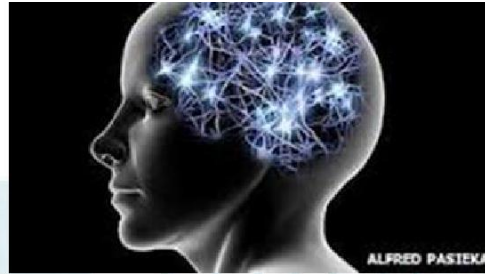


# Language Coaching Training





# Personal experience



## Getting to know each other 😊

- Name
- Location
- Current work and experience as teacher/coach
- What do you want to get from this course?
- What impact do you think this course will have on your teaching?
- Something you are passionate about 😊





What is coaching?





# What is language coaching?

[https://www.youtube.com/watch?time\\_continue=5&v=DDuC-tUmEWo](https://www.youtube.com/watch?time_continue=5&v=DDuC-tUmEWo)



# A coach and a teacher?

Language Teaching	Language Coaching
passive	active learning motivation takes a top priority empathy is important
Sometimes it is a one-way process	Coach has ability to keep client engaged, motivated, valued and committed
Book-related	Client takes responsibility Flexible and self-directed
Often limited to materials/manuals	Normally no books are used
Teacher has a superior status Usually a more formal approach	Equal status of coach and learner Matches the needs of the client
Demonstrative Directional Mandatory	Minimum of teaching Continuous feedback Stimulates reflection
Often social context and cultural interactions of the learner do not be taken into account	One objective is to maximize the potential of the learner
Normally not cost effective	Focus on cost effectiveness



# Key professional Coaching Skills

- Empathy and Trust
- Confidentiality
- Active Listening
- Powerful Questions
- Stretching the coachee with coaching conversations
- Tapping into motivation and getting commitment
- Managing the conversations





# Brain Based Coaching

- What is brain based coaching?
- David Rock – leader in brain-based coaching
- Quiet Leadership
- Brain based coaching models
  - Dance of Insight® (David Rock Quiet Leadership)
  - CREATE (David Rock Quiet Leadership)
  - FEELING (David Rock Quiet Leadership)







# Agenda





<b>15<sup>th</sup> March</b>	<b>6 pm – 8.10 pm</b>	<p>Introduction to the Language Coaching Course</p> <p>Getting to know each other Ice-breakers</p>
<b>9<sup>th</sup> April</b>	<b>11.30 am – 1.40 pm</b>	<p>Brain-based Coaching active listening</p> <p>Introducing goal setting</p> <p>Introduction to neuroscience, the brain and learning</p> <p>The development of Neuroscience Neuromyths Neuroplasticity and neurogenesis</p>
<b>16<sup>th</sup> April</b>	<b>11.30 am – 1.40 pm</b>	<p>Brain chemistry Looking deeper at the Limbic system</p> <p>Analysing social pain as described by Dr Liebermann</p>
<b>23d April</b>	<b>11.30 am – 1.40 pm</b>	<p>Reference to the SCARF model by David Rock</p> <p>SCARF model in language coaching</p> <p>Practice</p>
<b>30<sup>th</sup> April</b>	<b>11.30 am – 1.40 pm</b>	<p>Principles of being a great coach and Principles of being a great language coach</p> <p>Introducing the 3 Ms of Language Coaching</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Motivation</li> <li><input type="checkbox"/> Mechanical</li> <li><input type="checkbox"/> Mastery</li> </ul>



Hometask 😊

