

Can money buy happiness?

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Content

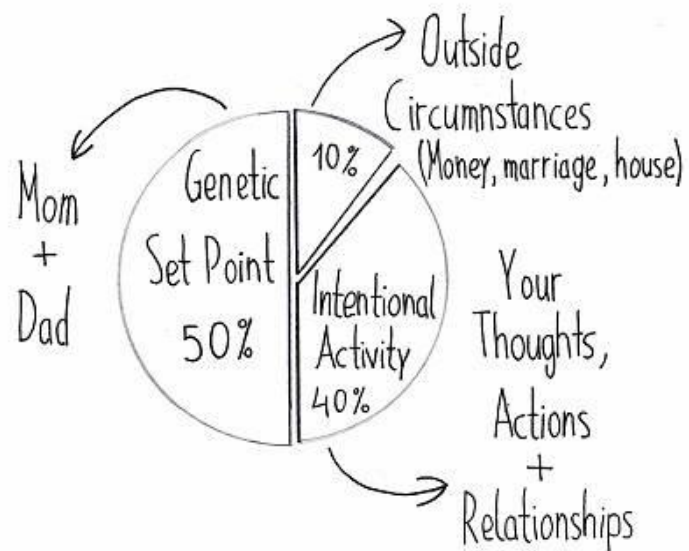
1 factors for happiness

2 saving or spending money

3 advices for happiness

Science of happiness

Happiness Formula



NJlifehacks

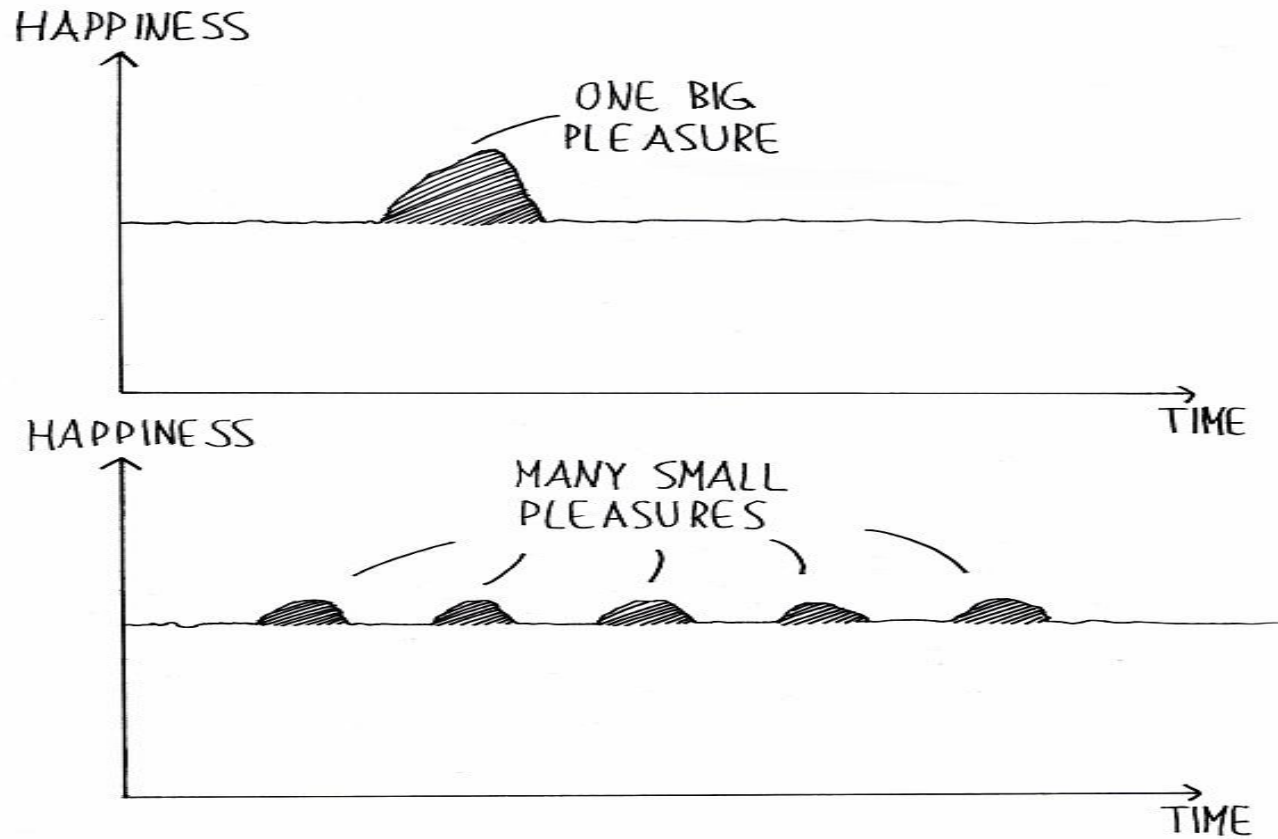
Having money or spending money



Spend money for experiences



Many small pleasures than a few big ones



NJlifehacks

Spend Money To Benefit Others



“Ask people whether they will be happier after spending money on others, and the vast majority will tick the ‘me’ box. The science shows that exactly the opposite is true – people become much happier about spending money on others rather than on themselves.”

Richard Wiseman, American author

Enjoy waiting



Spend Money to Buy Time

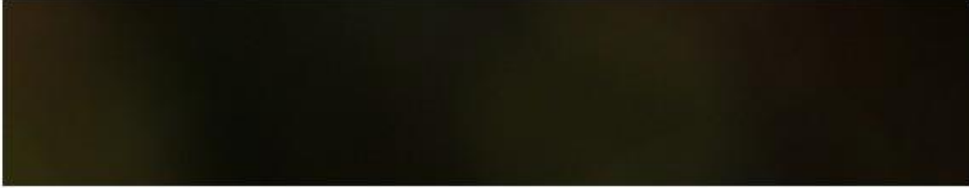


Summary

- ❑ Factors that contribute to our happiness
- ❑ Question about spending and saving money
- ❑ Advices to increase the level of happiness

Conclusion

- ▣ Genetic factors, outside circumstances, our thoughts and actions determine our happiness
- ▣ Wise money spending makes us happier
- ▣ Helpful person is happier
- ▣ Inspiring experiences are worth spending money
- ▣ Time-saving services are worth spending money



**LIFE IS BETTER WHEN
PEOPLE ARE WORKING,
HAPPY, AND
SPENDING MONEY**

ROBERT KIYOSAKI

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References

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THANK YOU FOR ATTENTION

