

Phrasal Verbs-4

bottle up

dig up

freshen up

polish up

screw up

tighten up

bottle up (feelings)

= suppress[sə'pres] feelings
пресекать; сдерживать

I was very angry
but I tried to bottle
up my feelings.



dig up

= discover обнаруживать, находить
hidden information



The reporters were trying to dig up information about her.

freshen up

= освежиться wash and make
yourself look more
presentable [pri'zentəbl]
приличный



The bathroom's upstairs if you'd like
to freshen up.

polish up

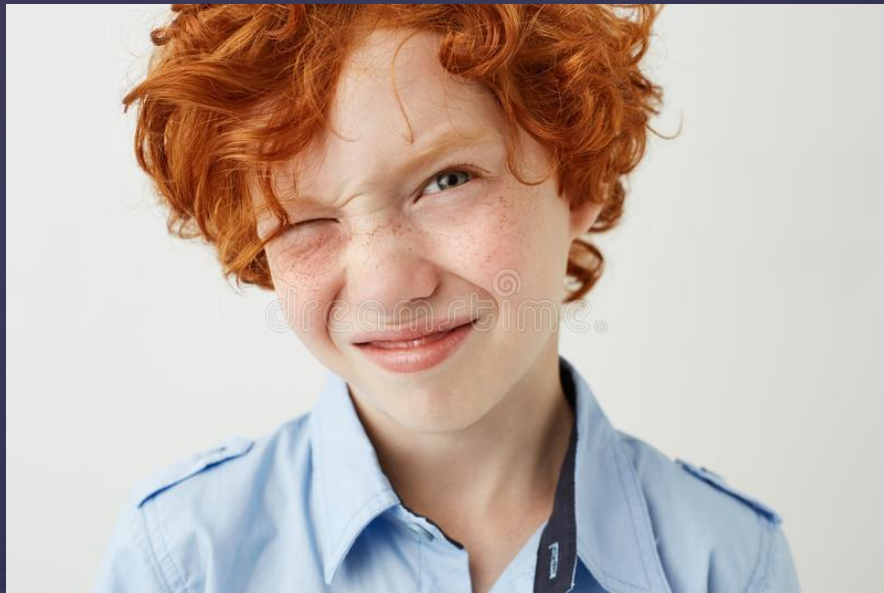
=improve улучшаться;
совершенствоваться



I need to polish up my Spanish before my holiday.

**screw up
your face**
морщить (лицо)

= twist кривить your face to
show disapproval неодобрение;
осуждение, порицание



She screwed up her face in a look of intense сильный,
глубокий disapproval. неодобрение

tighten up (security)

⇒ усиливать/ужесточили меры безопасности.

make security [sɪ'kjʊərəti] безопасность stricter
строже

Starting
today,
tighten up
security.

С сегодняшнего дня,
усилить охрану.



2 Now do the same with these verbs:

bottle dig freshen polish screw tighten

1. The press are always looking for scandal. They're trying toinformation about his past.
2. You could tell that she wasn't happy about the news by the way she her face in disapproval.
3. He hasn't spoken Spanish for ages so he wants to it before his holiday.
4. I can tell you're upset. Don'tyour feelings. It'll only make things worse.
5. That's the third break-in this month. We must security to prevent any more.
6. Where's the ladies' room? I need to before we go into the restaurant.