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# My future profession

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My future profession will be a teacher of adaptive physical culture. Why?

I liked it because at the present time people, their culture, education, scientific development, health and personal qualities are considered not only as a means, an instrument of a particular activity to transform nature and society, but above all as the goal, result, meaning of these transformations and the very existence of society.





# The greatest experience of using physical culture tools and methods in working

In Russia, the greatest experience of using physical culture tools and methods in working with people with disabilities, including those with disabilities, has been accumulated in medical and educational areas (especially in special education), which leads to a shift in the center of gravity of the complex of problems of this type of social practice in these areas.







I also liked this profession because you learn a lot of new things, you understand the human body, its processes, how to properly build a lesson and training, how to properly conduct physical therapy and select different exercises for each individual. And summing up the above, I can say that the Teacher is not only someone who knows how to build a lesson and select exercises , but also someone who understands children and understands how to make them grow up as normal children , how to bring up men in boys, and real girls in girls.



Thank you for  
attention!