

Life & living

Choose the correct word to make true sentences about yourself.

I live in a block of flats/cottage/caravan/house.



Block of flats



Caravan



Cottage

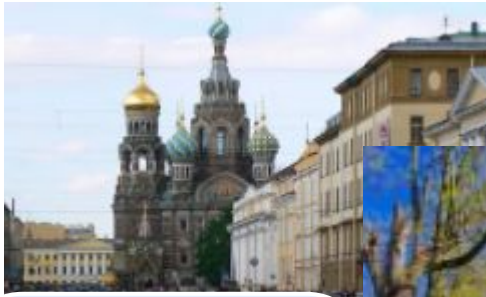


House

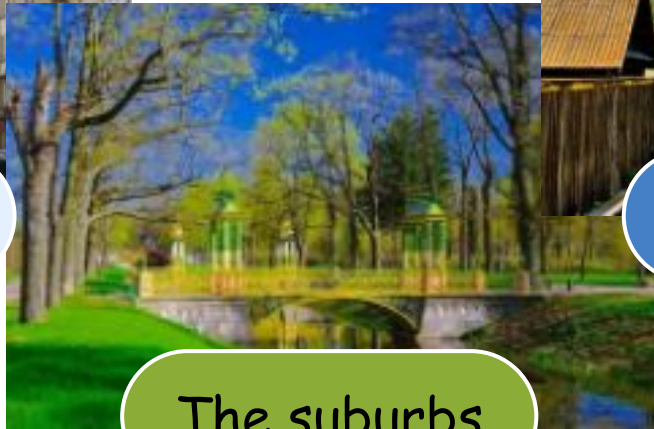
Life & living

Choose the correct word to make true sentences about yourself.

I live in on the 1st, 2nd, 3rd, etc. floor/in
the city centre/in the suburbs/in a village.



The city
centre



The suburbs



A village

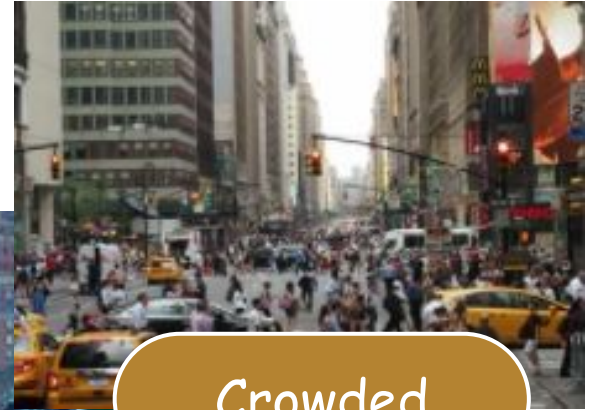
Life & living

Choose the correct word to make true sentences about yourself.

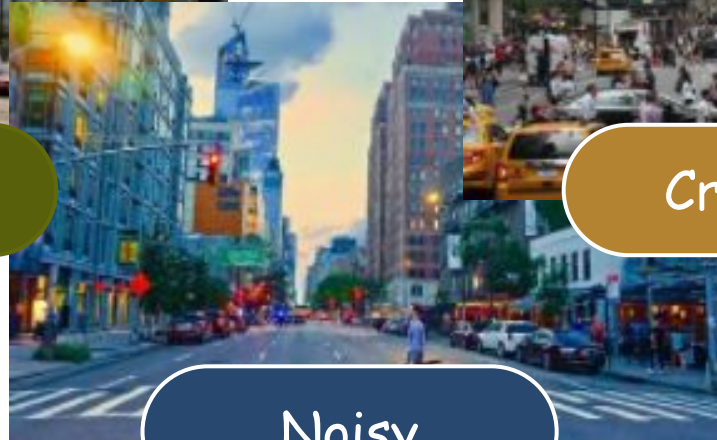
My neighbourhood is **quiet/noisy/crowded**.



Quiet



Crowded



Noisy

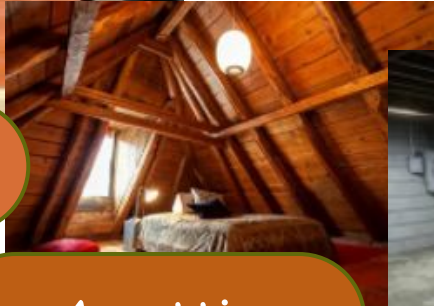
Life & living

Choose the correct word to make true sentences about yourself.

There's a(n) **garage/attic/spare room/**
basement in my house.



A garage



An attic



A spare room



A basement

Copy the word map in your notebook. In a minute add as many words as you can think of. Compare with your partner.

Study skills

detached
cottage



study
hall



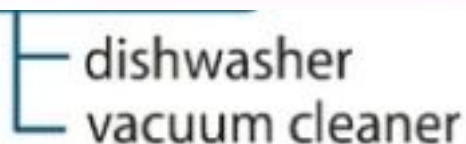
study skills

Using Word Maps

A word map organises words related to a particular topic into meaningful categories and sub-categories.

Using word maps helps to build our vocabulary.

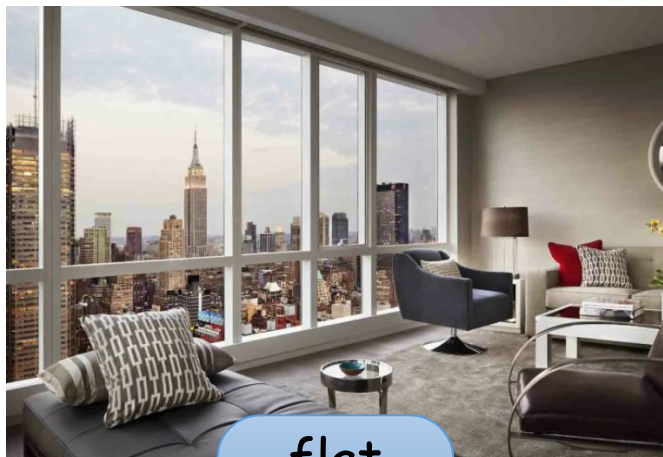
dishwasher
vacuum cleaner



air

Copy the word map in your notebook. In a minute add as many words as you can think of. Compare with your partner.

detached
cottage
types



flat



villa



semi-detached

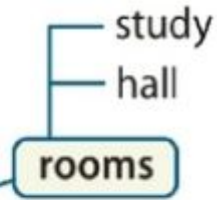
Copy the word map in your notebook. In a minute add as many words as you can think of. Compare with your partner.



bedroom



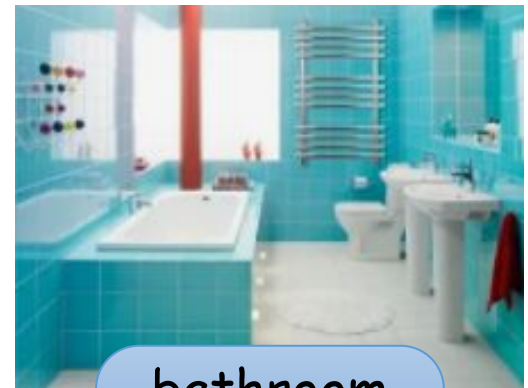
kitchen



dining room



living room



bathroom

Copy the word map in your notebook. In a minute add as many words as you can think of. Compare with your partner.



garden

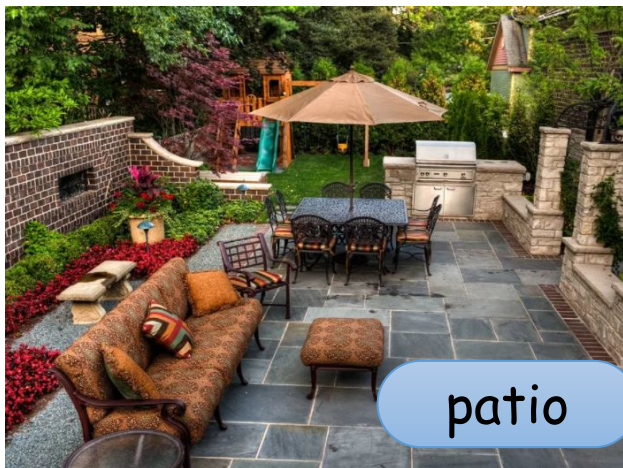
outside
features

drive

porch



garage



patio



balcony

Copy the word map in your notebook. In a minute add as many words as you can think of. Compare with your partner.



fridge



washing
machine



appliances

dishwasher
vacuum cleaner



cooker



microwave

Copy the word map in your notebook. In a minute add as many words as you can think of. Compare with your partner.



desk

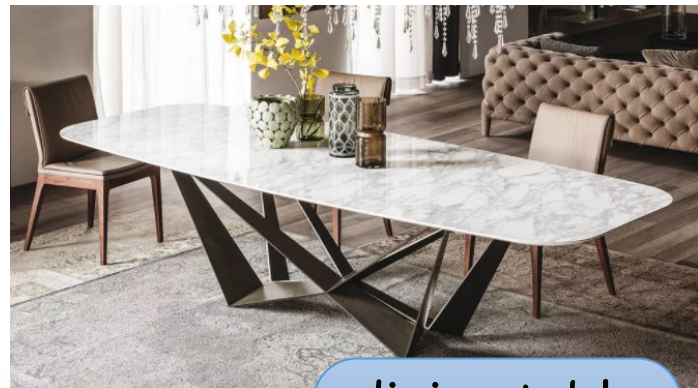


bookcase



furniture

armchair
sofa



dining table



bed



chairs

Use the words to describe your house to your partner.

semi-detached

flat

detached

cottage

Suggested Answer Key

I live in a detached house. There are six rooms in it. There are two bedrooms, a kitchen, a living room, a dining room and a bathroom. In the bedrooms, there are beds and desks. In the living room, we have an armchair, a sofa and a TV. In the kitchen, we have a cooker, a fridge and a dishwasher. Outside there is a drive and a garden.

study
hall
rooms

furniture
armchair
sofa

dining room

living room

bathroom

bedroom

kitchen

dining table

bookcase

chairs

bed

desk

fridge

microwave

cooker

Answer

Read the title of the article and look at the pictures. What do you think living on a space station would be like?



I think living on a space station would be weird. There would be no gravity and so you would have to stop yourself and other things floating away.



Before reading learn new words.

безвоздушный

чердак

подвал

свободная
комната

трейлер

странный

посудомоечная
машинапристально
смотреть

оборудование

вакуумный шланг

отдельно
стоящий

тренировать

плотный график

давить,
надавливатьплавать по
воздуху

недостаток

сила тяготения

избегать

гребной тренажер

капля

житель

особенность

прикреплять,
привязыватькосмическая
станция

Before reading learn new words.

airless

float

gravity

space station

rowing machine

attic

lack

escape

droplet

basement

inhabitant

feature

strap

spare room

caravan

weird

dishwasher

stare

equipment

vacuum hose

detached

work out

busy schedule

press against





- A Astronauts working on the giant International
Space Station are living in zero gravity.
- B Living in zero gravity means there are no nice hot showers. You have to wash with a sponge.
- C Doing household chores on the ISS is part of an astronaut's daily routine. They have to clean up after themselves and their equipment.
- D When it comes to sleeping in space, astronauts have to strap themselves into a sleeping bag. They can't just lie down and go to bed.
- E When muscles don't have to work against gravity, they get weaker. Astronauts have to exercise every day to keep their muscles strong.
- F At mealtimes, astronauts 'post' food packages to Earth. They can't eat anything that would create crumbs or liquid. They eat special 'space food' that is easy to eat and doesn't require a lot of preparation.
- G When astronauts aren't doing experiments or repairing equipment, they take time out to do other things, just like the rest of us. Reading books, watching films and sending emails to people back home are all popular activities. But one of their favourite activities is photography; most of all, astronauts like to stare out of the window and take pictures of their real home, Earth!

Extract A

Extract B

Extract C

Extract D

Extract E

Extract F

Extract G



Read the texts and match each text (A-G) with its heading (1-8). You can only use each heading once. There is one extra heading.

G When astronauts aren't doing experiments or repairing equipment, they take time out to do other things, just like the rest of us. Reading books, watching films and sending emails to people back home are all popular activities. But one of their favourite activities is photography; most of all, astronauts like to stare out of the window and take pictures of their real home, Earth! It has to be specially stored to keep it fresh.

from Earth to the Moon and back in one day!

comfortable nights
housekeeping
a bite
don't start to the day

					E	F	G
Heading	4	8	6	5	2	7	1

Extract A
Extract B

Extract C
Extract D

Extract E
Extract F

Extract G

Read again and match the headings to the paragraphs. There is one that you do not need to use. Think of an alternative heading for each paragraph.

5 So, when astronauts aren't doing experiments or chores or repairing equipment, do they get any free time? Well, a little! They often send emails back home, read books or watch movies, but most of all they like to stare out of the window and take pictures of their real home, Earth! eyes, however, to block out the light of the sun as the sun rises and sets every 45 minutes when you are orbiting the Earth.

dishes and rubbish into plastic bags and send them back to Earth.

Clean and Healthy
Relax
Living among the Stars

E

F

2

4

1

Extract 1

Extract 3

Extract 5

Extract 2

Extract 4

Match the words/phrases in bold in the text to the meanings.

- look at for a long time
- touches
- huge
- hitting
- fasten
- exercising
- inhabitants
- shut out
- shortage
- going round

giant

residents

working out

lack

strap

bumping into

presses against

block out

orbiting

stare

Complete the sentences. Make your own sentences about the astronauts on the ISS.

1. airless space
2. space station
3. lack of gravity
4. sleeping bag
5. zero gravity
6. vacuum hose
7. muscles go soft
8. household chores
9. Football pitch
10. do experiments

The station is the size of a [redacted]

Their [redacted] in space, so they have to exercise regularly.

Astronauts spend a lot of time [redacted]

Even on ISS, they still have to do [redacted]

[redacted] means things can float around in the spacecraft.

The astronauts travel through [redacted]

The astronauts keep themselves clean with a [redacted]

Astronauts have to strap their [redacted] to the wall.

Life is not easy on the International [redacted]

[redacted] makes muscles go soft.

Fill in: make, do, mop, keep, wash, take, dust, hang out.

1. **keep** my room tidy
2. **do** the washing-up,
the ironing, chores
3. **make** the beds, breakfast
4. **take** the rubbish out,
the dog for a walk
5. **mop** the floor
6. **wash** the dishes, the
clothes
7. **hang out** the washing
8. **dust** the furniture



Do you help at home? Use adverbs of frequency and the completed phrases to make sentences. Tell your partner how you feel about it.

I often help at home. I'm happy to help. I sometimes take the dog for a walk. I don't mind doing it.

I always keep my room tidy and make my bed. I often do the washing-up. I don't like doing it. Sometimes I take out the rubbish or dust the furniture. I never wash the clothes or hang out the washing. My mother does that. Occasionally I help make breakfast. I don't mind helping at home as we all share the chores.



Work in pairs. You are a journalist and your partner is one of the astronauts living on the space station. Prepare questions and interview your partner about life in space, then swap roles.



What's it like living in zero gravity?
How do you eat, for example?

Where do you sleep?

Do you have to do any chores in the station to keep it clean?

Do you have any free time? What do you do?

Write three things that impressed you from the text.

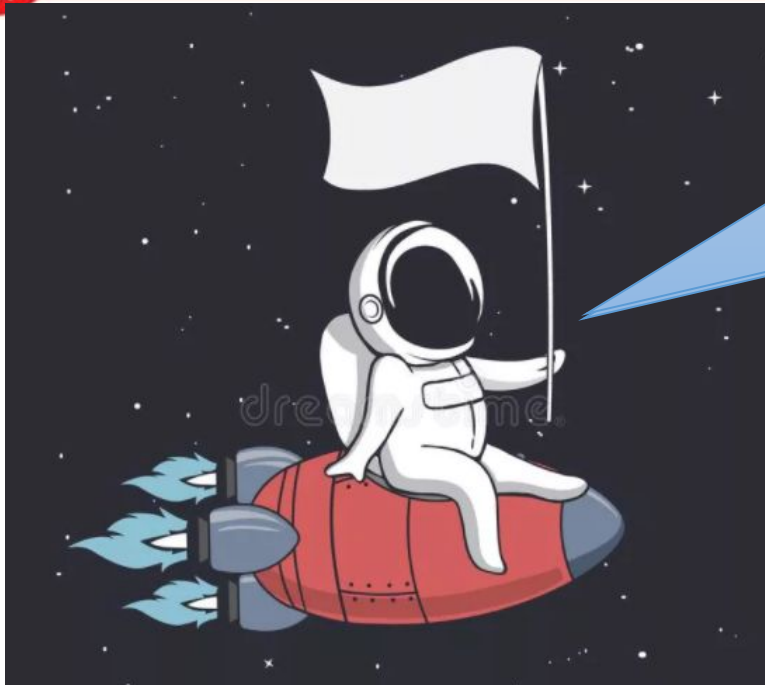


I was impressed with how astronauts sleep in space. It's amazing that the sun sets and rises every 45 minutes.

I also liked that they have to exercise as their muscles don't work in zero gravity.

I think it is very interesting that the astronauts have to clean the station every day as bacteria grow so fast in space.

Would you like to live in space? Why/Why not? Discuss in pairs.



Maybe, but then there would be so many things to do.

I think I would miss living on Earth. It would get boring floating all the time.



It's the year 3050 and a group of teens who were born on a space station are coming to visit Earth. Write a leaflet giving instructions about how to eat, sleep, wash, exercise, do chores and spend free time in a place with gravity.

When eating, your food doesn't float away so don't strap your tray to your legs! Simply sit down at a table and put your food ..., etc.

... in front of you.

Also, you don't have to sleep in a sleeping bag or strap yourself down for the night. Just lift up the covers on the bed and get in between the sheets to sleep.

You'll love being able to have a hot shower without a vacuum hose. You can relax under the water spray and none of the droplets will float away.

You don't have to exercise for two hours a day to keep your muscles from going soft. Have a break and relax a bit by only doing some light exercise instead of the more strenuous workouts you are used to!

You'll have to tidy up after yourselves though and that means doing the chores like the washing-up and putting your rubbish in the bin.

Your free time can be spent any way you like but you'll probably want to spend as much time outdoors as you can rather than being stuck indoors all the time.

Enjoy your stay on Earth!

Label each picture.

Workbook



caravan



cottage



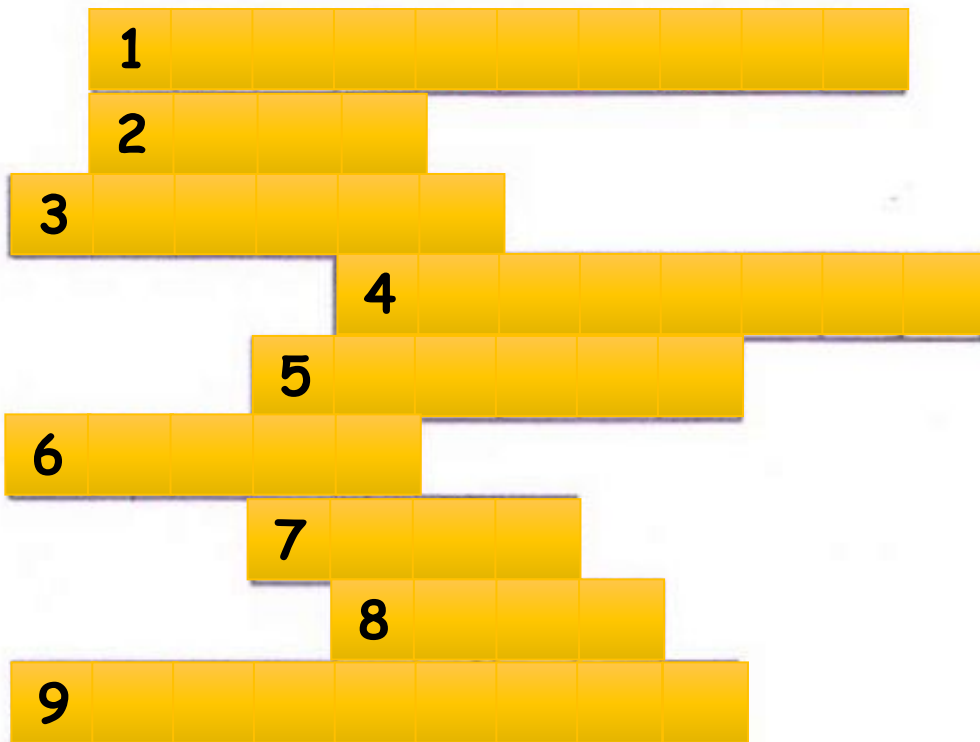
block of flats



detached house

*detached house *caravan
*block of flats *cottage

Complete the grid. What's the hidden word?



household

- and the glasses in the
rn it on.
- 2 When there is ... gravity, everything seems weightless and floats upwards.
- 3 How can we clean our carpets, now that the ... cleaner is broken?
- 4 You need a new ... bag if you're going camping; this one is too old.
- 5 Kate loves living in the ... of the city, because it's full of life.
- 6 It's been raining for six days and the football ... is too wet, so I don't think there'll be a game tonight.
- 7 You need to start exercising again, your muscles are starting to go
- 8 ... of gravity makes it difficult for astronauts aboard a spaceship to move around.
- 9 The ... in our area are very happy with the council's decision to create another park.

Underline the correct item.

- 1 We can share the chores; you wash/dust the furniture, and I'll clean the windows.
- 2 Can you be a little more careful and stop floating away/bumping into everything that's in your way?
- 3 The International Space Station is weird/giant in size; it's as big as an American football field.
- 4 John works out/blocks out on an exercise bike for two hours a day.
- 5 I want to take my car out of the garage. Can you please move yours from the porch/drive?
- 6 Turn the music down; it's too/noisy/crowded in here!

Fill in: mop, make, not do, wash and keep in the correct tense.

1 Mrs. Jones **makes** the beds before she gets on with the chores around the house.

2 I find it so difficult to **keep** my room tidy! It's always messy.

3 Don't come in here with your dirty shoes! I **'m mopping** the floor right now.

4 Jane **hasn't done** ... the ironing yet, because she's too busy.

5 Lisa and Nathan have just finished dinner, and they ... **are washing** ... dishes.