## Case law after Connor

Erica Connor was the head teacher of a primary school, where she subsequently experienced a great deal of conflict with two school governors who campaigned publicly against her alleged "Islamophobia". The Local Education Authority sought to introduce mediation and an independent enquiry, rather than respond promptly to her developing risk of emotional ill-health due to the levels of stress caused by this situation.

In 2005, Ms Connor was signed off work by her general practitioner for stress and depression, later diagnosed by a psychiatrist as severe depression, with symptoms of post-traumatic stress disorder. She then brought a successful case against her employer, alleging breach of duty of trust and confidence as an employer, breach of statutory duty, breach of the Protection from Harassment Act 1997, and negligence.

## O R G A N I Z AT I O N A L S T R E S S M A N A G E M F N T

- Employers will need to know how safe is the system of work, and to provide documentation to show that they know.
- It is equally important that complaints and warnings from staff about potential injury due to the work environment are treated seriously, and that they are monitored and dealt with in a systematic and timely manner.
- The prevention of problems and the avoidance of the stress litigation process are preferable and less costly in the long term.



## A POLICY FOR STRESS MANAGEMENT

- The objective of a policy for stress is to protect the health, safety and welfare of employees.
- An effective policy on stress should recognize that stress is a health and safety issue.
- It should be developed jointly and agreed with trade union assistance and cooperation.
- The policy must apply to everyone in the organization and be endorsed from the most senior level within the company.



## The objectives of a policy on stress should be:

- to prevent stress by identifying causes of workplace stress and eliminating them – that is, to deal with the source of stress
- to control stress by ensuring that the stress response does not cause negative impact on the individual – that is to deal with the response to stress
- to rehabilitate employees who are suffering from exposure to stress through the provision of a confidential counseling service – that is,
- to deal with the symptoms of stress.



The law covers the field of stress at work via health and safety legislation, which places statutory duties on employers to provide, so far as is reasonably practicable, a safe place of work, demonstrated by effective risk assessments and designed to minimize the risk of psychological damage to employees.



- Discrimination law places a proactive duty on employers to implement policies and practices that protect employees from unlawful discrimination on the protected grounds of race, gender, sexual orientation, gender reassignment, age, religious beliefs, or disability.
- Harassment provides additional grounds for legal action by affected staff, and is subject to statutory definition, unlike bullying. Case law has confirmed the vicarious liability of employers for acts of harassment carried out by its staff in the course of their employment, even if not known to the employer.



