

# Marathon



**30 Days before Ramadan with  
Kids**

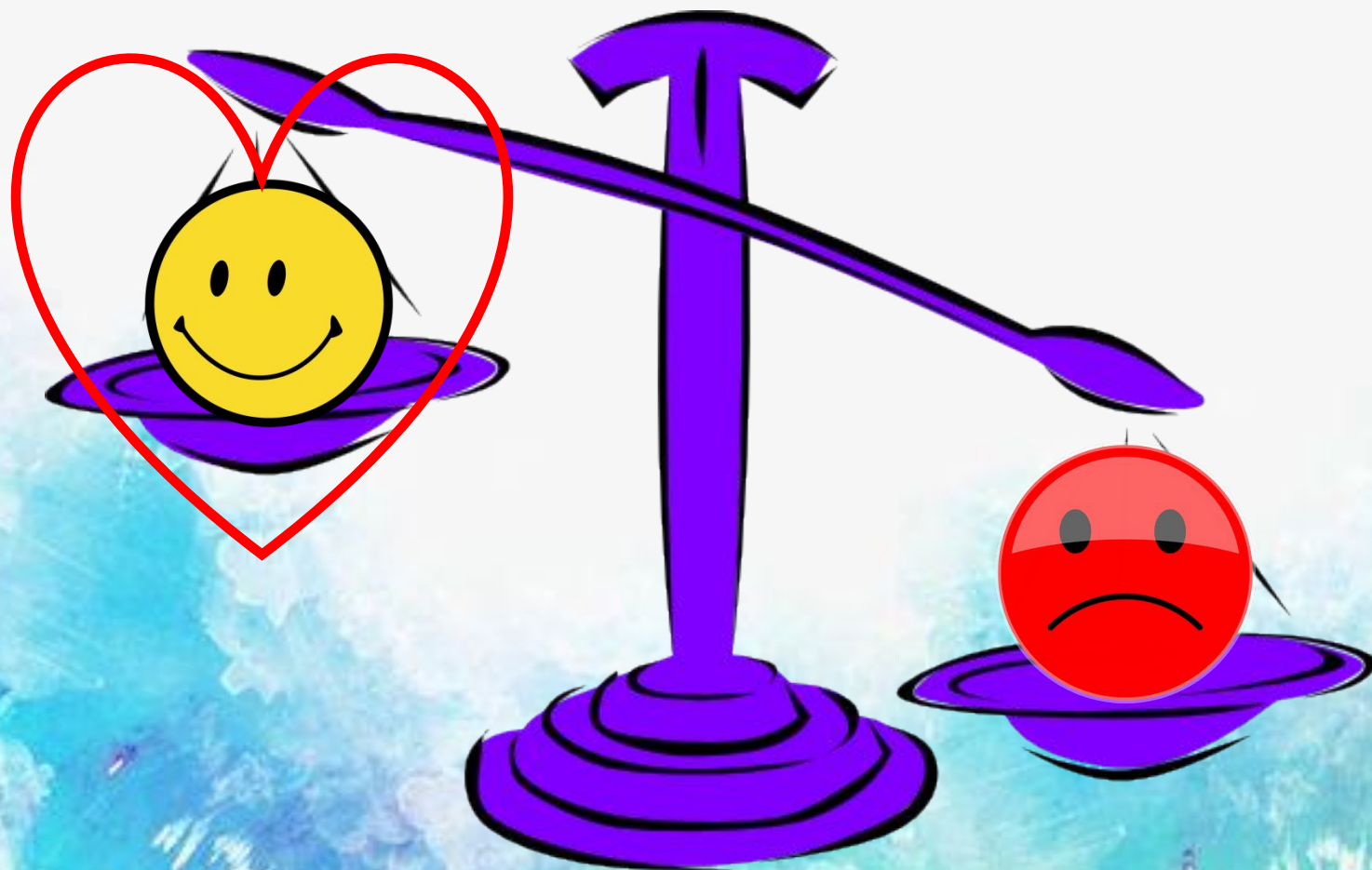
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Fasting is an exercise in self-discipline. To stay away from food is just a part of it. Staying away from bad deeds is much more important.





Don't forget that Ramadan is the greatest month of the year. You can get so many rewards for doing good deeds.



You can read Quran

You can pray extra prayers.



You can give charity  
and  
help those I need

**RAMADAN** is great time to get  
closer to Allah!



**Are you tired and hungry? Hold on for a while, the sunset is soon!**



It is possible to "cheat" and break your fast before the time. But we remember that Allah knows everything. Fasting teaches us to be honest.

*"He knows what is  
in every heart."*

- Surah Mulk [67:13]

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Would you help me to serve the table for Iftar. We have many delicious things to eat today.





**Do you want to get a reward? Let's share some of this food with our neighbors and some poor people.**





The sun goes down. It is time to lighten our lanterns. Would you help me?





**Here are some  
yummy dates to  
break our fast.  
Our Prophet  
(peace be upon  
him) would always  
break his fast  
with dates and  
water.**



Let's finish our meal and go to the Mosque where we attend special nightly Tarawih prayer.





Lailatul Qadr - the Night of Power comes in one of the last ten days of Ramadan. Quran was sent down in this beautiful night. Also Allah promised us the reward of one thousand months of blessing. Don't miss it!



**After long month of fasting, it is now the end  
of the month of Ramadan!  
Eid al-Fitr Mubarak!**



We need to wake up early before sunrise on the day of the Eid, shower, dress up best clothes and head to the Mosque to perform Salat al-Eid.



Ramadan  
KAREEM  
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