

A photograph of a sunset over the ocean. The sun is a bright, glowing orb in the upper center, casting a shimmering path of light across the water's surface. The sky is a gradient of warm colors, from pale yellow to soft orange. The water is dark blue with small, choppy waves. In the foreground, a sandy beach is visible, with a small wave washing onto it. The word "LEAD" is superimposed in the center of the image in a large, white, sans-serif font.

LEAD

How do you feel?

Rules of LEAD

- Be honest with yourself
- Keep silence
- Respect each other
- If you have questions during the LEAD, please raise your hand. I will come and explain personally

About myself

My strenghts and
weaknesses (at least 3)

Please choose one
strong side which you
want to improve.

How can it help you in
the future?

Please choose one weakness which you want to reduce. Why? How it can help you in the future?

My values (at least 6)

How do these values
help me in my life?

Who inspires me in
my life and how?

Imagine you are a
superhero.

But you have only one
super power.

Which?

Why?

Imagine that you have only one day to live (24 hours).

What will you do and why?

About my internship

Why did you decide
to go for an
internship?

What did you expect
when you were
selected for Explore
Bashkortostan
project?

How did you imagine
your experience in
Russia?

What was the first thing
you felt when arrived to
Russia?

What was the most
memorable moment so

How do you feel about the country?

What could make your journey better?

How do you see your
role here?

What can you personally
give to local people?

What can you personally
give to your team?

What kind of impact would you like to give?

What makes you a unique person for the project?

How can this project
influence you?

What do you
personally want to
get from the
internship?

What will be your
challenges at the
internship?

How will your values
help you during the
internship?

What makes you a
perfect learner?

**What will be your
success here?**

Make a list of 3-5
goals for internship –
what will you be
really proud of?

What is your
ambition as an
intern?

How would you
personally ensure that
this experience is
unforgettable at any
moment?

You need to write a letter for yourself.

You can open and read it only in one year (somewhere in India or in other country).

You need to write there:
feelings,
thoughts, some advices for
yourself for the next 2 years.

How do you feel?

Do you want to share
some thoughts?

Thank
you