ENGLISH BREAKFAST

Presentation by Artem Stolyarenko



English breakfast is a full meal with a lot of ingredients



The English breakfast includes bacon, eggs, red beans, sausages, toast, tomatoes, jam and pudding

The breakfast drink is usually coffee or tea but in the last 50 years fruit juices have been popular



The English breakfast is very rich but for some people it has too many calories

Be happy and eat more often

