ILAE POSITION PAPER

ILAE classification of the epilepsies: Position paper of the ILAE Commission for Classification and Terminology

^{1,2,3}Ingrid E. Scheffer, ¹Samuel Berkovic, ⁴Giuseppe Capovilla, ⁵Mary B. Connolly, ⁶Jacqueline French, ⁷Laura Guilhoto, ^{8,9}Edouard Hirsch, ¹⁰Satish Jain, ¹¹Gary W. Mathern, ¹²Solomon L. Moshé, ¹³Douglas R. Nordli, ¹⁴Emilio Perucca, ¹⁵Torbjörn Tomson, ¹⁶Samuel Wiebe, ¹⁷Yue-Hua Zhang, and ^{18,19}Sameer M. Zuberi

> Epilepsia, **(*):1–10, 2017 doi: 10.1111/epi.13709

ILAE POSITION PAPER

Operational classification of seizure types by the International League Against Epilepsy: Position Paper of the ILAE Commission for Classification and Terminology

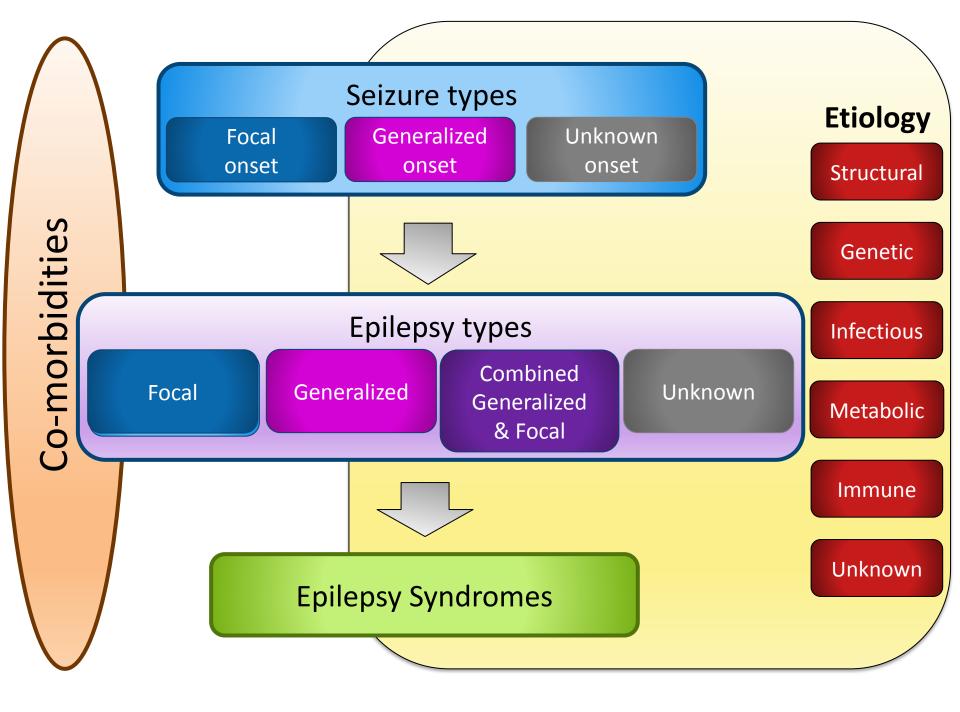
*Robert S. Fisher, †J. Helen Cross, ‡Jacqueline A. French, §Norimichi Higurashi, ¶Edouard Hirsch, #Floor E. Jansen, **Lieven Lagae, ††Solomon L. Moshé, ‡‡Jukka Peltola, §§Eliane Roulet Perez, ¶¶Ingrid E. Scheffer, and ##***Sameer M. Zuberi

Epilepsia, **(*):1–9, 2017 doi: 10.1111/epi.13670

Classification of the Epilepsies Purpose: for clinical diagnosis

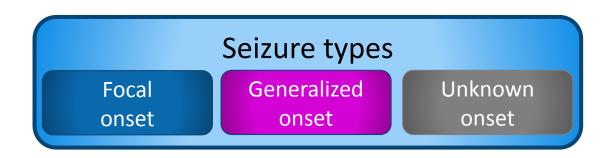


Transparent language: use words that mean what they say



1. Seizure types

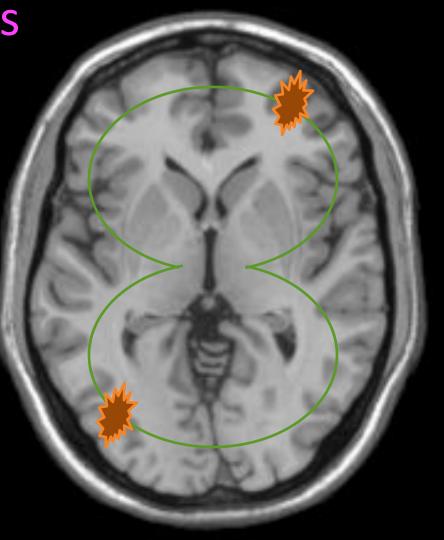
- Certain that events are epileptic seizures not referring to distinguishing epileptic versus non-epileptic
- •In some settings □ classification according to seizure type may be maximum level of diagnosis possible
- •In other cases □ simply too little information to be able to make a higher level diagnosis
 - •eg. when a patient has only had a single event

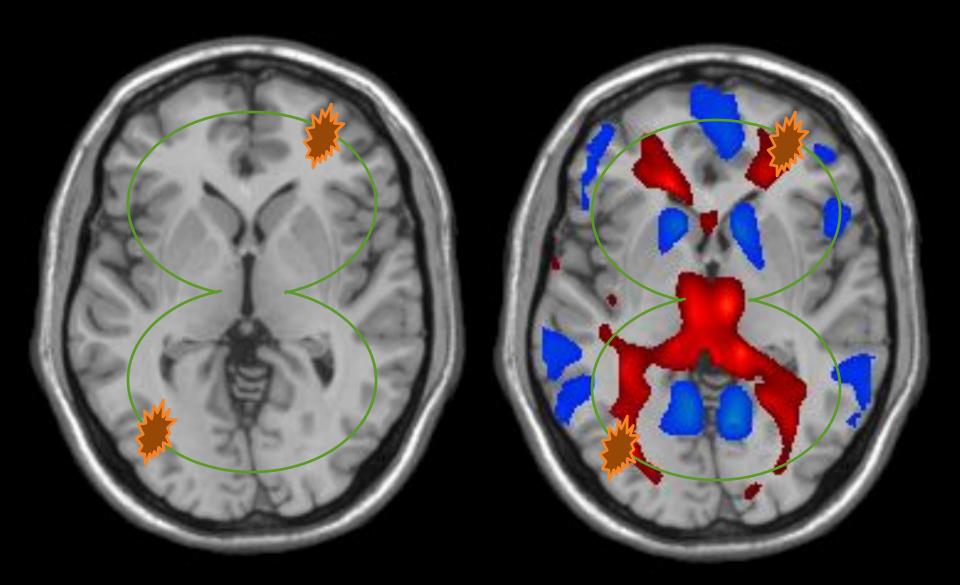


Generalized seizures

 Originate at some point within and rapidly engage bilaterally distributed networks

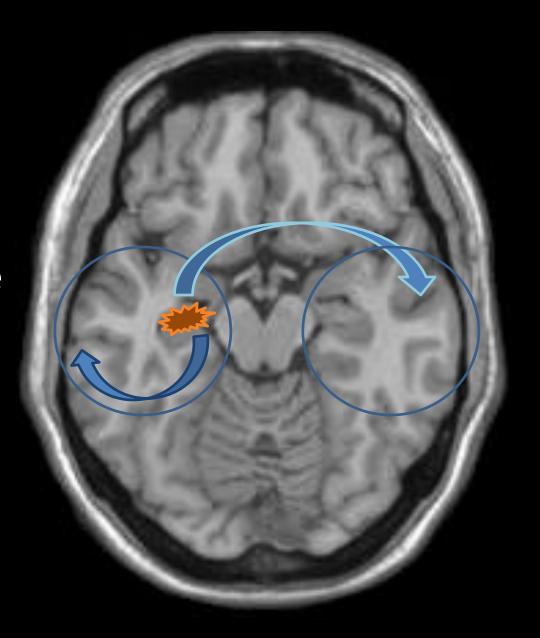
 Can include cortical and subcortical structures but not necessarily the entire cortex





Focal seizures

- Originate within networks limited to one hemisphere
- May be discretely localized or more widely distributed....



Focal Onset

Aware

Impaired Awareness

Motor Onset Nonmotor Onset

focal to bilateral tonic-clonic

Generalized Onset

Motor

Tonic-clonic
Other motor
Nonmotor (Absence)

Unknown Onset

Motor

Tonic-clonic Other motor Nonmotor

Unclassified ²

Focal Onset

Aware

Impaired Awareness

Motor Onset

automatisms atonic ² clonic epileptic spasms ² hyperkinetic myoclonic tonic

Nonmotor Onset

autonomic behavior arrest cognitive emotional sensory

focal to bilateral tonic-clonic

Notes

- Atonic seizures and epileptic spasms would not have level of awareness specified
- Pedalling grouped in hyperkinetic rather than automatisms (arbitrary)
- Cognitive seizures
 - impaired language
 - other cognitive domains
 - positive features eg déjà vu, hallucinations, perceptual distortions
- Emotional seizures: anxiety, fear, joy, etc

Focal Onset

Aware

Impaired Awareness

Motor Onset

automatisms atonic 2 clonic epileptic spasms ² hyperkinetic myoclonic tonic

Nonmotor Onset

autonomic behavior arrest cognitive emotional sensory

Generalized Onset

Motor

tonic-clonic clonic tonic myoclonic myoclonic-tonic-clonic myoclonic-atonic atonic epileptic spasms Nonmotor (absence) typical atypical myoclonic

eyelid myoclonia

focal to bilateral tonic-clonic

Focal Onset

Aware

Impaired Awareness

Motor Onset

automatisms atonic ² clonic epileptic spasms ² hyperkinetic myoclonic tonic

Nonmotor Onset

autonomic behavior arrest cognitive emotional sensory

Generalized Onset

Motor

tonic-clonic
clonic
tonic
myoclonic
myoclonic-tonic-clonic
myoclonic-atonic
atonic
epileptic spasms

Nonmotor (absence)

typical atypical myoclonic eyelid myoclonia

Unknown Onset

Motor

tonic-clonic epileptic spasms Nonmotor

behavior arrest

Unclassified 3

focal to bilateral tonic-clonic

Focal Onset

Aware

Impaired Awareness

Motor Onset

automatisms

myoclonic

tonic

atonic ² clonic epileptic spasms ² hyperkinetic

Nonmotor Onset

autonomic behavior arrest cognitive emotional sensory

focal to bilateral tonic-clonic

Generalized Onset

Motor

tonic-clonic
clonic
tonic
myoclonic
myoclonic-tonic-clonic
myoclonic-atonic
atonic
epileptic spasms

Nonmotor (absence)

typical atypical myoclonic eyelid myoclonia

Unknown Onset

Motor

tonic-clonic epileptic spasms

Nonmotor

behavior arrest

Unclassified 3

Note

When a seizure type begins with "focal, generalized or absence" then the word "onset" can be presumed

Terms no longer in use

- Complex partial
- Simple partial
- Partial
- Psychic
- Dyscognitive
- Secondarily generalized tonic-clonic



ILAE POSITION PAPER

Instruction manual for the ILAE 2017 operational classification of seizure types

¹Robert S. Fisher, ²J. Helen Cross, ³Carol D'Souza, ⁴Jacqueline A. French, ⁵Sheryl R. Haut, ⁶Norimichi Higurashi, ⁷Edouard Hirsch, ⁸Floor E. Jansen, ⁹Lieven Lagae, ¹⁰Solomon L. Moshé, ¹¹Jukka Peltola, ¹²Eliane Roulet Perez, ¹³Ingrid E. Scheffer, ¹⁴Andreas Schulze-Bonhage, ¹⁵Ernest Somerville, ¹⁶Michael Sperling, ¹⁷Elza Márcia Yacubian, and ^{18,19}Sameer M. Zuberi

Epilepsia, **(*):1–12, 2017 doi: 10.1111/epi.13671

Table 1. Common descriptors of behaviors during and after seizures (alphabetically)

CognitiveAutomatismsAcalculiaAggressionAphasiaEye-blinkingAttention impairmentHead-nodding

Déjà vu or jamais vuManualDissociationOral-facialDysphasiaPedaling

Hallucinations Pelvic thrusting
Illusions Perseveration
Memory impairment Running (cursive)

Neglect Sexual Forced thinking Undressing

Responsiveness impairment Vocalization/speech

Walking

Emotional or affective Motor
Agitation Dysarthria
Anger Dystonic

Anxiety Fencer's posture (figure-of-4)

Crying (dacrystic) Incoordination
Fear Jacksonian
Laughing (gelastic) Paralysis

Paranoia Paresis
Pleasure Versive
Autonomic Sensory
Asystole Auditory

Bradycardia Gustatory

Erection Hot-cold sensations

Flushing Olfactory

Gastrointestinal Somatosensory Hyper/hypoventilation Vestibular

Nausea or vomiting Visual

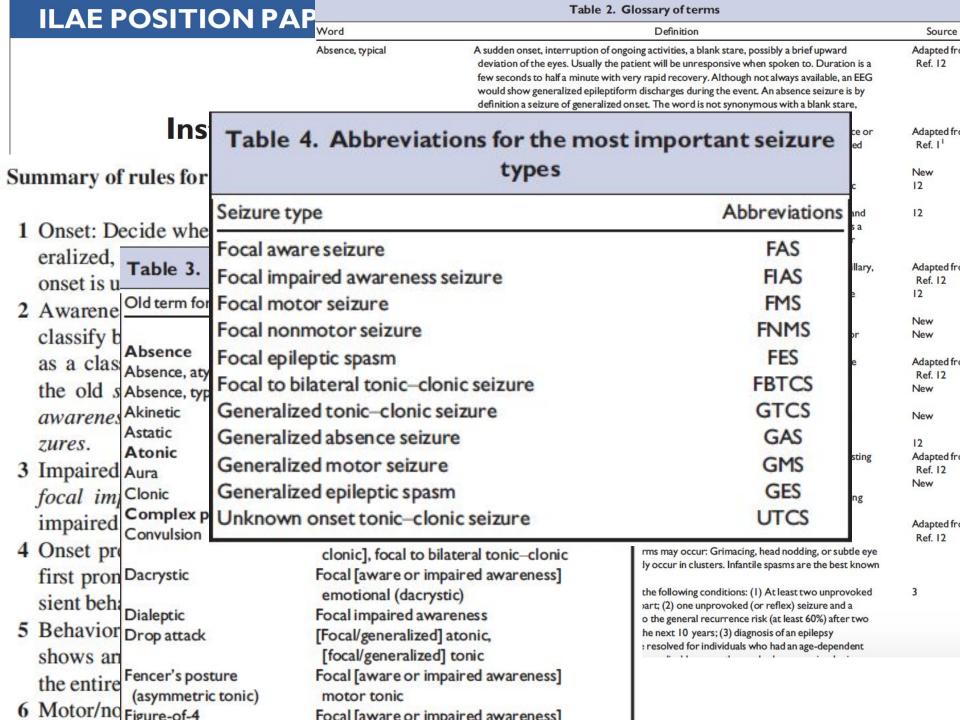
Pallor

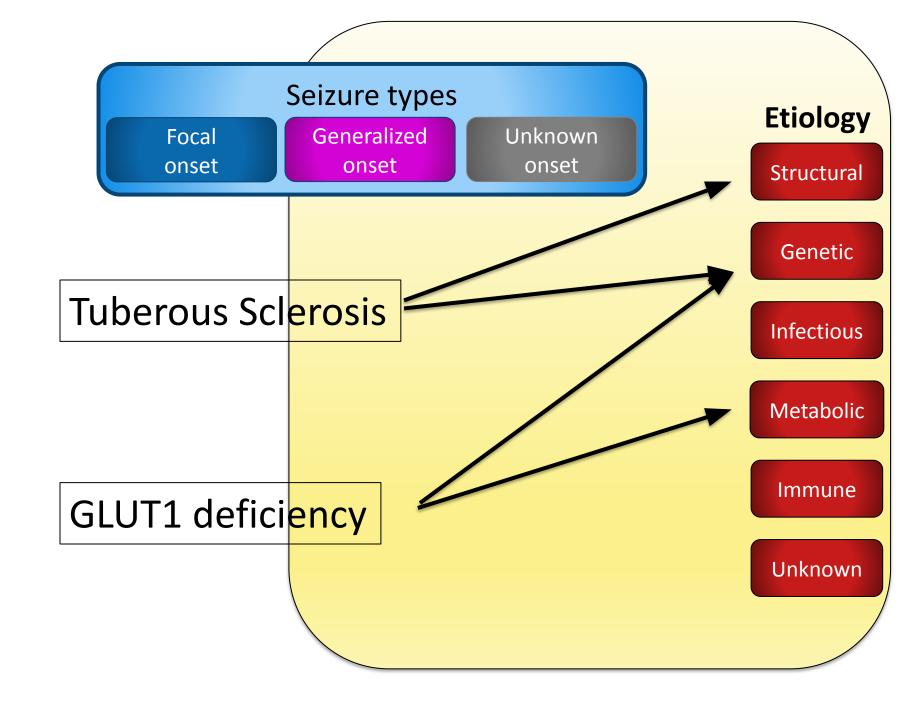
Palpitations Laterality
Piloerection Left
Respiratory changes Right
Tachycardia Bilateral

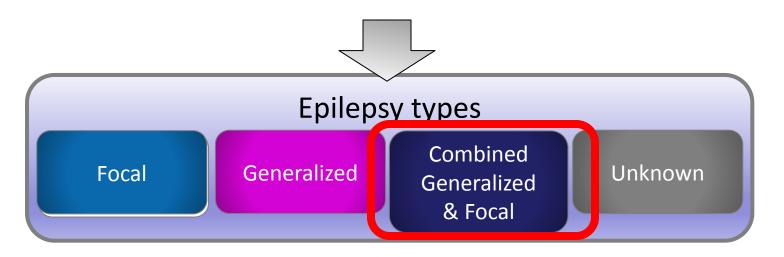
Note

Clarify features of seizures but do not define unique seizure types

Free text descriptors encouraged







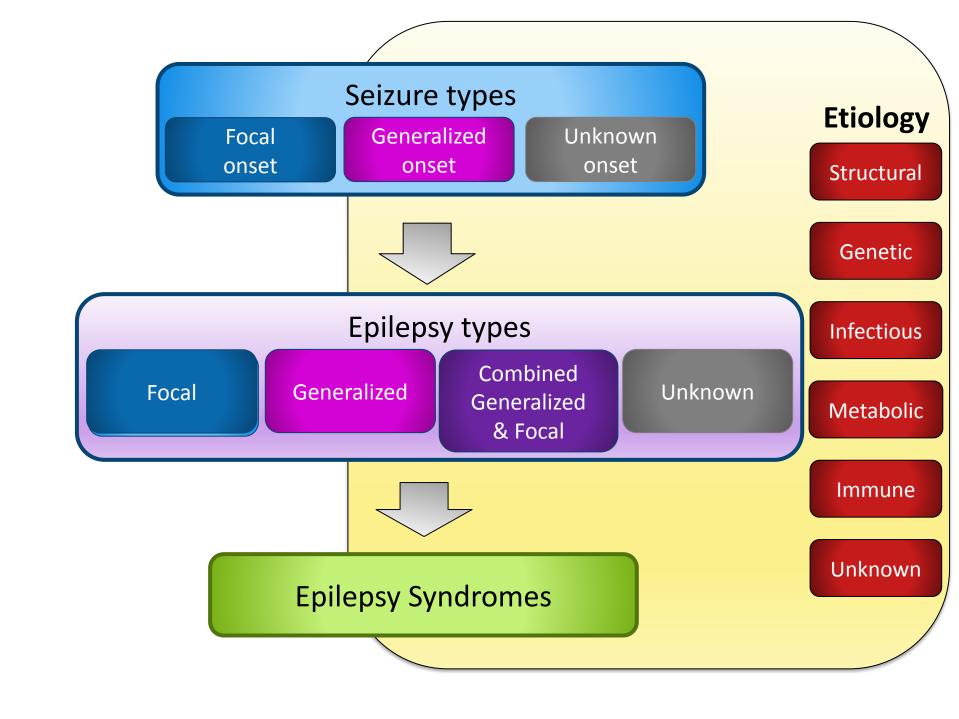
- Where unable to make an Epilepsy Syndrome diagnosis or a diagnosis of Etiology
- Many examples
 - Temporal lobe epilepsy
 - Generalized tonic-clonic seizures in a 5 year old with generalized spike-wave
 - Both focal impaired awareness seizures and absence seizures in a patient
 - Cannot tell if tonic-clonic seizure is focal or generalized

Generalized and Focal Epilepsies

- Combined focal and generalized epilepsies
 Examples
 - Dravet syndrome

- What do with
 - Multifocal epilepsies?
 - Hemispheric epilepsies?

 focal



Old term 'Idiopathic Generalized Epilepsies'

Idiopathic Generalized Epilepsies

Childhood Absence Epilepsy Juvenile Absence Epilepsy

Juvenile Myoclonic Epilepsy Generalized Tonic-Clonic Seizures Alone

Genetic versus idiopathic

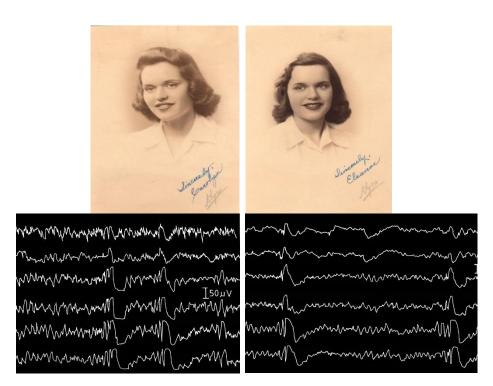
'Idiopathic' = presumed hereditary predisposition

- Genetic ≠ inherited
 - Importance of de novo mutations in both mild and severe epilepsies

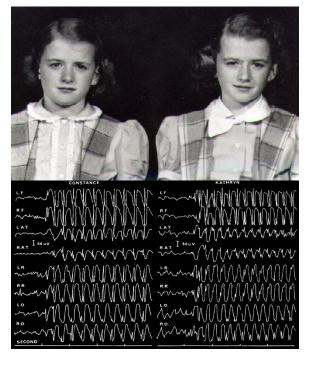
Critical problem of stigma in some parts of the world

Genetic ≠ Gene testing

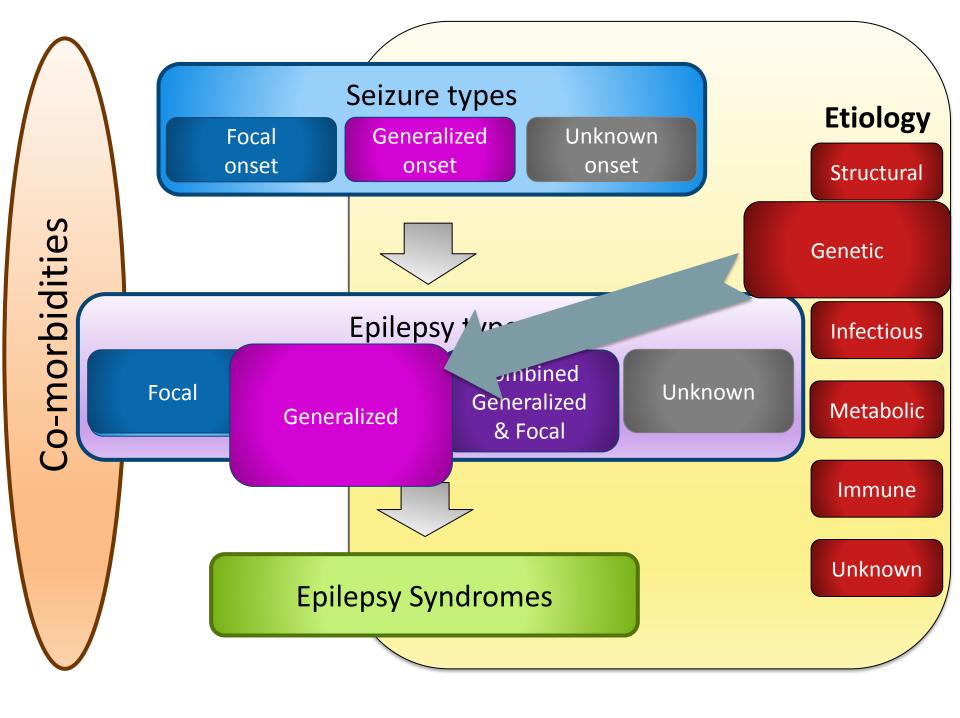
- Usually the mutation is not known
- Access to molecular genetic testing not necessary
- Diagnosed on clinical research eg. twin, family studies



JME pair; Lennox 1941



CAE pair; Lennox 1950



Epilepsy syndromes

There are no approved ILAE epilepsy syndromes

https://www.epilepsydiagnosis.org



International League Against Epilepsy

Working toward a world where no person's life is limited by epilepsy



> Overview Log In For Videos

Overview Log In for Videos Give Feedback Seizure Classification Generalized seizures Focal seizures Focal/Generalized Epilepsy syndromes Neonatal/Infantile Childhood Adolescent/Adult Variable Age Epilepsies by Etiology Genetic Structural Metabolic **Immune** Infectious Unknown

EpilepsyDiagnosis.org

The ILAE Commission on Classification and Terminology welcomes you to EpilepsyDiagnosis.org, a cutting edge online diagnostic manual of the epilepsies.

Goal

The goal of *epilepsydiagnosis.org* is to make available, in an easy to understand form, latest concepts relating to seizures and the epilepsies. The principle goal is to assist clinicians who look after people with epilepsy anywhere in the world to diagnose seizure type(s), classify epilepsy, diagnose epilepsy syndromes and define the etiology of the epilepsy. The site is principally designed for clinicians in primary and secondary care settings caring for people with epilepsy and we hope will also serve as a useful teaching aid.

Structure

The structure of this site reflects the importance of seizure type, syndrome, and etiology in clinical practice. On this website, you will find current classification concepts for seizures, with their clinical features, video examples, EEG correlate, differential diagnosis and related epilepsy syndromes. Epilepsy syndromes are detailed by their clinical features, seizure types, EEG, imaging and genetic correlates and differential diagnoses. The site includes sections on etiologies of epilepsies and epilepsy imitators with cross-referencing between these sections and seizure and syndrome sections.

Definition of epilepsy

Epilepsy is a disease of the brain defined by any of the following conditions:

· At least two unprovoked (or reflex) seizures occurring more than 24 hours apart



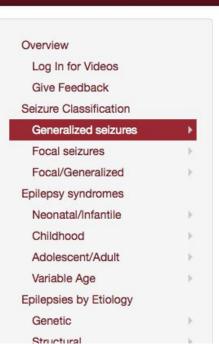
International League Against Epilepsy

Working toward a world where no person's life is limited by epilepsy



> Generalized seizure

Log In For Videos



ABSENCE - TYPICAL

Clinical Overview Videos EEG Differential diagnoses Related syndromes

A typical absence seizure is a generalized seizure with abrupt onset and offset of altered awareness which can vary in severity (see specific syndromes). Memory for events during the seizures is usually impaired although there may be some retained awareness particularly for adolescents. Clonic movements of eyelids, head, eyebrows, chin, perioral or other facial parts may occur, most typically at 3Hz. Myoclonus of limbs can rarely occur. Oral and manual automatisms are common and there may be perseveration of behaviors occurring prior to seizure onset. Absence seizures were previously known as 'petit mal' seizures. Absence status epilepticus can occur.

CAUTION Individual absence seizure longer than 45 seconds or with a post-ictal phase -> consider focal seizure.

CAUTION Onset of absence seizures < 4 years — consider glucose transporter disorders.



International League Against Epilepsy

Working toward a world where no person's life is limited by epilepsy



> Generalized seizure

Welcome scheffer!

Logout

Overview

Unknown

Log In for Videos

Give Feedback Seizure Classification Generalized seizures Focal seizures Focal/Generalized Epilepsy syndromes Neonatal/Infantile Childhood Adolescent/Adult Variable Age Epilepsies by Etiology Genetic Structural Metabolic Immune Infectious

ABSENCE - TYPICAL

Clinical Overview

Videos

EEG

Differential diagnoses

Related syndromes

Videos



An absence seizure occurs in hyperventilation with behavioural arrest, and upward deviation of the eyes.

Typical Absence Seizure Video 2

An absence seizure occurs in hyperventilation with behavioral arrest (stops hyperventilating) and impaired responsiveness. GSW appearing on the video as it plays denotes when generalized spike-and-wave appears on the patient's EEG.

Typical Absence Seizure Video 3

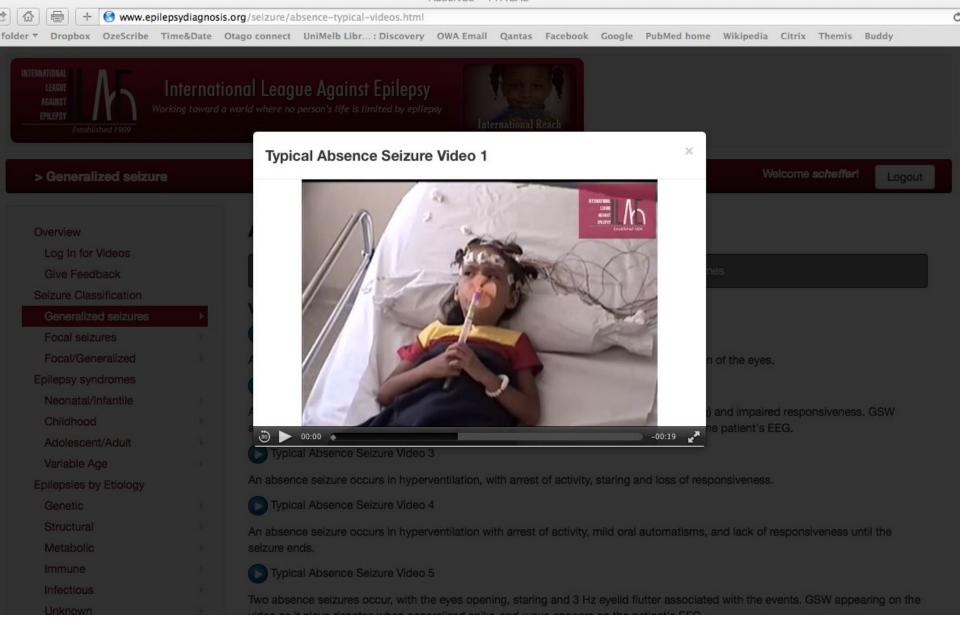
An absence seizure occurs in hyperventilation, with arrest of activity, staring and loss of responsiveness.

Typical Absence Seizure Video 4

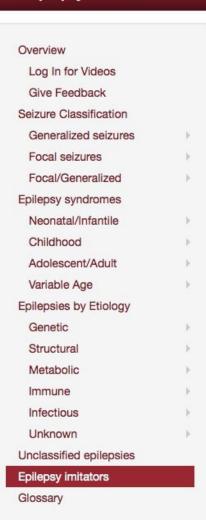
An absence seizure occurs in hyperventilation with arrest of activity, mild oral automatisms, and lack of responsiveness until the seizure ends.

Typical Absence Seizure Video 5

Two absence seizures occur, with the eyes opening, staring and 3 Hz eyelid flutter associated with the events. GSW appearing on the video as it plays denotes when generalized spike-and-wave appears on the patient's EEG.



> Epilepsy Imitators



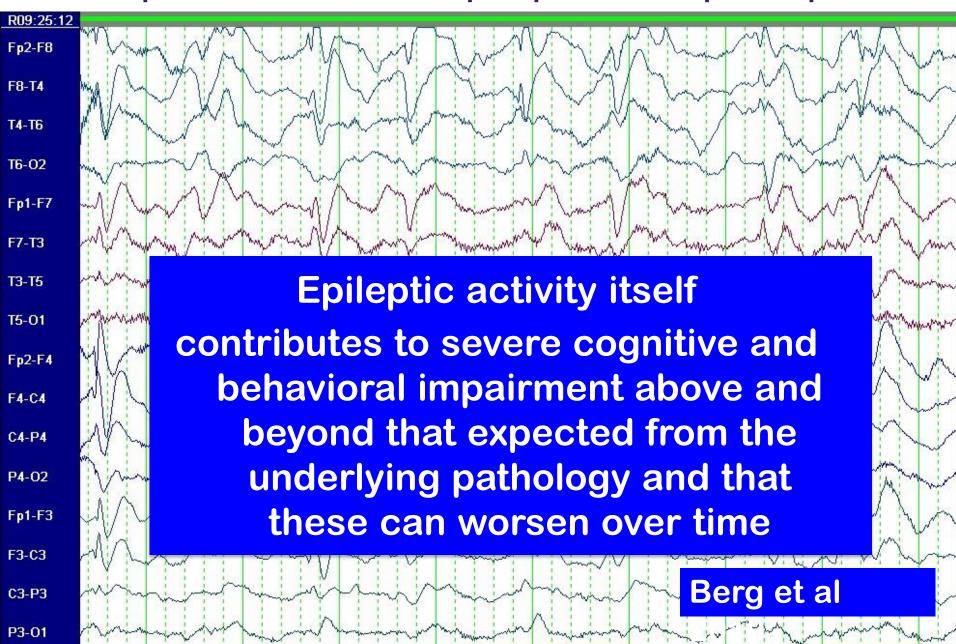
EPILEPSY IMITATORS

- 1. OVERVIEW
- 2. SYNCOPE AND ANOXIC SEIZURES
 - a. Vasovagal syncope
 - b. Reflex anoxic seizures
 - c. Breath-holding attacks
 - d. Hyperventilation syncope
 - e. Compulsive valsalva
 - f. Neurological syncope
 - g. Imposed upper airways obstruction
 - h. Orthostatic intolerance
 - i. Long QT and cardiac syncope
 - j. Hyper-cyanotic spells
- 3. BEHAVIORAL, PSYCHOLOGICAL AND PSYCHIATRIC DISORDERS
 - a. Daydreaming /inattention
 - b. Infantile gratification
 - c. Eidetic imagery
 - d. Tantrums and rage reactions
 - e. Out of body experiences
 - f. Panic attacks
 - g. Dissociative states
 - h. Non-epileptic seizures
 - i. Hallucinations in psychiatric disorders
 - i. Fabricated / factitious illness
- 4. SLEEP RELATED CONDITIONS
 - a. Sleep related rhythmic movement disorders
 - b. Hypnogogic jerks
 - c. Parasomnias

Benign

- Many epilepsies not benign
 - CAE psychosocial impact
 - BECTS learning concerns
- Replaced by terms:
 - Self-limited
 - Pharmacoresponsive
- No longer use
 - Malignant
 - Catastrophic

Developmental and/or Epileptic encephalopathies



Developmental and/or Epileptic Encephalopathy

- For many encephalopathies, there is a developmental component independent of the epileptic encephalopathy
- Developmental delay may precede seizure onset
- Co-morbidities
 eg. cerebral palsy, autism spectrum disorder, intellectual
 disability
- Outcome poor even though seizures stop eg. KCNQ2, STXBP1 encephalopathies

Developmental and/or Epileptic Encephalopathy

- Developmental encephalopathy
 - May begin in utero
 - Post birth
- Epileptic encephalopathy
 - Can occur at any age
 - May have remediable component right vs wrong AED
- Move towards GENE encephalopathy
 - eg. *CDKL5* encephalopathy, *SCN2A* encephalopathy

Old terms 'Symptomatic Generalized Epilepsies'

 Used for two different groups of disorders

Symptomatic Generalized Epilepsies

Developmental and/or Epileptic Encephalopathies

(Static) Encephalopathies

ILAE Classification of the Epilepsies

- Simplified the framework
- Etiology consider at all stages
- Developmental and/or Epileptic Encephalopathies
- Self-limited, pharmacoresponsive
- Genetic Generalized Epilepsies
 - Idiopathic Generalized Epilepsies = CAE, JAE, JME, GTCA
- Symptomatic Generalized Epiliepsies used for both
 - □ Developmental and Epileptic Encephalopathies
 - ☐ (static) Encephalopathy with Epilepsy

Impact on Clinical Care and Practice

- New classification framework will
 - Change the approach to diagnosis in the clinic
 - Be applied to patients and guide management
- Updates terminology to reflect current thinking
 - Scientific advances





Torbjörn Tomson, Emilio Perucca, Ingrid Scheffer, Jackie French, Yue-Hua Zhang Satish Jain, Gary Mathern, Sam Wiebe, Edouard Hirsch, Sameer Zuberi, Nico Moshe