dinara. Answer the questions.



Name: Marat Safin
From: Russia
Lives: Monaco
Sport: tennis
Trains: in the morning
Likes: football, films, animals



Name: Dinara Safina
From: Russia
Lives: Russia
Sport: tennis
Trains: in the afternoon
Likes: football, music, books

- 1 who / they ?
Who are they? They are Marat and Dinara.
- 2 where / they from ?
- 3 where / Marat / live ?
- 4 what / sport / they / play ?
- 5 when / Dinara / train ?
- 6 what other sport / they / like ?